

Limietwedstrijd Lange baan Eindhoven
Eindhoven, 9-2-2020

Programmanr. 4
9-2-2020 - 13:35

Heren, 400m vrije slag

Senioren Open
Resultaten

Rang					In.tijd	100m	200m	300m	400m
1.	Lucas Peters	Nextline swimming	4:10.57	200301325	1:03.27	2:08.24	3:14.33	4:19.24	
	50m: 30.53	30.53	150m: 1:35.58	32.31	250m: 2:41.07	32.83	350m: 3:47.03	32.70	
	100m: 1:03.27	32.74	200m: 2:08.24	32.66	300m: 3:14.33	33.26	400m: 4:19.24	32.21	
2.	Nino van Beek	Zeps	4:15.18	200202153	1:03.91	2:11.08	3:18.39	4:25.30	
	50m: 30.17	30.17	150m: 1:37.49	33.58	250m: 2:44.54	33.46	350m: 3:52.46	34.07	
	100m: 1:03.91	33.74	200m: 2:11.08	33.59	300m: 3:18.39	33.85	400m: 4:25.30	32.84	
3.	Thijn Damen	Trb/Res	4:30.88	200300973	1:03.12	2:12.38	3:21.13	4:27.86	
	50m: 29.45	29.45	150m: 1:38.06	34.94	250m: 2:46.55	34.17	350m: 3:55.42	34.29	
	100m: 1:03.12	33.67	200m: 2:12.38	34.32	300m: 3:21.13	34.58	400m: 4:27.86	32.44	
4.	Maikel van der Linden	Zwemsport Parkstad	4:28.48	200003797	1:04.08	2:12.71	3:23.26	4:33.37	
	50m: 30.26	30.26	150m: 1:37.73	33.65	250m: 2:48.08	35.37	350m: 3:58.23	34.97	
	100m: 1:04.08	33.82	200m: 2:12.71	34.98	300m: 3:23.26	35.18	400m: 4:33.37	35.14	
5.	Bobby van Dijk	Dbd	4:45.67	200200153	1:05.97	2:18.72	3:33.46	4:43.10	
	50m: 30.19	30.19	150m: 1:42.61	36.64	250m: 2:55.99	37.27	350m: 4:09.11	35.65	
	100m: 1:05.97	35.78	200m: 2:18.72	36.11	300m: 3:33.46	37.47	400m: 4:43.10	33.99	
6.	Sem Bonte	Z & PC De Zeeuwse Kust	4:38.34	200400427	1:05.04	2:17.97	3:32.71	4:43.60	
	50m: 30.42	30.42	150m: 1:40.92	35.88	250m: 2:55.16	37.19	350m: 4:09.71	37.00	
	100m: 1:05.04	34.62	200m: 2:17.97	37.05	300m: 3:32.71	37.55	400m: 4:43.60	33.89	
7.	Damian Waas	O.Z. & P.C. De Warande	4:38.30	200402285	1:06.27	2:18.12	3:32.14	4:43.90	
	50m: 30.95	30.95	150m: 1:41.60	35.33	250m: 2:55.52	37.40	350m: 4:08.65	36.51	
	100m: 1:06.27	35.32	200m: 2:18.12	36.52	300m: 3:32.14	36.62	400m: 4:43.90	35.25	
8.	Tiago Fonseca Gomes	Psv	NT	200703587	1:07.95	2:21.22	3:34.32	4:45.17	
	50m: 31.99	31.99	150m: 1:44.95	37.00	250m: 2:57.35	36.13	350m: 4:10.77	36.45	
	100m: 1:07.95	35.96	200m: 2:21.22	36.27	300m: 3:34.32	36.97	400m: 4:45.17	34.40	
9.	Lars Bulman	AquaDream	4:55.31	200600125	1:08.14	2:23.43	3:37.34	4:47.04	
	50m: 32.13	32.13	150m: 1:45.70	37.56	250m: 3:00.27	36.84	350m: 4:12.42	35.08	
	100m: 1:08.14	36.01	200m: 2:23.43	37.73	300m: 3:37.34	37.07	400m: 4:47.04	34.62	
10.	Niels van der Mast	ZPC Numansdorp	4:44.77	200401917	1:07.09	2:22.34	3:40.11	4:55.62	
	50m: 31.62	31.62	150m: 1:44.52	37.43	250m: 3:01.23	38.89	350m: 4:19.28	39.17	
	100m: 1:07.09	35.47	200m: 2:22.34	37.82	300m: 3:40.11	38.88	400m: 4:55.62	36.34	
11.	Lars Servaas	Psv	5:11.52	200600377	1:10.48	2:26.61	3:43.51	4:58.09	
	50m: 33.10	33.10	150m: 1:48.48	38.00	250m: 3:05.07	38.46	350m: 4:20.84	37.33	
	100m: 1:10.48	37.38	200m: 2:26.61	38.13	300m: 3:43.51	38.44	400m: 4:58.09	37.25	
12.	Bas Blanker	ZPB H&L Productions	4:58.37	200601497	1:09.20	2:26.54	3:43.80	4:58.59	
	50m: 32.12	32.12	150m: 1:47.74	38.54	250m: 3:05.00	38.46	350m: 4:22.13	38.33	
	100m: 1:09.20	37.08	200m: 2:26.54	38.80	300m: 3:43.80	38.80	400m: 4:58.59	36.46	
13.	Maxime Koops	Zwemsport Parkstad	4:58.16	200600831	1:08.33	2:24.03	3:42.05	5:01.86	
	50m: 31.83	31.83	150m: 1:45.61	37.28	250m: 3:01.90	37.87	350m: 4:21.62	39.57	
	100m: 1:08.33	36.50	200m: 2:24.03	38.42	300m: 3:42.05	40.15	400m: 5:01.86	40.24	
14.	Joe van den Hooff	Psv	5:15.89	200600559	1:08.22	2:26.14	3:45.78	5:04.61	
	50m: 31.66	31.66	150m: 1:46.78	38.56	250m: 3:05.54	39.40	350m: 4:25.63	39.85	
	100m: 1:08.22	36.56	200m: 2:26.14	39.36	300m: 3:45.78	40.24	400m: 5:04.61	38.98	
15.	Martino Valentijn	Z & Pc Dio	4:53.87	199403913	1:11.08	2:30.19	3:49.42	5:04.84	
	50m: 33.15	33.15	150m: 1:50.51	39.43	250m: 3:09.95	39.76	350m: 4:28.05	38.63	
	100m: 1:11.08	37.93	200m: 2:30.19	39.68	300m: 3:49.42	39.47	400m: 5:04.84	36.79	
16.	Yuri Admiraal	ZPC Numansdorp	4:58.13	197701655	1:09.46	2:28.42	3:48.41	5:10.04	
	50m: 32.67	32.67	150m: 1:48.89	39.43	250m: 3:08.27	39.85	350m: 4:29.10	40.69	
	100m: 1:09.46	36.79	200m: 2:28.42	39.53	300m: 3:48.41	40.14	400m: 5:10.04	40.94	
17.	Duuk Dollekens	Waalwijkse Zwem Vereni	5:27.25	200400369	1:13.77	2:38.40	4:03.35	5:29.11	
	50m: 34.61	34.61	150m: 1:55.31	41.54	250m: 3:20.23	41.83	350m: 4:46.34	42.99	
	100m: 1:13.77	39.16	200m: 2:38.40	43.09	300m: 4:03.35	43.12	400m: 5:29.11	42.77	

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Rang				In.tijd		100m	200m	300m	400m			
18.	Berend van der Schrier	Hieronymus		6:20.39	200601915	1:18.35	2:44.21	4:13.27	5:37.01			
	50m:	37.21	37.21	150m:	1:59.82	41.47	250m:	3:29.49	45.28	350m:	4:55.91	42.64
	100m:	1:18.35	41.14	200m:	2:44.21	44.39	300m:	4:13.27	43.78	400m:	5:37.01	41.10
19.	Tim Van Melick	ZPC De Rog Weert		5:49.16	200402209	1:15.73	2:43.23	4:13.52	5:38.97			
	50m:	35.36	35.36	150m:	1:58.74	43.01	250m:	3:28.54	45.31	350m:	4:58.00	44.48
	100m:	1:15.73	40.37	200m:	2:43.23	44.49	300m:	4:13.52	44.98	400m:	5:38.97	40.97
20.	Wout van Dijk	Dbd		5:53.14	196200145	1:26.66	3:00.48	4:34.65	6:04.14			
	50m:	40.63	40.63	150m:	2:13.58	46.92	250m:	3:47.72	47.24	350m:	5:20.45	45.80
	100m:	1:26.66	46.03	200m:	3:00.48	46.90	300m:	4:34.65	46.93	400m:	6:04.14	43.69
AFGEM	Kylian Oosterveen	Z & PC De Zeeuwse Kust		4:39.76	200600651							