

Verbetering zwemmer - Details

[Alle wedstrijden](#)

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
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							28
AquaDream							9
Delano van der Wegen, 12-2-2008							
100m vrije slag	series	5.	1:03.80	-	1:10.51	16-2-2020	122%
200m vrije slag	series	7.	2:25.85	-	2:22.04	24-4-2022	95%
400m vrije slag	series	8.	5:17.68	-	5:24.64	24-10-2021	104%
50m rugslag	series	1.	33.57	-	36.14	20-2-2022	116%
100m rugslag	series	2.	1:11.65	-	1:13.64	20-2-2022	106%
200m rugslag	series	2.	2:36.08	-	2:43.27	24-10-2021	109%
50m schoolslag	series	7.	38.02	-	42.59	20-2-2022	125%
100m schoolslag	series	12.	1:28.28	-	1:30.64	20-2-2022	105%
50m vlinderslag	series	8.	33.21	-	39.72	16-2-2020	143%
200m wisselslag	series	8.	2:43.30	-	3:02.56	15-12-2019	125%
Diederik Colombijn, 17-11-2004							7
50m vrije slag	series	5.	26.38	-	27.40	7-3-2020	108%
100m vrije slag	series	3.	56.69	-	57.11	18-3-2022	101%
200m vrije slag	series	4.	2:09.61	-	2:16.16	20-4-2019	110%
50m rugslag	series	2.	30.20	-	31.58	7-3-2020	109%
100m rugslag	series	2.	1:05.60	-	1:06.75	8-3-2020	104%
50m schoolslag	series	3.	34.30	-	33.75	4-10-2020	97%
100m vlinderslag	series	5.	1:05.57	-	1:07.35	8-3-2020	106%
200m wisselslag	series	2.	2:22.68	-	2:33.51	18-5-2019	116%
Frederik Colombijn, 20-7-2006							1
50m vrije slag	series	8.	27.17	-	28.32	18-3-2022	109%
100m vrije slag	series	20.	1:02.69	-	1:01.28	18-3-2022	96%
200m schoolslag	series	11.	3:04.83	-	3:00.37	21-11-2021	95%
Jayna Wagemakers, 24-9-2010							6
100m vrije slag	series	17.	1:17.47	-	1:17.52	20-2-2022	100%
200m vrije slag	series	13.	2:46.39	-	2:38.91	10-4-2022	91%
100m rugslag	series	11.	1:24.88	-	1:21.20	10-4-2022	92%
50m schoolslag	series	4.	40.14	-	43.50	19-3-2022	117%
100m schoolslag	series	6.	1:29.24	-	1:31.75	20-2-2022	106%
200m schoolslag	series	8.	3:16.69	-	3:18.56	24-10-2021	102%
200m wisselslag	series	13.	3:00.54	-	3:03.31	24-10-2021	103%
400m wisselslag	series	5.	6:22.59	-	6:45.36	20-3-2022	112%
Manaudou Verhaar, 22-9-2008							5
50m vrije slag	series	13.	31.00	-	32.98	20-3-2022	113%
100m vrije slag	series	15.	1:08.11	-	1:10.14	18-3-2022	106%
200m vrije slag	series	10.	2:30.83	-	2:34.83	20-2-2022	105%
400m vrije slag	series	5.	5:13.52	-	5:16.11	20-2-2022	102%
200m rugslag	series	10.	2:52.24	-	2:47.80	24-4-2022	95%
200m wisselslag	series	19.	2:56.66	-	2:51.87	20-2-2022	95%
400m wisselslag	series	8.	6:11.18	-	6:23.18	20-3-2022	107%
Vincent Dermaux, 18-7-1996							-
50m vrije slag	series	AFGEM		-	26.62	21-4-2019	-
200m rugslag	series	AFGEM		-	2:16.32	24-3-2019	-
50m vlinderslag	series	AFGEM		-	28.54	26-5-2019	-
100m vlinderslag	series	AFGEM		-	1:06.10	10-3-2019	-

								4
AquAmigos								1
Dave Baaijens, 30-7-2006								
50m vrije slag	series	32.	29.53	-	31.46	3-10-2021	113%	
100m vrije slag	series	28.	1:08.02	-	1:06.24	3-10-2021	95%	
50m schoolslag	series	12.	40.06	-	37.67	11-10-2020	88%	
100m schoolslag	series	15.	1:25.73	-	1:24.84	21-11-2021	98%	
Melle Verhoeven, 18-1-2006								1
50m vrije slag	series	24.	28.93	-	29.28	20-9-2020	102%	
200m vrije slag	series	18.	2:31.99	-	2:27.44	3-10-2021	94%	
Timo Boom, 31-10-2008								2
50m vlinderslag	series	6.	32.11	-	38.91	3-10-2021	147%	
100m vlinderslag	series	6.	1:14.79	-	1:23.88	3-10-2021	126%	

Arethusa							26
Alexx Broekman, 7-8-2009							5
50m vrije slag	series	12.	33.08	-	36.02	20-2-2022	119%
200m vrije slag	series	AFGEM		-	2:37.42	24-4-2022	-
400m vrije slag	series	9.	5:38.46	-	5:37.68	1-4-2022	100%
800m vrije slag	series	3.	11:28.59	-	11:15.19	1-4-2022	96%
50m rugslag	series	10.	40.04	-	37.76	13-3-2022	89%
100m rugslag	series	14.	1:25.81	-	1:21.11	26-2-2022	89%
50m schoolslag	series	17.	44.59	-	42.88	13-3-2022	92%
100m schoolslag	series	15.	1:37.21	-	1:32.05	13-3-2022	90%
50m vlinderslag	series	11.	38.44	-	38.47	26-2-2022	100%
100m vlinderslag	series	9.	1:27.25	-	1:27.46	16-4-2022	100%
200m vlinderslag	series	1.	3:16.77	-	3:08.89	13-2-2022	92%
200m wisselslag	series	9.	2:56.01	-	3:02.88	16-4-2022	108%
400m wisselslag	series	4.	6:22.32	-	6:31.12	20-2-2022	105%
Annebel Kluijtmans, 11-8-2009							5
50m vrije slag	series	25.	41.63	-	35.02	20-2-2022	71%
100m vrije slag	series	14.	1:13.14	-	1:14.12	20-2-2022	103%
800m vrije slag	series	4.	13:06.59	-	11:53.03	26-2-2022	82%
50m rugslag	series	8.	38.44	-	36.39	13-3-2022	90%
100m rugslag	series	5.	1:19.46	-	1:20.90	16-4-2022	104%
200m rugslag	series	AFGEM		-	2:54.86	20-2-2022	-
50m schoolslag	series	9.	42.02	-	42.13	13-2-2022	101%
100m schoolslag	series	10.	1:32.45	-	1:28.09	13-3-2022	91%
50m vlinderslag	series	AFGEM		-	36.26	18-7-2021	-
100m vlinderslag	series	7.	1:21.73	-	1:22.42	16-4-2022	102%
200m wisselslag	series	6.	2:50.02	-	2:49.01	16-4-2022	99%
400m wisselslag	series	2.	5:58.49	-	6:17.47	20-2-2022	111%
Denise van der Burgt, 16-10-2002							2
50m vrije slag	series	17.	29.59	-	29.95	25-5-2019	102%
100m rugslag	series	7.	1:11.35	-	1:08.05	15-12-2020	91%
100m vlinderslag	series	9.	1:13.99	-	1:14.30	26-5-2019	101%
Iris Tilburg, 4-9-2009							5
100m vrije slag	series	5.	1:09.17	-	1:07.95	13-3-2022	97%
200m vrije slag	series	4.	2:31.31	-	2:25.39	27-3-2022	92%
400m vrije slag	series	4.	5:22.37	-	5:17.29	10-12-2021	97%
800m vrije slag	series	1.	11:01.47	-	10:41.61	1-4-2022	94%
50m rugslag	series	2.	35.71	-	39.33	20-2-2022	121%
100m rugslag	series	2.	1:17.50	-	1:19.22	20-2-2022	104%
100m schoolslag	series	AFGEM		-	1:32.00	16-4-2022	-
50m vlinderslag	series	7.	35.09	-	38.80	20-2-2022	122%
100m vlinderslag	series	3.	1:19.51	-	1:27.32	20-2-2022	121%
200m wisselslag	series	5.	2:49.52	-	2:43.98	27-3-2022	94%
400m wisselslag	series	3.	6:02.63	-	6:07.49	20-2-2022	103%
Karsten van Doorn, 31-12-2003							-
100m rugslag	series	5.	1:05.10	-	1:03.54	13-3-2022	95%
Lara Müller, 5-10-2009							1
50m vrije slag	series	16.	33.60	-	34.44	13-2-2022	105%
Mel van Gemert, 22-2-2003							1
100m schoolslag	series	17.	1:15.84	-	1:14.26	7-3-2020	96%
50m vlinderslag	series	20.	29.13	-	30.04	6-3-2020	106%
Rijf van de Veerdonk, 12-9-2006							1
50m schoolslag	series	10.	38.89	-	38.52	15-12-2020	98%
100m schoolslag	series	16.	1:26.13	-	1:29.68	16-4-2022	108%
Thomas Nauta, 27-2-2009							6
50m vrije slag	series	17.	31.37	-	32.38	20-2-2022	107%
100m vrije slag	series	14.	1:08.76	-	1:14.38	20-2-2022	117%
200m vrije slag	series	AFGEM		-	2:32.66	20-2-2022	-
400m vrije slag	series	6.	5:09.02	-	5:26.10	20-2-2022	111%
1500m vrije slag	series	3.	20:32.33	-	19:51.42	26-2-2022	93%
50m schoolslag	series	AFGEM		-	40.22	20-2-2022	-
100m schoolslag	series	6.	1:24.58	-	1:26.01	20-2-2022	103%
200m schoolslag	series	7.	3:06.45	-	3:01.28	21-11-2021	95%
200m wisselslag	series	11.	2:52.02	-	2:58.62	16-4-2022	108%
400m wisselslag	series	3.	6:02.09	-	6:03.73	1-4-2022	101%

Bijtelskil

Matthias Faber, 19-5-2007

50m rugslag

series

8.

33.59

-

33.31

9-4-2022

98%

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De Biesboschzwemmers								-
Jansje de Ridder, 6-2-2008								
100m vrije slag	series	28.	1:12.26	-	1:11.56	2-10-2021	98%	
200m vrije slag	series	19.	2:38.97	-	2:34.92	9-4-2022	95%	
Lars de Kooter, 15-4-2008								3
100m vrije slag	series	7.	1:04.63	-	1:05.69	9-4-2022	103%	
200m vrije slag	series	5.	2:23.64	-	2:23.11	9-4-2022	99%	
400m vrije slag	series	3.	4:58.33	-	4:57.43	10-4-2022	99%	
1500m vrije slag	series	2.	19:35.56	-	18:59.43	27-3-2022	94%	
200m rugslag	series	4.	2:47.89	-	2:42.29	12-12-2021	93%	
50m schoolslag	series	1.	34.88	-	34.65	10-4-2022	99%	
100m schoolslag	series	1.	1:15.61	-	1:15.36	10-4-2022	99%	
200m schoolslag	series	1.	2:45.09	-	2:45.84	20-2-2022	101%	
100m vlinderslag	series	8.	1:17.73	-	1:16.97	27-2-2022	98%	
200m wisselslag	series	2.	2:36.92	-	3:03.13	30-6-2019	136%	
400m wisselslag	series	1.	5:36.12	-	5:30.75	27-2-2022	97%	
Mandy Swart, 24-11-1999								-
50m schoolslag	series	16.	38.16	-	37.26	15-2-2020	95%	
Pieter Pijnenburg, 12-1-1993								-
200m schoolslag	series	7.	2:46.34	-	2:42.51	14-4-2019	95%	
400m wisselslag	series	7.	5:34.17	-	5:00.98	24-11-2019	81%	
Sanne van de Pol, 25-11-1998								-
50m schoolslag	series	15.	37.51	-	36.06	15-2-2020	92%	
Tess Vonk, 13-1-2009								8
100m vrije slag	series	1.	1:05.92	-	1:07.02	28-8-2021	103%	
200m vrije slag	series	1.	2:23.42	-	2:23.77	12-9-2021	100%	
400m vrije slag	series	1.	5:02.56	-	5:06.53	19-3-2022	103%	
100m rugslag	series	7.	1:20.73	-	1:26.45	18-3-2022	115%	
50m schoolslag	series	1.	36.22	-	36.30	18-3-2022	100%	
100m schoolslag	series	1.	1:19.46	-	1:19.85	17-2-2022	101%	
200m schoolslag	series	1.	2:53.34	-	2:55.46	19-2-2022	102%	
50m vlinderslag	series	1.	31.52	-	31.37	19-3-2022	99%	
100m vlinderslag	series	1.	1:10.44	-	1:09.76	19-3-2022	98%	
200m wisselslag	series	1.	2:41.41	-	2:43.01	18-2-2022	102%	
400m wisselslag	series	1.	5:47.22	-	5:41.55	27-3-2022	97%	

De Dinkel

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De Dokkelaers

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De Ganze

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								12
De Krabben								5
Dominique Reyerse, 8-11-2008								
50m vrije slag	series	16.	31.31	-	31.98	20-2-2022	104%	
100m vrije slag	series	18.	1:10.89	-	1:13.16	20-2-2022	107%	
200m vrije slag	series	14.	2:36.90	-	2:35.10	24-4-2022	98%	
50m rugslag	series	10.	37.74	-	38.26	10-4-2022	103%	
100m rugslag	series	10.	1:19.36	-	1:21.23	10-4-2022	105%	
50m vlinderslag	series	13.	37.11	-	39.68	20-2-2022	114%	
Isa van der Sanden, 13-12-2009								-
50m schoolslag	series	18.	48.01	-	43.38	24-4-2022	82%	
Myrthe Elsten, 28-4-2007								-
50m vrije slag	series	AFGEM		-	33.15	25-5-2019	-	
100m vrije slag	series	AFGEM		-	1:08.84	21-11-2021	-	
50m schoolslag	series	AFGEM		-	39.53	30-11-2020	-	
100m schoolslag	series	AFGEM		-	1:37.61	17-2-2019	-	
200m schoolslag	series	AFGEM		-	3:06.58	26-6-2021	-	
50m vlinderslag	series	AFGEM		-	43.14	7-4-2019	-	
Suzie Pellis, 30-11-2007								1
100m vrije slag	series	1.	1:14.72	512	1:13.83	9-4-2022	98%	
50m rugslag	series	1.	37.79	651	38.00	10-4-2021	101%	
50m vlinderslag	series	AFGEM		-	35.63	16-12-2021	-	
200m wisselslag	series	1.	2:56.45	557	2:54.98	10-4-2022	98%	
400m wisselslag	series	1.	6:17.96	629	6:16.11	3-7-2021	99%	
Sven ten Hove, 19-7-2005								6
100m vrije slag	series	2.	55.95	-	56.35	9-4-2022	101%	
200m vrije slag	series	2.	2:05.28	-	2:17.30	19-5-2019	120%	
1500m vrije slag	series	3.	18:44.42	-	19:08.15	19-5-2019	104%	
100m schoolslag	series	3.	1:12.19	-	1:14.95	27-3-2022	108%	
200m schoolslag	series	AFGEM		-	2:45.52	27-3-2022	-	
50m vlinderslag	series	2.	26.49	-	26.78	8-4-2022	102%	
100m vlinderslag	series	AFGEM		-	1:00.52	9-4-2022	-	
200m wisselslag	series	1.	2:20.13	-	2:35.07	20-4-2019	122%	

De Lansingh

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De Roersoppers

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De Schelde

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De Treffers								13
Brent van de Sande, 24-1-2009								4
50m vrije slag	series	12.	31.16	-	31.51	24-4-2022	102%	
50m rugslag	series	2.	34.32	-	36.80	24-4-2022	115%	
100m rugslag	series	7.	1:17.22	-	1:17.31	24-4-2022	100%	
50m vlinderslag	series	15.	37.51	-	38.75	31-10-2021	107%	
Dieter Tuil, 16-11-2007								-
100m vrije slag	series	30.	1:09.24	-	1:07.41	3-10-2021	95%	
200m wisselslag	series	14.	2:50.13	-	2:46.11	17-10-2021	95%	
Floris van de Wal, 4-6-2009								3
50m vrije slag	series	5.	29.37	-	30.18	13-3-2022	106%	
100m vrije slag	series	11.	1:07.54	-	1:09.65	27-3-2022	106%	
200m vrije slag	series	15.	2:37.63	-	2:37.31	24-4-2022	100%	
50m vlinderslag	series	9.	34.43	-	38.08	31-10-2021	122%	
Jelle van den Berg, 26-8-2008								1
50m vrije slag	series	14.	31.24	-	32.89	27-3-2022	111%	
Joris van Keulen, 17-4-2007								-
50m vrije slag	series	35.	30.89	-	30.65	24-4-2022	98%	
100m vrije slag	series	29.	1:08.63	-	1:07.08	3-10-2021	96%	
1500m vrije slag	series	3.	22:18.12	-	21:00.45	1-4-2022	89%	
400m wisselslag	series	8.	6:01.18	-	5:57.62	1-4-2022	98%	
Kennith Arts, 6-8-2008								1
50m vrije slag	series	20.	32.19	-	32.81	27-3-2022	104%	
200m vrije slag	series	17.	2:40.52	-	2:33.92	13-2-2022	92%	
1500m vrije slag	series	5.	22:31.57	-	21:52.50	1-4-2022	94%	
Marijn van Keulen, 22-9-2001								4
50m vrije slag	series	24.	26.79	-	26.72	18-5-2019	99%	
100m vrije slag	series	16.	58.17	-	58.72	26-5-2019	102%	
200m vrije slag	series	14.	2:16.83	-	2:06.25	13-2-2022	85%	
50m schoolslag	series	14.	33.28	-	34.04	19-5-2019	105%	
100m schoolslag	series	14.	1:13.24	-	1:15.56	25-5-2019	106%	
50m vlinderslag	series	27.	29.74	-	30.46	26-5-2019	105%	
Tim van Grunsven, 31-3-1998								-
50m vrije slag	series	23.	26.78	-	26.15	24-4-2022	95%	

DZT'62								6
Abe Kuiper, 19-6-2009								2
50m schoolslag	series	11.	39.56	-	39.66	24-4-2022	101%	
100m schoolslag	series	11.	1:28.23	-	1:33.73	13-3-2022	113%	
Fara Proenings, 17-6-2008								1
50m vrije slag	series	37.	33.01	-	33.22	24-4-2022	101%	
Femke Hendrikx, 17-2-1988								-
50m vrije slag	series	24.	30.63	-	28.52	13-1-2019	87%	
Jasper van Calis, 6-11-2007								1
50m vrije slag	series	14.	27.57	-	31.03	3-10-2021	127%	
100m vrije slag	series	AFGEM		-	1:04.69	3-10-2021	-	
Tijn Welten, 10-8-2008								2
50m vrije slag	series	18.	31.45	-	33.80	21-11-2021	116%	
200m vrije slag	series	13.	2:36.13	-	2:38.12	24-4-2022	103%	

E.S.W.Z.V. Nayade

1

Esther Tiemersma, 2-2-2002

1

50m vrije slag	series	25.	30.66	-	29.70	94%
200m vrije slag	series	17.	2:29.01	-	2:22.20	91%
50m schoolslag	series	8.	36.43	-	36.52	100%
100m schoolslag	series	11.	1:20.07	-	1:18.10	95%
200m schoolslag	series	5.	2:53.66	-	2:49.41	95%
200m wisselslag	series	11.	2:41.00	-	2:38.54	97%

ESZET

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Hellas-Glana							109
Alrik van Eeghem, 12-8-2006							6
50m vrije slag	series	13.	29.78	-	30.54	105%	
50m rugslag	series	4.	33.56	-	34.75	107%	
100m rugslag	series	5.	1:14.93	-	1:14.41	99%	
200m rugslag	series	5.	2:45.24	-	2:52.20	109%	
50m schoolslag	series	1.	34.06	-	34.29	101%	
100m schoolslag	series	3.	1:15.15	-	1:14.84	99%	
200m schoolslag	series	2.	2:42.26	-	2:43.63	102%	
200m wisselslag	series	5.	2:37.05	-	2:52.91	121%	
Anouk Leurs, 27-10-2009							5
50m vrije slag	series	6.	32.46	-	33.08	104%	
100m vrije slag	series	6.	1:11.23	-	1:11.45	101%	
50m rugslag	series	2.	36.35	-	37.25	105%	
100m rugslag	series	4.	1:21.68	-	1:18.94	93%	
200m rugslag	series	2.	2:54.74	-	2:56.98	103%	
50m schoolslag	series	3.	42.88	-	41.28	93%	
100m schoolslag	series	4.	1:34.63	-	1:33.65	98%	
200m schoolslag	series	3.	3:19.75	-	3:25.15	105%	
Arno Nelissen, 23-8-2003							1
100m vrije slag	series	10.	57.17	-	57.53	101%	
Benigna Kocsispeter, 26-4-2007							2
100m vrije slag	series	2.	1:04.22	-	1:05.22	103%	
100m schoolslag	series	3.	1:19.49	-	1:18.51	98%	
200m schoolslag	series	3.	2:48.54	-	2:48.14	100%	
50m vlinderslag	series	2.	32.12	-	31.91	99%	
200m wisselslag	series	2.	2:39.50	-	2:44.94	107%	
Britt Cornelissens, 19-3-2000							-
50m vrije slag	series	AFGEM		-	27.15	-	
50m rugslag	series	AFGEM		-	33.20	-	
50m schoolslag	series	7.	38.31	-	35.03	84%	
Cas Heylighen, 9-12-2009							3
100m vrije slag	series	9.	1:11.50	-	1:13.57	106%	
200m vrije slag	series	6.	2:37.79	-	2:38.20	101%	
50m schoolslag	series	8.	42.68	-	41.66	95%	
50m vlinderslag	series	10.	38.06	-	38.01	100%	
200m wisselslag	series	5.	2:58.54	-	3:02.11	104%	
Femke Scheepers, 23-6-2005							-
50m vrije slag	series	1.	28.74	-	28.63	99%	
100m vrije slag	series	2.	1:05.35	-	59.71	83%	
200m vrije slag	series	1.	2:21.50	-	2:13.83	89%	
50m vlinderslag	series	1.	31.11	-	29.29	89%	
100m vlinderslag	series	1.	1:15.24	-	1:10.51	88%	
Ian Sanders, 11-9-2001							1
100m vrije slag	series	11.	57.79	-	57.28	98%	
200m vrije slag	series	9.	2:09.99	-	2:04.35	92%	
50m schoolslag	series	4.	31.17	-	31.13	100%	
100m schoolslag	series	4.	1:06.50	-	1:06.50	100%	
200m schoolslag	series	4.	2:23.19	-	2:22.06	98%	
50m vlinderslag	series	8.	27.92	-	29.56	112%	
100m vlinderslag	series	9.	1:05.73	-	1:05.61	100%	
200m wisselslag	series	3.	2:23.97	-	2:16.94	90%	
Isa Coenen, 17-9-2003							-
400m wisselslag	series	4.	6:21.03	-	5:56.61	88%	
Jannick van Eeghem, 28-2-2008							1
50m vrije slag	series	11.	32.09	-	33.57	109%	
50m schoolslag	series	7.	42.21	-	40.64	93%	
100m schoolslag	series	7.	1:34.97	-	1:31.11	92%	
200m wisselslag	series	6.	3:01.22	-	3:01.17	100%	
Jessie Bodden, 28-6-2004							4
100m vrije slag	series	1.	1:01.58	-	1:03.81	107%	
200m vrije slag	series	1.	2:15.98	-	2:15.36	99%	
400m vrije slag	series	2.	4:51.90	-	4:39.05	91%	
50m rugslag	series	3.	32.73	-	34.53	111%	
100m rugslag	series	2.	1:10.27	-	1:12.06	105%	
200m rugslag	series	1.	2:31.88	-	2:31.41	99%	
50m vlinderslag	series	4.	30.29	-	31.62	109%	
100m vlinderslag	series	3.	1:13.10	-	1:11.29	95%	
200m wisselslag	series	2.	2:32.88	-	2:31.82	99%	
400m wisselslag	series	1.	5:30.41	-	5:22.81	95%	
Joost Schuurmans, 28-2-2004							-
50m vrije slag	series	12.	28.28	-	27.95	98%	
400m wisselslag	series	4.	5:39.07	-	5:24.83	92%	
Joris Willemse, 21-9-2008							6
50m vrije slag	series	7.	31.04	-	32.19	108%	
50m rugslag	series	5.	35.75	-	37.45	110%	
100m rugslag	series	4.	1:17.76	-	1:19.06	103%	
50m schoolslag	series	3.	38.89	-	38.38	97%	
100m schoolslag	series	2.	1:21.57	-	1:24.55	107%	

200m schoolslag	series	2.	2:58.05	-	3:00.18	16-4-2022	102%	
50m vlinderslag	series	5.	35.60	-	37.72		112%	
Judith Houtvast, 25-2-2003								
50m vrije slag	series	1.	27.92	-	27.32	25-5-2019	96%	
100m vrije slag	series	3.	1:02.60	-	1:00.79	10-4-2021	94%	
50m rugslag	series	2.	31.91	-	31.79	10-4-2021	99%	
100m rugslag	series	5.	1:13.37	-	1:10.89	28-4-2019	93%	
50m schoolslag	series	2.	36.79	-	35.61	20-2-2022	94%	
100m schoolslag	series	1.	1:19.20	-	1:14.29		88%	
50m vlinderslag	series	1.	29.28	-	28.59	13-2-2022	95%	
100m vlinderslag	series	1.	1:09.02	-	1:06.13	15-6-2019	92%	
200m wisselslag	series	4.	2:38.76	-	2:30.53	25-5-2019	90%	
Jurre Veldhuijsen, 28-11-2004								
50m vrije slag	series	8.	27.59	-	27.40		99%	1
100m vrije slag	series	5.	1:00.40	-	1:01.95	20-2-2022	105%	
200m vrije slag	series	6.	2:20.85	-	2:10.45		86%	
50m vlinderslag	series	9.	32.24	-	31.20		94%	
Kevin Meuwissen, 12-1-1995								
50m vrije slag	series	5.	24.82	-	24.74	16-4-2022	99%	2
100m vrije slag	series	7.	55.48	-	55.24	16-4-2022	99%	
50m schoolslag	series	5.	31.30	-	32.22	23-2-2019	106%	
50m vlinderslag	series	6.	27.32	-	28.87	3-2-2019	112%	
100m vlinderslag	series	10.	1:05.88	-	1:00.99		86%	
Lars Kerremans, 1-9-2001								
50m vrije slag	series	6.	24.90	-	24.83	20-2-2022	99%	5
100m vrije slag	series	4.	53.87	-	54.20	20-2-2022	101%	
200m vrije slag	series	5.	2:06.16	-	2:06.25	17-2-2019	100%	
50m rugslag	series	4.	30.16	-	28.78		91%	
50m schoolslag	series	3.	31.13	-	31.65	19-3-2022	103%	
100m schoolslag	series	5.	1:09.52	-	1:09.95	19-3-2022	101%	
50m vlinderslag	series	5.	26.96	-	26.89	20-2-2022	99%	
100m vlinderslag	series	5.	1:01.62	-	1:02.21	19-5-2019	102%	
Lars van der Haijden, 25-12-1999								
50m vrije slag	series	1.	23.89	-	24.05		101%	3
100m vrije slag	series	6.	54.23	-	54.55		101%	
50m vlinderslag	series	2.	26.18	-	26.85		105%	
100m vlinderslag	series	8.	1:03.42	-	1:03.13		99%	
Lucas Greven, 11-5-1995								
50m vrije slag	series	2.	23.94	-	24.19	20-3-2022	102%	1
200m vrije slag	series	3.	1:57.08	-	1:51.81		91%	
50m schoolslag	series	1.	29.39	-	29.18	9-4-2022	99%	
100m schoolslag	series	1.	1:03.20	-	1:03.06	10-4-2022	100%	
200m schoolslag	series	2.	2:21.80	-	2:19.07	20-3-2022	96%	
Luka Geraerds, 3-8-2005								
50m vrije slag	series	9.	27.74	-	28.43	18-5-2019	105%	3
200m vrije slag	series	2.	2:08.47	-	2:09.92	19-5-2019	102%	
50m rugslag	series	1.	30.94	-	29.98	19-3-2022	94%	
100m rugslag	series	1.	1:04.51	-	1:03.54	20-3-2022	97%	
200m rugslag	series	2.	2:24.03	-	2:18.10	18-5-2019	92%	
50m vlinderslag	series	4.	29.35	-	29.64	19-3-2022	102%	
100m vlinderslag	series	3.	1:05.70	-	1:03.57	19-3-2022	94%	
200m vlinderslag	series	1.	2:28.11	-	2:19.80		89%	
200m wisselslag	series	2.	2:30.96	-	2:27.67	18-2-2022	96%	
Luus Gielens, 16-10-2009								
100m vrije slag	series	3.	1:07.15	-	1:09.60	19-2-2022	107%	3
200m vrije slag	series	2.	2:26.49	-	2:32.82	20-2-2022	109%	
400m vrije slag	series	1.	5:11.78	-	5:10.12	16-4-2022	99%	
100m rugslag	series	2.	1:17.91	-	1:17.53		99%	
100m schoolslag	series	3.	1:29.85	-	1:31.62	20-2-2022	104%	
100m vlinderslag	series	1.	1:20.07	-	1:17.50	16-4-2022	94%	
400m wisselslag	series	1.	5:52.59	-	5:52.13		100%	
Mats Reumkens, 27-9-2007								
50m vrije slag	series	10.	29.15	-	29.03	20-2-2022	99%	4
100m vrije slag	series	6.	1:03.02	-	1:03.24	20-2-2022	101%	
200m vrije slag	series	5.	2:19.24	-	2:19.24	16-4-2022	100%	
400m vrije slag	series	2.	4:54.21	-	5:32.70	30-6-2019	128%	
50m rugslag	series	3.	32.87	-	32.69	20-2-2022	99%	
100m rugslag	series	2.	1:10.63	-	1:11.20	16-4-2022	102%	
200m rugslag	series	1.	2:31.37	-	2:35.21	18-3-2022	105%	
100m vlinderslag	series	8.	1:14.76	-	1:14.13		98%	
Mattia Maggio, 16-2-2009								
100m vrije slag	series	1.	58.94	-	1:00.96	18-3-2022	107%	6
200m vrije slag	series	1.	2:12.23	-	2:14.20	19-3-2022	103%	
400m vrije slag	series	1.	4:47.09	-	4:40.96		96%	
100m rugslag	series	1.	1:06.16	-	1:09.12	20-2-2022	109%	
200m rugslag	series	1.	2:26.54	-	2:27.96	18-3-2022	102%	
100m vlinderslag	series	1.	1:06.81	-	1:08.89		106%	
200m wisselslag	series	1.	2:30.01	-	2:34.19	20-2-2022	106%	
400m wisselslag	series	1.	5:19.23	-	5:14.97		97%	

Myrthe Stelten, 21-3-2009								4
50m vrije slag	series	4.	31.31	-	31.70		103%	
100m vrije slag	series	1.	1:06.47	-	1:08.10	19-2-2022	105%	
200m vrije slag	series	1.	2:26.42	-	2:30.00	17-2-2022	105%	
400m vrije slag	series	2.	5:12.91	-	5:09.94	16-4-2022	98%	
50m schoolslag	series	1.	38.23	-	36.92	17-2-2022	93%	
100m schoolslag	series	1.	1:20.98	-	1:20.95		100%	
200m schoolslag	series	1.	2:55.96	-	2:54.38		98%	
200m wisselslag	series	1.	2:43.14	-	2:44.09	18-2-2022	101%	
Nadia Armani, 26-1-2003								-
50m vrije slag	series	7.	30.18	-	29.90	18-2-2022	98%	
50m rugslag	series	8.	34.83	-	34.51	19-2-2022	98%	
Nick Hendrickx, 19-2-2004								5
50m vrije slag	series	2.	25.86	-	26.12	20-2-2022	102%	
100m vrije slag	series	1.	54.86	-	56.07	20-2-2022	104%	
200m vrije slag	series	1.	2:04.17	-	2:16.47	19-5-2019	121%	
400m vrije slag	series	1.	4:28.85	-	4:28.59		100%	
50m rugslag	series	2.	31.60	-	32.32	25-5-2019	105%	
50m vlinderslag	series	3.	28.41	-	29.11	20-2-2022	105%	
100m vlinderslag	series	4.	1:06.46	-	1:05.39		97%	
Niels de Boer, 8-3-2000								3
50m vrije slag	series	3.	24.08	-	24.23	13-2-2022	101%	
100m vrije slag	series	2.	53.31	-	53.55	20-3-2022	101%	
200m vrije slag	series	2.	1:56.80	-	1:56.31	19-3-2022	99%	
400m vrije slag	series	2.	4:19.67	-	4:11.09		94%	
50m rugslag	series	2.	28.41	-	28.23	16-4-2022	99%	
100m rugslag	series	2.	1:00.18	-	1:01.88	23-6-2019	106%	
200m rugslag	series	3.	2:16.24	-	2:06.32		86%	
50m vlinderslag	series	1.	25.62	-	25.56	16-4-2022	100%	
100m vlinderslag	series	1.	55.75	-	55.39	8-4-2022	99%	
200m vlinderslag	series	1.	2:10.45	-	2:02.98	9-4-2022	89%	
Niels van Hattum, 1-2-2008								1
100m vrije slag	series	4.	1:05.88	-	1:13.54	16-2-2020	125%	
50m rugslag	series	7.	37.95	-	37.14		96%	
200m wisselslag	series	7.	3:08.47	-	2:58.06		89%	
Quinty Rouschop, 31-10-2003								-
50m rugslag	series	9.	36.48	-	34.58		90%	
50m schoolslag	series	4.	37.72	-	36.85	12-2-2022	95%	
100m schoolslag	series	6.	1:25.63	-	1:22.21		92%	
200m schoolslag	series	2.	2:59.82	-	2:54.78		94%	
200m wisselslag	series	5.	2:49.38	-	2:31.57		80%	
Rachelle Luimes, 25-9-2005								3
50m vrije slag	series	5.	30.09	-	30.06	25-5-2019	100%	
100m vrije slag	series	1.	1:05.16	-	1:05.34	14-6-2019	101%	
200m vrije slag	series	2.	2:27.13	-	2:20.24		91%	
50m rugslag	series	1.	34.37	-	34.49	25-1-2020	101%	
100m rugslag	series	1.	1:14.06	-	1:15.13	26-5-2019	103%	
200m rugslag	series	1.	2:42.10	-	2:35.50		92%	
50m vlinderslag	series	4.	33.77	-	33.19		97%	
100m vlinderslag	series	2.	1:21.18	-	1:17.11	26-5-2019	90%	
Raf Hendriks, 25-4-2001								8
50m vrije slag	series	4.	24.29	-	26.21		116%	
100m vrije slag	series	1.	53.02	-	55.65	16-6-2019	110%	
200m vrije slag	series	1.	1:55.55	-	1:58.98	19-5-2019	106%	
400m vrije slag	series	1.	4:09.10	-	4:11.38	15-6-2019	102%	
50m rugslag	series	1.	26.68	-	28.82		117%	
100m rugslag	series	1.	57.53	-	58.82	14-6-2019	105%	
200m rugslag	series	1.	2:06.40	-	2:07.18	18-5-2019	101%	
100m vlinderslag	series	3.	57.37	-	1:00.28	16-2-2020	110%	
Robin Meuwissen, 17-12-1996								2
50m vrije slag	series	13.	26.57	-	26.87	18-5-2019	102%	
100m vrije slag	series	16.	59.34	-	59.01	19-5-2019	99%	
50m schoolslag	series	6.	31.64	-	32.26	12-2-2022	104%	
50m vlinderslag	series	7.	27.45	-	27.33	16-4-2022	99%	
100m vlinderslag	series	12.	1:05.92	-	1:02.00		88%	
Ruben de Lope Tudance, 29-10-2003								-
100m schoolslag	series	6.	1:14.13	-	1:12.81		96%	
200m schoolslag	series	5.	2:43.41	-	2:32.73		87%	
Ruben de Vries, 7-12-2006								4
100m vrije slag	series	5.	1:02.63	-	1:02.14	16-4-2022	98%	
200m vrije slag	series	2.	2:15.63	-	2:17.31	20-2-2022	102%	
400m vrije slag	series	1.	4:50.92	-	4:54.98	20-2-2022	103%	
100m vlinderslag	series	5.	1:12.97	-	1:16.99	20-3-2022	111%	
200m wisselslag	series	3.	2:33.80	-	2:33.61	20-2-2022	100%	
400m wisselslag	series	1.	5:32.04	-	5:37.47	20-3-2022	103%	
Senn Rutten, 23-9-2007								6
50m vrije slag	series	1.	26.96	-	27.14	16-4-2022	101%	
100m vrije slag	series	2.	59.49	-	59.89	16-4-2022	101%	
200m vrije slag	series	1.	2:13.00	-	2:18.45	16-4-2022	108%	

Regionale Zomerkampioenschappen 2022 (Zuid)
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50m schoolslag	series	2.	34.30	-	36.44	20-2-2022	113%	
100m schoolslag	series	2.	1:14.92	-	1:19.20	20-2-2022	112%	
50m vlinderslag	series	5.	31.42	-	30.04		91%	
100m vlinderslag	series	1.	1:09.69	-	1:05.42		88%	
200m wisselslag	series	1.	2:30.59	-	2:55.24	30-6-2019	135%	
Stan Houtvast, 5-10-2005								
200m vrije slag	series	4.	2:14.09	-	2:15.14	20-2-2022	102%	1
1500m vrije slag	series	4.	20:06.60	-	18:56.62		89%	
100m vlinderslag	series	5.	1:09.84	-	1:08.96		97%	
400m wisselslag	series	2.	5:24.87	-	5:21.16		98%	
Stijn Saelmans, 17-9-2007								
50m vrije slag	series	3.	27.28	-	27.26	16-4-2022	100%	7
100m vrije slag	series	1.	59.15	-	1:00.45	18-3-2022	104%	
200m vrije slag	series	3.	2:16.26	-	2:16.38		100%	
50m rugslag	series	2.	32.65	-	32.93	19-3-2022	102%	
100m rugslag	series	3.	1:12.59	-	1:13.48	20-3-2022	102%	
50m schoolslag	series	4.	35.06	-	35.87	20-2-2022	105%	
100m schoolslag	series	5.	1:18.58	-	1:19.08	20-2-2022	101%	
50m vlinderslag	series	1.	29.54	-	30.26		105%	
Suze Creemers, 20-6-2007								
50m vrije slag	series	1.	29.44	-	28.94	13-2-2022	97%	6
100m vrije slag	series	1.	1:03.40	-	1:03.60	12-6-2021	101%	
400m vrije slag	series	1.	4:47.96	-	5:11.19	16-2-2020	117%	
50m rugslag	series	1.	33.90	-	33.15	16-4-2022	96%	
100m rugslag	series	1.	1:11.77	-	1:13.97	27-6-2021	106%	
200m rugslag	series	AFGEM		-	2:33.30	12-2-2022	-	
100m schoolslag	series	2.	1:15.70	-	1:15.74	17-2-2022	100%	
200m schoolslag	series	1.	2:45.35	-	2:43.22	8-4-2022	97%	
50m vlinderslag	series	1.	31.46	-	33.12	18-2-2022	111%	
200m wisselslag	series	1.	2:32.02	-	2:33.64	18-2-2022	102%	
Sven van Eeghem, 3-11-2004								
50m vrije slag	series	5.	26.73	-	27.33	25-1-2020	105%	2
100m schoolslag	series	4.	1:15.95	-	1:16.11	25-1-2020	100%	
200m schoolslag	series	4.	2:52.88	-	2:44.41	16-2-2020	90%	

Hieronymus								71
Berend van der Schrier, 10-4-2006								3
50m vrije slag	series	26.	29.08	-	29.55	20-2-2022	103%	
100m vrije slag	series	27.	1:06.43	-	1:04.36	9-4-2022	94%	
200m vrije slag	series	13.	2:23.56	-	2:27.24	9-4-2022	105%	
400m vrije slag	series	10.	5:17.30	-	5:15.24	31-10-2021	99%	
50m rugslag	series	13.	37.59	-	36.81	9-4-2022	96%	
100m rugslag	series	11.	1:19.72	-	1:19.02	10-4-2022	98%	
50m vlinderslag	series	24.	33.48	-	32.84	8-4-2022	96%	
100m vlinderslag	series	14.	1:18.91	-	1:16.17	13-3-2022	93%	
200m wisselslag	series	15.	2:50.75	-	2:54.08	27-3-2022	104%	
Dion Potters, 17-12-2006								6
50m vrije slag	series	18.	27.83	-	27.36	11-7-2021	97%	
100m vrije slag	series	14.	1:01.53	-	1:10.99	16-2-2020	133%	
50m rugslag	series	2.	31.45	-	31.86	20-2-2022	103%	
200m rugslag	series	4.	2:32.26	-	2:49.52	9-2-2020	124%	
50m vlinderslag	series	11.	30.67	-	31.23	20-2-2022	104%	
200m wisselslag	series	7.	2:37.54	-	2:37.95	20-2-2022	101%	
400m wisselslag	series	5.	5:43.64	-	6:06.96	16-2-2020	114%	
Evelien Goorhuis, 9-1-2010								9
50m vrije slag	series	7.	31.26	-	31.43	27-3-2022	101%	
100m vrije slag	series	8.	1:10.93	-	1:13.81	20-2-2022	108%	
200m vrije slag	series	6.	2:34.60	-	2:43.40	10-4-2022	112%	
400m vrije slag	series	8.	5:30.62	-	5:34.72	10-4-2022	102%	
50m rugslag	series	7.	37.66	-	37.11	9-4-2022	97%	
100m rugslag	series	12.	1:25.08	-	1:24.34	27-3-2022	98%	
200m rugslag	series	4.	2:58.26	-	2:59.84	10-4-2022	102%	
50m schoolslag	series	14.	43.22	-	43.38	24-4-2022	101%	
100m schoolslag	series	16.	1:37.74	-	1:33.73	24-4-2022	92%	
50m vlinderslag	series	3.	33.97	-	34.38	8-4-2022	102%	
100m vlinderslag	series	6.	1:21.50	-	1:22.15	9-4-2022	102%	
200m wisselslag	series	10.	2:56.75	-	2:56.68	8-4-2022	100%	
400m wisselslag	series	6.	6:27.77	-	6:41.96	20-2-2022	107%	
Hannes Loos, 20-6-2006								3
50m vrije slag	series	9.	27.23	-	27.25	10-4-2022	100%	
100m vrije slag	series	12.	1:01.06	-	1:00.14	24-4-2022	97%	
50m rugslag	series	6.	32.70	-	33.20	9-4-2022	103%	
100m schoolslag	series	13.	1:23.77	-	1:22.85	10-4-2022	98%	
200m schoolslag	series	9.	3:02.14	-	2:54.24	20-11-2021	92%	
50m vlinderslag	series	5.	28.97	-	28.56	8-4-2022	97%	
100m vlinderslag	series	7.	1:08.98	-	1:07.59	9-4-2022	96%	
200m wisselslag	series	6.	2:36.52	-	2:37.14	9-4-2022	101%	
Ilona Helmons, 26-2-2009								-
50m vrije slag	series	22.	36.24	-	35.40	21-11-2021	95%	
Indy Verhoeven, 6-10-2009								4
50m vrije slag	series	10.	32.52	-	32.60	10-4-2022	100%	
100m vrije slag	series	16.	1:14.92	-	1:15.94	9-4-2022	103%	
50m rugslag	series	9.	39.35	-	39.56	9-4-2022	101%	
100m rugslag	series	10.	1:24.19	-	1:26.08	10-4-2022	105%	
Irene Goorhuis, 10-3-2008								-
50m vlinderslag	series	13.	36.39	-	35.60	27-3-2022	96%	
100m vlinderslag	series	9.	1:24.34	-	1:20.62	13-3-2022	91%	
Janne Englebert, 4-3-2001								-
200m vrije slag	series	AFGEM		-	2:05.80	17-3-2019	-	
1500m vrije slag	series	AFGEM		-	17:45.32	19-5-2019	-	
400m wisselslag	series	3.	4:57.62	-	4:52.97	27-3-2022	97%	
Jessy van Vlimmeren, 27-6-2008								5
50m vrije slag	series	12.	30.82	-	31.00	10-4-2022	101%	
100m vrije slag	series	12.	1:07.98	-	1:09.11	9-4-2022	103%	
200m vrije slag	series	14.	2:34.38	-	2:30.98	31-10-2021	96%	
50m schoolslag	series	16.	40.83	-	40.14	9-4-2022	97%	
100m schoolslag	series	8.	1:25.94	-	1:28.34	27-3-2022	106%	
200m schoolslag	series	11.	3:14.90	-	3:07.66	9-4-2022	93%	
50m vlinderslag	series	3.	32.47	-	33.32	8-4-2022	105%	
100m vlinderslag	series	1.	1:14.82	-	1:18.86	9-4-2022	111%	
Joshua Prevoo, 22-6-2006								6
100m vrije slag	series	24.	1:04.56	-	1:04.14	27-3-2022	99%	
200m vrije slag	series	15.	2:25.35	-	2:29.45	27-3-2022	106%	
50m rugslag	series	4.	32.15	-	33.17	9-4-2022	106%	
100m rugslag	series	3.	1:09.73	-	1:12.09	10-4-2022	107%	
200m rugslag	series	3.	2:32.13	-	2:33.38	10-4-2022	102%	
50m vlinderslag	series	19.	32.55	-	34.64	27-3-2022	113%	
200m wisselslag	series	10.	2:41.90	-	2:43.73	27-3-2022	102%	
Karlijn van der Schrier, 1-2-2009								1
50m vrije slag	series	6.	31.15	-	30.77	10-4-2022	98%	
100m vrije slag	series	7.	1:09.61	-	1:09.03	9-4-2022	98%	
50m rugslag	series	3.	36.52	-	36.52	9-4-2022	100%	
100m rugslag	series	6.	1:19.47	-	1:15.50	12-12-2021	90%	
100m schoolslag	series	13.	1:36.54	-	1:32.79	11-12-2021	92%	

50m vlinderslag	series	6.	34.65	-	33.63	8-4-2022	94%	
100m vlinderslag	series	12.	1:29.56	-	1:27.59	9-4-2022	96%	
200m wisselslag	series	8.	2:54.98	-	3:01.58	20-2-2022	108%	
Loris Klippel, 12-5-2006								
100m schoolslag	series	10.	1:20.91	-	1:24.11	20-11-2021	108%	2
200m schoolslag	series	7.	2:56.51	-	2:57.75	20-11-2021	101%	
Martino Valentijn, 7-12-1994								
100m schoolslag	series	AFGEM		-	1:11.60	25-5-2019	-	-
200m schoolslag	series	AFGEM		-	2:41.87	4-5-2019	-	
Nadja Roovers, 24-10-1998								
50m vrije slag	series	14.	29.14	-	28.54	23-2-2019	96%	1
100m vrije slag	series	12.	1:03.33	-	1:01.92	29-2-2020	96%	
50m rugslag	series	3.	32.37	-	32.78	5-5-2019	103%	
100m rugslag	series	10.	1:12.66	-	1:10.80	26-5-2019	95%	
50m schoolslag	series	10.	36.74	-	35.56	26-5-2019	94%	
100m schoolslag	series	12.	1:21.27	-	1:19.42	17-3-2019	95%	
200m schoolslag	series	6.	2:55.65	-	2:50.87	17-3-2019	95%	
50m vlinderslag	series	16.	31.43	-	30.96	19-5-2019	97%	
200m wisselslag	series	8.	2:39.76	-	2:31.43	16-2-2020	90%	
Pien Koop, 24-2-2009								
50m vrije slag	series	2.	29.84	-	29.92	20-2-2022	101%	9
100m vrije slag	series	3.	1:06.13	-	1:07.21	20-2-2022	103%	
200m vrije slag	series	5.	2:31.63	-	2:33.67	9-4-2022	103%	
400m vrije slag	series	5.	5:23.24	-	5:30.17	10-4-2022	104%	
50m rugslag	series	4.	36.70	-	36.78	9-4-2022	100%	
100m rugslag	series	4.	1:19.00	-	1:21.15	10-4-2022	106%	
200m rugslag	series	3.	2:47.93	-	2:41.96	20-11-2021	93%	
50m schoolslag	series	2.	38.07	-	39.14	9-4-2022	106%	
100m schoolslag	series	3.	1:27.02	-	1:28.47	27-3-2022	103%	
200m schoolslag	series	4.	3:11.22	-	3:01.53	12-12-2021	90%	
50m vlinderslag	series	4.	34.11	-	35.02	20-2-2022	105%	
200m wisselslag	series	3.	2:48.92	-	2:43.71	12-12-2021	94%	
Rona Goverde, 17-7-2009								
50m vrije slag	series	11.	32.65	-	33.05	20-2-2022	102%	3
100m vrije slag	series	10.	1:12.14	-	1:16.57	28-4-2019	113%	
200m vrije slag	series	10.	2:41.89	-	2:41.50	20-2-2022	100%	
400m vrije slag	series	10.	5:40.76	-	5:45.03	31-10-2021	103%	
Rosalie van der Bijl, 2-10-2007								
50m vrije slag	series	2.	28.79	-	28.46	27-3-2022	98%	7
100m vrije slag	series	1.	1:03.29	-	1:03.84	20-2-2022	102%	
200m vrije slag	series	4.	2:22.23	-	2:17.57	31-10-2021	94%	
50m rugslag	series	1.	33.50	-	34.19	9-4-2022	104%	
100m rugslag	series	1.	1:11.06	-	1:12.73	27-3-2022	105%	
200m rugslag	series	2.	2:36.50	-	2:37.24	20-2-2022	101%	
50m schoolslag	series	4.	36.82	-	36.40	9-4-2022	98%	
100m schoolslag	series	4.	1:21.02	-	1:22.55	27-3-2022	104%	
200m schoolslag	series	3.	2:56.22	-	2:58.21	9-4-2022	102%	
200m wisselslag	series	1.	2:37.50	-	2:41.75	8-4-2022	105%	
Sanne Rebers, 26-9-1999								
400m wisselslag	series	10.	5:56.72	-	5:50.89	19-5-2019	97%	-
Sarah Wessels, 2-7-2008								
50m vrije slag	series	22.	31.69	-	31.82	27-3-2022	101%	3
100m vrije slag	series	21.	1:10.08	-	1:10.54	20-2-2022	101%	
50m rugslag	series	16.	37.45	-	37.16	20-2-2022	98%	
100m vlinderslag	series	4.	1:17.82	-	1:16.27	9-4-2022	96%	
200m wisselslag	series	14.	2:52.67	-	2:53.51	20-2-2022	101%	
Sebastian Broere, 8-11-1998								
50m vrije slag	series	1.	27.14	609	26.53	23-6-2019	96%	-
100m vrije slag	series	1.	57.27	728	56.81	22-6-2019	98%	
200m vrije slag	series	1.	2:09.94	657	2:06.24	12-4-2019	94%	
400m vrije slag	series	1.	4:45.97	641	4:36.38	25-5-2019	93%	
Selene Wortel, 15-1-1997								
50m vrije slag	series	2.	27.43	-	27.66	5-5-2019	102%	3
100m vrije slag	series	3.	1:00.27	-	59.51	20-4-2019	97%	
50m rugslag	series	7.	33.25	-	32.87	20-4-2019	98%	
100m rugslag	series	9.	1:12.15	-	1:12.69	19-5-2019	102%	
50m schoolslag	series	2.	34.35	-	33.78	26-5-2019	97%	
100m schoolslag	series	6.	1:15.91	-	1:15.40	18-5-2019	99%	
50m vlinderslag	series	5.	29.41	-	29.50	9-2-2020	101%	
100m vlinderslag	series	2.	1:07.27	-	1:07.01	9-4-2022	99%	
200m wisselslag	series	2.	2:26.99	-	2:25.66	19-4-2019	98%	
Shanna Joppe, 12-2-2006								
400m vrije slag	series	2.	5:06.03	-	5:03.80	8-4-2022	99%	2
800m vrije slag	series	2.	10:35.53	-	10:42.48	26-5-2019	102%	
50m schoolslag	series	4.	40.03	-	39.00	9-2-2020	95%	
100m schoolslag	series	3.	1:24.99	-	1:23.32	9-2-2020	96%	
200m schoolslag	series	1.	2:59.72	-	2:59.97	15-6-2019	100%	
400m wisselslag	series	2.	5:54.39	-	5:53.46	27-6-2021	99%	

Teun van der Schrier, 20-9-2004								-
50m vrije slag	series	AFGEM	-	27.20	18-5-2019	-	-	
100m schoolslag	series	AFGEM	-	1:16.52	7-4-2019	-	-	
50m vlinderslag	series	AFGEM	-	27.89	26-6-2021	-	-	
100m vlinderslag	series	AFGEM	-	1:00.98	20-2-2022	-	-	
Valesca van den Bogert, 6-4-2001								2
200m vrije slag	series	9.	2:16.96	-	2:13.10	24-11-2019	94%	
100m schoolslag	series	5.	1:14.70	-	1:14.98	10-4-2022	101%	
200m schoolslag	series	2.	2:39.30	-	2:41.41	9-2-2020	103%	
50m vlinderslag	series	17.	31.60	-	30.61	3-2-2019	94%	
400m wisselslag	series	3.	5:18.19	-	5:14.62	19-5-2019	98%	
Vera Bastiaensen, 4-3-2008								2
50m vrije slag	series	AFGEM	-	31.83	10-4-2022	-	-	
100m vrije slag	series	14.	1:08.10	-	1:07.22	24-4-2022	97%	
200m vrije slag	series	13.	2:32.27	-	2:36.10	27-3-2022	105%	
400m vrije slag	series	12.	5:31.30	-	5:30.18	10-4-2022	99%	
50m rugslag	series	14.	37.08	-	36.96	27-3-2022	99%	
100m rugslag	series	13.	1:19.81	-	1:18.40	20-2-2022	96%	
200m rugslag	series	5.	2:44.82	-	2:39.56	24-4-2022	94%	
50m schoolslag	series	10.	39.00	-	37.83	27-3-2022	94%	
100m schoolslag	series	6.	1:24.49	-	1:22.56	10-4-2022	95%	
200m schoolslag	series	5.	2:59.50	-	2:57.67	9-4-2022	98%	
50m vlinderslag	series	AFGEM	-	35.18	8-4-2022	-	-	
100m vlinderslag	series	8.	1:22.48	-	1:21.13	20-2-2022	97%	
200m wisselslag	series	10.	2:48.47	-	2:44.05	8-4-2022	95%	
400m wisselslag	series	4.	5:54.64	-	6:00.50	20-2-2022	103%	

HZPC								25
Benthe van de Ree, 4-7-2007								4
100m vrije slag	series	6.	1:08.77	-	1:06.83	24-4-2022	94%	
200m vrije slag	series	3.	2:33.16	-	2:34.48	6-3-2022	102%	
100m rugslag	series	3.	1:16.61	-	1:17.69	20-3-2022	103%	
200m rugslag	series	2.	2:45.50	-	2:38.36	24-4-2022	92%	
200m wisselslag	series	5.	2:49.02	-	2:49.27	13-3-2022	100%	
400m wisselslag	series	3.	6:10.26	-	6:30.38	8-3-2020	111%	
Cas Versteegen, 14-5-2005								-
200m rugslag	series	1.	2:16.75	-	2:13.81	13-3-2022	96%	
100m schoolslag	series	1.	1:06.41	-	1:05.80	10-4-2022	98%	
200m schoolslag	series	1.	2:32.13	-	2:20.24	8-4-2022	85%	
50m vlinderslag	series	1.	26.84	-	26.79	4-2-2022	100%	
100m vlinderslag	series	1.	59.13	-	58.13	8-4-2022	97%	
400m wisselslag	series	1.	4:49.65	-	4:44.07	16-12-2021	96%	
Floor Weijmans, 12-9-1995								-
200m vrije slag	series	3.	2:31.53	-	2:12.57	24-11-2019	77%	
50m vlinderslag	series	11.	33.47	-	30.15	28-12-2019	81%	
Guido Jacobs, 31-12-2008								2
100m vrije slag	series	7.	1:10.79	-	1:14.10	20-3-2022	110%	
400m vrije slag	series	3.	5:39.71	-	5:34.20	24-4-2022	97%	
100m schoolslag	series	9.	1:37.80	-	1:33.21	24-4-2022	91%	
50m vlinderslag	series	8.	37.71	-	38.41	6-3-2022	104%	
Isa Curvers, 26-8-2002								1
100m vrije slag	series	4.	1:03.00	-	1:01.47	4-10-2020	95%	
50m rugslag	series	1.	31.88	-	31.87	18-5-2019	100%	
100m rugslag	series	1.	1:09.08	-	1:09.81	26-5-2019	102%	
Isis Sikes, 28-4-2010								3
50m vrije slag	series	8.	32.95	-	32.82	6-3-2022	99%	
100m vrije slag	series	11.	1:15.78	-	1:15.86	14-11-2021	100%	
200m vrije slag	series	9.	2:52.39	-	2:43.12	6-3-2022	90%	
400m vrije slag	series	7.	6:03.98	-	5:44.03	14-11-2021	89%	
100m rugslag	series	7.	1:25.44	-	1:22.03	13-3-2022	92%	
50m vlinderslag	series	4.	37.32	-	37.73	12-9-2021	102%	
100m vlinderslag	series	6.	1:28.59	-	1:26.35	3-10-2021	95%	
200m wisselslag	series	3.	3:00.38	-	3:01.73	3-10-2021	102%	
Isis van Kuijk, 17-7-2007								1
200m vrije slag	series	2.	2:32.12	-	2:29.07	21-11-2021	96%	
400m vrije slag	series	3.	5:20.27	-	5:22.65	16-11-2019	101%	
50m vlinderslag	series	5.	33.63	-	33.59	21-11-2021	100%	
100m vlinderslag	series	1.	1:18.13	-	1:14.49	21-11-2021	91%	
200m vlinderslag	series	1.	2:59.52	-	2:48.96	31-10-2021	89%	
200m wisselslag	series	6.	2:52.18	-	2:42.15	24-4-2022	89%	
400m wisselslag	series	2.	6:09.18	-	5:49.10	14-11-2021	89%	
Jente Sikes, 9-11-2006								-
100m vrije slag	series	4.	1:06.75	-	1:05.29	13-3-2022	96%	
Jesse Jacobs, 9-5-2007								3
100m vrije slag	series	12.	1:05.96	-	1:05.61	20-3-2022	99%	
200m vrije slag	series	9.	2:24.09	-	2:21.75	3-10-2021	97%	
400m vrije slag	series	5.	5:10.37	-	4:53.30	12-12-2021	89%	
50m rugslag	series	5.	34.89	-	33.75	12-9-2021	94%	
100m rugslag	series	4.	1:14.78	-	1:13.46	21-11-2021	97%	
200m rugslag	series	3.	2:40.90	-	2:34.21	24-4-2022	92%	
100m schoolslag	series	7.	1:25.59	-	1:27.18	20-3-2022	104%	
200m schoolslag	series	4.	2:58.43	-	2:59.99	20-3-2022	102%	
100m vlinderslag	series	7.	1:14.20	-	1:14.45	13-3-2022	101%	
200m wisselslag	series	6.	2:38.00	-	2:35.57	13-3-2022	97%	
Jorn Sprunken, 23-5-2008								5
50m vrije slag	series	3.	30.24	-	31.03	20-3-2022	105%	
100m vrije slag	series	5.	1:07.64	-	1:06.79	14-11-2021	98%	
50m rugslag	series	3.	34.52	-	34.48	12-9-2021	100%	
100m rugslag	series	2.	1:14.13	-	1:11.49	6-3-2022	93%	
50m schoolslag	series	5.	40.32	-	40.49	24-4-2022	101%	
100m schoolslag	series	4.	1:26.97	-	1:28.91	20-3-2022	105%	
50m vlinderslag	series	3.	32.55	-	32.71	6-3-2022	101%	
100m vlinderslag	series	4.	1:20.64	-	1:23.00	7-3-2020	106%	
Koen Koster, 8-1-1999								-
100m vrije slag	series	5.	53.98	-	51.14	29-12-2019	90%	
200m rugslag	series	2.	2:15.18	-	2:06.33	10-2-2019	87%	
100m schoolslag	series	2.	1:04.48	-	1:01.57	28-12-2019	91%	
200m schoolslag	series	1.	2:20.13	-	2:19.41	22-6-2019	99%	
100m vlinderslag	series	2.	57.29	-	54.78	29-12-2019	91%	
200m wisselslag	series	2.	2:12.08	-	2:03.72	3-12-2021	88%	
Marlijn Zwart, 18-6-2003								-
100m schoolslag	series	8.	1:29.46	-	1:19.07	16-11-2019	78%	
Meike van de Ree, 18-8-2004								-
100m vrije slag	series	8.	1:05.90	-	1:03.22	28-12-2019	92%	
50m rugslag	series	5.	33.66	-	33.46	7-3-2020	99%	
100m rugslag	series	3.	1:10.74	-	1:07.48	29-12-2019	91%	

Regionale Zomerkampioenschappen 2022 (Zuid)
Eindhoven, 14- - 22-5-2022

200m ruqslag	series	2.	2:33.73	-	2:24.14	23-11-2019	88%	
50m vlinderslag	series	8.	31.57	-	30.31	22-2-2020	92%	
100m vlinderslag	series	5.	1:15.51	-	1:09.78	28-12-2019	85%	
200m wisselslag	series	3.	2:37.24	-	2:31.82	22-2-2020	93%	
400m wisselslag	series	2.	5:33.59	-	5:18.13	14-11-2021	91%	
Oriana Schaap, 21-5-2007								
100m vrije slag	series	12.	1:11.77	-	1:10.73	24-4-2022	97%	-
Serafina Vlijt, 28-2-1998								
50m vlinderslag	series	2.	30.07	-	29.16	19-5-2019	94%	-
Sjors Lemmers, 3-6-2003								
100m vlinderslag	series	6.	1:01.82	-	1:00.72	19-5-2019	96%	
200m vlinderslag	series	2.	2:32.95	-	2:17.29	3-12-2021	81%	
200m wisselslag	series	4.	2:27.36	-	2:17.55	16-11-2019	87%	
Sophie Albers, 8-7-2003								
400m vrije slag	series	4.	5:06.80	-	4:45.84	16-11-2019	87%	-
Stephan Sjeptoera, 13-12-2008								4
50m vrije slag	series	10.	31.43	-	32.26	21-11-2021	105%	
100m vrije slag	series	6.	1:10.25	-	1:07.34	21-11-2021	92%	
200m vrije slag	series	4.	2:29.63	-	2:28.43	20-3-2022	98%	
400m vrije slag	series	2.	5:14.84	-	5:07.79	24-4-2022	96%	
50m ruqslag	series	6.	36.61	-	38.12	20-3-2022	108%	
100m rugslag	series	5.	1:18.05	-	1:18.41	20-3-2022	101%	
200m rugslag	series	2.	2:44.84	-	2:38.93	21-11-2021	93%	
50m schoolslag	series	4.	40.11	-	39.05	6-3-2022	95%	
100m schoolslag	series	6.	1:29.88	-	1:24.71	13-3-2022	89%	
200m schoolslag	series	3.	3:06.52	-	2:59.99	13-3-2022	93%	
50m vlinderslag	series	4.	35.29	-	36.96	14-11-2021	110%	
200m wisselslag	series	4.	2:47.39	-	2:44.22	14-11-2021	96%	
Tijn van Kuijk, 3-2-2005								2
50m vrije slag	series	4.	26.28	-	26.28	20-3-2022	100%	
100m vrije slag	series	3.	58.68	-	58.57	16-6-2019	100%	
200m vrije slag	series	5.	2:14.38	-	2:11.90	19-5-2019	96%	
50m schoolslag	series	1.	32.11	-	33.00	7-3-2020	106%	
100m schoolslag	series	AFGEM		-	1:11.41	7-3-2020	-	
200m schoolslag	series	2.	2:41.40	-	2:37.90	15-6-2019	96%	
50m vlinderslag	series	2.	27.47	-	28.92	24-2-2019	111%	
100m vlinderslag	series	2.	1:04.33	-	1:04.21	20-3-2022	100%	
200m wisselslag	series	1.	2:23.39	-	2:22.99	14-6-2019	99%	

HZV Lutra								4
Alen Music, 9-11-2005								-
50m vrije slag	series	16.	28.76	-	28.09	13-3-2022	95%	
Finn van Nuenen, 30-5-2008								1
50m vrije slag	series	9.	30.52	-	31.76	21-11-2021	108%	
200m vrije slag	series	22.	2:43.85	-	2:41.83	24-4-2022	98%	
100m schoolslag	series	17.	1:32.75	-	1:32.27	13-3-2022	99%	
Jayden Reynoso, 7-8-2007								2
50m vrije slag	series	26.	29.08	-	29.60	24-4-2022	104%	
50m vlinderslag	series	25.	33.90	-	34.47	3-10-2021	103%	
Jordi van Nuenen, 30-5-2008								1
100m vrije slag	series	13.	1:08.52	-	1:12.00	24-4-2022	110%	
200m vrije slag	series	16.	2:37.99	-	2:31.84	24-4-2022	92%	
50m rugslag	series	6.	36.74	-	36.42	13-3-2022	98%	
50m schoolslag	series	14.	41.06	-	40.13	13-3-2022	96%	
100m schoolslag	series	16.	1:31.45	-	1:25.31	13-3-2022	87%	
Tom van Eemeren, 10-10-2003								-
50m schoolslag	series	18.	33.93	-	32.86	3-10-2021	94%	
200m schoolslag	series	8.	2:46.42	-	2:43.42	26-5-2019	96%	
50m vlinderslag	series	28.	29.79	-	28.94	13-3-2022	94%	

								15
Mosa~Regio								
Evi Bouten, 18-4-2010								1
50m vrije slag	series	14.	34.21	-	34.80	18-4-2022	103%	
Giulian Janssen, 18-3-2009								7
50m vrije slag	series	1.	27.60	-	27.36	18-4-2022	98%	
100m vrije slag	series	2.	1:00.58	-	1:00.92	18-3-2022	101%	
200m vrije slag	series	2.	2:17.51	-	2:24.52	19-3-2022	110%	
50m rugslag	series	1.	33.21	-	32.03	13-3-2022	93%	
50m schoolslag	series	1.	35.69	-	36.70	20-3-2022	106%	
100m schoolslag	series	1.	1:16.57	-	1:19.62	18-4-2022	108%	
200m schoolslag	series	1.	2:48.98	-	2:50.94	20-3-2022	102%	
50m vlinderslag	series	1.	29.29	-	31.04	19-3-2022	112%	
100m vlinderslag	series	3.	1:12.86	-	1:16.59	18-4-2022	111%	
200m wisselslag	series	2.	2:35.68	-	2:32.79	11-12-2021	96%	
Jelle Kockx, 14-2-2004								3
50m vrije slag	series	6.	27.08	-	28.03	18-5-2019	107%	
200m rugslag	series	3.	2:31.55	-	2:25.64	10-4-2022	92%	
100m schoolslag	series	2.	1:14.01	-	1:16.64	16-6-2019	107%	
200m schoolslag	series	3.	2:47.05	-	2:46.89	15-6-2019	100%	
50m vlinderslag	series	5.	29.60	-	30.01	18-4-2022	103%	
100m vlinderslag	series	6.	1:12.94	-	1:10.77	18-4-2022	94%	
Lieke Lankes, 9-1-2005								1
50m vrije slag	series	7.	31.03	-	30.94	25-5-2019	99%	
100m vrije slag	series	6.	1:09.45	-	1:05.24	20-9-2020	88%	
50m vlinderslag	series	3.	33.20	-	33.32	6-3-2020	101%	
Luca Janssen, 24-8-2004								-
100m schoolslag	series		AFGEM	-	1:02.69	10-4-2022	-	
50m vlinderslag	series		AFGEM	-	26.45	4-2-2022	-	
Lynn Peters, 15-3-2009								1
50m vrije slag	series	16.	35.23	-	35.40	18-4-2022	101%	
Mees Kroon, 3-12-2008								2
200m vrije slag	series	9.	2:49.95	-	2:43.38	24-4-2022	92%	
50m schoolslag	series	6.	40.99	-	42.60	20-3-2022	108%	
100m schoolslag	series	5.	1:28.95	-	1:32.75	13-3-2022	109%	

MSZV Tiburon

Manon Koster, 3-6-1997

100m schoolslag	series	2.	1:19.76	-	1:14.61	28-12-2019	88%
50m vlinderslag	series	3.	30.17	-	30.30	30-3-2019	101%
200m vlinderslag	series	1.	2:32.32	-	2:29.02	18-5-2019	96%
200m wisselslag	series	1.	2:30.62	-	2:29.02	23-2-2019	98%

1

1

MZ&PC								13
Finn Reijnders, 29-12-2004								-
50m vrije slag	series	11.	28.17	-	27.65	16-11-2019	96%	
100m vrije slag	series	7.	1:04.03	-	1:01.37	14-11-2021	92%	
50m schoolslag	series	2.	32.93	-	31.82	4-10-2020	93%	
100m schoolslag	series	5.	1:16.45	-	1:11.06	4-10-2020	86%	
200m schoolslag	series	5.	2:53.26	-	2:41.44	24-11-2019	87%	
Hasan Eryilmaz, 29-8-2008								4
50m vrije slag	series	2.	27.75	-	28.85	21-7-2021	108%	
100m vrije slag	series	3.	1:02.09	-	1:01.22		97%	
200m vrije slag	series	3.	2:20.33	-	2:16.62		95%	
50m rugslag	series	2.	34.43	-	35.37	21-7-2021	106%	
50m schoolslag	series	2.	36.82	-	37.04		101%	
100m schoolslag	series	3.	1:22.78	-	1:22.07		98%	
50m vlinderslag	series	2.	31.37	-	30.36		94%	
100m vlinderslag	series	2.	1:12.07	-	1:11.44		98%	
200m wisselslag	series	3.	2:37.67	-	2:38.99		102%	
Jelle Huntjens, 6-1-2006								4
50m vrije slag	series	9.	29.10	-	30.98	24-4-2022	113%	
100m vrije slag	series	10.	1:05.47	-	1:07.52	14-11-2021	106%	
200m vrije slag	series	10.	2:24.31	-	2:29.65	14-11-2021	108%	
50m schoolslag	series	7.	38.04	-	39.36	14-11-2021	107%	
Jesse Marijn Thimister, 9-12-2006								3
50m vrije slag	series	8.	28.65	-	28.42	21-11-2021	98%	
100m vrije slag	series	7.	1:03.05	-	1:02.19	3-10-2021	97%	
200m vrije slag	series	8.	2:23.13	-	2:19.48	3-10-2021	95%	
50m schoolslag	series	5.	35.09	-	34.04	12-12-2021	94%	
100m schoolslag	series	1.	1:13.29	-	1:13.42	12-12-2021	100%	
200m schoolslag	series	1.	2:39.79	-	2:44.53	31-10-2021	106%	
50m vlinderslag	series	3.	30.99	-	31.41	21-11-2021	103%	
100m vlinderslag	series	3.	1:11.30	-	1:09.89	24-4-2022	96%	
200m wisselslag	series	8.	2:39.64	-	2:38.04	14-11-2021	98%	
Owen Willaman, 31-7-2008								2
50m vrije slag	series	4.	30.28	-	32.51	21-11-2021	115%	
200m vrije slag	series	5.	2:35.68	-	2:35.30	24-4-2022	100%	
50m vlinderslag	series	7.	36.90	-	38.57	13-3-2022	109%	
Yara Kamps, 9-11-2007								-
50m vrije slag	series	15.	35.15	-	33.46	3-10-2021	91%	

Neptunus'58

Rens Hoogenboom, 20-4-2004

50m vrije slag	series	11.	27.54	-	26.96	13-3-2022	96%	-
50m vlinderslag	series	11.	31.47	-	30.15	21-11-2021	92%	-

Nextline swimming								33
Evyan van Laarhoven, 2-1-2005								5
100m schoolslag	series	2.	1:21.42	-	1:23.48	7-3-2020	105%	
50m vlinderslag	series	2.	29.96	-	30.71	8-4-2022	105%	
100m vlinderslag	series	1.	1:07.64	-	1:09.55	9-4-2022	106%	
200m vlinderslag	series	1.	2:40.02	-	2:49.77	18-5-2019	113%	
200m wisselslag	series	1.	2:34.15	-	2:34.74	8-4-2022	101%	
400m wisselslag	series	NG		-	5:30.89	10-4-2022	-	
Finn Rust, 23-8-2007								5
50m vrije slag	series	2.	25.58	-	26.05	10-4-2022	104%	
100m vrije slag	series	1.	56.28	-	56.44	9-4-2022	101%	
200m vrije slag	series	2.	2:05.04	-	2:07.95	9-4-2022	105%	
400m vrije slag	series	4.	4:35.26	-	4:38.56	8-4-2022	102%	
50m rugslag	series	10.	33.80	-	33.41	9-4-2022	98%	
50m schoolslag	series	8.	37.32	-	37.96	20-2-2022	103%	
Indy van Laarhoven, 2-1-2005								4
50m vrije slag	series	1.	28.93	-	28.67	10-4-2022	98%	
100m vrije slag	series	1.	1:01.71	-	1:02.22	9-4-2022	102%	
200m vrije slag	series	1.	2:15.03	-	2:17.08	9-4-2022	103%	
50m rugslag	series	1.	32.44	-	32.86	9-4-2022	103%	
200m rugslag	series	1.	2:33.02	-	2:32.62	10-4-2022	99%	
50m vlinderslag	series	1.	29.71	-	30.17	20-2-2022	103%	
100m vlinderslag	series	NG		-	1:13.07	25-1-2020	-	
Liselotte Hendriks, 31-1-2007								3
50m vrije slag	series	26.	31.93	-	31.75	20-3-2022	99%	
100m vrije slag	series	16.	1:08.34	-	1:12.63	20-3-2022	113%	
200m vrije slag	series	7.	2:27.03	-	2:28.85	20-3-2022	102%	
400m vrije slag	series	8.	5:17.12	-	5:17.94	7-11-2021	101%	
Stan De Swart, 5-5-2003								3
50m vrije slag	series	3.	24.25	-	23.97	10-4-2022	98%	
100m vrije slag	series	2.	53.45	-	52.88	27-3-2022	98%	
200m vrije slag	series	2.	1:58.67	-	2:01.93	25-1-2020	106%	
100m rugslag	series	1.	59.81	-	1:04.28	26-5-2019	116%	
100m schoolslag	series	9.	1:09.41	-	1:15.81	9-2-2020	119%	
50m vlinderslag	series	2.	25.69	-	25.65	20-2-2022	100%	
100m vlinderslag	series	2.	57.46	-	56.86	9-4-2022	98%	
200m wisselslag	series	2.	2:13.11	-	2:12.24	9-4-2022	99%	
Steven Smith, 6-10-2004								7
50m vrije slag	series	7.	26.68	-	27.24	10-4-2022	104%	
100m vrije slag	series	4.	56.98	-	58.45	9-4-2022	105%	
200m vrije slag	series	3.	2:08.52	-	2:13.85	9-4-2022	108%	
50m schoolslag	series	1.	32.45	-	33.89	27-3-2022	109%	
100m schoolslag	series	4.	1:12.44	-	1:14.27	10-4-2022	105%	
200m schoolslag	series	3.	2:44.23	-	2:47.38	8-4-2022	104%	
50m vlinderslag	series	6.	29.77	-	30.59	27-3-2022	106%	
Tim Delissen, 6-11-2006								6
100m vrije slag	series	9.	59.77	-	1:01.35	9-4-2022	105%	
200m vrije slag	series	5.	2:11.87	-	2:13.82	9-4-2022	103%	
400m vrije slag	series	5.	4:45.07	-	4:40.58	12-12-2021	97%	
50m schoolslag	series	4.	36.13	-	36.60	9-4-2022	103%	
100m schoolslag	series	7.	1:17.25	-	1:17.85	10-4-2022	102%	
200m schoolslag	series	5.	2:52.91	-	2:48.73	20-2-2022	95%	
200m wisselslag	series	4.	2:32.25	-	2:33.50	20-3-2022	102%	
400m wisselslag	series	4.	5:28.50	-	5:30.65	8-4-2022	101%	

							12
Noord Limburg(SG)							6
Jaydee Leenders, 9-1-2009							
50m vrije slag	series	2.	30.75	-	31.52	16-4-2022	105%
100m vrije slag	series	2.	1:07.13	-	1:11.59	16-4-2022	114%
200m vrije slag	series	3.	2:28.46	-	2:35.23	16-4-2022	109%
400m vrije slag	series	3.	5:14.55	-	5:25.23	16-4-2022	107%
50m rugslag	series	3.	36.52	-	38.15	13-3-2022	109%
100m rugslag	series	3.	1:21.34	-	1:19.87	24-4-2022	96%
50m vlinderslag	series	2.	36.74	-	38.70	4-10-2020	111%
Justen Beekman, 28-7-2009							2
50m vrije slag	series	5.	30.85	-	31.23	21-11-2021	102%
100m vrije slag	series	10.	1:11.99	-	1:13.82	10-4-2022	105%
50m vlinderslag	series	9.	37.79	-	37.15	20-3-2022	97%
Luuk Teunissen, 8-11-2006							3
50m schoolslag	series	6.	35.66	-	40.54	13-4-2019	129%
100m schoolslag	series	6.	1:18.98	-	1:27.43	25-5-2019	123%
50m vlinderslag	series	9.	32.71	-	31.36	14-11-2021	92%
100m vlinderslag	series	4.	1:11.62	-	1:10.05	13-3-2022	96%
200m wisselslag	series	4.	2:36.69	-	2:54.94	18-5-2019	125%
Moon Geurts, 3-7-2007							1
50m vrije slag	series	3.	30.74	-	33.56	25-5-2019	119%
100m vrije slag	series	7.	1:09.11	-	1:08.82	14-11-2021	99%
200m vrije slag	series	5.	2:37.25	-	2:34.08	4-10-2020	96%
Onaya Janssen, 31-3-2008							-
100m vrije slag	series	13.	1:12.85	-	1:10.31	21-11-2021	93%
Renske Coppens, 15-11-2009							-
50m vrije slag	series	13.	34.08	-	33.69	20-3-2022	98%

O.Z. & P.C. De Warande							29
Cas Krijger, 5-3-2006							5
50m vrije slag	series	15.	27.61	-	28.32	25-6-2021	105%
100m vrije slag	series	16.	1:01.97	-	1:01.46	18-3-2022	98%
200m vrije slag	series	11.	2:20.81	-	2:17.21	19-3-2022	95%
400m vrije slag	series	9.	5:10.31	-	5:05.83	20-2-2022	97%
50m rugslag	series	5.	32.64	-	32.83	19-3-2022	101%
100m rugslag	series	4.	1:10.54	-	1:12.56	18-3-2022	106%
200m rugslag	series	7.	2:34.96	-	2:32.65	18-3-2022	97%
200m wisselslag	series	12.	2:42.24	-	2:44.04	16-2-2020	102%
400m wisselslag	series	6.	5:45.28	-	5:51.23	3-4-2022	103%
Gwen Eygendaal, 26-10-2004							-
400m vrije slag	series	AFW		-	4:59.61	3-11-2019	-
400m wisselslag	series	8.	5:50.66	-	5:50.46	3-4-2022	100%
Jasmijn Goos, 14-12-2006							-
50m vrije slag	series	AFGEM		-	30.71	3-4-2022	-
100m vrije slag	series	AFW		-	1:06.41	17-10-2021	-
Jinte Hurkmans, 17-4-2007							3
50m vrije slag	series	20.	31.61	-	33.20	25-6-2021	110%
50m schoolslag	series	15.	40.74	-	41.08	20-2-2022	102%
50m vlinderslag	series	8.	33.54	-	35.20	25-6-2021	110%
Jolijn Hurkmans, 17-4-2007							1
50m vrije slag	series	11.	30.76	-	31.54	3-4-2022	105%
Joshwe Oleana, 9-9-2007							3
50m vrije slag	series	10.	27.30	-	27.19	27-3-2022	99%
100m vrije slag	series	19.	1:02.63	-	1:06.62	11-6-2021	113%
50m rugslag	series	12.	35.81	-	34.08	3-4-2022	91%
100m rugslag	series	9.	1:15.88	-	1:14.26	28-11-2021	96%
100m schoolslag	series	3.	1:13.79	-	1:26.44	9-2-2020	137%
200m schoolslag	series	4.	2:45.20	-	2:45.04	11-12-2021	100%
50m vlinderslag	series	13.	31.59	-	31.99	3-4-2022	103%
Lars Hurks, 31-10-1999							-
100m vrije slag	series	20.	58.74	-	57.04	26-5-2019	94%
50m rugslag	series	9.	31.06	-	30.42	25-5-2019	96%
200m rugslag	series	5.	2:36.22	-	2:24.08	18-5-2019	85%
100m schoolslag	series	AFW		-	1:13.34	28-12-2019	-
50m vlinderslag	series	24.	29.43	-	29.10	26-5-2019	98%
Lieke van Geijn, 24-4-2006							1
50m vrije slag	series	3.	29.94	-	29.76	25-5-2019	99%
100m vrije slag	series	4.	1:05.05	-	1:04.74	16-6-2019	99%
200m vrije slag	series	4.	2:24.38	-	2:19.77	14-6-2019	94%
400m vrije slag	series	3.	5:15.50	-	4:52.55	16-11-2019	86%
50m vlinderslag	series	4.	32.71	-	32.52	8-4-2022	99%
100m vlinderslag	series	2.	1:12.98	-	1:14.92	9-4-2022	105%
200m vlinderslag	series	2.	2:52.50	-	2:49.30	18-4-2022	96%
Maike van Heeswijk, 20-4-2005							-
50m schoolslag	series	AFW		-	38.81	3-10-2021	-
100m schoolslag	series	AFW		-	1:23.89	28-11-2021	-
Marit Libregts, 7-1-2009							-
50m vrije slag	series	4.	31.14	-	30.78	10-4-2022	98%
100m vrije slag	series	13.	1:12.86	-	1:10.24	20-2-2022	93%
200m vrije slag	series	9.	2:40.92	-	2:40.46	20-2-2022	99%
400m vrije slag	series	12.	5:51.93	-	5:38.89	19-3-2022	93%
100m rugslag	series	15.	1:28.36	-	1:26.98	20-3-2022	97%
50m schoolslag	series	16.	44.34	-	41.76	18-3-2022	89%
100m schoolslag	series	14.	1:37.03	-	1:32.90	13-3-2022	92%
100m vlinderslag	series	8.	1:22.36	-	1:20.32	19-3-2022	95%
200m wisselslag	series	12.	3:00.35	-	2:54.19	27-3-2022	93%
Maud van Zwiene, 18-10-2007							5
50m vrije slag	series	3.	29.00	-	29.40	27-3-2022	103%
100m vrije slag	series	3.	1:04.51	-	1:03.96	18-3-2022	98%
200m vrije slag	series	5.	2:22.80	-	2:23.31	19-3-2022	101%
50m rugslag	series	2.	33.60	-	33.00	19-3-2022	96%
100m rugslag	series	3.	1:13.91	-	1:13.72	27-3-2022	99%
200m rugslag	series	3.	2:41.23	-	2:39.12	18-3-2022	97%
50m vlinderslag	series	2.	31.89	-	32.55	8-4-2022	104%
200m wisselslag	series	2.	2:38.32	-	2:42.56	20-2-2022	105%
400m wisselslag	series	2.	5:42.51	-	5:42.76	13-11-2021	100%
Meike de Waard, 16-5-2007							-
50m vrije slag	series	41.	33.37	-	32.72	25-6-2021	96%
100m schoolslag	series	15.	1:31.14	-	1:26.82	17-10-2021	91%
200m schoolslag	series	12.	3:18.99	-	3:16.19	20-3-2022	97%
Nicko Kamphuis, 8-7-1999							5
100m vrije slag	series	6.	54.30	-	54.62	13-4-2019	101%
200m vrije slag	series	3.	2:00.44	-	2:01.13	19-5-2019	101%
200m rugslag	series	3.	2:18.45	-	2:10.35	16-11-2019	89%
50m schoolslag	series	5.	30.43	-	30.44	11-6-2021	100%
100m schoolslag	series	6.	1:08.32	-	1:08.21	20-2-2022	100%
200m schoolslag	series	2.	2:28.23	-	2:32.02	20-1-2019	105%

Regionale Zomerkampioenschappen 2022 (Zuid)
Eindhoven, 14- - 22-5-2022

100m vlinderslag	series	3.	58.35	-	58.43	19-5-2019	100%	
200m wisselslag	series	3.	2:13.96	-	2:13.90	18-5-2019	100%	
Puk van Groeninge, 28-1-2007								
50m vrije slag	series	19.	31.57	-	32.32	3-4-2022	105%	2
100m vrije slag	series	20.	1:09.99	-	1:11.30	3-4-2022	104%	
Tom Balsen Versteeg, 19-9-2000								
50m vrije slag	series	14.	26.11	-	26.15	18-5-2019	100%	3
100m vrije slag	series	11.	57.22	-	57.42	31-3-2019	101%	
200m vrije slag	series	11.	2:10.71	-	2:08.24	18-5-2019	96%	
400m vrije slag	series	6.	4:39.62	-	4:26.76	30-3-2019	91%	
1500m vrije slag	series	2.	18:29.98	-	17:49.11	29-3-2019	93%	
100m rugslag	series	9.	1:09.52	-	1:07.29	26-5-2019	94%	
100m schoolslag	series	16.	1:15.69	-	1:13.01	21-11-2021	93%	
200m schoolslag	series	AFGEM		-	2:46.58	20-1-2019	-	
50m vlinderslag	series	8.	27.62	-	28.37	26-5-2019	106%	
100m vlinderslag	series	AFGEM		-	1:05.40	13-1-2019	-	
200m wisselslag	series	10.	2:28.68	-	2:24.19	30-3-2019	94%	
400m wisselslag	series	6.	5:20.65	-	5:08.88	29-3-2019	93%	
Yara Besselink, 18-2-2007								
50m vrije slag	series	43.	33.70	-	33.99	25-5-2019	102%	1

Patrick

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PSV									245
Alex Doedel, 14-12-2001									2
50m vrije slag	series	5.	24.56	-	24.67	18-5-2019		101%	
50m vlinderslag	series	7.	27.03	-	27.18	8-4-2022		101%	
100m vlinderslag	series	4.	59.32	-	58.72	8-4-2022		98%	
Ananye Achintye, 29-8-2002									1
100m rugslag	series	AFW		-	1:09.40	18-7-2021		-	
50m vlinderslag	series	18.	28.93	-	29.26	12-6-2021		102%	
100m vlinderslag	series	11.	1:04.37	-	1:04.10	9-4-2022		99%	
Anna van Droffelaar, 18-5-2004									2
200m vrije slag	series	2.	2:05.87	-	2:07.29	17-2-2022		102%	
400m vrije slag	series	1.	4:28.77	-	4:39.04	6-3-2021		108%	
100m rugslag	series	1.	1:05.98	-	1:04.86	14-6-2019		97%	
100m schoolslag	series	2.	1:12.02	-	1:10.84	10-4-2021		97%	
Annelie Batenburg, 13-10-2010									4
50m vrije slag	series	14.	33.49	-	32.84	27-2-2022		96%	
100m vrije slag	series	AFGEM		-	1:13.10	18-3-2022		-	
200m vrije slag	series	11.	2:43.89	-	2:43.63	20-2-2022		100%	
400m vrije slag	series	11.	5:50.19	-	5:43.30	19-3-2022		96%	
50m schoolslag	series	10.	42.18	-	43.56	27-2-2022		107%	
100m schoolslag	series	8.	1:31.20	-	1:32.67	10-4-2022		103%	
200m schoolslag	series	6.	3:13.70	-	3:14.13	9-4-2022		100%	
100m vlinderslag	series	10.	1:27.40	-	1:28.49	20-2-2022		103%	
Birgit Hage, 15-4-2006									5
100m vrije slag	series	5.	1:05.72	-	1:05.42	20-2-2022		99%	
200m vrije slag	series	3.	2:22.60	-	2:24.59	27-2-2022		103%	
400m vrije slag	series	1.	5:00.38	-	5:06.55	19-3-2022		104%	
800m vrije slag	series	1.	10:19.06	-	10:30.38	18-12-2021		104%	
100m rugslag	series	2.	1:14.61	-	1:14.69	23-1-2022		100%	
100m vlinderslag	series	3.	1:13.28	-	1:13.29	27-2-2022		100%	
400m wisselslag	series	1.	5:53.61	-	5:53.23	29-10-2021		100%	
Bo Bontrup, 20-1-2009									6
50m vrije slag	series	17.	33.64	-	32.60	27-2-2022		94%	
100m vrije slag	series	11.	1:12.55	-	1:11.78	18-4-2022		98%	
200m vrije slag	series	8.	2:37.51	-	2:37.76	20-2-2022		100%	
400m vrije slag	series	7.	5:29.30	-	5:32.01	19-3-2022		102%	
800m vrije slag	series	2.	11:23.41	-	11:30.25	16-4-2022		102%	
100m rugslag	series	9.	1:23.83	-	1:20.07	31-10-2021		91%	
50m schoolslag	series	8.	41.64	-	42.33	27-2-2022		103%	
100m schoolslag	series	12.	1:33.58	-	1:30.43	10-4-2022		93%	
200m schoolslag	series	7.	3:16.60	-	3:16.12	20-3-2022		100%	
50m vlinderslag	series	8.	35.81	-	35.00	8-4-2022		96%	
100m vlinderslag	series	4.	1:20.46	-	1:29.09	19-3-2022		123%	
200m wisselslag	series	7.	2:54.10	-	2:57.71	8-4-2022		104%	
Bregje Dekkers, 9-2-2009									8
50m vrije slag	series	4.	31.14	-	30.97	18-4-2022		99%	
100m vrije slag	series	4.	1:07.16	-	1:07.78	18-3-2022		102%	
200m vrije slag	series	2.	2:24.19	-	2:27.29	9-4-2022		104%	
400m vrije slag	series	2.	5:04.70	-	5:09.60	10-4-2022		103%	
50m rugslag	series	5.	37.28	-	36.85	9-4-2022		98%	
100m rugslag	series	3.	1:18.11	-	1:24.50	27-2-2022		117%	
200m rugslag	series	1.	2:45.01	-	2:53.33	27-2-2022		110%	
50m schoolslag	series	5.	41.16	-	42.85	18-3-2022		108%	
100m schoolslag	series	5.	1:28.39	-	1:30.95	18-4-2022		106%	
200m schoolslag	series	3.	3:09.29	-	3:12.74	20-3-2022		104%	
50m vlinderslag	series	5.	34.55	-	34.01	8-4-2022		97%	
100m vlinderslag	series	2.	1:19.44	-	1:15.95	9-4-2022		91%	
200m wisselslag	series	2.	2:46.51	-	2:45.48	8-4-2022		99%	
Caroline van Rooij, 23-1-2005									-
50m vrije slag	series	4.	30.34	-	29.94	20-3-2022		97%	
100m vrije slag	series	7.	1:06.97	-	1:06.27	12-6-2021		98%	
50m vlinderslag	series	5.	32.89	-	32.59	18-3-2022		98%	
100m vlinderslag	series	5.	1:16.84	-	1:12.91	24-4-2022		90%	
Daniel Simons, 15-1-2006									7
50m vrije slag	series	16.	27.72	-	27.85	10-4-2022		101%	
100m vrije slag	series	11.	1:00.58	-	1:00.99	9-4-2022		101%	
200m vrije slag	series	8.	2:14.83	-	2:14.97	20-2-2022		100%	
400m vrije slag	series	7.	4:49.97	-	4:48.34	8-4-2022		99%	
100m rugslag	series	7.	1:13.99	-	1:15.75	20-2-2022		105%	
50m vlinderslag	series	7.	29.75	-	30.35	8-4-2022		104%	
100m vlinderslag	series	6.	1:08.21	-	1:09.52	20-2-2022		104%	
200m wisselslag	series	9.	2:38.18	-	2:49.99	9-2-2020		115%	
Davi Fonseca Gomes, 21-4-2009									7
50m vrije slag	series	6.	29.39	-	29.64	10-4-2022		102%	
100m vrije slag	series	8.	1:05.30	-	1:06.81	9-4-2022		105%	
200m vrije slag	series	8.	2:26.40	-	2:33.24	9-4-2022		110%	
400m vrije slag	series	7.	5:13.00	-	5:19.19	10-4-2022		104%	
100m schoolslag	series	7.	1:25.30	-	1:31.41	20-3-2022		115%	
50m vlinderslag	series	3.	31.26	-	32.61	18-3-2022		109%	

100m vlinderslag	series	5.	1:14.13	-	1:16.73	9-4-2022	107%	
David Groenewegen, 29-4-2004								3
200m rugslag	series	1.	2:13.99	-	2:15.24	20-3-2021	102%	
100m schoolslag	series	2.	1:11.74	-	1:12.50	26-6-2021	102%	
200m schoolslag	series	2.	2:34.35	-	2:30.14	26-6-2021	95%	
100m vlinderslag	series	1.	59.02	-	59.70	12-9-2021	102%	
Elske van der Ven, 5-2-2008								-
50m vrije slag	series	36.	32.78	-	32.77	10-4-2022	100%	
100m vrije slag	series	30.	1:13.96	-	1:10.57	12-6-2021	91%	
200m vrije slag	series	AFGEM		-	2:36.55	7-3-2020	-	
50m rugslag	series	18.	39.59	-	37.95	18-12-2021	92%	
100m rugslag	series	14.	1:21.58	-	1:21.47	12-6-2021	100%	
200m rugslag	series	11.	2:54.52	-	2:52.14	10-4-2022	97%	
Emi van Ek, 5-5-2009								-
50m vrije slag	series	13.	33.14	-	32.51	20-2-2022	96%	
100m vrije slag	series	15.	1:13.58	-	1:13.43	20-2-2022	100%	
Fenne Peters, 23-6-2006								2
50m vrije slag	series	9.	31.85	-	30.88	18-4-2022	94%	
50m schoolslag	series	3.	38.16	-	38.88	17-12-2021	104%	
100m schoolslag	series	4.	1:25.37	-	1:23.91	16-12-2021	97%	
200m schoolslag	series	2.	3:04.53	-	3:04.85	18-12-2021	100%	
Hanna Advokaat, 8-4-2009								1
50m vrije slag	series	18.	34.20	-	35.34	20-2-2022	107%	
Harold Matla, 13-10-1968								-
50m schoolslag	series	19.	34.60	-	33.68	12-10-2019	95%	
Hylcke de Beer, 1-1-2007								1
200m vrije slag	series	AFGEM		-	2:18.86	27-2-2022	-	
100m rugslag	series	4.	1:14.56	-	1:15.14	27-2-2022	102%	
50m schoolslag	series	1.	33.04	-	32.87	17-12-2021	99%	
100m schoolslag	series	2.	1:17.78	-	1:14.56	12-6-2021	92%	
50m vlinderslag	series	AFGEM		-	29.13	27-6-2021	-	
Isus Verdyseldonk, 3-10-2010								-
50m vrije slag	series	AFGEM		-	36.12	20-3-2022	-	
Janne Slegers, 26-3-2004								-
200m vrije slag	series	3.	2:07.90	-	2:06.16	8-4-2022	97%	
200m rugslag	series	1.	2:24.80	-	2:24.57	10-4-2022	100%	
Janneke Lenderink, 17-1-2001								-
50m vrije slag	series	19.	29.78	-	29.44	5-4-2019	98%	
100m vrije slag	series	14.	1:04.80	-	1:01.45	5-4-2019	90%	
200m vrije slag	series	12.	2:22.52	-	2:15.24	26-5-2019	90%	
400m vrije slag	series	8.	4:56.18	-	4:48.00	18-5-2019	95%	
50m rugslag	series	11.	35.31	-	34.75	7-3-2020	97%	
50m schoolslag	series	20.	39.62	-	38.36	8-3-2020	94%	
100m schoolslag	series	17.	1:26.82	-	1:19.29	12-1-2019	83%	
50m vlinderslag	series	20.	32.63	-	30.33	21-6-2019	86%	
200m wisselslag	series	10.	2:40.50	-	2:36.15	30-3-2019	95%	
400m wisselslag	series	6.	5:43.96	-	5:31.79	6-4-2019	93%	
Jeremiah Vianen, 13-8-2002								2
100m vrije slag	series	14.	57.54	-	56.35	9-2-2020	96%	
50m rugslag	series	8.	30.99	-	29.09	4-10-2020	88%	
50m vlinderslag	series	5.	26.32	-	26.57	11-5-2019	102%	
100m vlinderslag	series	6.	1:00.41	-	1:00.55	26-2-2022	100%	
Joe van den Hooff, 18-2-2006								3
50m vrije slag	series	5.	26.68	-	26.31	20-3-2022	97%	
100m vrije slag	series	7.	59.24	-	59.65	20-2-2022	101%	
50m schoolslag	series	6.	36.37	-	36.23	12-6-2021	99%	
100m schoolslag	series	AFGEM		-	1:20.46	9-2-2020	-	
50m vlinderslag	series	3.	27.96	-	28.00	8-4-2022	100%	
100m vlinderslag	series	5.	1:06.74	-	1:07.77	19-3-2022	103%	
200m wisselslag	series	11.	2:42.17	-	2:39.38	14-6-2019	97%	
Joep van Casteren, 6-9-2009								2
50m vrije slag	series	19.	31.66	-	33.68	21-11-2021	113%	
200m vrije slag	series	21.	2:43.58	-	2:43.36	24-4-2022	100%	
50m schoolslag	series	18.	42.19	-	42.32	24-4-2022	101%	
100m schoolslag	series	19.	1:36.60	-	1:33.68	13-3-2022	94%	
Johannes van Hemert, 15-9-2006								5
50m vrije slag	series	29.	29.29	-	29.22	20-2-2022	100%	
100m vrije slag	series	18.	1:02.35	-	1:04.95	9-4-2022	109%	
200m vrije slag	series	10.	2:18.76	-	2:22.60	9-4-2022	106%	
50m schoolslag	series	2.	33.01	-	34.04	27-2-2022	106%	
100m schoolslag	series	1.	1:11.53	-	1:14.92	20-2-2022	110%	
200m schoolslag	series	2.	2:42.84	-	2:47.96	18-4-2022	106%	
Jonathan Baijens, 1-1-2008								8
100m vrije slag	series	15.	1:09.25	-	1:10.31	18-3-2022	103%	
200m vrije slag	series	12.	2:34.92	-	2:39.78	9-4-2022	106%	
50m rugslag	series	3.	34.80	-	34.86	9-4-2022	100%	
100m rugslag	series	4.	1:14.66	-	1:15.84	10-4-2022	103%	
200m rugslag	series	3.	2:42.07	-	2:44.71	18-3-2022	103%	

50m schoolslag	series	2.	35.04	-	36.97	9-4-2022	111%	
100m schoolslag	series	2.	1:19.38	-	1:19.93	10-4-2022	101%	
200m schoolslag	series	3.	2:58.25	-	3:00.78	8-4-2022	103%	
100m vlinderslag	series	11.	1:29.45	-	1:25.02	3-10-2021	90%	
Jones Chuang, 15-9-2008								
50m vrije slag	series	1.	26.61	-	26.75	20-3-2022	101%	7
100m vrije slag	series	1.	59.17	-	59.09	18-3-2022	100%	
200m vrije slag	series	1.	2:13.19	-	2:16.65	16-12-2021	105%	
50m schoolslag	series	3.	36.44	-	40.82	12-9-2021	125%	
100m schoolslag	series	4.	1:21.46	-	1:26.48	12-9-2021	113%	
50m vlinderslag	series	1.	28.39	-	28.47	8-4-2022	101%	
100m vlinderslag	series	1.	1:03.64	-	1:04.35	19-3-2022	102%	
200m wisselslag	series	3.	2:37.60	-	3:08.06	30-6-2019	142%	
Joris Janssen, 21-8-2003								
100m vrije slag	series	9.	55.60	-	56.20	20-3-2022	102%	8
200m vrije slag	series	4.	2:01.02	-	2:01.83	20-3-2022	101%	
400m vrije slag	series	2.	4:09.89	-	4:11.62	10-4-2022	101%	
100m rugslag	series	3.	1:03.49	-	1:04.28	12-9-2021	103%	
200m rugslag	series	2.	2:16.01	-	2:18.94	20-2-2022	104%	
50m schoolslag	series	11.	32.12	-	32.42	20-2-2022	102%	
200m schoolslag	series	5.	2:37.60	-	2:35.11	8-3-2020	97%	
200m wisselslag	series	4.	2:14.15	-	2:16.41	20-3-2022	103%	
400m wisselslag	series	2.	4:47.67	-	5:10.19	25-1-2020	116%	
Justin Steenkamp, 7-5-2004								
100m vrije slag	series	7.	59.46	-	58.37	18-3-2022	96%	1
400m vrije slag	series	4.	4:28.29	-	4:26.55	17-12-2021	99%	
1500m vrije slag	series	2.	17:44.31	-	17:39.64	16-10-2021	99%	
400m wisselslag	series	1.	5:11.06	-	5:18.23	18-4-2022	105%	
Kato Sprangers, 13-5-2008								
100m vrije slag	series	13.	1:08.07	-	1:09.01	4-10-2020	103%	1
50m rugslag	series	10.	35.63	-	32.70	19-2-2022	84%	
200m wisselslag	series	3.	2:40.04	-	2:33.51	11-2-2022	92%	
Kim Jansen van Galen, 29-11-2002								
200m vrije slag	series	5.	2:10.43	-	2:11.65	20-3-2022	102%	4
400m vrije slag	series	2.	4:32.34	-	4:45.30	12-1-2019	110%	
100m rugslag	series	6.	1:10.77	-	1:12.02	4-2-2022	104%	
50m schoolslag	series	3.	34.40	-	33.46	9-4-2021	95%	
100m schoolslag	series	4.	1:14.33	-	1:11.79	10-4-2021	93%	
50m vlinderslag	series	3.	28.58	-	29.58	12-9-2021	107%	
Kim Roestenberg, 22-11-2004								
50m vrije slag	series	6.	27.98	-	27.95	18-2-2022	100%	5
100m vrije slag	series	4.	1:00.66	-	1:00.92	26-2-2022	101%	
200m vrije slag	series	6.	2:12.40	-	2:14.18	18-4-2022	103%	
50m rugslag	series	6.	33.19	-	33.80	19-2-2022	104%	
50m vlinderslag	series	6.	29.62	-	30.65	16-10-2021	107%	
100m vlinderslag	series	3.	1:08.09	-	1:09.76	9-2-2020	105%	
Kinley Cole, 5-2-2009								
50m vrije slag	series	1.	29.57	-	33.32	20-2-2022	127%	10
100m vrije slag	series	2.	1:05.94	-	1:09.66	20-2-2022	112%	
200m vrije slag	series	3.	2:27.18	-	2:33.45	20-2-2022	109%	
400m vrije slag	series	3.	5:15.71	-	5:25.98		107%	
50m rugslag	series	1.	35.11	-	38.72	18-3-2022	122%	
100m rugslag	series	1.	1:16.65	-	1:20.24	18-3-2022	110%	
200m rugslag	series	2.	2:45.07	-	2:48.26	15-2-2020	104%	
50m vlinderslag	series	2.	33.62	-	35.20	10-10-2021	110%	
100m vlinderslag	series	5.	1:20.96	-	1:21.83	3-10-2021	102%	
200m wisselslag	series	4.	2:49.18	-	2:56.12	3-10-2021	108%	
Koen Vissers, 15-10-2004								
50m vrije slag	series	3.	25.45	-	24.96	17-12-2021	96%	-
100m vrije slag	series	1.	55.08	-	54.36	19-2-2022	97%	
200m vrije slag	series	1.	2:02.01	-	2:00.91	20-2-2022	98%	
400m vrije slag	series	3.	4:20.38	-	4:15.45	20-2-2022	96%	
1500m vrije slag	series	1.	17:15.40	-	17:06.56	26-2-2022	98%	
50m rugslag	series	3.	30.66	-	30.14	18-12-2021	97%	
Lars Servaas, 17-8-2006								
50m vrije slag	series	7.	27.08	-	26.84	18-4-2022	98%	6
100m vrije slag	series	4.	58.65	-	59.42	20-2-2022	103%	
200m vrije slag	series	4.	2:11.11	-	2:10.14	9-4-2022	99%	
400m vrije slag	series	3.	4:31.59	-	4:38.56	18-4-2022	105%	
100m rugslag	series	2.	1:09.69	-	1:13.98	27-2-2022	113%	
100m schoolslag	series	5.	1:15.80	-	1:15.19	10-4-2022	98%	
200m schoolslag	series	1.	2:40.62	-	2:40.53	18-12-2021	100%	
50m vlinderslag	series	9.	30.47	-	31.22	12-6-2021	105%	
100m vlinderslag	series	8.	1:10.55	-	1:12.83	20-2-2022	107%	
200m wisselslag	series	1.	2:24.97	-	2:26.70	18-4-2022	102%	
Lars Verhalle, 8-5-2002								
50m vrije slag	series	2.	24.10	-	24.01	8-3-2020	99%	1
400m vrije slag	series	1.	4:09.37	-	4:13.66	7-3-2020	103%	
100m schoolslag	series	2.	1:05.46	-	1:05.23	10-4-2021	99%	
400m wisselslag	series	1.	4:41.02	-	4:36.57	9-4-2022	97%	

Laura van Lierop, 7-3-2007								4
50m vrije slag	series	6.	29.69	-	29.77	10-4-2022	101%	
100m vrije slag	series	2.	1:04.29	-	1:05.08	18-3-2022	102%	
200m vrije slag	series	2.	2:21.15	-	2:24.94	9-4-2022	105%	
100m rugslag	series	12.	1:19.68	-	1:17.91	10-4-2022	96%	
200m rugslag	series	7.	2:46.32	-	2:42.22	18-3-2022	95%	
50m schoolslag	series	13.	40.42	-	41.16	9-4-2022	104%	
100m schoolslag	series	14.	1:29.73	-	1:29.42	20-2-2022	99%	
Lilou Carfantan, 2-1-2009								-
50m vrije slag	series	24.	37.63	-	35.43	21-11-2021	89%	
Lina Boutaleb, 5-6-2008								3
50m vrije slag	series	17.	31.36	-	31.35	10-4-2022	100%	
100m vrije slag	series	23.	1:11.06	-	1:09.12	18-4-2022	95%	
200m vrije slag	series	18.	2:37.70	-	2:37.14	9-4-2022	99%	
50m rugslag	series	9.	35.54	-	36.40	9-4-2022	105%	
100m rugslag	series	9.	1:17.45	-	1:18.16	10-4-2022	102%	
200m rugslag	series	9.	2:49.13	-	2:54.94	18-3-2022	107%	
Liselotte Joling, 4-3-1975								1
200m vrije slag	series	14.	2:22.92	-	2:21.73	26-5-2019	98%	
400m vrije slag	series	9.	4:56.47	-	4:57.57	18-5-2019	101%	
800m vrije slag	series	4.	10:12.45	-	9:51.81	24-11-2019	93%	
200m vlinderslag	series	3.	2:46.70	-	2:41.51	18-5-2019	94%	
400m wisselslag	series	9.	5:50.89	-	5:49.27	12-9-2021	99%	
Livia Groenewegen, 16-10-2007								1
100m vrije slag	series	AFGEM		-	1:08.95	18-3-2022	-	
200m vrije slag	series	9.	2:28.83	-	2:28.30	20-2-2022	99%	
400m vrije slag	series	6.	5:14.08	-	5:06.88	18-12-2021	95%	
50m rugslag	series	7.	35.08	-	33.37	19-2-2022	90%	
100m rugslag	series	2.	1:12.86	-	1:12.69	20-2-2022	100%	
200m rugslag	series	1.	2:34.68	-	2:34.86	18-2-2022	100%	
100m vlinderslag	series	NG		-	1:21.00	20-3-2022	-	
200m wisselslag	series	6.	2:46.35	-	2:42.26	17-12-2021	95%	
400m wisselslag	series	NG		-	5:44.02	16-12-2021	-	
Lucas van Rooij, 17-11-2006								6
100m vrije slag	series	3.	56.88	-	58.14	9-4-2022	104%	
200m vrije slag	series	1.	2:04.82	-	2:07.19	20-2-2022	104%	
400m vrije slag	series	2.	4:27.02	-	4:31.60	8-4-2022	103%	
1500m vrije slag	series	1.	18:05.00	-	18:19.12	16-4-2022	103%	
200m rugslag	series	9.	2:37.64	-	2:34.99	24-4-2022	97%	
100m vlinderslag	series	4.	1:05.84	-	1:05.75	19-3-2022	100%	
200m wisselslag	series	2.	2:28.81	-	2:32.53	23-10-2021	105%	
400m wisselslag	series	3.	5:19.85	-	5:22.03	20-3-2022	101%	
Lukasz Latuszek, 25-4-2003								-
50m schoolslag	series	9.	31.88	-	31.27	17-12-2021	96%	
100m schoolslag	series	12.	1:12.46	-	1:10.00	16-12-2021	93%	
200m schoolslag	series	6.	2:43.06	-	2:38.28	20-3-2022	94%	
Luuk van Rooij, 25-1-2004								2
50m vrije slag	series	1.	24.44	-	24.10	20-3-2022	97%	
400m vrije slag	series	1.	4:05.59	-	4:10.22	2-7-2021	104%	
50m vlinderslag	series	1.	26.30	-	26.22	17-2-2022	99%	
100m vlinderslag	series	2.	1:00.78	-	1:00.93	13-3-2021	100%	
Mannan Handa, 28-5-2004								2
50m vrije slag	series	15.	28.21	-	28.94	8-3-2020	105%	
100m vrije slag	series	12.	1:01.44	-	1:01.94	18-12-2021	102%	
50m schoolslag	series	AFW		-	35.26	26-3-2022	-	
Manon Ritten, 22-6-2000								4
50m vrije slag	series	3.	27.52	-	28.03	25-5-2019	104%	
100m vrije slag	series	2.	59.11	-	59.67	3-7-2021	102%	
200m vrije slag	series	4.	2:09.34	-	2:09.41	23-2-2019	100%	
400m vrije slag	series	3.	4:34.72	-	4:30.30	21-6-2019	97%	
800m vrije slag	series	1.	9:29.90	-	9:27.21	26-5-2019	99%	
200m wisselslag	series	5.	2:33.88	-	2:34.46	25-5-2019	101%	
400m wisselslag	series	5.	5:30.12	-	5:23.69	3-11-2019	96%	
Martijn Nies, 1-1-2009								8
50m vrije slag	series	4.	29.01	-	30.89	20-3-2022	113%	
100m vrije slag	series	6.	1:04.50	-	1:07.77	27-2-2022	110%	
400m vrije slag	series	4.	5:00.30	-	5:13.88	18-4-2022	109%	
100m rugslag	series	6.	1:16.60	-	1:17.98	20-3-2022	104%	
100m schoolslag	series	13.	1:29.19	-	1:34.84	20-2-2022	113%	
50m vlinderslag	series	5.	32.09	-	34.65	20-2-2022	117%	
100m vlinderslag	series	7.	1:15.25	-	1:22.72	20-3-2022	121%	
200m wisselslag	series	6.	2:41.76	-	2:41.52	18-4-2022	100%	
400m wisselslag	series	2.	5:47.37	-	5:58.21	20-3-2022	106%	
Mathijs Verdonck, 26-3-2001								-
50m vrije slag	series	12.	26.03	-	25.77	18-5-2019	98%	
50m rugslag	series	AFGEM		-	27.84	9-2-2020	-	
100m rugslag	series	AFGEM		-	1:01.56	14-6-2019	-	
50m schoolslag	series	AFGEM		-	33.76	20-2-2022	-	
50m vlinderslag	series	12.	28.23	-	27.90	13-3-2022	98%	

Michelle van Hemert, 3-1-2009									3
50m vrije slag	series	23.	37.01	-	35.69	10-4-2022	93%		
50m schoolslag	series	3.	38.13	-	39.45	18-4-2022	107%		
100m schoolslag	series	4.	1:27.17	-	1:30.82	10-4-2022	109%		
200m schoolslag	series	9.	3:22.98	-	3:26.56	9-4-2022	104%		
Milco Matla, 30-11-2006									9
50m vrije slag	series	17.	27.82	-	28.27	10-4-2022	103%		
100m vrije slag	series	15.	1:01.65	-	1:03.00	18-3-2022	104%		
200m vrije slag	series	9.	2:16.82	-	2:21.72	12-9-2021	107%		
400m vrije slag	series	6.	4:47.92	-	4:49.19	8-4-2022	101%		
1500m vrije slag	series	2.	19:15.63	-	19:03.21	16-4-2022	98%		
50m vlinderslag	series	6.	29.37	-	29.38	8-4-2022	100%		
100m vlinderslag	series	3.	1:05.26	-	1:06.09	9-4-2022	103%		
200m vlinderslag	series	1.	2:24.32	-	2:26.66	18-12-2021	103%		
200m wisselslag	series	3.	2:29.61	-	2:31.71	9-4-2022	103%		
400m wisselslag	series	2.	5:19.25	-	5:31.69	20-3-2022	108%		
Myrthe Vos, 19-12-2006									3
50m vrije slag	series	2.	29.01	-	28.81	23-1-2022	99%		
100m vrije slag	series	2.	1:03.87	-	1:03.95	18-12-2021	100%		
200m vrije slag	series	2.	2:19.54	-	2:22.38	18-4-2022	104%		
50m rugslag	series	2.	32.95	-	33.66	27-2-2022	104%		
Nicolai Matla, 12-9-2009									2
100m schoolslag	series	20.	1:38.66	-	1:37.54	12-9-2021	98%		
200m schoolslag	series	9.	3:22.69	-	3:29.79	18-4-2022	107%		
400m wisselslag	series	5.	6:51.00	-	6:58.91	20-2-2022	104%		
Nieke Dovic, 22-2-2007									5
50m vrije slag	series	21.	31.67	-	32.72	10-4-2022	107%		
100m vrije slag	series	26.	1:11.40	-	1:10.38	20-2-2022	97%		
200m vrije slag	series	17.	2:37.16	-	2:31.82	19-3-2022	93%		
50m rugslag	series	11.	36.33	-	36.82	20-2-2022	103%		
200m rugslag	series	8.	2:48.37	-	2:47.34	18-3-2022	99%		
50m schoolslag	series	3.	36.26	-	36.54	18-3-2022	102%		
100m schoolslag	series	1.	1:17.44	-	1:20.44	19-3-2022	108%		
200m schoolslag	series	1.	2:46.86	-	2:51.79	20-3-2022	106%		
Nienke Jonk, 21-1-2002									-
200m vrije slag	series	1.	2:04.00	-	2:03.13	26-6-2021	99%		
200m rugslag	series	2.	2:25.47	-	2:19.68	12-1-2020	92%		
50m vlinderslag	series	1.	27.54	-	27.29	10-4-2022	98%		
Nout Folkersma, 16-6-2008									5
50m vrije slag	series	3.	28.17	-	27.77	20-3-2022	97%		
100m vrije slag	series	3.	1:01.32	-	1:00.54	18-3-2022	97%		
200m vrije slag	series	2.	2:14.20	-	2:15.93	17-2-2022	103%		
100m rugslag	series	1.	1:09.75	-	1:10.14	20-3-2022	101%		
200m rugslag	series	1.	2:30.57	-	2:31.04	18-3-2022	101%		
200m schoolslag	series	2.	2:53.96	-	2:54.87	8-4-2022	101%		
50m vlinderslag	series	2.	30.00	-	29.65	16-12-2021	98%		
100m vlinderslag	series	2.	1:08.18	-	1:09.31	18-2-2022	103%		
200m wisselslag	series	1.	2:32.20	-	2:30.58	19-3-2022	98%		
Phin van Ek, 21-7-2007									3
50m vrije slag	series	23.	28.91	-	29.23	27-2-2022	102%		
100m vrije slag	series	22.	1:04.05	-	1:05.88	27-2-2022	106%		
200m vrije slag	series	17.	2:28.26	-	2:30.20	20-2-2022	103%		
Phyllis Legein, 14-7-2008									6
50m vrije slag	series	9.	30.31	-	30.20	10-4-2022	99%		
100m vrije slag	series	4.	1:05.07	-	1:05.25	9-4-2022	101%		
200m vrije slag	series	8.	2:27.68	-	2:28.38	19-3-2022	101%		
400m vrije slag	series	10.	5:20.93	-	5:19.61	10-4-2022	99%		
800m vrije slag	series	4.	11:13.42	-	11:18.95	16-4-2022	102%		
100m rugslag	series	10.	1:17.64	-	1:17.82	20-3-2022	100%		
50m schoolslag	series	17.	40.96	-	40.58	23-10-2021	98%		
50m vlinderslag	series	6.	33.24	-	34.35	27-2-2022	107%		
100m vlinderslag	series	7.	1:22.42	-	1:16.35	13-3-2022	86%		
200m wisselslag	series	9.	2:48.28	-	2:50.62	8-4-2022	103%		
Piet-Hein Straver, 1-1-2003									2
50m vrije slag	series	9.	25.05	-	24.62	18-4-2022	97%		
100m vrije slag	series	8.	55.21	-	56.06	26-5-2019	103%		
50m rugslag	series	7.	30.81	-	30.19	18-4-2022	96%		
50m schoolslag	series	7.	31.57	-	30.46	3-12-2021	93%		
100m schoolslag	series	15.	1:15.45	-	1:10.19	21-11-2021	87%		
50m vlinderslag	series	3.	26.14	-	26.43	18-4-2022	102%		
100m vlinderslag	series	5.	59.94	-	57.71	24-4-2022	93%		
Sam van Nunen, 15-3-2001									-
50m vrije slag	series	1.	25.46	-	25.33	2-7-2021	99%		
100m vrije slag	series	1.	56.32	-	55.47	9-4-2022	97%		
Sanne Lukken, 26-3-2004									2
50m vrije slag	series	22.	30.11	-	29.11	19-5-2019	93%		
100m vrije slag	series	13.	1:04.67	-	59.79	19-5-2019	85%		
400m vrije slag	series	10.	5:07.79	-	4:56.05	3-10-2020	93%		
50m schoolslag	series	19.	38.45	-	37.28	15-6-2019	94%		

100m schoolslaq	series	13.	1:21.47	-	1:20.64	15-6-2019	98%	
200m schoolslaq	series	4.	2:52.51	-	2:54.30	19-5-2019	102%	
50m vlinderslaq	series	22.	33.88	-	31.59	16-12-2021	87%	
200m wisselslaq	series	7.	2:38.64	-	2:40.47	12-6-2021	102%	
Sanne Peters, 1-8-2004								
50m vrije slag	series	AFGEM		-	29.30	31-10-2021	-	1
50m rugslag	series	AFGEM		-	34.25	18-5-2019	-	
50m schoolslaq	series	12.	36.98	-	36.26	18-4-2022	96%	
100m schoolslaq	series	14.	1:22.04	-	1:20.81	18-4-2022	97%	
200m schoolslaq	series	AFGEM		-	2:53.90	6-10-2019	-	
50m vlinderslaq	series	12.	31.13	-	31.85	19-5-2019	105%	
100m vlinderslaq	series	AFGEM		-	1:14.79	26-5-2019	-	
400m wisselslaq	series	AFGEM		-	5:45.40	8-3-2020	-	
Sem Belmon, 26-7-2007								
100m vrije slag	series	NG		-	1:00.53	3-12-2020	-	2
200m vrije slag	series	NG		-	2:12.05	3-12-2020	-	
100m schoolslaq	series	6.	1:17.06	-	1:17.37	10-4-2022	101%	
200m schoolslaq	series	AFGEM		-	2:54.54	8-4-2022	-	
100m vlinderslaq	series	10.	1:11.54	-	1:12.65	27-2-2022	103%	
200m wisselslaq	series	NG		-	2:42.49	8-3-2020	-	
Skye van Gilse, 29-1-2007								
50m vrije slag	series	5.	29.65	-	30.09	10-4-2022	103%	4
100m vrije slag	series	7.	1:05.87	-	1:07.56	12-6-2021	105%	
50m rugslag	series	6.	34.85	-	34.93	16-2-2020	100%	
100m rugslag	series	8.	1:17.38	-	1:15.23	16-2-2020	95%	
200m rugslag	series	AFGEM		-	2:52.18	23-2-2019	-	
50m schoolslaq	series	6.	37.61	-	36.94	17-12-2021	96%	
100m schoolslaq	series	12.	1:28.45	-	1:21.66	12-6-2021	85%	
200m schoolslaq	series	10.	3:13.98	-	3:08.65	30-3-2019	95%	
50m vlinderslaq	series	5.	33.15	-	34.09	8-4-2022	106%	
200m wisselslaq	series	NG		-	2:51.43	17-12-2021	-	
Steijn Louter, 1-1-2005								
50m vrije slag	series	2.	25.08	-	25.23	5-2-2022	101%	4
400m vrije slag	series	2.	4:12.84	-	4:45.23	25-5-2019	127%	
100m schoolslaq	series	1.	1:03.76	-	1:02.90	10-4-2022	97%	
200m schoolslaq	series	1.	2:20.33	-	2:16.46	8-4-2022	95%	
50m vlinderslaq	series	3.	26.53	-	26.65	4-2-2022	101%	
100m vlinderslaq	series	3.	1:01.62	-	1:02.19	12-9-2021	102%	
Sterre Hendriks, 12-7-2004								
100m rugslaq	series	5.	1:09.11	-	1:08.48	4-2-2022	98%	-
50m schoolslaq	series	1.	32.67	-	32.49	9-4-2021	99%	
100m schoolslaq	series	1.	1:11.50	-	1:11.03	10-4-2021	99%	
50m vlinderslaq	series	2.	28.35	-	28.10	13-3-2021	98%	
Sterre van de Goor, 1-5-2001								
200m vrije slag	series	10.	2:17.85	-	2:14.54	23-2-2019	95%	-
400m vrije slag	series	7.	4:49.05	-	4:43.70	3-7-2021	96%	
800m vrije slag	series	3.	9:58.58	-	9:45.63	3-7-2021	96%	
Suus Bontrup, 17-4-2006								
50m vrije slag	series	5.	30.93	-	30.79	20-2-2022	99%	3
100m vrije slag	series	6.	1:06.42	-	1:06.86	18-3-2022	101%	
200m vrije slag	series	5.	2:26.49	-	2:21.38	26-3-2022	93%	
50m schoolslaq	series	1.	36.46	-	37.16	17-12-2021	104%	
100m schoolslaq	series	1.	1:20.85	-	1:24.01	12-6-2021	108%	
Theodore Allan, 8-1-2009								
50m vrije slag	series	2.	27.98	-	28.57	10-4-2022	104%	11
100m vrije slag	series	2.	1:00.80	-	1:01.71	9-4-2022	103%	
200m vrije slag	series	4.	2:20.61	-	2:21.62	9-4-2022	101%	
400m vrije slag	series	2.	4:57.14	-	5:07.21	10-4-2022	107%	
1500m vrije slag	series	4.	21:00.87	-	21:03.46	16-4-2022	100%	
100m rugslaq	series	5.	1:15.62	-	1:21.85	18-3-2022	117%	
50m schoolslaq	series	5.	37.18	-	38.31	9-4-2022	106%	
100m schoolslaq	series	5.	1:24.11	-	1:24.01	10-4-2022	100%	
200m schoolslaq	series	6.	3:03.06	-	3:05.74	20-3-2022	103%	
50m vlinderslaq	series	4.	31.70	-	34.06	18-3-2022	115%	
100m vlinderslaq	series	3.	1:12.52	-	1:26.56	19-3-2022	142%	
200m wisselslaq	series	5.	2:41.45	-	2:50.10	19-3-2022	111%	
Thijn Damen, 24-9-2003								
50m vrije slag	series	7.	24.97	-	25.22	20-3-2022	102%	5
100m vrije slag	series	3.	53.59	-	53.37	18-12-2021	99%	
400m vrije slag	series	3.	4:11.60	-	4:16.55	17-12-2021	104%	
1500m vrije slag	series	1.	17:14.84	-	17:55.97	3-2-2019	108%	
50m vlinderslaq	series	6.	26.91	-	26.90	16-12-2021	100%	
100m vlinderslaq	series	7.	1:00.47	-	1:00.66	20-2-2022	101%	
200m wisselslaq	series	6.	2:16.16	-	2:17.44	26-2-2022	102%	
Thijs Manders, 18-11-2000								
50m vrije slag	series	22.	26.71	-	26.32	7-3-2020	97%	-
100m vrije slag	series	13.	57.40	-	55.98	17-3-2019	95%	
200m vrije slag	series	9.	2:08.72	-	2:03.60	17-3-2019	92%	

Tiago Fonseca Gomes, 21-4-2007								5
50m vrije slag	series	1.	24.42	-	24.51	20-3-2022	101%	
400m vrije slag	series	1.	4:06.04	-	4:02.44	10-4-2022	97%	
200m rugslag	series	1.	2:13.30	-	2:17.93	18-3-2022	107%	
50m vlinderslag	series	1.	25.60	-	26.00	17-2-2022	103%	
100m vlinderslag	series	1.	56.07	-	56.82	19-3-2022	103%	
400m wisselslag	series	1.	4:45.44	-	4:49.26	20-3-2022	103%	
Tim van Rijn, 27-9-2008								5
50m vrije slag	series	AFGEM		-	32.95	27-2-2022	-	
100m vrije slag	series	22.	1:14.27	-	1:15.80	20-2-2022	104%	
200m vrije slag	series	23.	2:45.69	-	2:48.92	12-9-2021	104%	
50m rugslag	series	9.	37.31	-	37.39	20-2-2022	100%	
50m schoolslag	series	6.	37.23	-	39.89	20-2-2022	115%	
100m schoolslag	series	AFGEM		-	1:27.40	20-2-2022	-	
200m schoolslag	series	AFGEM		-	NT		-	
50m vlinderslag	series	AFGEM		-	39.84	27-2-2022	-	
200m wisselslag	series	14.	3:01.52	-	3:02.09	10-10-2021	101%	
Tim van Rooij, 8-3-2007								2
50m vrije slag	series	6.	26.83	-	26.59	20-2-2022	98%	
100m vrije slag	series	8.	59.27	-	58.09	20-2-2022	96%	
50m rugslag	series	3.	31.79	-	33.32	27-2-2022	110%	
100m schoolslag	series	4.	1:15.65	-	1:13.69	20-2-2022	95%	
50m vlinderslag	series	4.	28.12	-	28.70	27-2-2022	104%	
100m vlinderslag	series	9.	1:11.13	-	1:05.87	18-2-2022	86%	
Valerie van der Velden, 7-5-2006								1
50m vrije slag	series	NG		-	30.35	17-12-2021	-	
50m vlinderslag	series	3.	30.98	-	31.42	16-12-2021	103%	
100m vlinderslag	series	NG		-	1:14.79	26-5-2019	-	
Veerle Hildebrand, 6-7-2008								9
50m vrije slag	series	7.	30.10	-	30.33	27-2-2022	102%	
100m vrije slag	series	9.	1:06.15	-	1:06.71	27-2-2022	102%	
200m vrije slag	series	3.	2:22.09	-	2:32.28	20-2-2022	115%	
400m vrije slag	series	1.	4:58.64	-	5:08.82	10-4-2022	107%	
100m rugslag	series	AFGEM		-	1:21.81	20-2-2022	-	
50m schoolslag	series	2.	35.74	-	36.71	9-4-2022	106%	
100m schoolslag	series	3.	1:18.35	-	1:20.41	10-4-2022	105%	
200m schoolslag	series	2.	2:52.07	-	2:54.81	20-3-2022	103%	
50m vlinderslag	series	10.	34.13	-	33.42	8-4-2022	96%	
200m wisselslag	series	5.	2:43.32	-	2:45.19	17-12-2021	102%	
400m wisselslag	series	3.	5:44.65	-	6:07.08	18-4-2022	113%	
Wout Serrarens, 9-4-2008								4
100m vrije slag	series	4.	1:01.75	-	1:02.85	18-3-2022	104%	
200m vrije slag	series	3.	2:15.51	-	2:16.75	9-4-2022	102%	
400m vrije slag	series	1.	4:41.14	-	4:43.28	19-3-2022	102%	
1500m vrije slag	series	1.	19:00.16	-	18:53.26	16-4-2022	99%	
100m schoolslag	series	8.	1:26.22	-	1:22.89	19-3-2022	92%	
200m schoolslag	series	4.	2:58.97	-	3:00.21	20-3-2022	101%	
100m vlinderslag	series	9.	1:21.28	-	1:18.31	9-4-2022	93%	
200m wisselslag	series	4.	2:38.01	-	2:37.73	9-4-2022	100%	
Yahav Shalev, 27-11-2009								1
50m vrije slag	series	25.	34.32	-	33.91	10-4-2022	98%	
50m schoolslag	series	21.	44.21	-	44.29	27-2-2022	100%	
Yara Mels, 11-1-2007								1
50m vrije slag	series	10.	30.42	-	30.23	8-3-2020	99%	
100m vrije slag	series	10.	1:06.85	-	1:06.85	6-3-2020	100%	
400m vrije slag	series	4.	5:06.43	-	4:59.91	17-12-2021	96%	
800m vrije slag	series	3.	10:29.25	-	10:17.80	18-12-2021	96%	
50m rugslag	series	12.	36.81	-	36.93	27-2-2022	101%	
50m schoolslag	series	7.	38.30	-	37.65	17-12-2021	97%	
Yuri Wasser, 6-7-2003								3
50m vrije slag	series	20.	26.56	-	25.57	24-4-2022	93%	
200m vrije slag	series	8.	2:06.80	-	2:09.67	20-3-2022	105%	
50m vlinderslag	series	13.	28.38	-	29.69	25-1-2020	109%	
100m vlinderslag	series	9.	1:03.86	-	1:02.52	24-4-2022	96%	
400m wisselslag	series	4.	5:17.32	-	5:20.60	8-3-2020	102%	
Zanthe Janssen, 5-6-2002								1
400m vrije slag	series	5.	4:42.40	-	4:42.47	26-5-2019	100%	
50m schoolslag	series	7.	35.43	-	34.45	19-5-2019	95%	
100m schoolslag	series	8.	1:17.86	-	1:14.49	18-5-2019	92%	
50m vlinderslag	series	10.	30.32	-	30.03	7-3-2020	98%	
200m wisselslag	series	4.	2:27.15	-	2:25.73	22-6-2019	98%	
400m wisselslag	series	2.	5:17.11	-	5:16.07	23-6-2019	99%	
Zuzanna Kowalczyk, 1-1-2005								-
50m vrije slag	series	7.	31.47	-	31.16	16-2-2020	98%	
50m rugslag	series	3.	36.99	-	34.96	1-3-2020	89%	
50m vlinderslag	series	6.	33.89	-	33.28	18-12-2021	96%	

ReSet (SG)

Alaine Lomans, 8-9-2010

3
3

50m vrije slag	series	11.	33.32	-	32.82	14-11-2021	97%
100m vrije slag	series	7.	1:12.46	-	1:13.24	18-4-2022	102%
200m vrije slag	series	6.	2:42.87	-	2:38.95	13-2-2022	95%
100m rugslag	series	6.	1:24.21	-	1:25.51	18-4-2022	103%
200m rugslag	series	3.	3:01.96	-	2:53.87	23-4-2022	91%
50m vlinderslag	series	3.	37.21	-	37.57	20-3-2022	102%
100m vlinderslag	series	5.	1:27.85	-	1:23.50	18-4-2022	90%
200m wisselslag	series	4.	3:01.25	-	2:55.39	24-4-2022	94%

RZ								27
Argento Isselt, 16-6-2006								11
50m vrije slag	series	2.	27.25	-	31.30	7-12-2019	132%	
100m vrije slag	series	3.	1:00.40	-	1:09.85	8-12-2019	134%	
200m vrije slag	series	7.	2:20.18	-	2:32.65	8-12-2019	119%	
50m rugslag	series	1.	30.85	-	35.66	8-12-2019	134%	
100m rugslag	series	1.	1:09.54	-	1:17.54	8-12-2019	124%	
200m rugslag	series	2.	2:35.32	-	2:52.92	18-5-2019	124%	
50m schoolslag	series	3.	34.74	-	39.51	7-12-2019	129%	
100m schoolslag	series	4.	1:16.36	-	1:27.57	7-12-2019	132%	
200m schoolslag	series	3.	2:55.56	-	2:55.12	21-11-2021	99%	
50m vlinderslag	series	2.	30.24	-	34.45	7-12-2019	130%	
100m vlinderslag	series	2.	1:10.45	-	1:11.17	13-3-2022	102%	
200m wisselslag	series	2.	2:32.45	-	2:55.10	18-5-2019	132%	
Badr Chatbane, 2-5-2006								-
50m vlinderslag	series	10.	33.03	-	32.92	3-10-2021	99%	
Emma Ketelaars, 18-11-2008								2
50m vrije slag	series	7.	31.55	-	33.30	23-11-2019	111%	
100m vrije slag	series	8.	1:09.20	-	1:08.90	3-10-2021	99%	
800m vrije slag	series	2.	11:32.69	-	11:15.67	17-10-2021	95%	
50m vlinderslag	series	7.	35.01	-	35.36	12-12-2020	102%	
100m vlinderslag	series	4.	1:21.19	-	1:18.93	24-4-2022	95%	
200m wisselslag	series	7.	2:53.35	-	2:51.76	17-10-2021	98%	
400m wisselslag	series	4.	6:16.94	-	6:10.25	27-3-2022	96%	
Fiona Meuffels, 30-1-1995								-
400m vrije slag	series	3.	5:05.08	-	5:00.36	18-5-2019	97%	
50m schoolslag	series	6.	38.23	-	36.29	26-5-2019	90%	
Lieke Spätjens, 14-2-2007								1
50m vrije slag	series	8.	31.88	-	32.01	24-4-2022	101%	
Lila Grijseels, 22-9-2007								2
50m vrije slag	series	11.	32.01	-	32.51	12-12-2020	103%	
50m vlinderslag	series	6.	34.51	-	33.98	14-11-2021	97%	
100m vlinderslag	series	3.	1:20.09	-	1:20.30	24-4-2022	101%	
Max Ketelaars, 13-12-2005								3
50m vrije slag	series	10.	27.87	-	26.73	13-3-2022	92%	
100m vrije slag	series	6.	1:01.80	-	1:01.00	21-11-2021	97%	
50m schoolslag	series	3.	33.23	-	34.28	3-10-2021	106%	
100m schoolslag	series	3.	1:15.23	-	1:15.57	3-10-2021	101%	
50m vlinderslag	series	7.	30.39	-	30.80	21-11-2021	103%	
400m wisselslag	series	3.	5:37.99	-	5:23.21	3-4-2022	91%	
Patrick Creemers, 6-9-1990								-
100m vrije slag	series	17.	1:01.07	-	56.23	1-3-2020	85%	
200m wisselslag	series	5.	2:35.18	-	2:21.61	24-1-2020	83%	
Sara Gootzen, 11-8-2007								2
50m vrije slag	series	5.	31.17	-	31.45	3-10-2021	102%	
100m vrije slag	series	10.	1:09.93	-	1:09.76	3-10-2021	100%	
200m rugslag	series	3.	2:49.69	-	2:47.10	13-3-2022	97%	
50m vlinderslag	series	8.	35.15	-	35.37	21-11-2021	101%	
Sophie Reijnders, 14-8-2009								2
50m vrije slag	series	10.	33.16	-	34.24	21-11-2021	107%	
100m vrije slag	series	10.	1:14.18	-	1:15.04	24-4-2022	102%	
200m vrije slag	series	8.	2:47.57	-	2:37.99	24-4-2022	89%	
400m vrije slag	series	6.	5:51.37	-	5:49.25	3-4-2022	99%	
800m vrije slag	series	1.	12:09.87	-	11:55.15	3-4-2022	96%	
50m schoolslag	series	4.	44.12	-	43.32	24-4-2022	96%	
Sterre Schlicher, 13-2-1999								1
100m schoolslag	series	3.	1:20.14	-	1:23.08	18-5-2019	107%	
50m vlinderslag	series	9.	32.62	-	31.79	13-3-2022	95%	
Yenthe Schlicher, 26-12-2007								-
50m vrije slag	series	12.	32.11	-	31.92	13-3-2022	99%	
200m rugslag	series	4.	2:51.87	-	2:44.61	24-4-2022	92%	
Zoë van Hameren, 11-4-2009								3
50m vrije slag	series	7.	32.56	-	34.30	21-11-2021	111%	
100m vrije slag	series	8.	1:12.75	-	1:12.91	13-3-2022	100%	
200m vrije slag	series	7.	2:46.37	-	2:40.70	24-4-2022	93%	
50m schoolslag	series	2.	42.58	-	43.22	24-4-2022	103%	
100m vlinderslag	series	4.	1:27.80	-	1:27.44	3-10-2021	99%	

								11
RZL								4
Giulia Stroink, 5-6-1997								11
50m vrije slag	series	3.	28.63	-	29.36	25-5-2019	105%	
100m vrije slag	series	5.	1:03.08	-	1:03.65	19-5-2019	102%	
50m rugslag	series	4.	33.53	-	32.63	28-4-2019	95%	
100m rugslag	series	4.	1:12.13	-	1:12.40	26-5-2019	101%	
50m vlinderslag	series	6.	31.35	-	32.61	19-5-2019	108%	
Ivo Grosveld, 29-10-1997								1
50m vrije slag	series	7.	25.32	-	25.33	18-5-2019	100%	
100m vrije slag	series	12.	58.01	-	57.42	26-5-2019	98%	
50m rugslag	series	5.	30.21	-	28.63	1-3-2020	90%	
50m vlinderslag	series	4.	26.63	-	26.33	26-5-2019	98%	
100m vlinderslag	series	7.	1:03.20	-	1:00.94	19-5-2019	93%	
Iwan Hobus, 6-9-2001								1
50m vrije slag	series	9.	26.10	-	26.84	18-5-2019	106%	
200m vrije slag	series	8.	2:09.83	-	2:09.62	19-5-2019	100%	
Jorn Camps, 13-2-2008								2
50m vrije slag	series	6.	30.98	-	33.53	21-11-2021	117%	
200m vrije slag	series	7.	2:43.37	-	2:43.76	24-4-2022	100%	
100m schoolslag	series	8.	1:35.23	-	1:33.22	14-11-2021	96%	
Quint Swagten, 28-9-2002								1
50m vlinderslag	series	13.	29.37	-	29.61	13-3-2022	102%	
Sam Luyten, 1-3-2000								-
50m vrije slag	series	14.	26.64	-	26.02	10-3-2019	95%	
50m vlinderslag	series	AFGEM		-	29.47	13-3-2022	-	
Seth Van Hoften, 4-2-2004								2
50m vrije slag	series	3.	25.90	-	24.88	13-3-2022	92%	
100m vrije slag	series	2.	57.13	-	56.21	21-11-2021	97%	
200m vrije slag	series	3.	2:13.40	-	2:08.68	17-11-2019	93%	
50m schoolslag	series	4.	33.72	-	33.92	30-12-2019	101%	
100m schoolslag	series	6.	1:18.93	-	1:15.98	29-12-2019	93%	
50m vlinderslag	series	6.	29.88	-	30.80	21-11-2021	106%	
Tim Sonnemans, 22-11-1994								-
50m vrije slag	series	15.	27.19	-	26.09	29-12-2019	92%	
100m schoolslag	series	7.	1:15.48	-	1:14.22	25-5-2019	97%	

								48
SBC2000								
Evi Gerards, 13-5-2008								1
50m vrije slag	series	35.	32.72	-	33.68	27-3-2022	106%	
Evi Grauwman, 14-8-2009								1
50m vrije slag	series	14.	33.49	-	34.56	20-2-2022	106%	
Fieke Bersch, 17-1-2007								6
50m vrije slag	series	33.	32.55	-	32.66	27-3-2022	101%	
100m vrije slag	series	25.	1:11.34	-	1:12.66	3-4-2022	104%	
200m vrije slag	series	16.	2:35.85	-	2:35.86	16-4-2022	100%	
50m schoolslag	series	11.	39.58	-	39.99	26-5-2019	102%	
100m schoolslag	series	11.	1:27.86	-	1:29.95	16-4-2022	105%	
200m wisselslag	series	17.	2:55.91	-	2:59.09	16-4-2022	104%	
Isa Jansen, 9-10-2007								6
50m vrije slag	series	29.	32.16	-	31.00	3-4-2022	93%	
100m vrije slag	series	8.	1:06.03	-	1:08.85	3-4-2022	109%	
200m vrije slag	series	6.	2:24.19	-	2:28.80	27-3-2022	106%	
400m vrije slag	series	3.	5:01.35	-	5:14.51	27-3-2022	109%	
800m vrije slag	series	2.	10:28.36	-	11:24.31	26-5-2019	119%	
50m rugslag	series	5.	34.84	-	34.88	17-10-2021	100%	
100m rugslag	series	5.	1:14.79	-	1:19.96	27-3-2022	114%	
50m schoolslag	series	8.	38.35	-	38.06	20-2-2022	98%	
100m schoolslag	series	5.	1:23.45	-	1:22.91	16-4-2022	99%	
200m schoolslag	series	4.	2:58.37	-	2:56.88	16-4-2022	98%	
200m wisselslag	series	4.	2:40.35	-	2:39.87	16-4-2022	99%	
400m wisselslag	series	1.	5:41.76	-	5:39.07	3-4-2022	98%	
Joshua Perold, 20-12-2004								2
100m vrije slag	series	10.	1:00.92	-	1:02.49	27-3-2022	105%	
200m vrije slag	series	5.	2:15.91	-	2:18.16	3-4-2022	103%	
Krista Bogaerts, 16-7-2008								1
50m vrije slag	series	31.	32.40	-	33.68	27-3-2022	108%	
100m rugslag	series	AFGEM		-	1:21.61	27-3-2022	-	
Lieze Bersch, 16-5-2008								2
50m vrije slag	series	41.	33.37	-	32.64	20-2-2022	96%	
50m schoolslag	series	12.	40.13	-	38.29	21-7-2021	91%	
100m schoolslag	series	9.	1:26.73	-	1:28.41	3-4-2022	104%	
200m schoolslag	series	6.	3:01.22	-	3:02.14	3-4-2022	101%	
200m wisselslag	series	21.	2:57.63	-	2:52.79	17-10-2021	95%	
Lotje Koenraads, 13-1-2009								9
50m vrije slag	series	9.	32.29	-	33.57	3-4-2022	108%	
100m vrije slag	series	9.	1:11.65	-	1:11.41	3-4-2022	99%	
200m vrije slag	series	7.	2:36.21	-	2:46.38	27-3-2022	113%	
400m vrije slag	series	6.	5:26.77	-	5:36.73	27-3-2022	106%	
50m rugslag	series	11.	40.60	-	40.14	16-4-2022	98%	
100m rugslag	series	8.	1:23.76	-	1:25.63	16-4-2022	105%	
50m schoolslag	series	7.	41.44	-	43.05	27-3-2022	108%	
100m schoolslag	series	9.	1:31.94	-	1:36.52	3-4-2022	110%	
200m schoolslag	series	5.	3:13.53	-	3:17.63	3-4-2022	104%	
50m vlinderslag	series	9.	37.00	-	37.36	20-2-2022	102%	
200m wisselslag	series	11.	2:58.19	-	3:01.25	27-3-2022	103%	
Merle Hofstad, 2-4-2009								1
50m vrije slag	series	19.	34.83	-	35.58	20-2-2022	104%	
Michelle Steltenpool, 29-9-2006								-
50m vrije slag	series	10.	31.95	-	31.36	16-4-2022	96%	
Noor Vermeer, 13-10-2006								-
100m rugslag	series	1.	1:11.38	-	1:09.23	14-6-2019	94%	
Pien de Lange, 2-2-2007								6
50m vrije slag	series	8.	30.11	-	32.28	3-4-2022	115%	
100m vrije slag	series	11.	1:07.18	-	1:11.03	3-4-2022	112%	
50m rugslag	series	4.	34.83	-	36.95	10-3-2019	113%	
100m rugslag	series	6.	1:16.95	-	1:19.07	16-4-2022	106%	
50m vlinderslag	series	1.	31.84	-	32.27	20-2-2022	103%	
100m vlinderslag	series	2.	1:15.87	-	1:14.85	16-4-2022	97%	
200m wisselslag	series	13.	2:52.32	-	2:56.43	16-4-2022	105%	
Saar Vermeer, 11-8-2010								2
50m schoolslag	series	11.	42.36	-	44.20	27-3-2022	109%	
100m schoolslag	series	7.	1:30.44	-	1:33.57	13-2-2022	107%	
Senn oude Lohuis, 26-9-2008								1
50m vrije slag	series	AFGEM		-	34.06	20-2-2022	-	
100m vrije slag	series	21.	1:13.39	-	1:16.06	27-3-2022	107%	
Simeon van de Rhee, 13-12-2006								2
50m vrije slag	series	22.	28.63	-	29.66	27-3-2022	107%	
50m vlinderslag	series	16.	32.03	-	33.43	21-7-2021	109%	
Tanja Hoerjenbos, 2-9-2007								1
50m vrije slag	series	25.	31.90	-	32.45	3-4-2022	103%	
Tibbe Rongen, 22-10-2008								7
50m vrije slag	series	10.	30.79	-	31.83	27-3-2022	107%	
100m vrije slag	series	12.	1:08.24	-	1:11.87	27-3-2022	111%	

Regionale Zomerkampioenschappen 2022 (Zuid)
Eindhoven, 14- - 22-5-2022

200m vrije slag	series	10.	2:33.61	-	2:35.27	16-4-2022	102%
50m rugslag	series	11.	39.09	-	40.32	16-4-2022	106%
50m schoolslag	series	17.	41.80	-	41.56	20-2-2022	99%
100m schoolslag	series	14.	1:29.53	-	1:33.25	16-4-2022	108%
50m vlinderslag	series	10.	35.47	-	36.00	3-4-2022	103%
100m vlinderslag	series	10.	1:26.51	-	1:24.64	27-3-2022	96%
200m wisselslag	series	13.	2:53.65	-	2:55.72	17-11-2021	102%

SG Patrick - De Roersoppers								14
Bas van den Akker, 22-4-2002								-
50m vrije slag	series	16.	27.23	-	26.79	18-5-2019	97%	
200m vrije slag	series	12.	2:15.85	-	2:05.99	3-11-2019	86%	
50m schoolslag	series	9.	33.78	-	31.97	3-10-2021	90%	
100m schoolslag	series	8.	1:17.21	-	1:12.50	28-12-2019	88%	
50m vlinderslag	series	13.	29.37	-	29.22	13-3-2022	99%	
Daan Wijnands, 22-6-2002								-
100m vrije slag	series	14.	58.57	-	56.05	16-2-2020	92%	
Fleur Beckers, 18-7-2002								-
50m vlinderslag	series	10.	32.79	-	31.88	28-12-2019	95%	
Jack Meerten, 22-12-1997								1
50m vrije slag	series	AFGEM		-	26.94	18-5-2019	-	
100m vrije slag	series	13.	58.36	-	56.03	24-11-2019	92%	
200m vrije slag	series	11.	2:13.80	-	2:07.06	23-11-2019	90%	
50m vlinderslag	series	11.	28.39	-	29.38	19-5-2019	107%	
Jason van der Beek, 7-7-2004								3
50m vrije slag	series	7.	27.33	-	28.42	18-5-2019	108%	
100m vrije slag	series	4.	58.74	-	1:01.48	19-5-2019	110%	
50m schoolslag	series	5.	33.74	-	34.31	17-11-2019	103%	
50m vlinderslag	series	8.	30.80	-	30.80	21-11-2021	100%	
John Meerten, 22-12-1997								-
50m vrije slag	series	AFGEM		-	27.08	18-5-2019	-	
50m vlinderslag	series	19.	31.49	-	29.57	10-2-2019	88%	
Jort Beckers, 11-3-2008								1
50m vrije slag	series	9.	31.35	-	31.59	21-11-2021	102%	
Koen Wijnands, 2-1-1998								-
50m schoolslag	series	10.	34.64	-	32.49	16-2-2020	88%	
200m vlinderslag	series	3.	2:42.12	-	2:26.88	16-2-2020	82%	
Laura Dumont, 8-3-2009								2
50m vrije slag	series	5.	31.88	-	33.81	21-11-2021	112%	
200m vrije slag	series	4.	2:41.10	-	2:37.45	24-4-2022	96%	
100m rugslag	series	5.	1:22.97	-	1:21.04	21-11-2021	95%	
50m schoolslag	series	6.	46.11	-	43.45	24-4-2022	89%	
100m vlinderslag	series	3.	1:26.13	-	1:27.78	3-10-2021	104%	
400m wisselslag	series	2.	6:32.81	-	6:16.07	27-3-2022	92%	
Lotte Frissen, 23-12-2007								2
50m vrije slag	series	4.	30.92	-	31.56	24-4-2022	104%	
100m vrije slag	series	5.	1:07.62	-	1:08.29	13-3-2022	102%	
Luuk Kresin, 3-10-2003								1
50m vrije slag	series	11.	26.50	-	27.03	18-5-2019	104%	
100m vlinderslag	series	14.	1:09.71	-	1:04.01	24-4-2022	84%	
Maud Verstraeten, 22-4-2009								2
50m vrije slag	series	12.	33.80	-	34.30	21-11-2021	103%	
100m vrije slag	series	12.	1:15.89	-	1:16.03	13-3-2022	100%	
50m schoolslag	series	5.	44.88	-	43.36	24-4-2022	93%	
Ray Roemen, 7-9-2009								-
200m vrije slag	series	8.	2:43.38	-	2:41.95	24-4-2022	98%	
Sarine van Rijt, 19-10-2000								-
50m vrije slag	series	5.	29.51	-	29.50	23-11-2019	100%	
Tom van den Akker, 22-4-2002								2
50m schoolslag	series	7.	33.01	-	33.09	3-10-2021	100%	
50m vlinderslag	series	10.	28.23	-	28.97	13-3-2022	105%	
Yves Roemen, 13-4-2006								-
50m vrije slag	series	AFGEM		-	30.78	18-5-2019	-	
100m vlinderslag	series	AFGEM		-	1:08.85	13-3-2022	-	

Spio

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Tempo Valkenswaard								18
Daan Smits, 23-3-2004								1
50m vrije slag	series	13.	27.91	-	27.54	6-2-2022	97%	
100m vrije slag	series	8.	1:00.59	-	1:01.13	21-11-2021	102%	
200m vrije slag	series	6.	2:18.14	-	2:13.99	17-7-2021	94%	
50m schoolslag	series	4.	34.79	-	34.72	6-2-2022	100%	
50m vlinderslag	series	7.	30.43	-	29.96	6-2-2022	97%	
Djep Doreleijers, 27-11-2000								1
50m vlinderslag	series	25.	29.59	-	29.61	26-5-2019	100%	
Elke Tonneijk, 9-6-1998								1
50m vrije slag	series	15.	29.36	-	28.37	30-12-2019	93%	
100m vrije slag	series	16.	1:05.10	-	1:01.96	29-12-2019	91%	
200m vrije slag	series	16.	2:28.91	-	2:19.15	3-11-2019	87%	
50m rugslag	series	8.	34.08	-	32.87	29-12-2019	93%	
50m schoolslag	series	11.	36.94	-	37.43	26-5-2019	103%	
100m schoolslag	series	15.	1:22.17	-	1:18.20	16-11-2019	91%	
Guy Hungens, 22-8-2001								3
50m vrije slag	series	19.	26.50	-	26.17	24-4-2022	98%	
50m schoolslag	series	8.	31.74	-	32.20	19-5-2019	103%	
100m schoolslag	series	8.	1:09.37	-	1:10.42	25-5-2019	103%	
200m schoolslag	series	4.	2:34.19	-	2:38.71	26-5-2019	106%	
50m vlinderslag	series	21.	29.19	-	28.25	6-2-2022	94%	
200m wisselslag	series	8.	2:25.26	-	2:20.16	14-11-2021	93%	
Ilona van Kemenade, 13-7-1998								1
50m schoolslag	series	13.	37.42	-	37.72	26-5-2019	102%	
Luuk Smits, 9-9-2000								7
50m vrije slag	series	1.	23.90	-	24.37	27-3-2022	104%	
100m vrije slag	series	1.	53.32	-	55.19	26-5-2019	107%	
50m rugslag	series	1.	27.51	-	28.12	25-5-2019	104%	
100m rugslag	series	2.	1:00.59	-	1:02.13	27-3-2022	105%	
200m rugslag	series	1.	2:14.51	-	2:08.54	14-11-2021	91%	
50m schoolslag	series	3.	29.77	-	31.18	19-5-2019	110%	
100m schoolslag	series	4.	1:07.64	-	1:09.71	25-5-2019	106%	
200m wisselslag	series	5.	2:14.60	-	2:16.48	17-3-2019	103%	
Raoni Schrijvers, 15-9-1993								-
1500m vrije slag	series	3.	18:30.29	-	17:46.30	3-12-2021	92%	
Stijn Niekel, 4-5-2008								-
100m schoolslag	series	18.	1:35.53	-	1:33.15	13-3-2022	95%	
Thom Verdonck, 25-1-2007								4
50m vrije slag	series	21.	28.56	-	29.05	14-11-2021	103%	
100m vrije slag	series	21.	1:03.05	-	1:03.32	17-7-2021	101%	
200m vrije slag	series	14.	2:24.37	-	2:26.06	3-10-2021	102%	
50m rugslag	series	9.	33.60	-	32.07	27-3-2022	91%	
200m rugslag	series	10.	2:40.35	-	2:39.02	14-11-2021	98%	
50m vlinderslag	series	15.	31.85	-	32.27	21-11-2021	103%	
Yanna van der Heijden, 30-9-2003								-
50m vrije slag	series	27.	31.26	-	29.31		88%	
100m vrije slag	series	17.	1:07.89	-	1:02.69	17-11-2019	85%	
200m vrije slag	series	18.	2:32.25	-	2:15.90	24-11-2019	80%	
400m vrije slag	series	11.	5:41.31	-	4:50.66	27-10-2019	73%	
50m vlinderslag	series	19.	32.59	-	31.51	19-5-2019	93%	
200m wisselslag	series	12.	2:48.90	-	2:34.29	23-11-2019	83%	

Thalassa

Claire de Jonge, 5-2-2007

50m vrije slag

series

39.

33.05

-

32.76

24-4-2022

98%

-

-

Joris Doensen, 22-6-2005

50m vrije slag

series

12.

27.89

-

27.76

31-10-2021

99%

-

50m vlinderslag

series

10.

31.36

-

31.28

18-4-2022

99%

Tijs Klaren, 14-2-2002

50m schoolslag

series

15.

33.34

-

32.80

4-10-2020

97%

-

								13
TRB/RES								5
Anastasia Renssen, 4-2-2002								
50m vrije slag	series	9.	28.12	-	28.34	20-2-2022	102%	
100m vrije slag	series	6.	1:01.33	-	1:02.07	20-3-2022	102%	
50m rugslag	series	4.	32.73	-	34.18	20-3-2022	109%	
100m rugslag	series	8.	1:11.69	-	1:10.49	20-3-2022	97%	
50m schoolslag	series	5.	34.72	-	34.36	9-4-2022	98%	
100m schoolslag	series	7.	1:17.55	-	1:17.76	10-4-2022	101%	
200m schoolslag	series	3.	2:48.63	-	2:58.89	20-4-2019	113%	
50m vlinderslag	series	14.	31.32	-	31.12	18-4-2022	99%	
Anthony Zimmerman, 6-9-2005								-
50m vrije slag	series	8.	26.90	-	26.31	21-11-2021	96%	
200m vrije slag	series	7.	2:23.57	-	2:15.66	21-11-2021	89%	
50m vlinderslag	series	5.	29.34	-	29.33	21-11-2021	100%	
100m vlinderslag	series	6.	1:09.20	-	1:08.96	24-4-2022	99%	
Dylan Horvers, 27-4-2008								1
50m schoolslag	series	16.	41.56	-	42.67	24-4-2022	105%	
Hannah Schellekens, 18-12-1997								5
50m vrije slag	series	5.	27.63	-	27.73	16-2-2020	101%	
100m vrije slag	series	8.	1:02.32	-	57.01	20-9-2020	84%	
50m rugslag	series	1.	30.83	-	31.25	20-2-2022	103%	
100m rugslag	series	2.	1:07.64	-	1:10.15	20-2-2022	108%	
50m schoolslag	series	9.	36.65	-	34.90	3-11-2019	91%	
100m schoolslag	series	10.	1:19.71	-	1:15.57	28-12-2019	90%	
50m vlinderslag	series	4.	29.02	-	31.28	20-2-2022	116%	
100m vlinderslag	series	1.	1:05.75	-	1:07.41	20-2-2022	105%	
200m vlinderslag	series	2.	2:37.11	-	2:24.07	16-11-2019	84%	
Robin Hermans, 12-1-1994								-
50m vrije slag	series	29.	27.82	-	24.75	10-2-2019	79%	
Sarah Vandeursen, 22-1-2001								-
50m rugslag	series	10.	34.21	-	32.94	9-4-2022	93%	
Teye Chan, 11-1-2005								-
50m vlinderslag	series	12.	32.26	-	30.19	4-10-2020	88%	
Tim van Alphen, 10-10-2003								1
50m vlinderslag	series	10.	27.85	-	29.12	20-9-2020	109%	
Wim van Duuren, 24-10-2001								1
50m vrije slag	series	11.	26.01	-	25.93	20-3-2022	99%	
100m vrije slag	series	17.	58.27	-	58.13	30-3-2019	100%	
200m vrije slag	series	11.	2:10.71	-	2:05.12	13-11-2021	92%	
50m schoolslag	series	16.	33.70	-	34.41	30-3-2019	104%	
400m wisselslag	series	5.	5:19.07	-	5:10.69	1-2-2020	95%	

unattached

-

VZ&PC Nautilus								5
Caroline Hulsen, 11-8-2007								2
50m vrije slag	series	15.	31.14	-	31.55	13-3-2022	103%	
100m vrije slag	series	19.	1:09.80	-	1:10.76	13-3-2022	103%	
Dabian van der Heijden, 29-4-2005								-
50m vrije slag	series	6.	26.62	-	25.43	21-11-2021	91%	
Deacon Oppers, 8-1-2009								1
50m vrije slag	series	23.	32.62	-	33.21	20-2-2022	104%	
50m schoolslag	series	20.	42.96	-	42.66	24-4-2022	99%	
Karin Verbeek, 30-7-1992								-
50m vrije slag	series	18.	29.60	-	29.49	15-12-2019	99%	
100m vlinderslag	series	11.	1:15.37	-	1:14.75	3-5-2019	98%	
Ralph Spanjers, 3-8-2008								2
50m vrije slag	series	15.	31.28	-	32.52	14-11-2021	108%	
50m vlinderslag	series	11.	36.05	-	39.00	20-2-2022	117%	
Sophie Vlemmings, 11-9-2007								-
50m vrije slag	series	23.	31.73	-	31.12	27-3-2022	96%	
100m vrije slag	series	32.	1:15.47	-	1:09.76	21-11-2021	85%	
50m vlinderslag	series	14.	36.74	-	34.63	27-3-2022	89%	

VZV Njord										29
Anouk van de Moosdijk, 16-1-2008										-
50m vrije slag	series	AFGEM			-	31.81	24-4-2022		-	
Bram Fietelaars, 25-3-2007										-
50m vrije slag	series	AFGEM			-	31.28	24-4-2022		-	
Floor Keukens, 15-5-2010										-
50m vrije slag	series		20.	35.16	-	34.94	31-10-2021	99%		
Gwenn van Asperdt, 21-7-2009										-
50m vrije slag	series	AFGEM			-	33.54	21-11-2021		-	
50m schoolslag	series		13.	42.88	-	42.75	24-4-2022	99%		
Iven Pas, 7-1-2009										3
50m vrije slag	series		24.	32.82	-	32.93	18-4-2022	101%		
100m vrije slag	series		20.	1:13.36	-	1:14.70	20-2-2022	104%		
200m vrije slag	series		24.	2:51.06	-	2:44.52	24-4-2022	92%		
50m rugslag	series		12.	39.44	-	38.85	20-2-2022	97%		
200m rugslag	series		5.	3:00.32	-	3:06.57	12-9-2021	107%		
50m schoolslag	series		19.	42.27	-	41.73	24-4-2022	97%		
Jeroen van der Haar, 29-10-2007										1
50m vrije slag	series		30.	29.42	-	29.63	24-4-2022	101%		
200m rugslag	series		11.	2:50.59	-	2:43.21	24-4-2022	92%		
50m vlinderslag	series		22.	33.42	-	33.02	18-4-2022	98%		
Jesper Pas, 15-3-2002										1
50m rugslag	series		10.	31.82	-	31.65	20-2-2022	99%		
50m vlinderslag	series		17.	28.87	-	28.97	12-9-2021	101%		
100m vlinderslag	series		10.	1:04.32	-	1:02.92	12-9-2021	96%		
200m vlinderslag	series		1.	2:28.24	-	2:27.26	25-5-2019	99%		
Lars Keukens, 3-7-2005										1
50m vrije slag	series		14.	27.99	-	27.18	13-3-2022	94%		
100m vrije slag	series		13.	1:03.25	-	1:03.52	20-2-2022	101%		
Lars Minnaert, 8-1-2005										4
50m vrije slag	series		4.	25.79	-	26.30	10-4-2022	104%		
100m vrije slag	series		5.	57.29	-	57.34	20-2-2022	100%		
50m rugslag	series		1.	28.11	-	28.01	20-2-2022	99%		
100m rugslag	series		1.	1:01.56	-	1:01.97	10-4-2022	101%		
200m rugslag	series		2.	2:18.86	-	2:21.53	10-4-2022	104%		
50m vlinderslag	series		4.	27.49	-	27.19	20-2-2022	98%		
100m vlinderslag	series		4.	1:04.03	-	1:02.79	27-3-2022	96%		
Meike Wiersma, 31-3-2007										-
50m vrije slag	series		32.	32.47	-	32.36	24-4-2022	99%		
100m vrije slag	series		24.	1:11.13	-	1:10.98	4-10-2020	100%		
Merijn Mansvelders, 11-5-2005										-
50m vrije slag	series	AFGEM			-	27.60	18-7-2021		-	
100m vrije slag	series	AFGEM			-	59.47	21-11-2021		-	
Peter Janssen, 25-12-2006										4
50m vrije slag	series		12.	27.47	-	27.41	24-4-2022	100%		
100m vrije slag	series		17.	1:02.07	-	1:04.49	20-2-2022	108%		
200m vrije slag	series		16.	2:26.18	-	2:27.64	20-2-2022	102%		
50m schoolslag	series		9.	38.24	-	37.46	18-4-2022	96%		
50m vlinderslag	series		10.	30.61	-	31.04	18-4-2022	103%		
100m vlinderslag	series		12.	1:14.15	-	1:14.70	13-3-2022	101%		
Teun Fietelaars, 21-9-2008										1
200m vrije slag	series		18.	2:41.62	-	2:41.65	24-4-2022	100%		
Thom Bergman, 1-6-2005										-
50m vrije slag	series	AFGEM			-	27.83	13-3-2022		-	
Thom Keukens, 9-1-2007										6
50m vrije slag	series		20.	28.40	-	29.51	20-2-2022	108%		
100m vrije slag	series		13.	1:01.17	-	1:01.97	20-2-2022	103%		
200m vrije slag	series		6.	2:11.92	-	2:14.82	20-2-2022	104%		
100m rugslag	series		6.	1:13.37	-	1:16.87	12-9-2021	110%		
200m rugslag	series		6.	2:34.49	-	2:34.67	24-4-2022	100%		
100m schoolslag	series	AFGEM			-	1:27.01	12-9-2021		-	
200m schoolslag	series		6.	2:56.15	-	2:57.59	21-11-2021	102%		
50m vlinderslag	series	AFGEM			-	33.01	13-3-2022		-	
100m vlinderslag	series		15.	1:19.31	-	1:14.73	13-3-2022	89%		
Tim van de Moosdijk, 27-9-2009										8
50m vrije slag	series		7.	29.57	-	32.47	20-2-2022	121%		
100m vrije slag	series		9.	1:06.23	-	1:10.03	20-2-2022	112%		
200m vrije slag	series		6.	2:24.17	-	2:28.61	20-2-2022	106%		
400m vrije slag	series		5.	5:00.60	-	5:34.51	31-10-2021	124%		
50m rugslag	series		4.	34.94	-	34.75	13-3-2022	99%		
100m rugslag	series		3.	1:13.93	-	1:20.73	7-11-2021	119%		
200m rugslag	series	AFGEM			-	2:52.01	31-10-2021		-	
50m schoolslag	series		12.	40.29	-	38.33	24-4-2022	91%		
100m schoolslag	series	AFGEM			-	1:28.82	13-3-2022		-	
50m vlinderslag	series		7.	32.43	-	34.96	20-2-2022	116%		
100m vlinderslag	series		4.	1:13.27	-	1:18.85	3-10-2021	116%		
200m wisselslag	series		7.	2:42.33	-	2:47.57	20-2-2022	107%		

Yared Maduro, 20-11-2008									
50m schoolslag	series	15.	41.48	-	40.49	24-4-2022	95%	-	-

Waalwijkse Zwem Vereniging							43
Chris Geers, 29-11-2006							7
50m vrije slag	series	13.	27.53	-	27.76	18-4-2022	102%
100m vrije slag	series	10.	1:00.37	-	1:00.97	18-4-2022	102%
200m vrije slag	series	12.	2:21.00	-	2:19.12	19-3-2022	97%
400m vrije slag	series	8.	5:06.93	-	5:02.64	19-3-2022	97%
50m rugslag	series	7.	33.15	-	35.11	20-3-2022	112%
100m rugslag	series	5.	1:11.35	-	1:13.30	20-3-2022	106%
200m rugslag	series	8.	2:36.38	-	2:37.61	18-3-2022	102%
50m schoolslag	series	11.	38.93	-	39.18	18-4-2022	101%
100m schoolslag	series	17.	1:28.35	-	1:27.06	18-4-2022	97%
200m schoolslag	series	12.	3:08.49	-	2:53.78	27-3-2022	85%
50m vlinderslag	series	23.	33.43	-	32.92	2-4-2022	97%
200m wisselslag	series	8.	2:37.96	-	2:44.46	18-4-2022	108%
400m wisselslag	series	7.	6:00.59	-	5:46.49	13-2-2022	92%
Duuk Dollekens, 9-5-2004							2
50m vrije slag	series	10.	27.28	-	29.03	18-5-2019	113%
100m vrije slag	series	11.	1:01.13	-	59.80	27-3-2022	96%
50m vlinderslag	series	8.	30.56	-	30.62	21-11-2021	100%
Ilona Blonk, 29-3-2009							-
50m schoolslag	series	15.	43.60	-	42.13	31-10-2021	93%
Isabel van Alebeek, 21-4-2003							-
50m vrije slag	series	23.	30.52	-	29.25	23-11-2019	92%
50m vlinderslag	series	18.	31.98	-	31.97	25-3-2022	100%
400m wisselslag	series	12.	6:16.20	-	5:47.74	8-3-2020	85%
Jade Hoppenbrouwers, 1-6-2003							-
50m vrije slag	series	26.	30.76	-	29.46	24-4-2022	92%
50m schoolslag	series	17.	38.39	-	37.39	6-7-2019	95%
Jens Hoppenbrouwers, 15-6-2006							-
400m vrije slag	series	11.	5:18.89	-	5:05.52	11-10-2020	92%
100m schoolslag	series	8.	1:20.55	-	1:18.85	18-7-2021	96%
50m vlinderslag	series	12.	31.11	-	30.58	13-3-2022	97%
Jort Hoppenbrouwers, 15-6-2006							5
50m vrije slag	series	4.	26.62	-	26.58	20-3-2022	100%
100m vrije slag	series	6.	59.14	-	1:05.55	19-3-2022	123%
50m schoolslag	series	1.	32.32	-	33.25	18-3-2022	106%
100m schoolslag	series	2.	1:12.31	-	1:12.86	19-3-2022	102%
200m schoolslag	series	3.	2:43.33	-	2:44.95	20-3-2022	102%
50m vlinderslag	series	8.	30.27	-	35.19	26-5-2019	135%
100m vlinderslag	series	11.	1:12.46	-	1:06.05	13-3-2022	83%
Kim Theuns, 9-9-2007							1
50m vrije slag	series	16.	31.31	-	32.17	18-4-2022	106%
Liza Theuns, 9-9-2007							8
50m vrije slag	series	18.	31.54	-	31.60	20-3-2022	100%
100m vrije slag	series	17.	1:08.66	-	1:08.77	18-3-2022	100%
200m vrije slag	series	12.	2:32.23	-	2:33.61	19-3-2022	102%
400m vrije slag	series	9.	5:19.65	-	5:25.32	17-10-2021	104%
50m schoolslag	series	14.	40.53	-	41.22	19-3-2022	103%
100m schoolslag	series	13.	1:29.15	-	1:29.72	19-3-2022	101%
200m schoolslag	series	9.	3:13.27	-	3:13.40	20-3-2022	100%
200m wisselslag	series	16.	2:54.08	-	2:57.04	18-4-2022	103%
400m wisselslag	series	9.	6:15.33	-	6:12.78	27-3-2022	99%
Maikel Blijlevens, 1-7-2007							7
50m vrije slag	series	3.	26.07	-	25.77	18-4-2022	98%
100m vrije slag	series	2.	56.87	-	57.59	19-2-2022	103%
200m vrije slag	series	3.	2:09.85	-	2:10.91	17-2-2022	102%
50m rugslag	series	1.	29.69	-	29.93	18-4-2022	102%
100m rugslag	series	1.	1:06.25	-	1:07.98	20-3-2022	105%
200m rugslag	series	2.	2:28.19	-	2:46.99	16-2-2020	127%
50m schoolslag	series	5.	36.14	-	35.48	18-4-2022	96%
100m schoolslag	series	9.	1:20.57	-	1:18.45	19-3-2022	95%
50m vlinderslag	series	2.	27.61	-	27.95	18-3-2022	102%
100m vlinderslag	series	2.	1:04.09	-	1:04.92	19-3-2022	103%
200m vlinderslag	series	2.	2:43.42	-	2:29.58	30-10-2021	84%
Marith Ewijk, 22-1-2008							7
50m vrije slag	series	14.	31.01	-	32.06	20-3-2022	107%
100m vrije slag	series	18.	1:09.31	-	1:12.21	18-3-2022	109%
200m vrije slag	series	15.	2:35.47	-	2:35.40	19-3-2022	100%
400m vrije slag	series	11.	5:24.73	-	5:16.11	10-10-2021	95%
50m rugslag	series	8.	35.49	-	36.33	19-3-2022	105%
100m rugslag	series	7.	1:17.37	-	1:18.31	18-3-2022	102%
200m rugslag	series	4.	2:44.12	-	2:45.14	18-3-2022	101%
50m vlinderslag	series	11.	34.45	-	34.36	2-4-2022	99%
100m vlinderslag	series	6.	1:20.77	-	1:19.69	27-3-2022	97%
200m wisselslag	series	8.	2:47.81	-	2:53.41	18-4-2022	107%
400m wisselslag	series	5.	6:00.80	-	6:13.76	18-4-2022	107%

Viviënne Bosch, 19-4-2007							4
50m vrije slag	series	1.	28.77	-	28.93	18-4-2022	101%
100m vrije slag	series	6.	1:05.45	-	1:04.54	18-3-2022	97%
400m vrije slag	series	13.	5:35.66	-	5:29.95	16-2-2020	97%
50m rugslag	series	3.	34.08	-	33.60	19-3-2022	97%
100m rugslag	series	11.	1:17.92	-	1:16.47	1-3-2020	96%
200m rugslag	series	AFGEM		-	2:40.82	30-10-2021	-
50m schoolslag	series	5.	37.56	-	38.87	18-4-2022	107%
100m schoolslag	series	7.	1:25.35	-	1:29.06	18-4-2022	109%
200m schoolslag	series	7.	3:09.21	-	2:58.63	13-2-2022	89%
50m vlinderslag	series	4.	32.71	-	32.68	18-3-2022	100%
100m vlinderslag	series	3.	1:17.08	-	1:19.13	1-3-2020	105%
200m wisselslag	series	11.	2:49.49	-	2:47.22	18-4-2022	97%
Wessel Roosenbrand, 20-8-2001							2
50m vrije slag	series	13.	26.09	-	26.14	18-5-2019	100%
100m vrije slag	series	15.	57.75	-	56.64	27-3-2022	96%
50m vlinderslag	series	26.	29.63	-	30.42	26-5-2019	105%

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Z&PV Nuenen									58
Alexander Nijst, 7-3-2001									6
50m vrije slag	series	4.	24.34	-	25.43	18-5-2019	109%		
100m vrije slag	series	5.	54.29	-	55.20	22-6-2019	103%		
200m vrije slag	series	6.	2:02.98	-	2:05.70	19-5-2019	104%		
400m vrije slag	series	4.	4:28.14	-	4:29.06	25-5-2019	101%		
50m schoolslag	series	20.	34.97	-	32.57	3-10-2021	87%		
50m vlinderslag	series	1.	25.62	-	26.25	16-6-2019	105%		
100m vlinderslag	series	1.	57.40	-	58.54	16-2-2020	104%		
Anneloes Peulen, 25-4-1985									3
50m vrije slag	series	11.	28.35	-	28.24	25-5-2019	99%		
100m vrije slag	series	7.	1:02.04	-	1:02.46	19-5-2019	101%		
200m vrije slag	series	11.	2:19.39	-	2:20.91	26-5-2019	102%		
50m vlinderslag	series	11.	30.49	-	31.07	19-5-2019	104%		
100m vlinderslag	series	8.	1:12.63	-	1:11.98	26-5-2019	98%		
Arlyn Schouten, 28-10-2009									5
50m vrije slag	series	3.	31.02	-	31.94	20-3-2022	106%		
100m vrije slag	series	6.	1:09.25	-	1:11.18	27-3-2022	106%		
200m vrije slag	series	14.	2:52.50	-	2:39.26	20-2-2022	85%		
400m vrije slag	series	13.	6:10.93	-	5:42.22	19-3-2022	85%		
100m rugslag	series	13.	1:25.54	-	1:23.73	20-2-2022	96%		
50m schoolslag	series	5.	41.16	-	43.55	20-2-2022	112%		
100m schoolslag	series	11.	1:33.49	-	1:33.92	27-3-2022	101%		
100m vlinderslag	series	11.	1:29.53	-	1:26.76	3-10-2021	94%		
200m wisselslag	series	15.	3:03.79	-	3:08.04	19-3-2022	105%		
Bram Zwetsloot, 3-8-2002									2
200m vrije slag	series	1.	1:57.04	-	2:01.36	19-5-2019	108%		
50m schoolslag	series	2.	29.26	-	28.46	26-6-2021	95%		
100m schoolslag	series	1.	1:03.86	-	1:02.53	3-7-2021	96%		
200m schoolslag	series	1.	2:21.45	-	2:18.90	11-4-2021	96%		
200m wisselslag	series	1.	2:07.24	-	2:07.64	17-12-2021	101%		
Britt Bogers, 2-11-1999									1
50m vrije slag	series	16.	29.49	-	29.86	20-2-2022	103%		
50m vlinderslag	series	15.	31.42	-	30.98	17-11-2019	97%		
100m vlinderslag	series	13.	1:16.09	-	1:12.93	13-1-2019	92%		
Danila van den Hoogenband, 20-2-1990									-
100m vlinderslag	series	15.	1:20.51	-	1:14.61	17-3-2019	86%		
200m vlinderslag	series	4.	3:06.79	-	2:40.18	24-3-2019	74%		
Flore Meulendijks, 5-4-2004									-
100m schoolslag	series	16.	1:22.24	-	1:19.03	16-11-2019	92%		
200m schoolslag	series	7.	2:57.46	-	2:56.19	19-5-2019	99%		
50m vlinderslag	series	21.	32.67	-	32.12	17-11-2019	97%		
100m vlinderslag	series	7.	1:12.46	-	1:10.23	26-5-2019	94%		
200m vlinderslag	series	AFGEM		-	2:42.04	16-11-2019	-		
Frans Slaats, 11-9-1993									-
100m vrije slag	series	22.	1:02.07	-	59.12	26-5-2019	91%		
50m rugslag	series	6.	30.70	-	28.83	23-11-2019	88%		
100m rugslag	series	7.	1:07.30	-	1:02.85	24-11-2019	87%		
50m schoolslag	series	21.	35.04	-	33.98	25-5-2019	94%		
100m schoolslag	series	18.	1:16.07	-	1:13.87	25-5-2019	94%		
50m vlinderslag	series	23.	29.37	-	28.97	26-5-2019	97%		
100m vlinderslag	series	15.	1:05.77	-	1:05.14	19-5-2019	98%		
Ines Keijzers, 1-9-2007									1
100m vrije slag	series	29.	1:13.68	-	1:11.44	24-4-2022	94%		
50m rugslag	series	15.	37.44	-	37.90	19-3-2022	102%		
50m vlinderslag	series	12.	35.35	-	35.09	27-3-2022	99%		
400m wisselslag	series	11.	6:35.05	-	6:33.60	20-3-2022	99%		
Jeroen Schelling, 6-10-1997									1
50m vrije slag	series	21.	26.69	-	26.83	27-3-2022	101%		
Joeri Phaff, 28-4-1997									-
50m vrije slag	series	28.	27.29	-	26.29	18-5-2019	93%		
50m vlinderslag	series	32.	31.80	-	29.09	26-5-2019	84%		
Julie van Nispen, 14-2-2008									4
50m vrije slag	series	4.	29.52	-	29.39	20-3-2022	99%		
100m vrije slag	series	5.	1:05.12	-	1:05.54	18-3-2022	101%		
200m vrije slag	series	1.	2:20.56	-	2:23.77	19-3-2022	105%		
400m vrije slag	series	2.	5:01.33	-	5:09.07	19-3-2022	105%		
800m vrije slag	series	1.	10:23.57	-	10:23.78	3-4-2022	100%		
200m rugslag	series	AFGEM		-	2:45.26	24-4-2022	-		
50m schoolslag	series	18.	41.98	-	39.72	18-4-2022	90%		
200m wisselslag	series	12.	2:50.74	-	2:50.67	27-3-2022	100%		
400m wisselslag	series	7.	6:00.94	-	6:00.50	20-3-2022	100%		
Koen van den Wildenberg, 4-7-2008									9
50m vrije slag	series	8.	30.47	-	31.09	20-3-2022	104%		
100m vrije slag	series	10.	1:07.22	-	1:08.16	27-3-2022	103%		
200m vrije slag	series	9.	2:26.71	-	2:31.04	19-3-2022	106%		
400m vrije slag	series	9.	5:22.06	-	5:39.02	17-10-2021	111%		
50m rugslag	series	7.	36.77	-	36.69	19-3-2022	100%		
100m rugslag	series	9.	1:18.27	-	1:17.03	3-4-2022	97%		

50m schoolslag	series	13.	40.49	-	42.95	27-3-2022	113%	
100m schoolslag	series	15.	1:29.99	-	1:32.52	27-3-2022	106%	
200m schoolslag	series	8.	3:10.80	-	3:15.04	20-3-2022	104%	
50m vlinderslag	series	14.	37.15	-	38.69	27-3-2022	108%	
200m wisselslag	series	10.	2:49.83	-	2:55.56	27-3-2022	107%	
Koen Woestenborghs, 3-9-1988								
50m vrije slag	series	27.	27.19	-	26.61	18-5-2019	96%	-
50m vlinderslag	series	30.	30.14	-	30.05	17-3-2019	99%	
Lars Diesch, 21-5-2001								
50m vrije slag	series	17.	26.20	-	26.00	15-6-2019	98%	4
100m vrije slag	series	18.	58.48	-	58.50	26-5-2019	100%	
50m schoolslag	series	4.	30.21	-	30.26	9-4-2022	100%	
100m schoolslag	series	5.	1:08.00	-	1:07.56	27-3-2022	99%	
200m schoolslag	series	3.	2:33.35	-	2:37.17	12-3-2022	105%	
50m vlinderslag	series	14.	28.56	-	29.36	8-3-2020	106%	
100m vlinderslag	series	13.	1:05.07	-	1:04.80	27-3-2022	99%	
Liselot van der Velden, 17-4-2007								
100m vrije slag	series	27.	1:11.63	-	1:10.64	3-4-2022	97%	-
Max Peters, 24-2-1999								
50m vrije slag	series	6.	24.79	-	25.03	18-5-2019	102%	4
100m vrije slag	series	7.	54.92	-	54.68	26-5-2019	99%	
50m rugslag	series	3.	28.96	-	29.34	25-5-2019	103%	
50m schoolslag	series	1.	28.74	-	29.31	21-6-2019	104%	
100m schoolslag	series	3.	1:05.95	-	1:06.94	25-5-2019	103%	
Merel Phaff, 25-10-2001								
50m vrije slag	series	12.	28.77	-	28.61	25-5-2019	99%	-
100m vrije slag	series	10.	1:02.93	-	59.70	24-3-2019	90%	
50m rugslag	series	2.	31.77	-	31.33	27-3-2022	97%	
100m rugslag	series	11.	1:12.74	-	1:07.55	19-5-2019	86%	
50m vlinderslag	series	9.	30.27	-	29.28	19-5-2019	94%	
100m vlinderslag	series	6.	1:08.80	-	1:06.83	26-5-2019	94%	
Milan Meurs, 3-1-2002								
100m vrije slag	series	AFGEM		-	55.50	6-3-2020	-	-
200m vrije slag	series	13.	2:10.98	-	1:57.81	17-11-2019	81%	
50m rugslag	series	AFGEM		-	28.96	7-3-2020	-	
100m rugslag	series	4.	1:03.62	-	1:03.13	16-2-2020	98%	
Nikita van den Ouden, 14-9-1999								
50m vrije slag	series	4.	27.56	-	29.21	19-5-2019	112%	10
100m vrije slag	series	5.	1:00.71	-	1:01.53	19-5-2019	103%	
200m vrije slag	series	7.	2:13.80	-	2:15.03	26-5-2019	102%	
400m vrije slag	series	4.	4:34.76	-	4:39.29	21-6-2019	103%	
800m vrije slag	series	2.	9:36.21	-	9:47.88	26-5-2019	104%	
100m rugslag	series	4.	1:08.69	-	1:11.30	19-5-2019	108%	
200m rugslag	series	4.	2:28.37	-	2:20.39	23-11-2019	90%	
50m vlinderslag	series	8.	30.02	-	31.04	19-5-2019	107%	
100m vlinderslag	series	5.	1:08.74	-	1:08.88	27-3-2022	100%	
200m vlinderslag	series	1.	2:31.70	-	2:28.32	16-11-2019	96%	
200m wisselslag	series	3.	2:27.11	-	2:29.92	22-6-2019	104%	
400m wisselslag	series	1.	5:14.92	-	5:19.38	23-6-2019	103%	
Richenne Zeebregts, 16-6-1998								
50m vrije slag	series	10.	28.18	-	27.75	17-3-2019	97%	1
100m vrije slag	series	NG		-	1:03.70	3-5-2019	-	
50m rugslag	series	NG		-	34.72	18-5-2019	-	
50m schoolslag	series	21.	39.97	-	36.62	3-10-2021	84%	
50m vlinderslag	series	7.	29.67	-	30.55	4-5-2019	106%	
100m vlinderslag	series	14.	1:16.78	-	1:13.15	3-5-2019	91%	
Robin Goossens, 7-2-2000								
50m vrije slag	series	20.	30.04	-	29.52	25-5-2019	97%	4
50m schoolslag	series	6.	34.88	-	34.91	21-6-2019	100%	
100m schoolslag	series	3.	1:14.20	-	1:14.60	21-6-2019	101%	
200m schoolslag	series	1.	2:38.91	-	2:39.28	23-6-2019	100%	
200m wisselslag	series	1.	2:26.23	-	2:27.48	22-6-2019	102%	
Ruud van Heerbeek, 2-6-1993								
50m vrije slag	series	15.	26.13	-	24.34	21-11-2021	87%	-
50m schoolslag	series	6.	30.96	-	30.73	21-6-2019	99%	
100m schoolslag	series	7.	1:09.28	-	1:07.82	13-4-2019	96%	
50m vlinderslag	series	16.	28.72	-	27.43	12-1-2020	91%	
Susan Teijken, 10-3-1995								
50m vrije slag	series	13.	29.04	-	28.25	21-6-2019	95%	-
Tessa Loos, 3-1-2002								
50m vrije slag	series	8.	28.02	-	27.47	15-12-2019	96%	-
200m vrije slag	series	15.	2:27.53	-	2:22.45	26-5-2019	93%	
50m schoolslag	series	4.	34.67	-	34.14	6-4-2019	97%	
100m schoolslag	series	9.	1:18.85	-	1:18.19	5-4-2019	98%	
Tristan van der Wel, 29-11-2008								
50m vrije slag	series	22.	32.54	-	33.68	21-11-2021	107%	1

Wouter Sijmons, 13-4-1993

2

50m vrije slag	series	10.	25.45	-	24.73	18-4-2022	94%
100m vrije slag	series	10.	57.00	-	54.61	10-2-2019	92%
200m vrije slag	series	7.	2:05.89	-	2:09.51	19-5-2019	106%
400m vrije slag	series	5.	4:36.00	-	4:24.92	23-11-2019	92%
50m vlinderslag	series	11.	27.90	-	30.22	19-5-2019	117%
100m vlinderslag	series	14.	1:05.26	-	1:01.25	13-1-2019	88%

Z.D.F.

Linn van Overveld, 14-12-2007

50m vrije slag

series

28.

32.07

-

32.07

24-4-2022

100%

-

-

Z.V. Tiamat

Marit Daniëls, 24-2-2007

50m vrije slag

series

27.

32.03

-

31.39

24-4-2022

96%

-

-

Zeester Meerval								1
Eline Pasmans, 12-1-2004								-
50m vrije slag	series	21.	30.08	-	29.45	23-11-2019	96%	
50m schoolslag	series	18.	38.44	-	36.99	31-10-2021	93%	
400m wisselslag	series	11.	6:10.51	-	5:58.28	19-5-2019	94%	
Lesley van den Elzen, 16-11-2008								-
50m vrije slag	series	40.	33.30	-	33.11	18-7-2021	99%	
Lotte Mudde, 11-5-2007								1
200m vrije slag	series	AFGEM		-	2:27.62	26-5-2019	-	
400m vrije slag	series	7.	5:14.80	-	5:22.24	18-5-2019	105%	

								38
Zegenwerp								3
Britt Bakers, 19-1-2004								
100m vrije slag	series	15.	1:04.95	-	1:04.95	20-2-2022	100%	
200m vrije slag	series	13.	2:22.75	-	2:16.27	14-11-2021	91%	
50m schoolslag	series	14.	37.48	-	38.13	9-2-2020	103%	
50m vlinderslag	series	13.	31.18	-	31.32	27-3-2022	101%	
100m vlinderslag	series	10.	1:15.06	-	1:11.52	24-4-2022	91%	
400m wisselslag	series	7.	5:49.18	-	5:56.74	9-2-2020	104%	
Connor Claassen, 7-11-2008								6
50m vrije slag	series	21.	32.40	-	32.67	20-2-2022	102%	
100m vrije slag	series	19.	1:13.20	-	1:14.94	20-2-2022	105%	
200m vrije slag	series	19.	2:41.93	-	2:48.02	27-3-2022	108%	
50m rugslag	series	8.	37.17	-	38.57	27-3-2022	108%	
50m schoolslag	series	8.	38.97	-	41.12	27-3-2022	111%	
100m schoolslag	series	9.	1:26.31	-	1:29.35	20-2-2022	107%	
Guy Huijsmans, 28-12-1999								-
50m vrije slag	series	16.	26.15	-	25.90	6-7-2019	98%	
100m vrije slag	series	19.	58.70	-	57.01	7-7-2019	94%	
50m rugslag	series	5.	30.51	-	29.15	22-6-2019	91%	
Iris Verheij, 1-8-2004								1
50m rugslag	series	9.	34.17	-	34.73	9-2-2020	103%	
Isa Schellekens, 8-6-2000								2
100m vrije slag	series	11.	1:03.05	-	1:02.27	13-6-2019	98%	
200m vrije slag	series	8.	2:15.34	-	2:17.56	25-5-2019	103%	
400m vrije slag	series	6.	4:47.32	-	4:37.08	16-11-2019	93%	
50m rugslag	series	5.	32.96	-	32.20	27-3-2022	95%	
100m rugslag	series	3.	1:08.58	-	1:08.87	9-4-2022	101%	
200m rugslag	series	3.	2:28.17	-	2:26.32	10-4-2022	98%	
200m wisselslag	series	6.	2:33.98	-	2:32.08	25-5-2019	98%	
400m wisselslag	series	4.	5:23.09	-	5:22.29	27-3-2022	100%	
Isa Verhagen, 13-5-2006								-
50m vrije slag	series	8.	31.61	-	30.54	14-11-2021	93%	
Ismae Verboord, 7-10-2008								1
50m vrije slag	series	34.	32.63	-	33.93	20-2-2022	108%	
Juul Schellekens, 17-9-2007								6
50m rugslag	series	13.	36.99	-	36.64	20-2-2022	98%	
200m rugslag	series	6.	2:45.63	-	2:40.57	24-4-2022	94%	
50m schoolslag	series	8.	38.35	-	39.36	20-2-2022	105%	
100m schoolslag	series	10.	1:27.41	-	1:27.85	10-4-2022	101%	
200m schoolslag	series	8.	3:11.67	-	3:08.51	9-4-2022	97%	
50m vlinderslag	series	7.	33.36	-	34.32	8-4-2022	106%	
100m vlinderslag	series	5.	1:18.74	-	1:22.20	9-4-2022	109%	
200m wisselslag	series	7.	2:46.84	-	2:49.17	8-4-2022	103%	
400m wisselslag	series	6.	6:00.89	-	6:06.11	10-4-2022	103%	
Kes Keij, 14-9-2005								1
50m schoolslag	series	2.	37.53	-	37.71	18-4-2022	101%	
Lucas Somers, 9-2-2004								1
50m vrije slag	series	9.	27.00	-	27.07	11-7-2021	101%	
100m vrije slag	series	9.	1:00.91	-	59.92	21-11-2021	97%	
50m vlinderslag	series	9.	30.90	-	30.75	24-4-2022	99%	
Luke Looymans, 31-5-2002								1
50m schoolslag	series	13.	33.23	-	32.13	19-5-2019	93%	
100m schoolslag	series	11.	1:11.94	-	1:12.52	16-6-2019	102%	
50m vlinderslag	series	19.	28.94	-	28.63	13-3-2022	98%	
Luke van Hamond, 16-1-1996								2
50m vrije slag	series	18.	26.32	-	26.21	18-5-2019	99%	
100m vrije slag	series	21.	59.98	-	57.60	26-5-2019	92%	
50m rugslag	series	4.	29.65	-	30.35	25-5-2019	105%	
100m rugslag	series	6.	1:06.64	-	1:05.75	26-5-2019	97%	
200m rugslag	series	4.	2:33.06	-	2:17.34	12-1-2020	81%	
50m schoolslag	series	17.	33.87	-	33.91	19-5-2019	100%	
100m schoolslag	series	20.	1:17.29	-	1:15.19	25-5-2019	95%	
50m vlinderslag	series	9.	27.80	-	27.43	9-2-2020	97%	
100m vlinderslag	series	12.	1:04.89	-	1:02.63	19-5-2019	93%	
200m wisselslag	series	11.	2:33.66	-	2:25.12	18-5-2019	89%	
Manon van Esch, 7-11-1997								-
50m vrije slag	series	7.	28.01	-	27.92	20-2-2022	99%	
100m vrije slag	series	9.	1:02.45	-	1:00.71	20-2-2022	95%	
100m vlinderslag	series	4.	1:08.27	-	1:07.48	20-2-2022	98%	
200m wisselslag	series	9.	2:40.12	-	2:29.94	25-5-2019	88%	
Megan Claassen, 1-1-2007								1
50m vrije slag	series	38.	33.03	-	33.42	20-2-2022	102%	
Meral Bakker, 17-10-2002								-
100m vrije slag	series	18.	1:08.45	-	1:03.30	17-11-2019	86%	
Rick van Hamond, 30-12-1992								4
50m vrije slag	series	8.	25.03	-	24.97	9-2-2020	100%	
100m vrije slag	series	4.	54.28	-	55.69	9-2-2020	105%	
200m vrije slag	series	5.	2:01.25	-	2:03.28	18-5-2019	103%	

Regionale Zomerkampioenschappen 2022 (Zuid)
Eindhoven, 14- - 22-5-2022

50m ruqslag	series	2.	28.94	-	30.13	29-1-2022	108%	
100m rugslag	series	8.	1:07.57	-	1:00.45	13-3-2022	80%	
50m schoolslag	series	12.	32.25	-	31.21	19-5-2019	94%	
100m schoolslag	series	13.	1:12.66	-	1:10.37	25-5-2019	94%	
50m vlinderslag	series	4.	26.30	-	26.77	26-5-2019	104%	
100m vlinderslag	series	8.	1:00.96	-	1:00.82	19-5-2019	100%	
200m wisselslag	series	7.	2:20.65	-	2:17.67	18-5-2019	96%	
Roel van der Kleij, 19-1-1990								
50m vlinderslag	series	29.	30.00	-	29.25	26-5-2019	95%	-
Sjoerd Looymans, 31-5-2002								
50m schoolslag	series	10.	31.94	-	31.65	19-5-2019	98%	-
100m schoolslag	series	10.	1:10.81	-	1:09.79	25-5-2019	97%	
Stan Derks, 22-3-2007								
50m vrije slag	series	25.	29.00	-	29.87	24-4-2022	106%	2
50m ruqslag	series	11.	33.89	-	33.39	20-2-2022	97%	
100m rugslag	series	10.	1:17.19	-	1:16.76	20-2-2022	99%	
50m vlinderslag	series	20.	33.17	-	34.65	20-2-2022	109%	
Tasnim Bezbiz, 22-7-2007								
50m vrije slag	series	30.	32.28	-	31.18	15-6-2019	93%	1
100m vrije slag	series	22.	1:10.64	-	1:09.18	20-2-2022	96%	
200m vrije slag	series	11.	2:31.89	-	2:32.48	20-3-2022	101%	
200m ruqslag	series	12.	2:58.76	-	2:45.43	24-4-2022	86%	
200m wisselslag	series	20.	2:57.41	-	2:56.83	27-3-2022	99%	
Zenno Timmermans, 13-3-2007								
50m vrije slag	series	11.	27.31	-	28.68	20-2-2022	110%	6
100m vrije slag	series	5.	59.00	-	1:01.33	20-2-2022	108%	
200m vrije slag	series	7.	2:13.51	-	2:14.75	14-11-2021	102%	
200m ruqslag	series	5.	2:33.22	-	2:34.36	24-4-2022	101%	
50m schoolslag	series	3.	34.89	-	35.45	20-2-2022	103%	
100m schoolslag	series	12.	1:21.63	-	1:15.66	12-12-2021	86%	
200m schoolslag	series	8.	2:57.13	-	2:50.28	11-12-2021	92%	
200m wisselslag	series	5.	2:34.87	-	2:40.89	13-6-2021	108%	

								25
Zeps								-
Britt Siemerink, 4-11-2006								-
50m vrije slag	series	3.	29.68	-	29.30	21-7-2021	97%	
100m vrije slag	series	5.	1:06.90	-	1:06.81	21-7-2021	100%	
200m vrije slag	series	3.	2:28.30	-	2:20.65	16-2-2020	90%	
800m vrije slag	series	AFW		-	10:37.08	24-11-2019	-	
Esper Schreurs, 21-4-2003								2
100m vrije slag	series	3.	53.42	-	53.38	18-4-2022	100%	
200m vrije slag	series	4.	1:59.01	-	1:56.69	17-2-2022	96%	
50m rugslag	series	3.	28.63	-	28.88	18-3-2022	102%	
50m schoolslag	series	2.	29.53	-	29.38	3-4-2022	99%	
100m schoolslag	series	3.	1:05.24	-	1:04.39	2-4-2022	97%	
200m schoolslag	series	3.	2:22.71	-	2:20.64	26-6-2021	97%	
50m vlinderslag	series	3.	26.36	-	26.44	5-3-2022	101%	
100m vlinderslag	series	4.	1:01.04	-	1:00.10	8-3-2020	97%	
200m wisselslag	series	1.	2:10.03	-	2:09.15	27-6-2021	99%	
Finn Ottens, 28-5-2007								2
50m vrije slag	series	12.	29.39	-	29.32	13-3-2022	100%	
100m vrije slag	series	11.	1:05.74	-	1:06.22	21-11-2021	101%	
50m vlinderslag	series	6.	32.15	-	34.11	21-11-2021	113%	
Francois Kouters, 15-2-2007								2
50m vrije slag	series	6.	28.29	-	28.35	13-3-2022	100%	
100m vrije slag	series	9.	1:04.39	-	1:07.33	21-11-2021	109%	
Nina Derckx, 2-5-2007								7
50m vrije slag	series	6.	31.37	-	33.53	18-4-2022	114%	
100m vrije slag	series	3.	1:07.41	-	1:09.35	18-4-2022	106%	
200m vrije slag	series	1.	2:29.41	-	2:26.11	14-11-2021	96%	
400m vrije slag	series	2.	5:19.92	-	5:23.52	17-10-2021	102%	
50m rugslag	series	2.	36.01	-	37.23	18-4-2022	107%	
100m rugslag	series	2.	1:15.41	-	1:17.61	21-7-2021	106%	
200m rugslag	series	1.	2:41.33	-	2:55.57	25-5-2019	118%	
100m schoolslag	series	4.	1:35.23	-	1:27.44	21-11-2021	84%	
200m schoolslag	series	4.	3:17.68	-	3:08.93	14-11-2021	91%	
200m wisselslag	series	4.	2:45.75	-	2:43.00	17-10-2021	97%	
400m wisselslag	series	1.	6:03.36	-	6:25.65	19-5-2019	113%	
Quin Peters, 20-1-2008								4
50m vrije slag	series	8.	31.33	-	31.60	18-4-2022	102%	
100m vrije slag	series	7.	1:10.79	-	1:12.49	21-11-2021	105%	
50m rugslag	series	4.	34.85	-	36.19	18-4-2022	108%	
100m rugslag	series	3.	1:16.51	-	1:18.97	21-11-2021	107%	
Sacha van Hees Ajdnik, 12-1-2009								1
50m vlinderslag	series	5.	35.60	-	36.64	13-3-2022	106%	
Sander Heijnen, 7-1-1990								-
50m vrije slag	series	17.	27.37	-	26.16	16-2-2020	91%	
50m vlinderslag	series	15.	29.63	-	29.56	9-2-2020	100%	
Ties Berghs, 3-12-2007								6
50m vrije slag	series	5.	27.94	-	27.42	24-4-2022	96%	
100m vrije slag	series	4.	1:01.30	-	1:04.14	3-10-2021	109%	
200m vrije slag	series	4.	2:17.34	-	2:31.41	20-9-2020	122%	
400m vrije slag	series	3.	4:59.66	-	5:08.96	17-10-2021	106%	
100m rugslag	series	6.	1:16.32	-	1:13.85	24-4-2022	94%	
50m vlinderslag	series	4.	31.19	-	33.73	17-10-2021	117%	
100m vlinderslag	series	6.	1:14.13	-	1:16.28	13-3-2022	106%	
200m wisselslag	series	7.	2:39.10	-	2:40.36	17-10-2021	102%	
Veerle Claessens, 17-1-2008								1
50m vrije slag	series	13.	32.88	-	32.10	24-4-2022	95%	
100m vrije slag	series	11.	1:11.73	-	1:11.99	18-4-2022	101%	
400m vrije slag	series	4.	5:29.18	-	5:24.14	3-4-2022	97%	
800m vrije slag	series	1.	11:24.44	-	11:03.83	3-4-2022	94%	

ZPC De Rog Weert								12
Fenna Greijn, 26-1-2009								1
50m vrije slag	series	15.	34.44	-	35.85	20-3-2022	108%	
Fenna Zusterzeel, 9-2-2010								5
50m vrije slag	series	1.	30.59	-	30.16	20-3-2022	97%	
100m vrije slag	series	5.	1:08.19	-	1:10.37	22-1-2022	106%	
400m vrije slag	series	4.	5:28.67	-	5:22.07	10-12-2021	96%	
50m rugslag	series	1.	34.44	-	32.74	13-3-2022	90%	
100m rugslag	series	1.	1:13.48	-	1:14.29	22-1-2022	102%	
200m rugslag	series	1.	2:41.59	-	2:39.91	18-3-2022	98%	
100m schoolslag	series	2.	1:23.02	-	1:26.92	22-1-2022	110%	
200m schoolslag	series	2.	3:04.96	-	3:08.27	12-9-2021	104%	
50m vlinderslag	series	1.	33.73	-	33.53	18-4-2022	99%	
200m wisselslag	series	2.	2:44.91	-	2:45.18	19-3-2022	100%	
Iris Le Clercq, 3-7-2004								-
50m schoolslag	series	1.	36.72	-	34.36	30-12-2019	88%	
100m schoolslag	series	5.	1:23.62	-	1:21.00	9-2-2020	94%	
Marenthe Van Engelen, 29-5-2006								1
50m vrije slag	series	4.	29.76	-	30.83	6-7-2019	107%	
100m vrije slag	series	3.	1:05.48	-	1:05.28	13-3-2022	99%	
Nina Zusterzeel, 5-7-2008								5
50m vrije slag	series	2.	30.49	-	30.30	20-3-2022	99%	
100m vrije slag	series	4.	1:07.47	-	1:07.81	22-1-2022	101%	
200m vrije slag	series	4.	2:34.50	-	2:34.15	17-2-2022	100%	
100m rugslag	series	4.	1:18.79	-	1:13.80	24-4-2022	88%	
50m schoolslag	series	1.	33.40	-	33.70	18-3-2022	102%	
100m schoolslag	series	1.	1:14.51	-	1:15.09	10-4-2022	102%	
200m schoolslag	series	2.	2:47.04	-	2:44.08	12-12-2021	96%	
50m vlinderslag	series	3.	32.60	-	34.23	9-2-2020	110%	
200m wisselslag	series	3.	2:42.77	-	2:43.19	19-3-2022	101%	
Rick Bongers, 5-2-2000								-
50m vrije slag	series	10.	26.44	-	25.80	21-11-2021	95%	
200m vrije slag	series	10.	2:11.27	-	2:06.39	3-11-2019	93%	
50m vlinderslag	series	16.	29.81	-	29.10	13-3-2022	95%	

ZPC De Zeeuwse Kust

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ZPC Nederweert									3
Aron Snellen, 28-6-2006									-
50m vrije slag	series	7.	28.39	-	27.87	24-4-2022	96%		
Danique Klomp, 25-7-2002									1
100m vrije slag	series	6.	1:03.43	-	1:03.78	19-5-2019	101%		
Dyonne Klomp, 22-12-2004									2
50m vrije slag	series	2.	28.29	-	28.97		105%		
100m vrije slag	series	7.	1:03.66	-	1:04.42		102%		
Femke de Wit, 18-7-2001									-
50m vrije slag	series	6.	30.01	-	28.96	17-3-2019	93%		
100m vrije slag	series	10.	1:09.48	-	1:04.89	17-3-2019	87%		
50m rugslag	series	7.	34.50	-	33.99	9-2-2020	97%		
50m vlinderslag	series	12.	33.63	-	31.40		87%		
Koen van der Wallen, 18-3-1994									-
50m vrije slag	series	12.	26.54	-	26.46	18-5-2019	99%		
100m vrije slag	series	15.	58.97	-	56.80	24-3-2019	93%		
50m vlinderslag	series	12.	28.92	-	27.90	17-3-2019	93%		
100m vlinderslag	series	13.	1:05.96	-	1:03.43	28-4-2019	92%		
Stefan de Leeuw, 11-9-1995									-
50m vlinderslag	series	18.	30.00	-	29.72	9-2-2020	98%		
Thessa Leijssen, 27-3-2007									-
50m vrije slag	series	14.	33.42	-	33.25	23-11-2019	99%		

								5
ZV Hydra								-
Brian van Gennip, 13-11-2000								-
1500m vrije slag	series	AFW		-	18:19.49		-	
100m schoolslag	series	19.	1:16.44	-	1:11.43	6-10-2019	87%	
200m schoolslag	series	9.	2:48.27	-	2:35.63	24-11-2019	86%	
50m vlinderslag	series	22.	29.33	-	29.19	26-5-2019	99%	
200m wisselslag	series	9.	2:27.57	-	2:20.39	14-11-2021	91%	
Cas van Rooij, 25-7-2006								2
50m vrije slag	series	36.	31.03	-	31.55	24-4-2022	103%	
100m schoolslag	series	14.	1:25.49	-	1:25.75	10-4-2022	101%	
Lian Vereijken, 6-9-2005								-
50m vrije slag	series	6.	31.23	-	30.67	13-3-2022	96%	
Lotte de Wit, 1-7-2010								1
50m vrije slag	series	21.	35.30	-	35.53	21-11-2021	101%	
Niek Kouwenberg, 21-2-1986								-
50m vlinderslag	series	31.	30.53	-	29.73	26-5-2019	95%	
Silke van de Weijer, 28-1-2003								1
100m vlinderslag	series	12.	1:15.52	-	1:15.65	26-5-2019	100%	
Thijs van de Weijer, 16-3-2007								1
50m vrije slag	series	34.	30.38	-	31.13	24-4-2022	105%	

Zvdo'74

Jet Kamphuis, 15-12-2006

100m vrije slag	series	3.	1:04.30	-	1:02.95	17-4-2022	96%	-
100m vlinderslag	series	4.	1:15.45	-	1:13.24	17-4-2022	94%	-

Zwemclub Eijsden								15
Eva van Marum, 4-11-2007								2
50m vrije slag	series	9.	31.93	-	32.28	18-4-2022	102%	
100m vrije slag	series	9.	1:09.92	-	1:10.39	8-3-2020	101%	
Juul Schroyen, 7-8-2005								-
50m vrije slag	series	2.	29.48	-	29.45	7-3-2020	100%	
50m rugslag	series	2.	34.57	-	33.57	7-3-2020	94%	
100m rugslag	series	2.	1:17.16	-	1:10.78	30-12-2019	84%	
50m vlinderslag	series	2.	31.15	-	30.81	18-4-2022	98%	
Koen de Groot, 17-2-2004								-
50m vrije slag	series	1.	23.54	-	23.38	10-7-2021	99%	
Manon Bams, 8-4-2009								3
50m vrije slag	series	3.	31.09	-	31.69	21-11-2021	104%	
100m vrije slag	series	4.	1:07.76	-	1:11.67	14-11-2021	112%	
50m rugslag	series	4.	36.91	-	37.48	13-3-2022	103%	
100m vlinderslag	series	2.	1:25.76	-	1:25.36	3-10-2021	99%	
Sabine Vertommen, 5-6-1998								1
100m rugslag	series	7.	1:13.57	-	1:08.33	30-12-2019	86%	
50m schoolslag	series	5.	38.08	-	37.29	28-4-2019	96%	
100m schoolslag	series	7.	1:26.41	-	1:20.27	6-10-2019	86%	
50m vlinderslag	series	7.	31.53	-	31.72	22-3-2019	101%	
Stef Blok, 6-3-2007								4
50m vrije slag	series	4.	27.63	-	28.10	18-4-2022	103%	
100m vrije slag	series	8.	1:03.37	-	1:02.81	18-4-2022	98%	
200m vrije slag	series	6.	2:19.99	-	2:28.12	15-12-2019	112%	
400m vrije slag	series	4.	5:00.42	-	5:04.01	18-4-2022	102%	
50m vlinderslag	series	7.	32.38	-	33.82	3-10-2021	109%	
Sterre Willigers, 10-11-2006								1
50m vrije slag	series	6.	30.66	-	30.92	18-4-2022	102%	
Thijn Timmermans, 4-2-2006								2
50m vrije slag	series	11.	29.38	-	29.66	18-4-2022	102%	
100m vrije slag	series	13.	1:06.30	-	1:06.20	18-4-2022	100%	
200m rugslag	series	4.	2:42.52	-	2:39.58	24-4-2022	96%	
50m vlinderslag	series	8.	32.63	-	32.64	18-4-2022	100%	
Wiktor Staron, 11-9-2009								1
50m vrije slag	series	12.	32.39	-	33.86	21-11-2021	109%	
Yana Korczynski, 27-6-2002								1
50m vrije slag	series	4.	28.67	-	28.54	18-4-2022	99%	
100m vrije slag	series	2.	1:01.79	-	1:02.86	18-4-2022	103%	
200m vrije slag	series	2.	2:18.60	-	2:15.08	14-11-2021	95%	
50m vlinderslag	series	5.	30.74	-	30.53	18-4-2022	99%	
100m vlinderslag	series	2.	1:09.08	-	1:08.40	30-12-2019	98%	

Zwemsport Parkstad								5
Alan Smeets, 6-3-1984								-
50m vrije slag	series	8.	25.60	-	24.44	26-10-2019	91%	
100m vrije slag	series	9.	56.98	-	54.10	10-2-2019	90%	
200m vrije slag	series	6.	2:08.31	-	2:05.02	21-9-2019	95%	
50m rugslag	series	7.	30.53	-	29.96	17-2-2019	96%	
100m rugslag	series	3.	1:04.95	-	1:00.75	27-10-2019	87%	
200m rugslag	series	4.	2:24.57	-	2:23.94	17-2-2019	99%	
50m vlinderslag	series	9.	28.19	-	26.56	28-12-2019	89%	
100m vlinderslag	series	11.	1:05.90	-	1:00.29	13-1-2019	84%	
Audrey Vreuls, 7-4-2003								-
50m vrije slag	series	8.	30.69	-	28.37	30-12-2019	85%	
200m vrije slag	series	AFGEM		-	2:21.68	26-5-2019	-	
50m vlinderslag	series	AFGEM		-	31.04	19-5-2019	-	
Carolien Beckers, 3-1-2002								1
400m vrije slag	series	1.	4:46.40	-	4:46.96	13-1-2019	100%	
Demi van Hulst, 3-7-2003								-
100m vrije slag	series	9.	1:06.88	-	1:01.97	6-12-2019	86%	
200m vrije slag	series	AFGEM		-	2:16.84	27-10-2019	-	
50m rugslag	series	6.	34.35	-	33.22	9-2-2020	94%	
100m rugslag	series	6.	1:13.38	-	1:10.62	16-6-2019	93%	
Esmee Lanckohr, 4-1-2000								-
50m schoolslag	series	3.	36.86	-	35.07	24-11-2019	91%	
100m schoolslag	series	4.	1:20.91	-	1:16.32	28-12-2019	89%	
200m schoolslag	series	1.	2:52.45	-	2:43.49	12-1-2020	90%	
100m vlinderslag	series	6.	1:15.93	-	1:13.33	14-11-2021	93%	
Esmee van Huet, 16-1-2007								1
50m vrije slag	series	10.	31.99	-	31.90	12-9-2021	99%	
50m vlinderslag	series	4.	33.51	-	34.93	8-2-2022	109%	
100m vlinderslag	series	2.	1:18.76	-	1:18.25	24-4-2022	99%	
Jasper Thomas, 10-11-2002								1
100m vrije slag	series	8.	56.37	-	52.09	29-12-2019	85%	
200m vrije slag	series	7.	2:08.44	-	1:58.70	17-11-2019	85%	
50m rugslag	series	6.	30.48	-	30.34	25-5-2019	99%	
50m schoolslag	series	8.	33.33	-	33.47	25-5-2019	101%	
Julie Simonis, 22-1-2010								1
50m vrije slag	series	9.	33.11	-	32.72	20-3-2022	98%	
100m vrije slag	series	9.	1:13.83	-	1:10.69	13-12-2020	92%	
200m vrije slag	series	5.	2:42.11	-	2:38.68	24-4-2022	96%	
400m vrije slag	series	5.	5:50.62	-	5:48.68	1-5-2022	99%	
50m rugslag	series	5.	38.02	-	40.04	19-3-2022	111%	
100m rugslag	series	8.	1:25.89	-	1:23.50	19-3-2022	95%	
Kyanie Blom, 20-3-2003								1
800m vrije slag	series	1.	10:29.77	-	9:56.01	24-11-2019	90%	
50m schoolslag	series	8.	39.43	-	37.01	3-10-2021	88%	
100m vlinderslag	series	4.	1:14.58	-	1:11.48	23-11-2019	92%	
400m wisselslag	series	3.	5:45.67	-	5:46.09	19-5-2019	100%	
Raphaël Krichel, 21-3-2003								-
100m schoolslag	series	9.	1:18.52	-	1:12.65	23-11-2019	86%	
50m vlinderslag	series	17.	29.92	-	29.64	30-3-2019	98%	

Zwemvereniging De Zilvermeeuw							22
Damian de Nijs, 6-1-2009							1
100m vrije slag	series	23.	1:15.12	-	1:16.94	27-3-2022	105%
50m schoolslag	series	10.	39.38	-	39.32	24-4-2022	100%
Jens van Gils, 13-6-2007							2
50m vrije slag	series	31.	29.49	-	30.30	24-10-2021	106%
50m vlinderslag	series	14.	31.71	-	33.41	24-4-2022	111%
Kobe Verhaegen, 4-4-2008							5
50m vrije slag	series	11.	30.91	-	31.72	10-4-2022	105%
100m vrije slag	series	17.	1:10.01	-	1:09.85	24-4-2022	100%
200m vrije slag	series	20.	2:42.03	-	2:36.32	24-4-2022	93%
50m schoolslag	series	4.	36.59	-	37.05	24-4-2022	103%
100m schoolslag	series	3.	1:19.93	-	1:22.59	10-4-2022	107%
200m schoolslag	series	5.	2:59.24	-	2:59.80	8-4-2022	101%
200m wisselslag	series	12.	2:52.34	-	2:59.56	31-10-2021	109%
Mike Corporaal, 30-5-2003							-
50m vrije slag	series	25.	26.99	-	26.27	26-6-2021	95%
50m vlinderslag	series	15.	28.71	-	28.32	13-3-2022	97%
Quincy van Loon, 8-4-2009							5
50m vrije slag	series	8.	31.47	-	32.08		104%
100m vrije slag	series	12.	1:12.59	-	1:15.40	20-2-2022	108%
200m vrije slag	series	12.	2:45.41	-	2:43.99	27-3-2022	98%
50m rugslag	series	6.	37.63	-	38.46	13-3-2022	104%
50m schoolslag	series	12.	42.57	-	42.95	24-4-2022	102%
50m vlinderslag	series	10.	37.23	-	36.78	8-4-2022	98%
400m wisselslag	series	7.	6:54.82	-	6:57.37	27-3-2022	101%
Seppe Beunis, 7-6-2008							9
50m vrije slag	series	13.	31.20	-	31.85	10-4-2022	104%
100m vrije slag	series	15.	1:09.25	-	1:11.84	21-11-2021	108%
200m vrije slag	series	11.	2:33.65	-	2:32.90	24-4-2022	99%
50m rugslag	series	5.	36.11	-	36.69	13-3-2022	103%
100m rugslag	series	8.	1:17.59	-	1:20.25	10-4-2022	107%
50m schoolslag	series	9.	39.18	-	39.65	24-4-2022	102%
100m schoolslag	series	10.	1:26.61	-	1:27.90	13-3-2022	103%
50m vlinderslag	series	12.	36.70	-	38.58	31-10-2021	111%
200m wisselslag	series	9.	2:47.66	-	2:56.08	7-11-2021	110%
400m wisselslag	series	4.	6:05.51	-	6:37.22	27-3-2022	118%

								19
ZWK Merlet								3
Dirk Broekmans, 18-1-2007								
50m vrije slag	series	33.	29.87	-	29.78	20-2-2022	99%	
100m vrije slag	series	23.	1:04.07	-	1:06.67	20-2-2022	108%	
50m vlinderslag	series	18.	32.20	-	32.67	20-2-2022	103%	
100m vlinderslag	series	13.	1:18.24	-	1:14.28	24-4-2022	90%	
200m wisselslag	series	13.	2:44.63	-	2:47.29	16-4-2022	103%	
Eleonore Derks, 1-6-2008								3
50m vrije slag	series	24.	31.85	-	32.79	24-4-2022	106%	
50m vlinderslag	series	9.	34.11	-	35.08	16-4-2022	106%	
200m wisselslag	series	15.	2:53.07	-	2:57.69	16-4-2022	105%	
Freek Derks, 14-4-2006								6
50m vrije slag	series	28.	29.11	-	32.25	18-5-2019	123%	
100m vrije slag	series	25.	1:05.03	-	1:06.44	16-4-2022	104%	
200m vrije slag	series	19.	2:35.00	-	2:29.46	3-10-2021	93%	
50m schoolslag	series	7.	36.43	-	38.71	16-4-2022	113%	
100m schoolslag	series	11.	1:21.49	-	1:25.35	26-3-2022	110%	
200m schoolslag	series	10.	3:02.24	-	3:09.30	6-7-2019	108%	
50m vlinderslag	series	21.	33.26	-	34.38	4-10-2020	107%	
Kyana de Vries, 19-1-2009								3
100m schoolslag	series	2.	1:26.33	-	1:27.95	16-4-2022	104%	
200m schoolslag	series	2.	3:03.42	-	3:04.95	16-4-2022	102%	
200m wisselslag	series	14.	3:00.77	-	3:06.31	26-3-2022	106%	
Ryan Leunissen, 15-7-2006								3
50m vrije slag	series	19.	28.13	-	29.11	16-4-2022	107%	
100m vrije slag	series	26.	1:06.41	-	1:05.79	16-4-2022	98%	
100m rugslag	series	8.	1:14.13	-	1:15.60	16-4-2022	104%	
50m vlinderslag	series	17.	32.14	-	34.06	13-3-2022	112%	
Yannick van Dijk, 14-5-2005								1
100m vrije slag	series	6.	58.62	-	1:01.07	20-2-2022	109%	
50m schoolslag	series	2.	32.63	-	32.46	20-2-2022	99%	
200m wisselslag	series	3.	2:23.22	-	2:19.91	21-11-2021	95%	