

Limietwedstrijd 2024 lange baan Eindhoven
 Eindhoven, 18-2-2024

 Programmanr. 2
 18-2-2024

Heren, 400m vrije slag

 Junioren 1 en ouder
 Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Thijn Damen	PSV	4:11.60	200300973	4:19.67 +0,70
	50m: 28.23	28.23 150m: 1:35.26	34.34	250m: 2:42.62	33.10
	100m: 1:00.92	32.69 200m: 2:09.52	34.26	300m: 3:16.03	33.41
				350m: 3:48.83	32.80
				400m: 4:19.67	30.84
2.	Tim Boerefijn	WVZ	4:18.12	200802815	4:26.11 +0,77
	50m: 29.34	29.34 150m: 1:36.31	33.69	250m: 2:44.42	33.91
	100m: 1:02.62	33.28 200m: 2:10.51	34.20	300m: 3:18.35	33.93
				350m: 3:52.64	34.29
				400m: 4:26.11	33.47
3.	Seth van den Dool	Gzc Donk	4:44.93	200803809	4:48.69 +0,72
	50m: 31.61	31.61 150m: 1:44.01	36.75	250m: 2:58.20	36.99
	100m: 1:07.26	35.65 200m: 2:21.21	37.20	300m: 3:35.65	37.45
				350m: 4:12.67	37.02
				400m: 4:48.69	36.02
4.	Thijmen Puijssers	Hieronymus	4:43.76	201000129	4:54.09 +0,66
	50m: 31.95	31.95 150m: 1:45.79	37.78	250m: 3:02.64	38.25
	100m: 1:08.01	36.06 200m: 2:24.39	38.60	300m: 3:41.18	38.54
				350m: 4:19.51	38.33
				400m: 4:54.09	34.58
5.	Stephan Sjeptoera	HZPC	5:03.21	200800871	4:59.89 +0,68
	50m: 33.84	33.84 150m: 1:48.24	37.81	250m: 3:05.35	38.80
	100m: 1:10.43	36.59 200m: 2:26.55	38.31	300m: 3:44.11	38.76
				350m: 4:22.84	38.73
				400m: 4:59.89	37.05
6.	Sem Berckenkamp	Gzc Donk	5:02.02	200602229	5:09.41 +0,72
	50m: 33.42	33.42 150m: 1:51.65	39.81	250m: 3:13.40	40.99
	100m: 1:11.84	38.42 200m: 2:32.41	40.76	300m: 3:54.28	40.88
				350m: 4:33.23	38.95
				400m: 5:09.41	36.18
7.	Fin Horrocks	Z&PV Nuenen	5:09.33	201002417	5:10.69 +0,77
	50m: 35.35	35.35 150m: 1:54.10	40.34	250m: 3:14.34	40.32
	100m: 1:13.76	38.41 200m: 2:34.02	39.92	300m: 3:55.71	41.37
				350m: 4:33.92	38.21
				400m: 5:10.69	36.77
8.	Glen Le Clercq	ZPC De Rog Weert	5:00.00	196800177	5:13.85 +0,81
	50m: 34.11	34.11 150m: 1:52.56	39.91	250m: 3:12.13	39.41
	100m: 1:12.65	38.54 200m: 2:32.72	40.16	300m: 3:52.33	40.20
				350m: 4:33.12	40.79
				400m: 5:13.85	40.73
9.	Thijs van Kints	BZ en PC	5:28.84	201101059	5:13.97 +0,72
	50m: 35.31	35.31 150m: 1:54.32	40.38	250m: 3:15.50	40.17
	100m: 1:13.94	38.63 200m: 2:35.33	41.01	300m: 3:56.20	40.70
				350m: 4:36.02	39.82
				400m: 5:13.97	37.95
10.	Nicolai Matla	PSV	5:32.08	200901031	5:14.88 +0,63
	50m: 34.34	34.34 150m: 1:53.77	40.40	250m: 3:14.59	40.51
	100m: 1:13.37	39.03 200m: 2:34.08	40.31	300m: 3:55.55	40.96
				350m: 4:36.12	40.57
				400m: 5:14.88	38.76
11.	Tim Van Melick	ZPC De Rog Weert	5:06.34	200402209	5:16.88 +0,66
	50m: 33.31	33.31 150m: 1:53.40	40.55	250m: 3:16.28	41.26
	100m: 1:12.85	39.54 200m: 2:35.02	41.62	300m: 3:58.08	41.80
				350m: 4:38.18	40.10
				400m: 5:16.88	38.70
12.	Luca Monster	ZPC Numansdorp	5:16.23	201100343	5:26.47 +0,66
	50m: 34.72	34.72 150m: 1:56.26	41.13	250m: 3:20.19	42.38
	100m: 1:15.13	40.41 200m: 2:37.81	41.55	300m: 4:03.13	42.94
				350m: 4:45.83	42.70
				400m: 5:26.47	40.64
13.	Gerco van Dijk	Olympia	5:25.93	201000997	5:39.92 +0,88
	50m: 36.56	36.56 150m: 2:01.25	43.03	250m: 3:29.71	44.14
	100m: 1:18.22	41.66 200m: 2:45.57	44.32	300m: 4:13.96	44.25
				350m: 4:59.24	45.28
				400m: 5:39.92	40.68
14.	Tibo Janssen	ZPC De Rog Weert	5:49.92	201101591	5:44.02 +0,81
	50m: 37.80	37.80 150m: 2:04.10	44.31	250m: 3:33.80	45.15
	100m: 1:19.79	41.99 200m: 2:48.65	44.55	300m: 4:18.28	44.48
				350m: 5:03.02	44.74
				400m: 5:44.02	41.00
15.	Gijs van der Lee	AZC	5:46.53	201101237	5:45.42 +0,69
	50m: 37.36	37.36 150m: 2:03.20	43.25	250m: 3:32.13	44.33
	100m: 1:19.95	42.59 200m: 2:47.80	44.60	300m: 4:17.73	45.60
				350m: 5:02.14	44.41
				400m: 5:45.42	43.28
16.	Stijn Butter	OEZA	6:03.15	201100455	5:58.30 +0,72
	50m: 38.25	38.25 150m: 2:07.64	46.23	250m: 3:41.10	47.17
	100m: 1:21.41	43.16 200m: 2:53.93	46.29	300m: 4:27.34	46.24
				350m: 5:14.90	47.56
				400m: 5:58.30	43.40
17.	Finn Naus	Nederweert	6:01.37	201000379	6:03.42 +0,63
	50m: 37.86	37.86 150m: 2:06.96	45.18	250m: 3:42.97	48.24
	100m: 1:21.78	43.92 200m: 2:54.73	47.77	300m: 4:32.08	49.11
				350m: 5:18.39	46.31
				400m: 6:03.42	45.03
AFGEM	Lucas van Rooij	PSV	4:16.95	200603943	