

Programmanr. 32  
22-5-2022 - 13:10

Heren, 400m wisselslag

Senioren open  
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
<b>Brabants Kampioen , Junioren 1 en 2</b>								
1. Lars de Kooter	De Biesboschzwemmers	5:30.75 200800185	5:36.12 +0,75		1:16.25	2:48.98	4:17.38	5:36.12
50m:	34.29	34.29	150m:	2:03.87	47.62	250m:	3:32.53	43.55
100m:	1:16.25	41.96	200m:	2:48.98	45.11	300m:	4:17.38	44.85
350m:						400m:	5:36.12	38.88
2. Martijn Nies	PSV	5:58.21 200902095	5:47.37 +0,71		1:18.96	2:47.60	4:31.29	5:47.37
50m:	35.63	35.63	150m:	2:03.88	44.92	250m:	3:38.99	51.39
100m:	1:18.96	43.33	200m:	2:47.60	43.72	300m:	4:31.29	52.30
350m:						400m:	5:47.37	36.58
3. Thomas Nauta	Arethusa	6:03.73 200900339	6:02.09 +0,72		1:35.02	3:10.81	4:45.88	6:02.09
50m:	41.93	41.93	150m:	2:23.87	48.85	250m:	3:56.98	46.17
100m:	1:35.02	53.09	200m:	3:10.81	46.94	300m:	4:45.88	48.90
350m:						400m:	6:02.09	36.22
4. Seppe Beunis	Zwemvereniging De Zilv	6:37.22w200802607	6:05.51 +0,66		1:25.95	2:57.49	4:38.04	6:05.51
50m:	37.85	37.85	150m:	2:11.82	45.87	250m:	3:46.64	49.15
100m:	1:25.95	48.10	200m:	2:57.49	45.67	300m:	4:38.04	51.40
350m:						400m:	6:05.51	43.56
5. Nicolai Matla	PSV	6:58.91 200901031	6:51.00 +0,67		1:46.23	3:32.01	5:18.37	6:51.00
50m:	45.44	45.44	150m:	2:42.45	56.22	250m:	4:24.03	52.02
100m:	1:46.23	1:00.79	200m:	3:32.01	49.56	300m:	5:18.37	54.34
350m:						400m:	6:51.00	44.79

Limburgs Kampioen , Junioren 1 en 2

1. Mattia Maggio	Hellas-Glana	5:14.97 200903311	5:19.23 +0,62		1:11.22	2:32.02	4:06.59	5:19.23
50m:	32.28	32.28	150m:	1:52.16	40.94	250m:	3:18.79	46.77
100m:	1:11.22	38.94	200m:	2:32.02	39.86	300m:	4:06.59	47.80
350m:						400m:	5:19.23	37.88
								34.76

Brabants Kampioen Junioren 3 en 4

1. Tiago Fonseca Gomes	PSV	4:49.26 200703587	4:45.44 +0,65		1:03.39	2:17.55	3:44.68	4:45.44
50m:	29.08	29.08	150m:	1:40.96	37.57	250m:	3:00.76	43.21
100m:	1:03.39	34.31	200m:	2:17.55	36.59	300m:	3:44.68	43.92
350m:						400m:	4:45.44	29.34
2. Milco Matla	PSV	5:31.69 200600555	5:19.25 +0,74		1:07.01	2:32.53	4:05.58	5:19.25
50m:	30.92	30.92	150m:	1:50.68	43.67	250m:	3:18.61	46.08
100m:	1:07.01	36.09	200m:	2:32.53	41.85	300m:	4:05.58	46.97
350m:						400m:	5:19.25	35.77
3. Lucas van Rooij	PSV	5:22.03 200603943	5:19.85 +0,76		1:08.24	2:36.67	4:10.14	5:19.85
50m:	30.83	30.83	150m:	1:53.00	44.76	250m:	3:22.17	45.50
100m:	1:08.24	37.41	200m:	2:36.67	43.67	300m:	4:10.14	47.97
350m:						400m:	5:19.85	33.17
4. Tim Delissen	Nextline swimming	5:30.65 200602671	5:28.50 +0,74		1:13.49	2:38.84	4:12.22	5:28.50
50m:	33.09	33.09	150m:	1:56.77	43.28	250m:	3:25.14	46.30
100m:	1:13.49	40.40	200m:	2:38.84	42.07	300m:	4:12.22	47.08
350m:						400m:	5:28.50	37.53
5. Dion Potters	Hieronymus	6:06.96 200601981	5:43.64 +0,71		1:17.80	2:41.50	4:25.25	5:43.64
50m:	34.17	34.17	150m:	1:59.40	41.60	250m:	3:32.63	51.13
100m:	1:17.80	43.63	200m:	2:41.50	42.10	300m:	4:25.25	52.62
350m:						400m:	5:43.64	38.02
6. Cas Krijger	O.Z. & P.C. De Waranc	5:51.23 200601389	5:45.28 +0,74		1:17.04	2:43.19	4:26.80	5:45.28
50m:	33.69	33.69	150m:	2:01.02	43.98	250m:	3:34.84	51.65
100m:	1:17.04	43.35	200m:	2:43.19	42.17	300m:	4:26.80	51.96
350m:						400m:	5:45.28	38.28
7. Chris Geers	Waalwijkse Zwem Verer	5:46.49 200600131	6:00.59 +0,76		1:22.95	2:52.30	4:39.77	6:00.59
50m:	35.89	35.89	150m:	2:08.85	45.90	250m:	3:45.95	53.65
100m:	1:22.95	47.06	200m:	2:52.30	43.45	300m:	4:39.77	53.82
350m:						400m:	6:00.59	39.25
8. Joris van Keulen	De Treffers	5:57.62 200700159	6:01.18 +0,81		1:23.97	2:53.24	4:34.77	6:01.18
50m:	37.45	37.45	150m:	2:09.09	45.12	250m:	3:43.14	49.90
100m:	1:23.97	46.52	200m:	2:53.24	44.15	300m:	4:34.77	51.63
350m:						400m:	6:01.18	42.56

Limburgs Kampioen Junioren 3 en 4

1. Ruben de Vries	Hellas-Glana	5:37.47 200600497	5:32.04 +0,69		1:16.15	2:45.90	4:16.54	5:32.04
50m:	33.64	33.64	150m:	2:02.08	45.93	250m:	3:30.46	44.56
100m:	1:16.15	42.51	200m:	2:45.90	43.82	300m:	4:16.54	46.08
350m:						400m:	5:32.04	37.21

Brabants Kampioen Jeugd 1 en 2

1. Justin Steenkamp	PSV	5:18.23 200404133	5:11.06 +0,63		1:06.58	2:27.80	4:01.61	5:11.06
50m:	29.57	29.57	150m:	1:48.19	41.61	250m:	3:13.63	45.83
100m:	1:06.58	37.01	200m:	2:27.80	39.61	300m:	4:01.61	47.98
350m:						400m:	5:11.06	35.53
								33.92

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Limburgs Kampioen Jeugd 1 en 2

1. Cas Verstegen	HZPC	4:44.07	200500891	4:49.65	+0,75	1:02.30	2:18.28	3:39.72	4:49.65		
50m:	29.02	29.02	150m:	1:41.11	38.81	250m:	2:58.73	40.45	350m:	4:15.03	35.31
100m:	1:02.30	33.28	200m:	2:18.28	37.17	300m:	3:39.72	40.99	400m:	4:49.65	34.62
2. Stan Houtvast	Hellas-Glana	5:21.16	200500883	5:24.87	+0,78	1:14.01	2:37.60	4:11.94	5:24.87		
50m:	32.40	32.40	150m:	1:56.80	42.79	250m:	3:24.42	46.82	350m:	4:49.49	37.55
100m:	1:14.01	41.61	200m:	2:37.60	40.80	300m:	4:11.94	47.52	400m:	5:24.87	35.38
3. Max Ketelaars	RZ	5:23.21	200500345	5:37.99	+0,77	1:16.68	2:43.55	4:15.25	5:37.99		
50m:	33.45	33.45	150m:	2:00.28	43.60	250m:	3:29.29	45.74	350m:	4:57.11	41.86
100m:	1:16.68	43.23	200m:	2:43.55	43.27	300m:	4:15.25	45.96	400m:	5:37.99	40.88
4. Joost Schuurmans	Hellas-Glana	5:24.83	200400543	5:39.07	+0,76	1:14.18	2:41.55	4:21.49	5:39.07		
50m:	32.98	32.98	150m:	1:57.85	43.67	250m:	3:30.87	49.32	350m:	5:00.37	38.88
100m:	1:14.18	41.20	200m:	2:41.55	43.70	300m:	4:21.49	50.62	400m:	5:39.07	38.70

Brabants Kampioen Senioren 1 en ouder

1. Lars Verhalle	PSV	4:36.57	200200019	4:41.02	+0,77	1:03.09	2:16.23	3:35.27	4:41.02		
50m:	28.98	28.98	150m:	1:40.43	37.34	250m:	2:55.79	39.56	350m:	4:08.59	33.32
100m:	1:03.09	34.11	200m:	2:16.23	35.80	300m:	3:35.27	39.48	400m:	4:41.02	32.43
2. Joris Janssen	PSV	5:10.19	200301311	4:47.67	+0,80	1:04.36	2:18.01	3:41.25	4:47.67		
50m:	29.44	29.44	150m:	1:41.94	37.58	250m:	2:59.30	41.29	350m:	4:15.12	33.87
100m:	1:04.36	34.92	200m:	2:18.01	36.07	300m:	3:41.25	41.95	400m:	4:47.67	32.55
3. Janne Englebort	Hieronymus	4:52.97	200101561	4:57.62	+0,73	1:04.35	2:19.48	3:47.52	4:57.62		
50m:	30.16	30.16	150m:	1:42.56	38.21	250m:	3:03.42	43.94	350m:	4:23.21	35.69
100m:	1:04.35	34.19	200m:	2:19.48	36.92	300m:	3:47.52	44.10	400m:	4:57.62	34.41
4. Yuri Wasser	PSV	5:20.60	200301327	5:17.32	+0,71	1:08.77	2:31.86	4:05.97	5:17.32		
50m:	30.92	30.92	150m:	1:50.30	41.53	250m:	3:18.36	46.50	350m:	4:41.91	35.94
100m:	1:08.77	37.85	200m:	2:31.86	41.56	300m:	4:05.97	47.61	400m:	5:17.32	35.41
5. Wim van Duuren	TRB/RES	5:10.69	200102103	5:19.07	+0,76	1:11.39	2:31.13	4:03.54	5:19.07		
50m:	32.58	32.58	150m:	1:51.42	40.03	250m:	3:16.63	45.50	350m:	4:42.44	38.90
100m:	1:11.39	38.81	200m:	2:31.13	39.71	300m:	4:03.54	46.91	400m:	5:19.07	36.63
6. Tom Balsen Versteeg	O.Z. & P.C. De Waranc	5:08.88	200005673	5:20.65	+0,63	1:07.60	2:35.95	4:08.17	5:20.65		
50m:	29.99	29.99	150m:	1:51.65	44.05	250m:	3:20.74	44.79	350m:	4:44.77	36.60
100m:	1:07.60	37.61	200m:	2:35.95	44.30	300m:	4:08.17	47.43	400m:	5:20.65	35.88
7. Pieter Pijnenburg	De Biesboschzwemmers	5:00.98	199305227	5:34.17	+0,73	1:15.52	2:46.85	4:16.79	5:34.17		
50m:	34.23	34.23	150m:	2:01.03	45.51	250m:	3:31.34	44.49	350m:	4:55.86	39.07
100m:	1:15.52	41.29	200m:	2:46.85	45.82	300m:	4:16.79	45.45	400m:	5:34.17	38.31

Limburgs Kampioen Senioren 1 en ouder

DIS Sjors Lemmers HZPC 4:57.98 200300555  
SL - Het keer- en/of eindpunt met één hand aangetikt.