

Programmanr. 11
15-5-2022 - 12:30

Heren, 1500m vrije slag

Senioren open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
Junioren 1 en 2						
1.	Wout Serrarens	PSV	18:53.26	200800261	19:00.16 +0,76	
	100m: 1:05.72	1:05.72	500m: 6:11.82	1:17.10	900m: 11:23.02	1:17.96
	200m: 2:21.21	1:15.49	600m: 7:29.90	1:18.08	1000m: 12:40.61	1:17.59
	300m: 3:36.37	1:15.16	700m: 8:47.10	1:17.20	1100m: 13:58.02	1:17.41
	400m: 4:54.72	1:18.35	800m: 10:05.06	1:17.96	1200m: 15:14.85	1:16.83
					1300m: 16:30.83	1:15.98
					1400m: 17:47.35	1:16.52
					1500m: 19:00.16	1:12.81
2.	Lars de Kooter	De Biesboschwimmers	18:59.43	200800185	19:35.56 +0,70	
	100m: 1:10.01	1:10.01	500m: 6:25.40	1:18.34	900m: 11:44.45	1:19.00
	200m: 2:28.31	1:18.30	600m: 7:45.63	1:20.23	1000m: 13:04.42	1:19.97
	300m: 3:47.10	1:18.79	700m: 9:05.23	1:19.60	1100m: 14:24.03	1:19.61
	400m: 5:07.06	1:19.96	800m: 10:25.45	1:20.22	1200m: 15:43.23	1:19.20
					1300m: 17:02.53	1:19.30
					1400m: 18:21.24	1:18.71
					1500m: 19:35.56	1:14.32
3.	Thomas Nauta	Arethusa	19:51.42	200900339	20:32.33 +0,76	
	100m: 1:12.56	1:12.56	500m: 6:40.18	1:22.69	900m: 12:15.52	1:24.36
	200m: 2:32.89	1:20.33	600m: 8:02.89	1:22.71	1000m: 13:40.19	1:24.67
	300m: 3:55.04	1:22.15	700m: 9:26.31	1:23.42	1100m: 15:04.80	1:24.61
	400m: 5:17.49	1:22.45	800m: 10:51.16	1:24.85	1200m: 16:28.20	1:23.40
					1300m: 17:51.50	1:23.30
					1400m: 19:14.28	1:22.78
					1500m: 20:32.33	1:18.05
4.	Theodore Allan	PSV	21:03.46	200902925	21:00.87 +0,76	
	100m: 1:10.98	1:10.98	500m: 6:46.67	1:24.59	900m: 12:33.00	1:28.64
	200m: 2:31.34	1:20.36	600m: 8:13.26	1:26.59	1000m: 13:59.40	1:26.40
	300m: 3:55.68	1:24.34	700m: 9:38.23	1:24.97	1100m: 15:25.45	1:26.05
	400m: 5:22.08	1:26.40	800m: 11:04.36	1:26.13	1200m: 16:52.16	1:26.71
					1300m: 18:15.78	1:23.62
					1400m: 19:39.77	1:23.99
					1500m: 21:00.87	1:21.10
5.	Kennith Arts	De Treffers	21:52.50	200800889	22:31.57 +0,80	
	100m: 1:19.52	1:19.52	500m: 7:17.79	1:31.87	900m: 13:20.99	1:30.06
	200m: 2:48.07	1:28.55	600m: 8:48.23	1:30.44	1000m: 14:53.55	1:32.56
	300m: 4:15.82	1:27.75	700m: 10:20.15	1:31.92	1100m: 16:27.11	1:33.56
	400m: 5:45.92	1:30.10	800m: 11:50.93	1:30.78	1200m: 17:58.68	1:31.57
					1300m: 19:31.86	1:33.18
					1400m: 21:03.70	1:31.84
					1500m: 22:31.57	1:27.87
DIS	Martijn Nies	PSV	21:27.97	200902095	+0,44	
	AA - Gestart voor het startsignaal (en wel gezwommen).					
	100m:	500m:	900m:	11:57.47	1300m:	
	200m:	600m:	1000m:		1400m:	
	300m:	700m:	1100m:		1500m:	
	400m:	800m:	1200m:			

Junioren 3 en 4

1.	Lucas van Rooij	PSV	18:19.12	200603943	18:05.00 +0,67	
	100m: 1:04.50	1:04.50	500m: 5:51.87	1:12.50	900m: 10:44.53	1:13.68
	200m: 2:15.67	1:11.17	600m: 7:04.75	1:12.88	1000m: 11:58.36	1:13.83
	300m: 3:27.69	1:12.02	700m: 8:17.67	1:12.92	1100m: 13:12.12	1:13.76
	400m: 4:39.37	1:11.68	800m: 9:30.85	1:13.18	1200m: 14:25.75	1:13.63
					1300m: 15:39.98	1:14.23
					1400m: 16:53.79	1:13.81
					1500m: 18:05.00	1:11.21
2.	Milco Matla	PSV	19:03.21	200600555	19:15.63 +0,77	
	100m: 1:08.22	1:08.22	500m: 6:15.03	1:17.39	900m: 11:26.27	1:18.04
	200m: 2:24.32	1:16.10	600m: 7:32.59	1:17.56	1000m: 12:44.58	1:18.31
	300m: 3:40.57	1:16.25	700m: 8:50.44	1:17.85	1100m: 14:02.61	1:18.03
	400m: 4:57.64	1:17.07	800m: 10:08.23	1:17.79	1200m: 15:22.44	1:19.83
					1300m: 16:40.72	1:18.28
					1400m: 17:58.77	1:18.05
					1500m: 19:15.63	1:16.86
3.	Joris van Keulen	De Treffers	21:00.45	200700159	22:18.12 +0,90	
	100m: 1:14.96	1:14.96	500m: 7:07.45	1:29.08	900m: 13:09.52	1:32.04
	200m: 2:41.53	1:26.57	600m: 8:36.64	1:29.19	1000m: 14:43.15	1:33.63
	300m: 4:09.71	1:28.18	700m: 10:09.46	1:32.82	1100m: 16:14.64	1:31.49
	400m: 5:38.37	1:28.66	800m: 11:37.48	1:28.02	1200m: 17:50.45	1:35.81
					1300m: 19:23.43	1:32.98
					1400m: 20:53.77	1:30.34
					1500m: 22:18.12	1:24.35

Jeugd 1 en 2

1.	Koen Vissers	PSV	17:06.56	200401429	17:15.40 +0,88	
	100m: 1:02.49	1:02.49	500m: 5:40.53	1:10.24	900m: 10:21.43	1:09.79
	200m: 2:10.97	1:08.48	600m: 6:50.88	1:10.35	1000m: 11:31.82	1:10.39
	300m: 3:20.21	1:09.24	700m: 8:02.18	1:11.30	1100m: 12:41.16	1:09.34
	400m: 4:30.29	1:10.08	800m: 9:11.64	1:09.46	1200m: 13:51.21	1:10.05
					1300m: 15:01.36	1:10.15
					1400m: 16:10.77	1:09.41
					1500m: 17:15.40	1:04.63
2.	Justin Steenkamp	PSV	17:39.64	200404133	17:44.31 +0,68	
	100m: 1:05.03	1:05.03	500m: 5:49.91	1:11.12	900m: 10:36.66	1:12.53
	200m: 2:16.77	1:11.74	600m: 7:01.47	1:11.56	1000m: 11:49.31	1:12.65
	300m: 3:27.88	1:11.11	700m: 8:13.24	1:11.77	1100m: 13:01.26	1:11.95
	400m: 4:38.79	1:10.91	800m: 9:24.13	1:10.89	1200m: 14:13.37	1:12.11
					1300m: 15:24.76	1:11.39
					1400m: 16:36.14	1:11.38
					1500m: 17:44.31	1:08.17
3.	Sven ten Hove	De Krabben	19:08.15	200500273	18:44.42 +0,66	
	100m: 1:03.04	1:03.04	500m: 5:57.23	1:15.83	900m: 11:10.81	1:19.60
	200m: 2:12.89	1:09.85	600m: 7:15.34	1:18.11	1000m: 12:31.18	1:20.37
	300m: 3:26.17	1:13.28	700m: 8:33.10	1:17.76	1100m: 13:43.96	1:12.78
	400m: 4:41.40	1:15.23	800m: 9:51.21	1:18.11	1200m: 15:00.47	1:16.51
					1300m: 16:17.98	1:17.51
					1400m: 17:33.16	1:15.18
					1500m: 18:44.42	1:11.26

Programmanr. 11, Jongens, 1500m vrije slag, Jeugd 1 en 2

rang	naam	vereniging		intijd			tijd			RT
4.	Stan Houtvast	Hellas-Glana		18:56.62			20:06.60			+0,71
	100m: 1:06.47	1:06.47	500m: 6:25.57	1:22.12	900m: 11:53.75	1:21.50	1300m: 17:22.98	1:23.60		
	200m: 2:23.67	1:17.20	600m: 7:47.86	1:22.29	1000m: 13:13.89	1:20.14	1400m: 18:44.19	1:21.21		
	300m: 3:43.15	1:19.48	700m: 9:10.69	1:22.83	1100m: 14:37.34	1:23.45	1500m: 20:06.60	1:22.41		
	400m: 5:03.45	1:20.30	800m: 10:32.25	1:21.56	1200m: 15:59.38	1:22.04				

Senioren 1 en ouder

1.	Thijn Damen	PSV		17:55.97			200300973			17:14.84	+0,71
	100m: 1:01.64	1:01.64	500m: 5:37.93	1:09.02	900m: 10:18.28	1:10.23	1300m: 15:00.83	1:10.79			
	200m: 2:10.54	1:08.90	600m: 6:47.29	1:09.36	1000m: 11:28.56	1:10.28	1400m: 16:11.40	1:10.57			
	300m: 3:19.72	1:09.18	700m: 7:57.63	1:10.34	1100m: 12:39.56	1:11.00	1500m: 17:14.84	1:03.44			
	400m: 4:28.91	1:09.19	800m: 9:08.05	1:10.42	1200m: 13:50.04	1:10.48					
2.	Tom Balsen Versteeg	O.Z. & P.C. De Warande		17:49.11			200005673			18:29.98	+0,60
	100m: 1:07.26	1:07.26	500m: 6:01.94	1:14.59	900m: 11:06.12	1:14.83	1300m: 16:08.10	1:14.95			
	200m: 2:19.58	1:12.32	600m: 7:17.81	1:15.87	1000m: 12:21.73	1:15.61	1400m: 17:22.67	1:14.57			
	300m: 3:33.54	1:13.96	700m: 8:34.37	1:16.56	1100m: 13:37.32	1:15.59	1500m: 18:29.98	1:07.31			
	400m: 4:47.35	1:13.81	800m: 9:51.29	1:16.92	1200m: 14:53.15	1:15.83					
3.	Raoni Schrijvers	Tempo Valkenswaard		17:46.30			199302669			18:30.29	+0,71
	100m: 1:05.87	1:05.87	500m: 6:00.65	1:15.29	900m: 11:05.17	1:14.91	1300m: 16:07.73	1:15.27			
	200m: 2:17.57	1:11.70	600m: 7:17.18	1:16.53	1000m: 12:21.19	1:16.02	1400m: 17:22.72	1:14.99			
	300m: 3:31.67	1:14.10	700m: 8:33.85	1:16.67	1100m: 13:36.84	1:15.65	1500m: 18:30.29	1:07.57			
	400m: 4:45.36	1:13.69	800m: 9:50.26	1:16.41	1200m: 14:52.46	1:15.62					
AFGEM	Janne Englebert	Hieronymus		17:45.32			200101561				