

Event 8
09/11/2024 - 15:45

Men, 400m Freestyle

2012 and older
Results

| rang | naam | vereniging | intijd | tijd | RT | | | |
|-----------------------------|---------------------------|------------------------|---------------|-----------|----------------------|-------|---------------|-------|
| Onder 14 (2011-2012) | | | | | | | | |
| 1. | Adrian Janse van Rensburg | De Treffers | 5:11.32 | 201202261 | 5:09.97 +0,73 | | | |
| | 50m: 34.06 | 34.06 | 150m: 1:50.18 | 38.98 | 250m: 3:11.66 | 40.60 | 350m: 4:33.64 | 43.35 |
| | 100m: 1:11.20 | 37.14 | 200m: 2:31.06 | 40.88 | 300m: 3:50.29 | 38.63 | 400m: 5:09.97 | 36.33 |
| 2. | Sjoerd van Zwielen | O.Z. & P.C. De Warande | 5:19.61 | 201102195 | 5:12.40 +0,81 | | | |
| | <i>*200 mtr</i> | | | | | | | |
| | 50m: 34.52 | 34.52 | 150m: 1:53.52 | 40.88 | 250m: 3:15.60 | 41.16 | 350m: 4:36.43 | 39.98 |
| | 100m: 1:12.64 | 38.12 | 200m: 2:34.44 | 40.92 | 300m: 3:56.45 | 40.85 | 400m: 5:12.40 | 35.97 |
| 3. | Jaro Hermans | Psv | 5:19.35 | 201200173 | 5:12.41 +0,73 | | | |
| | 50m: 34.55 | 34.55 | 150m: 1:53.34 | 40.41 | 250m: 3:15.13 | 40.69 | 350m: 4:36.29 | 40.68 |
| | 100m: 1:12.93 | 38.38 | 200m: 2:34.44 | 41.10 | 300m: 3:55.61 | 40.48 | 400m: 5:12.41 | 36.12 |
| 4. | Michael Simons | Psv | 5:19.58 | 201200025 | 5:19.90 +0,69 | | | |
| | 50m: 35.04 | 35.04 | 150m: 1:57.13 | 41.79 | 250m: 3:20.81 | 42.11 | 350m: 4:42.51 | 40.13 |
| | 100m: 1:15.34 | 40.30 | 200m: 2:38.70 | 41.57 | 300m: 4:02.38 | 41.57 | 400m: 5:19.90 | 37.39 |
| 5. | Pepijn van Rijn | Psv | 5:30.94 | 201100331 | 5:19.94 | | | |
| | 50m: 35.43 | 35.43 | 150m: 1:56.28 | 41.47 | 250m: 3:20.64 | 41.91 | 350m: 4:43.09 | 41.18 |
| | 100m: 1:14.81 | 39.38 | 200m: 2:38.73 | 42.45 | 300m: 4:01.91 | 41.27 | 400m: 5:19.94 | 36.85 |
| 6. | Wessel Vis | De Treffers | 5:35.17 | 201201273 | 5:39.90 | | | |
| | 50m: 37.50 | 37.50 | 150m: 2:03.50 | 44.24 | 250m: 3:32.03 | 44.28 | 350m: 5:00.60 | 44.40 |
| | 100m: 1:19.26 | 41.76 | 200m: 2:47.75 | 44.25 | 300m: 4:16.20 | 44.17 | 400m: 5:39.90 | 39.30 |
| 7. | Elliot van Ruth | Psv | 5:40.45 | 201102347 | 5:41.04 | | | |
| | 50m: 39.17 | 39.17 | 150m: 2:05.84 | 43.67 | 250m: 3:33.22 | 43.29 | 350m: 5:00.41 | 43.51 |
| | 100m: 1:22.17 | 43.00 | 200m: 2:49.93 | 44.09 | 300m: 4:16.90 | 43.68 | 400m: 5:41.04 | 40.63 |
| 8. | Jelle Stevens | ZWK Merlet | 5:44.28 | 201200393 | 5:41.12 | | | |
| | 50m: 39.04 | 39.04 | 150m: 2:05.99 | 43.42 | 250m: 3:33.87 | 43.86 | 350m: 5:02.47 | 43.66 |
| | 100m: 1:22.57 | 43.53 | 200m: 2:50.01 | 44.02 | 300m: 4:18.81 | 44.94 | 400m: 5:41.12 | 38.65 |
| 9. | Celestin van der Beek | Psv | 5:33.94 | 201201183 | 5:45.82 +0,70 | | | |
| | 50m: 38.21 | 38.21 | 150m: 2:07.85 | 45.73 | 250m: 3:37.49 | 44.20 | 350m: 5:04.02 | 42.56 |
| | 100m: 1:22.12 | 43.91 | 200m: 2:53.29 | 45.44 | 300m: 4:21.46 | 43.97 | 400m: 5:45.82 | 41.80 |
| Onder 16 (2009-2010) | | | | | | | | |
| 1. | Martijn Nies | Psv | 4:05.17 | 200902095 | 4:02.89 +0,75 | | | |
| | 50m: 27.31 | 27.31 | 150m: 1:28.85 | 31.17 | 250m: 2:30.04 | 30.22 | 350m: 3:32.21 | 30.81 |
| | 100m: 57.68 | 30.37 | 200m: 1:59.82 | 30.97 | 300m: 3:01.40 | 31.36 | 400m: 4:02.89 | 30.68 |
| 2. | Theodore Allan | Psv | 4:15.00 | 200902925 | 4:24.25 +0,62 | | | |
| | 50m: 29.12 | 29.12 | 150m: 1:34.97 | 33.59 | 250m: 2:42.77 | 33.92 | 350m: 3:50.71 | 33.46 |
| | 100m: 1:01.38 | 32.26 | 200m: 2:08.85 | 33.88 | 300m: 3:17.25 | 34.48 | 400m: 4:24.25 | 33.54 |
| 3. | Tim van de Moosdijk | Psv | 4:18.77 | 200900187 | 4:27.57 +0,70 | | | |
| | 50m: 28.61 | 28.61 | 150m: 1:34.81 | 34.06 | 250m: 2:44.61 | 34.98 | 350m: 3:54.18 | 34.56 |
| | 100m: 1:00.75 | 32.14 | 200m: 2:09.63 | 34.82 | 300m: 3:19.62 | 35.01 | 400m: 4:27.57 | 33.39 |
| 4. | Thijmen Pruijssers | Hieronymus | 4:30.33 | 201000129 | 4:28.38 | | | |
| | 50m: 29.77 | 29.77 | 150m: 1:37.28 | 34.18 | 250m: 2:46.53 | 34.70 | 350m: 3:55.74 | 34.51 |
| | 100m: 1:03.10 | 33.33 | 200m: 2:11.83 | 34.55 | 300m: 3:21.23 | 34.70 | 400m: 4:28.38 | 32.64 |
| 5. | Max van der Spank | Psv | 4:27.63 | 201000275 | 4:31.05 +0,72 | | | |
| | 50m: 30.36 | 30.36 | 150m: 1:39.46 | 34.46 | 250m: 2:47.38 | 33.62 | 350m: 3:56.76 | 34.50 |
| | 100m: 1:05.00 | 34.64 | 200m: 2:13.76 | 34.30 | 300m: 3:22.26 | 34.88 | 400m: 4:31.05 | 34.29 |
| 6. | Thomas Nauta | Arethusa | 4:35.25 | 200900339 | 4:40.79 +0,74 | | | |
| | 50m: 30.55 | 30.55 | 150m: 1:40.88 | 35.70 | 250m: 2:52.93 | 36.08 | 350m: 4:05.77 | 36.28 |
| | 100m: 1:05.18 | 34.63 | 200m: 2:16.85 | 35.97 | 300m: 3:29.49 | 36.56 | 400m: 4:40.79 | 35.02 |
| 7. | Thijn Runia | Dzt'62 | 4:54.14 | 201000895 | 4:45.17 +0,65 | | | |
| | 50m: 31.43 | 31.43 | 150m: 1:44.01 | 36.81 | 250m: 2:57.79 | 36.97 | 350m: 4:10.37 | 36.27 |
| | 100m: 1:07.20 | 35.77 | 200m: 2:20.82 | 36.81 | 300m: 3:34.10 | 36.31 | 400m: 4:45.17 | 34.80 |
| 8. | Berat Baykal | Psv | 5:17.47 | 201003507 | 4:55.20 +0,64 | | | |
| | 50m: 32.16 | 32.16 | 150m: 1:47.16 | 37.80 | 250m: 3:03.18 | 37.60 | 350m: 4:19.27 | 37.52 |
| | 100m: 1:09.36 | 37.20 | 200m: 2:25.58 | 38.42 | 300m: 3:41.75 | 38.57 | 400m: 4:55.20 | 35.93 |
| 9. | Sven Buijs | Hieronymus | 4:48.73 | 200902853 | 4:56.50 +0,77 | | | |
| | 50m: 32.58 | 32.58 | 150m: 1:45.50 | 36.57 | 250m: 3:01.47 | 38.00 | 350m: 4:19.07 | 38.92 |
| | 100m: 1:08.93 | 36.35 | 200m: 2:23.47 | 37.97 | 300m: 3:40.15 | 38.68 | 400m: 4:56.50 | 37.43 |

Brabantse Winter Kampioenschappen - Weekend 1
Tilburg, 9 - 10/11/2024



Event 8, Boys, 400m Freestyle, Onder 16 (2009-2010)

| rang | naam | vereniging | intijd | tijd | RT | |
|------|--------------------------|--------------------|---------------|-----------|----------------|-------|
| 10. | Nicolai Matla | Psv | 4:57.16 | 200901031 | 4:58.04 | |
| | 50m: 33.32 | 33.32 | 150m: 1:47.94 | 37.20 | 250m: 3:03.23 | 37.69 |
| | 100m: 1:10.74 | 37.42 | 200m: 2:25.54 | 37.60 | 300m: 3:41.71 | 38.48 |
| | | | | | 350m: 4:20.64 | 38.93 |
| | | | | | 400m: 4:58.04 | 37.40 |
| 11. | Fin Horrocks * 50 mtr | Nuenen | 4:59.89 | 201002417 | 5:06.42 | +0,75 |
| | 50m: 34.82 | 34.82 | 150m: 1:51.24 | 38.72 | 250m: 3:09.17 | 39.65 |
| | 100m: 1:12.52 | 37.70 | 200m: 2:29.52 | 38.28 | 300m: 3:49.22 | 40.05 |
| | | | | | 350m: 4:28.97 | 39.75 |
| | | | | | 400m: 5:06.42 | 37.45 |
| 12. | Senn van Tongeren | Tempo Valkenswaard | 5:25.03 | 201001137 | 5:09.41 | +0,69 |
| | 50m: 33.92 | 33.92 | 150m: 1:50.95 | 38.64 | 250m: 3:10.45 | 40.04 |
| | 100m: 1:12.31 | 38.39 | 200m: 2:30.41 | 39.46 | 300m: 3:50.67 | 40.22 |
| | | | | | 350m: 4:31.24 | 40.57 |
| | | | | | 400m: 5:09.41 | 38.17 |
| 13. | Collin van der Ham | Wzsv | 5:17.66 | 201000877 | 5:23.12 | |
| | 50m: 34.53 | 34.53 | 150m: 1:56.09 | 41.55 | 250m: 3:19.57 | 42.12 |
| | 100m: 1:14.54 | 40.01 | 200m: 2:37.45 | 41.36 | 300m: 4:02.95 | 43.38 |
| | | | | | 350m: 4:45.34 | 42.39 |
| | | | | | 400m: 5:23.12 | 37.78 |

Onder 18 (2007-2008)

| | | | | | | |
|----|--------------------|---------------------|---------------|-----------|----------------|-------|
| 1. | Nout Folkersma | Psv | 4:16.62 | 200800595 | 4:16.71 | +0,74 |
| | 50m: 28.27 | 28.27 | 150m: 1:31.59 | 32.13 | 250m: 2:37.06 | 32.38 |
| | 100m: 59.46 | 31.19 | 200m: 2:04.68 | 33.09 | 300m: 3:10.71 | 33.65 |
| | | | | | 350m: 3:43.95 | 33.24 |
| | | | | | 400m: 4:16.71 | 32.76 |
| 2. | Frits Hoeflaken | Psv | 4:33.75 | 200804101 | 4:29.05 | +0,74 |
| | 50m: 29.69 | 29.69 | 150m: 1:36.71 | 34.11 | 250m: 2:45.67 | 34.93 |
| | 100m: 1:02.60 | 32.91 | 200m: 2:10.74 | 34.03 | 300m: 3:20.97 | 35.30 |
| | | | | | 350m: 3:55.81 | 34.84 |
| | | | | | 400m: 4:29.05 | 33.24 |
| 3. | Jeroen van de Haar | V.Z.V. Njord | 4:43.79 | 200701451 | 4:34.70 | +0,75 |
| | 50m: 30.75 | 30.75 | 150m: 1:40.20 | 35.12 | 250m: 2:51.76 | 35.92 |
| | 100m: 1:05.08 | 34.33 | 200m: 2:15.84 | 35.64 | 300m: 3:27.18 | 35.42 |
| | | | | | 350m: 4:02.11 | 34.93 |
| | | | | | 400m: 4:34.70 | 32.59 |
| 4. | Lars de Kooter | De Biesboschwimmers | 4:34.52 | 200800185 | 4:35.40 | +0,68 |
| | 50m: 30.32 | 30.32 | 150m: 1:39.42 | 35.30 | 250m: 2:50.32 | 35.57 |
| | 100m: 1:04.12 | 33.80 | 200m: 2:14.75 | 35.33 | 300m: 3:26.17 | 35.85 |
| | | | | | 350m: 4:01.37 | 35.20 |
| | | | | | 400m: 4:35.40 | 34.03 |
| 5. | Joris van Keulen | De Treffers | 4:39.09 | 200700159 | 4:39.48 | +0,71 |
| | 50m: 29.89 | 29.89 | 150m: 1:39.75 | 35.23 | 250m: 2:52.53 | 36.64 |
| | 100m: 1:04.52 | 34.63 | 200m: 2:15.89 | 36.14 | 300m: 3:28.87 | 36.34 |
| | | | | | 350m: 4:05.61 | 36.74 |
| | | | | | 400m: 4:39.48 | 33.87 |
| 6. | Ondrej Sevcik | V.Z.V. Njord | 4:37.84 | 200702971 | 4:44.89 | +0,74 |
| | 50m: 30.37 | 30.37 | 150m: 1:40.12 | 35.53 | 250m: 2:53.37 | 36.60 |
| | 100m: 1:04.59 | 34.22 | 200m: 2:16.77 | 36.65 | 300m: 3:30.44 | 37.07 |
| | | | | | 350m: 4:08.11 | 37.67 |
| | | | | | 400m: 4:44.89 | 36.78 |

18 en ouder (2006 e.e.)

| | | | | | | |
|----|------------------|--------|---------------|-----------|----------------|-------|
| 1. | Luca Janssen | Psv | 3:56.81 | 200403237 | 3:59.89 | +0,81 |
| | 50m: 27.69 | 27.69 | 150m: 1:29.36 | 31.21 | 250m: 2:30.64 | 29.89 |
| | 100m: 58.15 | 30.46 | 200m: 2:00.75 | 31.39 | 300m: 3:00.04 | 29.40 |
| | | | | | 350m: 3:30.00 | 29.96 |
| | | | | | 400m: 3:59.89 | 29.89 |
| 2. | Lars Verhalle | Psv | 4:02.54 | 200200019 | 4:04.45 | +0,73 |
| | 50m: 27.25 | 27.25 | 150m: 1:28.51 | 30.96 | 250m: 2:31.07 | 31.21 |
| | 100m: 57.55 | 30.30 | 200m: 1:59.86 | 31.35 | 300m: 3:02.02 | 30.95 |
| | | | | | 350m: 3:33.71 | 31.69 |
| | | | | | 400m: 4:04.45 | 30.74 |
| 3. | Lucas van Rooij | Psv | 4:00.64 | 200603943 | 4:07.56 | +0,66 |
| | 50m: 27.94 | 27.94 | 150m: 1:29.87 | 31.41 | 250m: 2:32.93 | 31.25 |
| | 100m: 58.46 | 30.52 | 200m: 2:01.68 | 31.81 | 300m: 3:04.43 | 31.50 |
| | | | | | 350m: 3:36.30 | 31.87 |
| | | | | | 400m: 4:07.56 | 31.26 |
| 4. | Cas Verstegen | Psv | 4:09.42 | 200500891 | 4:10.91 | +0,70 |
| | 50m: 28.20 | 28.20 | 150m: 1:30.28 | 31.24 | 250m: 2:33.58 | 31.60 |
| | 100m: 59.04 | 30.84 | 200m: 2:01.98 | 31.70 | 300m: 3:05.76 | 32.18 |
| | | | | | 350m: 3:38.89 | 33.13 |
| | | | | | 400m: 4:10.91 | 32.02 |
| 5. | Alexander Nijst | Nuenen | 4:22.43 | 200104869 | 4:17.89 | +0,69 |
| | 50m: 28.78 | 28.78 | 150m: 1:34.02 | 32.88 | 250m: 2:40.67 | 33.07 |
| | 100m: 1:01.14 | 32.36 | 200m: 2:07.60 | 33.58 | 300m: 3:13.72 | 33.05 |
| | | | | | 350m: 3:46.16 | 32.44 |
| | | | | | 400m: 4:17.89 | 31.73 |
| 6. | Paolo del Villar | Psv | 4:21.76 | 200504559 | 4:19.61 | |
| | 50m: 28.54 | 28.54 | 150m: 1:32.87 | 32.58 | 250m: 2:39.25 | 33.05 |
| | 100m: 1:00.29 | 31.75 | 200m: 2:06.20 | 33.33 | 300m: 3:12.74 | 33.49 |
| | | | | | 350m: 3:46.26 | 33.52 |
| | | | | | 400m: 4:19.61 | 33.35 |
| 7. | Milco Matla | Psv | 4:27.95 | 200600555 | 4:29.73 | +0,78 |
| | 50m: 29.59 | 29.59 | 150m: 1:37.54 | 34.16 | 250m: 2:46.53 | 34.51 |
| | 100m: 1:03.38 | 33.79 | 200m: 2:12.02 | 34.48 | 300m: 3:21.24 | 34.71 |
| | | | | | 350m: 3:56.11 | 34.87 |
| | | | | | 400m: 4:29.73 | 33.62 |
| 8. | Aly Ibrahim | Psv | 4:33.59 | 200604479 | 4:30.14 | +0,64 |
| | 50m: 31.69 | 31.69 | 150m: 1:39.80 | 34.37 | 250m: 2:49.41 | 34.75 |
| | 100m: 1:05.43 | 33.74 | 200m: 2:14.66 | 34.86 | 300m: 3:23.78 | 34.37 |
| | | | | | 350m: 3:58.22 | 34.44 |
| | | | | | 400m: 4:30.14 | 31.92 |

Brabantse Winter Kampioenschappen - Weekend 1
Tilburg, 9 - 10/11/2024



Event 8, Men, 400m Freestyle, 18 en ouder (2006 e.e.)

| rang | naam | vereniging | intijd | tijd | RT | | | |
|------|------------------|------------|---------------|-----------|----------------------|-------|---------------|-------|
| 9. | Tim Versteegen | Dbd | 4:39.60 | 200200085 | 4:31.45 +0,75 | | | |
| | 50m: 30.49 | 30.49 | 150m: 1:38.03 | 34.20 | 250m: 2:48.56 | 35.19 | 350m: 3:59.20 | 35.61 |
| | 100m: 1:03.83 | 33.34 | 200m: 2:13.37 | 35.34 | 300m: 3:23.59 | 35.03 | 400m: 4:31.45 | 32.25 |
| 10. | Brian van Gennip | ZV Hydra | 4:28.44 | 200003573 | 4:31.58 | | | |
| | 50m: 29.52 | 29.52 | 150m: 1:36.22 | 33.80 | 250m: 2:46.03 | 35.12 | 350m: 3:56.52 | 35.43 |
| | 100m: 1:02.42 | 32.90 | 200m: 2:10.91 | 34.69 | 300m: 3:21.09 | 35.06 | 400m: 4:31.58 | 35.06 |
| 11. | Chris Geers | Wzv | 4:41.28 | 200600131 | 4:42.96 +0,76 | | | |
| | 50m: 31.03 | 31.03 | 150m: 1:42.03 | 36.28 | 250m: 2:55.50 | 36.67 | 350m: 4:09.00 | 36.61 |
| | 100m: 1:05.75 | 34.72 | 200m: 2:18.83 | 36.80 | 300m: 3:32.39 | 36.89 | 400m: 4:42.96 | 33.96 |
| 12. | Tim Delissen | Arethusa | 4:36.35 | 200602671 | 4:49.54 +0,72 | | | |
| | 50m: 31.44 | 31.44 | 150m: 1:41.74 | 35.56 | 250m: 2:56.75 | 37.27 | 350m: 4:12.49 | 38.03 |
| | 100m: 1:06.18 | 34.74 | 200m: 2:19.48 | 37.74 | 300m: 3:34.46 | 37.71 | 400m: 4:49.54 | 37.05 |