

Limietwedstrijd 2024 lange baan Eindhoven
Eindhoven, 18-2-2024

Programmanr. 29
18-2-2024

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Robin Goossens	Z&PV Nuenen	4:58.42	200003128	5:14.73 +0,82	
	50m: 33.35	33.35	150m: 1:55.18	42.96	250m: 3:18.77	42.16
	100m: 1:12.22	38.87	200m: 2:36.61	41.43	300m: 4:00.56	41.79
					350m: 4:38.96	38.40
					400m: 5:14.73	35.77
2.	Eline Hoekstra	OEZA	5:48.87	200301280	5:54.61 +0,78	
	50m: 36.57	36.57	150m: 2:08.27	45.07	250m: 3:43.17	50.37
	100m: 1:23.20	46.63	200m: 2:52.80	44.53	300m: 4:35.21	52.04
					350m: 5:15.32	40.11
					400m: 5:54.61	39.29
3.	Renske Oude Egbrink	O Z & P C	5:39.30	200600040	6:00.34 +0,77	
	50m: 38.84	38.84	150m: 2:11.81	46.96	250m: 3:45.88	48.28
	100m: 1:24.85	46.01	200m: 2:57.60	45.79	300m: 4:34.98	49.10
					350m: 5:18.39	43.41
					400m: 6:00.34	41.95
4.	Michelle van Dijk	DZT'62	5:50.81	199806564	6:11.64 +0,76	
	50m: 37.42	37.42	150m: 2:12.86	48.64	250m: 3:54.40	54.17
	100m: 1:24.22	46.80	200m: 3:00.23	47.37	300m: 4:49.89	55.49
					350m: 5:31.57	41.68
					400m: 6:11.64	40.07
5.	Senna Bongartz	SG Patrick - De Roersoppers	6:19.07	200301826	6:25.51 +0,72	
	50m: 41.81	41.81	150m: 2:22.57	51.06	250m: 4:08.24	56.37
	100m: 1:31.51	49.70	200m: 3:11.87	49.30	300m: 5:03.98	55.74
					350m: 5:45.02	41.04
					400m: 6:25.51	40.49
6.	Mischa Brouwers	Hieronymus	NT	201202208	6:47.82 +0,52	
	50m: 41.79	41.79	150m: 2:24.80	51.29	250m: 4:14.66	57.74
	100m: 1:33.51	51.72	200m: 3:16.92	52.12	300m: 5:14.25	59.59
					350m: 6:01.53	47.28
					400m: 6:47.82	46.29
7.	Elaine Geeven	Arethusa	6:48.41	200801972	7:16.79 +0,87	
	50m: 45.28	45.28	150m: 2:38.20	54.71	250m: 4:37.45	1:06.24
	100m: 1:43.49	58.21	200m: 3:31.21	53.01	300m: 5:42.61	1:05.16
					350m: 6:32.01	49.40
					400m: 7:16.79	44.78