

Programmanr. 1
16/11/2024 - 13:15

Heren, 400m wisselslag

2012 en eerder
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
Onder 14 (2011-2012)								
1.	Leo Pan	Psv	6:36.58	201100333	5:48.68			
	50m: 36.64	36.64	150m: 2:06.34	45.87	250m: 3:40.74	49.18	350m: 5:09.21	39.67
	100m: 1:20.47	43.83	200m: 2:51.56	45.22	300m: 4:29.54	48.80	400m: 5:48.68	39.47
2.	Adrian Janse van Rensburg	De Treffers	5:53.18	201202261	5:49.68			
	50m: 36.82	36.82	150m: 2:07.21	43.21	250m: 3:42.58	53.04	350m: 5:13.45	39.99
	100m: 1:24.00	47.18	200m: 2:49.54	42.33	300m: 4:33.46	50.88	400m: 5:49.68	36.23
3.	Michael Simons	Psv	6:08.82	201200025	6:04.26			
	50m: 39.06	39.06	150m: 2:12.62	44.92	250m: 3:49.57	53.22	350m: 5:25.10	41.42
	100m: 1:27.70	48.64	200m: 2:56.35	43.73	300m: 4:43.68	54.11	400m: 6:04.26	39.16
4.	Celestin van der Beek	Psv	6:23.46	201201183	6:13.10			
	50m: 40.59	40.59	150m: 2:19.68	48.06	250m: 3:57.15	51.23	350m: 5:31.49	40.88
	100m: 1:31.62	51.03	200m: 3:05.92	46.24	300m: 4:50.61	53.46	400m: 6:13.10	41.61
5.	Jaro Hermans	Psv	6:22.03	201200173	6:18.31			
	50m: 42.80	42.80	150m: 2:22.78	47.43	250m: 4:05.09	56.19	350m: 5:39.39	38.13
	100m: 1:35.35	52.55	200m: 3:08.90	46.12	300m: 5:01.26	56.17	400m: 6:18.31	38.92
6.	Tijn van den Berkmortel	Neptunus'58	6:32.18	201102579	6:27.89	+0,77		
	50m: 43.32	43.32	150m: 2:22.84	48.47	250m: 4:06.27	57.11	350m: 5:46.12	42.46
	100m: 1:34.37	51.05	200m: 3:09.16	46.32	300m: 5:03.66	57.39	400m: 6:27.89	41.77
DIS	Wessel Vis	De Treffers	6:31.98	201201273				
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>							
AFGEM	Mishael Dirawi Rawi	Psv	6:39.46	201202263				
Onder 16 (2010-2009)								
1.	Theodore Allan	Psv	4:52.93	200902925	4:52.91	+0,65		
	50m: 28.72	28.72	150m: 1:42.92	39.56	250m: 3:02.92	42.52	350m: 4:20.69	34.01
	100m: 1:03.36	34.64	200m: 2:20.40	37.48	300m: 3:46.68	43.76	400m: 4:52.91	32.22
2.	Max van der Spank	Psv	4:53.44	201000275	4:59.33			
	50m: 31.43	31.43	150m: 1:47.76	39.35	250m: 3:07.90	42.01	350m: 4:25.74	35.15
	100m: 1:08.41	36.98	200m: 2:25.89	38.13	300m: 3:50.59	42.69	400m: 4:59.33	33.59
3.	Davi Fonseca Gomes	Psv	5:09.72	200902795	5:05.37	+0,72		
	50m: 31.09	31.09	150m: 1:49.74	43.01	250m: 3:11.03	41.90	350m: 4:31.07	37.31
	100m: 1:06.73	35.64	200m: 2:29.13	39.39	300m: 3:53.76	42.73	400m: 5:05.37	34.30
4.	Thomas Nauta	Arethusa	5:08.77	200900339	5:09.92	+0,75		
	50m: 33.94	33.94	150m: 1:57.32	40.95	250m: 3:17.98	40.60	350m: 4:36.05	35.02
	100m: 1:16.37	42.43	200m: 2:37.38	40.06	300m: 4:01.03	43.05	400m: 5:09.92	33.87
5.	Thijmen Puijssers	Hieronymus	5:09.13	201000129	5:09.97	+0,66		
	50m: 32.13	32.13	150m: 1:51.72	39.69	250m: 3:16.14	45.19	350m: 4:37.10	35.59
	100m: 1:12.03	39.90	200m: 2:30.95	39.23	300m: 4:01.51	45.37	400m: 5:09.97	32.87
6.	Nicolai Matla	Psv	5:23.27	200901031	5:21.76			
	50m: 34.37	34.37	150m: 1:59.93	45.78	250m: 3:25.03	41.64	350m: 4:46.99	38.62
	100m: 1:14.15	39.78	200m: 2:43.39	43.46	300m: 4:08.37	43.34	400m: 5:21.76	34.77
7.	Fin Horrocks	Z&PV Nuenen	5:56.65	201002417	5:41.62	+0,75		
	50m: 34.85	34.85	150m: 2:02.33	45.03	250m: 3:34.87	49.81	350m: 5:04.27	40.08
	100m: 1:17.30	42.45	200m: 2:45.06	42.73	300m: 4:24.19	49.32	400m: 5:41.62	37.35
8.	Collin van der Ham	Waalwijkse Zwem Vereniging	6:13.22	201000877	5:43.40	+0,90		
	50m: 35.41	35.41	150m: 2:02.32	41.25	250m: 3:33.39	49.89	350m: 5:05.45	40.94
	100m: 1:21.07	45.66	200m: 2:43.50	41.18	300m: 4:24.51	51.12	400m: 5:43.40	37.95
AFGEM	Thijn Runia	Dzt'62	5:15.41	201000895				
AFGEM	Iven Pas	V.Z.V. Njord	5:49.79	200900387				

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Onder 18 (2008-2007)

1.	Lars de Kooter	De Biesboschzwemmers	5:13.40	200800185		5:08.45	+0,70	
	50m: 32.21	32.21	150m: 1:52.91	40.55	250m: 3:13.63	40.71	350m: 4:32.15	36.76
	100m: 1:12.36	40.15	200m: 2:32.92	40.01	300m: 3:55.39	41.76	400m: 5:08.45	36.30
2.	Jelle van den Berg	De Treffers	5:34.29	200802053		5:08.59		
	50m: 31.54	31.54	150m: 1:48.30	39.45	250m: 3:13.99	46.68	350m: 4:35.36	34.41
	100m: 1:08.85	37.31	200m: 2:27.31	39.01	300m: 4:00.95	46.96	400m: 5:08.59	33.23
3.	Kobe Verhaegen	Zwemvereniging De Zilvermeeuw	5:19.42	200802609		5:14.69	+0,73	
	50m: 32.35	32.35	150m: 1:54.26	42.58	250m: 3:16.20	41.27	350m: 4:37.64	38.02
	100m: 1:11.68	39.33	200m: 2:34.93	40.67	300m: 3:59.62	43.42	400m: 5:14.69	37.05
4.	Jens van Gils	Zwemvereniging De Zilvermeeuw	5:27.36	200703127		5:17.27	+0,40	
	50m: 32.53	32.53	150m: 1:53.90	42.12	250m: 3:20.17	45.54	350m: 4:41.66	36.57
	100m: 1:11.78	39.25	200m: 2:34.63	40.73	300m: 4:05.09	44.92	400m: 5:17.27	35.61
5.	Ondrej Sevcik	V.Z.V. Njord	5:27.66	200702971		5:18.48	+0,79	
	50m: 31.32	31.32	150m: 1:51.18	42.06	250m: 3:18.00	46.08	350m: 4:43.21	38.02
	100m: 1:09.12	37.80	200m: 2:31.92	40.74	300m: 4:05.19	47.19	400m: 5:18.48	35.27
6.	Joris van Keulen	De Treffers	5:27.59	200700159		5:21.58	+0,74	
	50m: 35.50	35.50	150m: 2:00.75	41.64	250m: 3:25.98	45.24	350m: 4:47.77	35.83
	100m: 1:19.11	43.61	200m: 2:40.74	39.99	300m: 4:11.94	45.96	400m: 5:21.58	33.81

18 en ouder (2006 e.e.)

1.	Yanieck Weijland	Psv	4:18.14	200500329		4:19.83	+0,78	
	50m: 27.38	27.38	150m: 1:32.76	33.82	250m: 2:42.08	35.20	350m: 3:49.83	31.16
	100m: 58.94	31.56	200m: 2:06.88	34.12	300m: 3:18.67	36.59	400m: 4:19.83	30.00
2.	Nicko Kamphuis	O.Z. & P.C. De Warande	4:36.48	199900887		4:39.28		
	50m: 28.27	28.27	150m: 1:36.29	35.59	250m: 2:51.72	39.95	350m: 4:06.90	34.12
	100m: 1:00.70	32.43	200m: 2:11.77	35.48	300m: 3:32.78	41.06	400m: 4:39.28	32.38
3.	Lucas van Rooij	Psv	4:38.31	200603943		4:44.71	+0,54	
	50m: 29.11	29.11	150m: 1:41.88	39.36	250m: 3:00.97	41.32	350m: 4:14.31	31.56
	100m: 1:02.52	33.41	200m: 2:19.65	37.77	300m: 3:42.75	41.78	400m: 4:44.71	30.40
4.	Milco Matla	Psv	4:56.31	200600555		5:01.49	+0,79	
	50m: 29.42	29.42	150m: 1:43.93	40.15	250m: 3:06.64	43.47	350m: 4:27.03	35.72
	100m: 1:03.78	34.36	200m: 2:23.17	39.24	300m: 3:51.31	44.67	400m: 5:01.49	34.46
5.	Jesper Pas	V.Z.V. Njord	5:07.14	200200967		5:15.15	+0,71	
	50m: 31.40	31.40	150m: 1:49.27	39.93	250m: 3:13.11	44.43	350m: 4:38.23	37.56
	100m: 1:09.34	37.94	200m: 2:28.68	39.41	300m: 4:00.67	47.56	400m: 5:15.15	36.92
6.	Rick de Greef	ZPK Budel	5:18.95	198400749		5:19.46	+0,65	
	50m: 31.82	31.82	150m: 1:52.52	40.56	250m: 3:17.65	44.62	350m: 4:40.87	37.97
	100m: 1:11.96	40.14	200m: 2:33.03	40.51	300m: 4:02.90	45.25	400m: 5:19.46	38.59
7.	Cas Krijger	O.Z. & P.C. De Warande	5:24.60	200601389		5:23.32	+0,65	
	50m: 32.32	32.32	150m: 1:53.19	40.54	250m: 3:20.67	47.66	350m: 4:46.66	38.12
	100m: 1:12.65	40.33	200m: 2:33.01	39.82	300m: 4:08.54	47.87	400m: 5:23.32	36.66
DIS	Tom van Eemeren	HZV Lutra	5:08.09	200302087				
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>							
AFGEM	Brian van Gennip	ZV Hydra	5:08.28	200003573				