

**Tijdschema sessienr. 1 - zaterdag 16 november 2024**

**16-11-2024 - 13:15**

Inzwemmen: 12:45 tot 13:10

Juryvergadering: 12:30

|       |                    |                     |       |        |             |      |           |     |
|-------|--------------------|---------------------|-------|--------|-------------|------|-----------|-----|
| 13:15 | 1.                 | 400m wisselslag     | Heren | series | 12 +        | 0:25 | 4 Series  | 31  |
| 13:40 | 2.                 | 200m rugslag        | Dames | series | 12 +        | 0:20 | 6 Series  | 46  |
| 14:00 | 3.                 | 50m vrije slag      | Heren | series | 12 +        | 0:15 | 14 Series | 106 |
| 14:15 | 4.                 | 100m schoolslag     | Dames | series | 12 +        | 0:20 | 9 Series  | 66  |
| 14:35 | 5.                 | 200m schoolslag     | Heren | series | 12 +        | 0:15 | 5 Series  | 33  |
| 14:50 | Ceremonie 1 t/m 4  |                     |       |        |             |      | 0:20      |     |
| 15:10 | 6.                 | 50m vlinderslag     | Dames | series | 12 +        | 0:15 | 10 Series | 76  |
| 15:25 | 7.                 | 100m vlinderslag    | Heren | series | Sen.        | 0:10 | 7 Series  | 45  |
| 15:35 | 8.                 | 400m vrije slag     | Dames | series | 12 +        | 0:40 | 7 Series  | 52  |
| 16:15 | 9.                 | 100m wisselslag     | Heren | series | 12 +        | 0:15 | 7 Series  | 49  |
| 16:30 | Ceremonie 5 t/m 8  |                     |       |        |             |      | 0:20      |     |
| 16:50 | 10.                | 4 x 100m wisselslag | Dames | series | 12 +        | 0:25 | 4 Series  | 19  |
| 17:15 | 11.                | 4 x 100m vrije slag | Heren | series | 12 +        | 0:15 | 3 Series  | 15  |
| 17:30 | Ceremonie 9 t/m 11 |                     |       |        |             |      |           |     |
| 17:30 | Einde sessie       |                     |       |        | Totale duur |      | 4:15      |     |