

Programmanr. 1
09/11/2024 - 13:15

Dames, 400m wisselslag

2012 en eerder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | |
|-----------------------------|---|----------------------|---------|---------------|---------------------|-------|
| Onder 14 (2011-2012) | | | | | | |
| 1. | Elke Kriesels | Hieronymus | 5:43.10 | 201100898 | 5:37.87 | |
| | 50m: 34.58 | 34.58 150m: 2:01.43 | 43.45 | 250m: 3:32.96 | 49.51 350m: 5:01.33 | 38.04 |
| | 100m: 1:17.98 | 43.40 200m: 2:43.45 | 42.02 | 300m: 4:23.29 | 50.33 400m: 5:37.87 | 36.54 |
| 2. | Pien Walstra | De Treffers | 5:54.90 | 201101034 | 5:42.37 | |
| | 50m: 36.35 | 36.35 150m: 2:05.15 | 44.77 | 250m: 3:39.24 | 51.13 350m: 5:07.77 | 37.85 |
| | 100m: 1:20.38 | 44.03 200m: 2:48.11 | 42.96 | 300m: 4:29.92 | 50.68 400m: 5:42.37 | 34.60 |
| 3. | Lise Markes | Sbc2000 | 5:48.38 | 201101276 | 5:42.49 | +0,72 |
| | 50m: 35.05 | 35.05 150m: 2:02.31 | 44.41 | 250m: 3:33.91 | 48.11 350m: 5:04.82 | 40.91 |
| | 100m: 1:17.90 | 42.85 200m: 2:45.80 | 43.49 | 300m: 4:23.91 | 50.00 400m: 5:42.49 | 37.67 |
| 4. | Brecht van Ravenstein | Arethusa | 6:06.47 | 201100738 | 5:48.72 | +0,68 |
| | 50m: 38.08 | 38.08 150m: 2:09.90 | 45.08 | 250m: 3:42.09 | 48.05 350m: 5:10.92 | 40.91 |
| | 100m: 1:24.82 | 46.74 200m: 2:54.04 | 44.14 | 300m: 4:30.01 | 47.92 400m: 5:48.72 | 37.80 |
| 5. | Kendra van der Voort | Arethusa | 6:22.35 | 201100536 | 5:57.84 | +0,84 |
| | 50m: 39.88 | 39.88 150m: 2:15.98 | 46.75 | 250m: 3:50.63 | 49.57 350m: 5:21.08 | 39.64 |
| | 100m: 1:29.23 | 49.35 200m: 3:01.06 | 45.08 | 300m: 4:41.44 | 50.81 400m: 5:57.84 | 36.76 |
| 6. | Dagmar Wierckx | Sbc2000 | 6:15.65 | 201101278 | 5:59.10 | |
| | 50m: 38.16 | 38.16 150m: 2:08.95 | 45.98 | 250m: 3:46.44 | 51.81 350m: 5:20.47 | 42.44 |
| | 100m: 1:22.97 | 44.81 200m: 2:54.63 | 45.68 | 300m: 4:38.03 | 51.59 400m: 5:59.10 | 38.63 |
| 7. | Zora Spriet | Hieronymus | 6:18.08 | 201100532 | 6:17.51 | |
| | 50m: 43.17 | 43.17 150m: 2:22.33 | 47.27 | 250m: 3:59.63 | 50.96 350m: 5:34.22 | 42.96 |
| | 100m: 1:35.06 | 51.89 200m: 3:08.67 | 46.34 | 300m: 4:51.26 | 51.63 400m: 6:17.51 | 43.29 |
| 8. | Kate Broekman | Arethusa | 6:47.32 | 201200176 | 6:43.00 | |
| | 50m: 44.23 | 44.23 150m: 2:30.70 | 51.26 | 250m: 4:17.77 | 57.87 350m: 6:01.11 | 45.35 |
| | 100m: 1:39.44 | 55.21 200m: 3:19.90 | 49.20 | 300m: 5:15.76 | 57.99 400m: 6:43.00 | 41.89 |
| Onder 16 (2009-2010) | | | | | | |
| 1. | Luus Gielens | Psv | 5:07.89 | 200900138 | 5:07.37 | |
| | 50m: 33.32 | 33.32 150m: 1:49.61 | 38.17 | 250m: 3:13.45 | 45.53 350m: 4:34.07 | 36.04 |
| | 100m: 1:11.44 | 38.12 200m: 2:27.92 | 38.31 | 300m: 3:58.03 | 44.58 400m: 5:07.37 | 33.30 |
| 2. | Bregje Dekkers | Psv | 5:09.48 | 200900746 | 5:07.64 | +0,76 |
| | 50m: 33.40 | 33.40 150m: 1:51.81 | 40.34 | 250m: 3:15.58 | 45.07 350m: 4:35.07 | 34.14 |
| | 100m: 1:11.47 | 38.07 200m: 2:30.51 | 38.70 | 300m: 4:00.93 | 45.35 400m: 5:07.64 | 32.57 |
| 3. | Jayna Wagemakers | Hieronymus | 5:47.23 | 201000226 | 5:39.31 | +0,81 |
| | 50m: 35.47 | 35.47 150m: 2:01.69 | 42.12 | 250m: 3:30.92 | 47.76 350m: 5:00.87 | 40.78 |
| | 100m: 1:19.57 | 44.10 200m: 2:43.16 | 41.47 | 300m: 4:20.09 | 49.17 400m: 5:39.31 | 38.44 |
| 4. | Renske van den Bosch | V.Z.V. Njord | 5:47.63 | 201001828 | 5:42.25 | |
| | 50m: 37.07 | 37.07 150m: 2:03.29 | 43.16 | 250m: 3:35.14 | 50.07 350m: 5:03.99 | 38.78 |
| | 100m: 1:20.13 | 43.06 200m: 2:45.07 | 41.78 | 300m: 4:25.21 | 50.07 400m: 5:42.25 | 38.26 |
| 5. | Isa van der Sanden | De Krabben | 5:46.81 | 200903452 | 5:48.26 | |
| | 50m: 38.22 | 38.22 150m: 2:09.24 | 44.01 | 250m: 3:41.06 | 48.62 350m: 5:10.51 | 40.66 |
| | 100m: 1:25.23 | 47.01 200m: 2:52.44 | 43.20 | 300m: 4:29.85 | 48.79 400m: 5:48.26 | 37.75 |
| 6. | Ilja van Gemeren | Arethusa | 6:14.24 | 201001330 | 5:57.34 | |
| | 50m: 37.67 | 37.67 150m: 2:10.09 | 45.50 | 250m: 3:42.47 | 48.59 350m: 5:15.81 | 43.50 |
| | 100m: 1:24.59 | 46.92 200m: 2:53.88 | 43.79 | 300m: 4:32.31 | 49.84 400m: 5:57.34 | 41.53 |
| 7. | Bo Bontrup | Psv | 5:44.44 | 200902150 | 5:57.87 | +0,73 |
| | 50m: 35.50 | 35.50 150m: 2:05.65 | 47.61 | 250m: 3:40.89 | 49.36 350m: 5:16.15 | 43.79 |
| | 100m: 1:18.04 | 42.54 200m: 2:51.53 | 45.88 | 300m: 4:32.36 | 51.47 400m: 5:57.87 | 41.72 |
| 8. | Lotje Koenraads | Sbc2000 | 6:10.99 | 200900896 | 6:01.51 | +0,71 |
| | 50m: 40.12 | 40.12 150m: 2:15.29 | 47.93 | 250m: 3:50.84 | 48.09 350m: 5:22.30 | 41.63 |
| | 100m: 1:27.36 | 47.24 200m: 3:02.75 | 47.46 | 300m: 4:40.67 | 49.83 400m: 6:01.51 | 39.21 |
| 9. | Annebel Kluijtmans | Arethusa | 5:44.48 | 200900808 | 6:07.21 | |
| | 50m: 36.04 | 36.04 150m: 2:05.33 | 42.68 | 250m: 3:38.98 | 51.18 350m: 5:18.85 | 47.18 |
| | 100m: 1:22.65 | 46.61 200m: 2:47.80 | 42.47 | 300m: 4:31.67 | 52.69 400m: 6:07.21 | 48.36 |
| DIS | Isa Goedhart | BZV 's-Hertogenbosch | 6:25.58 | 201000672 | | |
| | AA - De start ingezet voor het startsignaal (en wel gezwommen). | | | | | |

Brabantse Winter Kampioenschappen - Weekend 1
Tilburg, 9 - 10/11/2024



Programmanr. 1, Dames, 400m wisselslag

Onder 18 (2007-2008)

| | | | | | | | | |
|-----|---|----------------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Isa Jansen | Sbc2000 | 5:17.52 | 200701176 | 5:21.70 | +0,75 | | |
| | 50m: 33.25 | 33.25 | 150m: 1:53.61 | 40.17 | 250m: 3:18.36 | 45.19 | 350m: 4:43.52 | 39.25 |
| | 100m: 1:13.44 | 40.19 | 200m: 2:33.17 | 39.56 | 300m: 4:04.27 | 45.91 | 400m: 5:21.70 | 38.18 |
| 2. | Lotte Blanken | Sbc2000 | 5:35.51 | 200801476 | 5:31.59 | +0,80 | | |
| | 50m: 34.95 | 34.95 | 150m: 1:59.66 | 41.85 | 250m: 3:26.27 | 46.06 | 350m: 4:54.49 | 40.04 |
| | 100m: 1:17.81 | 42.86 | 200m: 2:40.21 | 40.55 | 300m: 4:14.45 | 48.18 | 400m: 5:31.59 | 37.10 |
| 3. | Ines Keijzers | Z&PV Nuenen | 6:14.43 | 200704296 | 6:01.21 | +0,66 | | |
| | 50m: 36.26 | 36.26 | 150m: 2:08.49 | 48.83 | 250m: 3:45.57 | 50.50 | 350m: 5:19.56 | 43.66 |
| | 100m: 1:19.66 | 43.40 | 200m: 2:55.07 | 46.58 | 300m: 4:35.90 | 50.33 | 400m: 6:01.21 | 41.65 |
| 4. | Eline van Dijk * 350 mtr | V.Z.V. Njord | 6:14.22 | 200703660 | 6:12.29 | +0,77 | | |
| | 50m: 39.63 | 39.63 | 150m: 2:14.74 | 48.85 | 250m: 3:54.46 | 52.99 | 350m: 5:31.36 | 44.19 |
| | 100m: 1:25.89 | 46.26 | 200m: 3:01.47 | 46.73 | 300m: 4:47.17 | 52.71 | 400m: 6:12.29 | 40.93 |
| 5. | Jansje de Ridder | De Biesboschwimmers | 6:06.96 | 200800194 | 6:13.79 | | | |
| | 50m: 36.81 | 36.81 | 150m: 2:12.49 | 48.60 | 250m: 3:55.36 | 55.49 | 350m: 5:33.56 | 40.73 |
| | 100m: 1:23.89 | 47.08 | 200m: 2:59.87 | 47.38 | 300m: 4:52.83 | 57.47 | 400m: 6:13.79 | 40.23 |
| 6. | Britt van der Ham | Waalwijkse Zwem Vereniging | 6:19.11 | 200801320 | 6:28.18 | | | |
| | 50m: 41.50 | 41.50 | 150m: 2:20.96 | 47.12 | 250m: 4:03.97 | 56.53 | 350m: 5:44.81 | 43.88 |
| | 100m: 1:33.84 | 52.34 | 200m: 3:07.44 | 46.48 | 300m: 5:00.93 | 56.96 | 400m: 6:28.18 | 43.37 |
| DIS | Manaudou Verhaar | AquaDream | 5:51.62 | 200801376 | | +0,57 | | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | | | | |

18 en ouder (2006 e.e.)

| | | | | | | | | |
|----|------------------------|------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Kirsten Verhalle | Psv | 4:56.03 | 200400210 | 4:51.42 | +0,74 | | |
| | 50m: 30.60 | 30.60 | 150m: 1:43.47 | 37.45 | 250m: 3:01.82 | 42.20 | 350m: 4:18.46 | 33.88 |
| | 100m: 1:06.02 | 35.42 | 200m: 2:19.62 | 36.15 | 300m: 3:44.58 | 42.76 | 400m: 4:51.42 | 32.96 |
| 2. | Nikita van den Ouden | Psv | 4:49.21 | 199900622 | 4:54.69 | | | |
| | 50m: 30.75 | 30.75 | 150m: 1:44.72 | 38.31 | 250m: 3:04.40 | 42.32 | 350m: 4:20.85 | 34.22 |
| | 100m: 1:06.41 | 35.66 | 200m: 2:22.08 | 37.36 | 300m: 3:46.63 | 42.23 | 400m: 4:54.69 | 33.84 |
| 3. | Roos Englebert | Hieronymus | 5:11.88 | 200200606 | 4:58.34 | | | |
| | 50m: 32.53 | 32.53 | 150m: 1:48.38 | 39.17 | 250m: 3:08.48 | 41.78 | 350m: 4:25.26 | 34.53 |
| | 100m: 1:09.21 | 36.68 | 200m: 2:26.70 | 38.32 | 300m: 3:50.73 | 42.25 | 400m: 4:58.34 | 33.08 |
| 4. | Isa Schellekens | Zegenwerp | 5:17.18 | 200002330 | 5:02.29 | +0,57 | | |
| | 50m: 32.33 | 32.33 | 150m: 1:49.45 | 38.59 | 250m: 3:09.39 | 42.85 | 350m: 4:27.70 | 34.71 |
| | 100m: 1:10.86 | 38.53 | 200m: 2:26.54 | 37.09 | 300m: 3:52.99 | 43.60 | 400m: 5:02.29 | 34.59 |
| 5. | Valesca van den Bogert | Hieronymus | 5:05.64 | 200102138 | 5:10.34 | +0,75 | | |
| | 50m: 32.19 | 32.19 | 150m: 1:51.22 | 41.08 | 250m: 3:13.86 | 42.24 | 350m: 4:33.69 | 37.33 |
| | 100m: 1:10.14 | 37.95 | 200m: 2:31.62 | 40.40 | 300m: 3:56.36 | 42.50 | 400m: 5:10.34 | 36.65 |
| 6. | Fiona Meuffels | Psv | 5:42.02 | 199504366 | 5:33.82 | | | |
| | 50m: 33.24 | 33.24 | 150m: 1:57.80 | 43.46 | 250m: 3:27.40 | 46.56 | 350m: 4:54.98 | 39.54 |
| | 100m: 1:14.34 | 41.10 | 200m: 2:40.84 | 43.04 | 300m: 4:15.44 | 48.04 | 400m: 5:33.82 | 38.84 |
| 7. | Liselotte Joling | Psv | 5:36.31 | 197500268 | 5:44.61 | +0,88 | | |
| | 50m: 36.17 | 36.17 | 150m: 2:03.81 | 46.17 | 250m: 3:37.18 | 48.81 | 350m: 5:06.77 | 39.79 |
| | 100m: 1:17.64 | 41.47 | 200m: 2:48.37 | 44.56 | 300m: 4:26.98 | 49.80 | 400m: 5:44.61 | 37.84 |
| 8. | Birgit Hage | Psv | 5:41.71 | 200602898 | 6:02.62 | | | |
| | 50m: 36.53 | 36.53 | 150m: 2:06.11 | 46.57 | 250m: 3:44.60 | 54.91 | 350m: 5:23.39 | 41.24 |
| | 100m: 1:19.54 | 43.01 | 200m: 2:49.69 | 43.58 | 300m: 4:42.15 | 57.55 | 400m: 6:02.62 | 39.23 |