

Limietwedstrijd Lange baan Eindhoven
Eindhoven, 9-2-2020

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
								-
AquaDream								3
Delano van der Wegen, 12-2-2008								1
50m vrije slag	series	42.	30.82	-	31.85	26-10-2019	107%	
100m rugslag	series	20.	1:23.36	-	1:22.16	3-11-2019	97%	
50m schoolslag	series	20.	47.29	-	45.67	26-10-2019	93%	
Diederik Colombijn, 17-11-2004								-
100m vrije slag	series	10.	59.58	-	56.64	24-11-2019	90%	
50m rugslag	series	7.	31.88	-	30.69	24-11-2019	93%	
200m rugslag	series	5.	2:26.16	-	2:18.73	16-11-2019	90%	
Jayna Wagemakers, 24-9-2010								-
50m vrije slag	series	AFGEM		-	39.34	12-1-2020	-	
50m rugslag	series	AFGEM		-	46.80	6-10-2019	-	
Julian van der Wegen, 3-7-2010								-
50m vrije slag	series	8.	48.39	-	NT		-	
50m schoolslag	series	9.	1:00.01	-	NT		-	
Lars Bulman, 4-8-2006								1
50m vrije slag	series	25.	28.08	-	27.04	16-11-2019	93%	
400m vrije slag	series	9.	4:47.04	-	4:55.31	25-5-2019	106%	
100m vlinderslag	series	8.	1:06.56	-	1:02.98	7-12-2019	90%	
Manaudou Verhaar, 22-9-2008								1
400m vrije slag	series	30.	5:43.87	-	5:30.58	16-11-2019	92%	
200m wisselslag	series	18.	3:06.54	-	3:07.09	19-1-2020	101%	
Arethusa								12
Chimene Gremmen, 25-7-2002								-
200m vrije slag	series	15.	2:44.34	-	2:42.83	21-1-2018	98%	
50m rugslag	series	46.	40.61	-	40.61	21-1-2018	100%	
Evy Ulijn, 21-10-1996								-
50m vlinderslag	series	5.	30.69	-	29.12	6-5-2018	90%	
Fenne Smits, 23-12-2004								1
50m vrije slag	series	97.	40.44	-	40.51	17-3-2019	100%	
50m rugslag	series	58.	45.88	-	45.58	3-2-2019	99%	
Karsten van Doorn, 31-12-2003								3
50m vrije slag	series	23.	28.00	-	28.72	18-5-2019	105%	
200m vrije slag	series	8.	2:21.31	-	2:23.99	19-5-2019	104%	
50m vlinderslag	series	21.	31.65	-	33.62	3-2-2019	113%	
Laurens Hofstede, 27-1-2003								1
50m vrije slag	series	13.	27.11	-	27.14	18-5-2019	100%	
50m vlinderslag	series	10.	27.90	-	27.69	16-6-2019	99%	
Lize Ulijn, 18-7-2003								1
50m vrije slag	series	45.	32.72	-	32.42	31-3-2018	98%	
50m rugslag	series	30.	38.88	-	39.18	7-4-2019	102%	
Maud van Gemeren, 12-9-2004								1
50m vrije slag	series	69.	34.18	-	38.25	25-3-2018	125%	
Rijf van de Veerdonk, 12-9-2006								-
50m schoolslag	series	18.	42.19	-	NT		-	
100m schoolslag	series	16.	1:31.81	-	NT		-	
Sanne Gooiker, 5-10-2004								2
50m vrije slag	series	58.	33.35	-	36.89	25-3-2018	122%	
100m rugslag	series	29.	1:25.01	-	1:37.25	21-1-2018	131%	
Suze van Bergen, 14-7-2003								1
50m vrije slag	series	14.	30.81	-	31.51	25-5-2019	105%	
50m vlinderslag	series	25.	34.31	-	NT		-	
Thom van den Burgt, 20-1-2005								1
50m vrije slag	series	50.	33.46	-	41.86	17-3-2019	157%	
50m vlinderslag	series	35.	45.35	-	NT		-	
Wisanne Bevers, 18-4-2003								1
100m vrije slag	series	51.	1:16.40	-	1:13.17	17-3-2019	92%	
50m schoolslag	series	35.	43.37	-	49.00	17-3-2019	128%	
Argo								-
Lars Diesch, 21-5-2001								-
200m vrije slag	series	6.	2:18.76	-	2:12.10	18-11-2018	91%	
50m schoolslag	series	3.	31.13	-	30.71	20-10-2019	97%	
50m vlinderslag	series	18.	29.82	-	29.11	12-1-2020	95%	
Brunssum								-

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Dbd								9
Bobby van Dijk, 26-6-2002								2
400m vrije slag	series	5.	4:43.10	-	4:45.67		102%	
100m rugslag	series	1.	1:03.37	-	1:04.06	25-3-2018	102%	
Fieke Wouters, 22-5-2010								2
50m vrije slag	series	24.	52.62	-	53.33		103%	
50m rugslag	series	15.	51.11	-	53.28		109%	
Jelmer Scholtes, 9-1-2011								-
50m vrije slag	series	AFGEM		-	58.00		-	
50m rugslag	series	AFGEM		-	1:00.38	6-10-2019	-	
50m schoolslag	series	AFGEM		-	1:05.00		-	
Linde van Berlo, 26-5-2010								2
50m rugslag	series	10.	48.39	-	54.83		128%	
50m schoolslag	series	8.	59.84	-	1:04.97		118%	
Nienke Versteegen, 23-5-2000								2
50m vrije slag	series	22.	31.30	-	31.39	17-3-2019	101%	
100m vrije slag	series	15.	1:07.50	-	1:08.07	11-3-2018	102%	
Rens van Berlo, 14-6-2008								1
50m vrije slag	series	59.	49.06	-	54.43		123%	
50m schoolslag	series	24.	59.48	-	58.14	12-5-2019	96%	
Wout van Dijk, 6-7-1962								-
400m vrije slag	series	20.	6:04.14	-	5:53.14	3-2-2019	94%	
De Lansingh								-
De Otters Het Gooi								15
Eefje Irvine, 23-2-2007								1
50m rugslag	series	6.	34.23	-	34.36	12-1-2020	101%	
100m rugslag	series	7.	1:14.48	-	1:11.79	6-12-2019	93%	
200m schoolslag	series	8.	3:11.95	-	3:06.93	7-12-2019	95%	
Famke Irvine, 10-11-2005								-
50m vrije slag	series	15.	30.84	-	30.37	1-12-2018	97%	
50m vlinderslag	series	13.	32.84	-	32.05	2-6-2019	95%	
Frederique Griepink, 1-5-2010								2
50m vrije slag	series	14.	43.69	-	44.58	12-1-2020	104%	
50m rugslag	series	17.	51.41	-	55.05	1-12-2019	115%	
Isis Verhoeff, 26-3-2009								2
50m vrije slag	series	3.	35.70	-	37.36	1-12-2019	110%	
50m rugslag	series	1.	40.42	-	40.60	19-1-2020	101%	
Jake van Duivendijk, 13-2-2010								1
50m rugslag	series	3.	52.13	-	52.30	12-1-2020	101%	
50m schoolslag	series	3.	54.47	-	54.13	1-12-2019	99%	
Merijn Verhoeff, 4-7-2006								2
50m vrije slag	series	47.	31.88	-	35.14	1-12-2019	121%	
50m rugslag	series	21.	38.70	-	38.96	12-1-2020	101%	
Mette Boorsma, 9-3-2009								2
50m vrije slag	series	1.	33.32	-	35.97	12-5-2019	117%	
50m rugslag	series	2.	41.85	-	44.70	19-1-2020	114%	
Pim Mafait, 15-3-2004								1
100m schoolslag	series	13.	1:27.52	-	1:22.89	6-10-2019	90%	
50m vlinderslag	series	26.	34.19	-	34.62	12-1-2020	103%	
Willemijn de Groot, 24-11-2005								2
50m vrije slag	series	31.	31.82	-	35.09	12-1-2020	122%	
50m rugslag	series	41.	40.09	-	40.19	10-11-2019	100%	
Yuan Ame Swart, 10-6-2006								2
50m schoolslag	series	36.	43.90	-	44.45	9-6-2019	103%	
200m wisselslag	series	11.	2:53.26	-	3:18.50	13-1-2019	131%	
De Warande								-
Aurelie Koster, 14-10-2007								-
200m vrije slag	series	22.	3:02.98	-	2:59.43	20-10-2019	96%	
De Wildert								11
Ann Kerstens, 8-9-1996								1
100m vrije slag	series	40.	1:13.75	-	1:06.56		81%	
50m schoolslag	series	33.	42.76	-	41.17		93%	
100m schoolslag	series	21.	1:33.83	-	1:30.19	12-1-2020	92%	
50m vlinderslag	series	26.	34.39	-	34.50	12-1-2020	101%	
Charlien Diepstraten, 27-1-2005								-
100m vrije slag	series	AFGEM		-	1:26.01	25-3-2018	-	
100m vlinderslag	series	AFGEM		-	1:48.71	4-11-2018	-	
Femke van den Heijkant, 23-7-2007								2
100m vrije slag	series	76.	1:26.89	-	1:34.07	17-3-2019	117%	
200m schoolslag	series	16.	3:46.47	-	3:53.08	17-3-2019	106%	

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Jesse van Hasselt, 1-4-2005								1
50m rugslag	series	25.	45.11	-	49.09	8-9-2019	118%	
50m schoolslag	series	21.	48.30	-	47.64	27-10-2019	97%	
Luna Dictus, 21-3-2008								2
50m rugslag	series	61.	53.22	-	58.60	17-2-2019	121%	
50m schoolslag	series	55.	53.60	-	57.72	17-2-2019	116%	
Nannick Dictus, 18-10-2006								1
50m vrije slag	series	96.	39.64	-	39.24	17-2-2019	98%	
50m rugslag	series	60.	47.94	-	51.39	21-1-2018	115%	
Niek Jansen, 17-12-2007								-
100m vrije slag	series	41.	1:43.11	-	1:37.56	24-3-2019	90%	
100m rugslag	series	25.	1:44.70	-	1:40.70	6-10-2019	93%	
Remco Herijgens, 22-4-2004								1
100m rugslag	series	21.	1:25.72	-	1:24.61	3-11-2019	97%	
50m vlinderslag	series	29.	36.12	-	36.60	12-1-2020	103%	
Tuur Boden, 8-10-2002								2
100m vrije slag	series	24.	1:08.63	-	1:08.17	25-3-2018	99%	
50m rugslag	series	23.	39.77	-	42.46	25-3-2018	114%	
50m schoolslag	series	8.	37.27	-	37.22	3-11-2019	100%	
100m schoolslag	series	7.	1:22.34	-	1:22.83	20-1-2019	101%	
Ward Overbeeke, 29-9-2004								-
100m vrije slag	series	35.	1:16.93	-	1:15.84	6-10-2019	97%	
100m vlinderslag	series	16.	1:32.07	-	NT		-	
Xander Castelijns, 15-4-2003								1
50m schoolslag	series	17.	41.45	-	45.68	3-2-2019	121%	
100m schoolslag	series	17.	1:34.56	-	NT		-	
50m vlinderslag	series	32.	42.29	-	NT		-	
Dommelbaarzen								-
Max Peters, 24-2-1999								-
50m schoolslag	series	1.	30.86	-	29.31	19-5-2019	90%	
DSZ								-
Amaia Mauriès, 14-2-2007								-
100m vrije slag	series	67.	1:21.22	-	NT		-	
50m schoolslag	series	48.	48.82	-	NT		-	
100m schoolslag	series	34.	1:44.88	-	NT		-	
Bo Keus, 22-1-2007								-
50m vrije slag	series	59.	33.41	-	NT		-	
100m vrije slag	series	46.	1:15.96	-	NT		-	
100m schoolslag	series	40.	1:52.12	-	NT		-	
Julian Prunier, 4-8-2008								-
100m rugslag	series	AFGEM		-	NT		-	
50m schoolslag	series	AFGEM		-	NT		-	
Kate Mauriès, 14-2-2007								-
100m vrije slag	series	32.	1:12.05	-	NT		-	
50m rugslag	series	22.	37.37	-	NT		-	
50m schoolslag	series	46.	46.67	-	NT		-	
Kaya Keus, 17-10-2008								-
100m vrije slag	series	64.	1:20.62	-	NT		-	
50m schoolslag	series	52.	49.64	-	NT		-	
100m schoolslag	series	37.	1:45.81	-	NT		-	
Kean van der Vlugt, 19-9-2005								-
50m vrije slag	series	42.	32.65	-	NT		-	
100m vrije slag	series	30.	1:11.81	-	NT		-	
200m vrije slag	series	16.	2:44.64	-	NT		-	
400m vrije slag	series	35.	5:54.84	-	NT		-	
Lisa Verhagen, 2-7-2009								-
50m vrije slag	series	9.	39.06	-	NT		-	
50m rugslag	series	9.	47.87	-	NT		-	
50m vlinderslag	series	4.	49.65	-	NT		-	
Maxim Portik, 17-6-2006								-
50m vrije slag	series	56.	35.93	-	NT		-	
100m vrije slag	series	AFGEM		-	NT		-	
Merijn van den Berg, 20-3-2008								-
50m rugslag	series	27.	45.77	-	NT		-	
50m vlinderslag	series	36.	45.46	-	NT		-	
Neel Sahti, 5-1-2004								-
50m vrije slag	series	33.	29.21	-	NT		-	
100m vrije slag	series	28.	1:09.43	-	NT		-	
50m vlinderslag	series	25.	33.96	-	NT		-	
Feijenoord Albion								4

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Sanne van Kesteren, 7-5-2006								4
100m vrije slag	series	61.	1:19.27	-	1:19.89	25-5-2019	102%	
400m vrije slag	series	39.	6:03.34	-	6:16.76	17-2-2019	108%	
50m rugslag	series	55.	44.46	-	44.49	19-1-2019	100%	
100m rugslag	series	38.	1:32.96	-	1:35.49	16-6-2019	106%	
Hieronymus								51
Bart de Bruijn, 8-4-2000								-
50m vrije slag	series	AFGEM		-	26.52	23-2-2019	-	
100m schoolslag	series	AFGEM		-	1:15.21	21-4-2019	-	
Berend van der Schrier, 10-4-2006								2
50m vrije slag	series	44.	31.24	-	34.64	18-5-2019	123%	
400m vrije slag	series	18.	5:37.01	-	6:20.39	17-2-2019	127%	
Bibi de Jong, 2-1-2004								1
100m rugslag	series	20.	1:22.64	-	1:20.46	26-5-2019	95%	
200m schoolslag	series	7.	3:01.40	-	3:07.12	28-4-2019	106%	
50m vlinderslag	series	36.	35.98	-	34.96	3-2-2019	94%	
Dion Potters, 17-12-2006								2
50m vrije slag	series	41.	30.73	-	32.05	18-5-2019	109%	
100m rugslag	series	14.	1:19.48	-	1:18.88	26-5-2019	98%	
200m rugslag	series	9.	2:49.52	-	2:49.61	18-5-2019	100%	
Elke Kriesels, 13-2-2011								-
50m vrije slag	series	AFGEM		-	41.35	1-12-2019	-	
50m rugslag	series	AFGEM		-	49.17	1-12-2019	-	
Frederique Bultsing, 24-8-2010								1
50m vrije slag	series	20.	46.44	-	48.48	15-12-2019	109%	
50m schoolslag	series	4.	55.33	-	52.71	1-12-2019	91%	
Félinn van Lienden, 7-6-2006								2
100m vrije slag	series	10.	1:04.89	-	1:06.25	19-5-2019	104%	
100m rugslag	series	9.	1:16.48	-	1:18.09	19-5-2019	104%	
400m wisselslag	series	4.	5:45.06	-	5:43.82	16-6-2019	99%	
Hannes Loos, 20-6-2006								3
50m vrije slag	series	48.	31.92	-	33.32	10-3-2019	109%	
100m vrije slag	series	31.	1:13.66	-	1:14.04	26-5-2019	101%	
200m rugslag	series	13.	2:57.11	-	2:58.63	18-5-2019	102%	
Irene Goorhuis, 10-3-2008								-
50m vrije slag	series	AFGEM		-	41.74	28-4-2019	-	
50m vlinderslag	series	AFGEM		-	42.95	22-6-2019	-	
200m wisselslag	series	AFGEM		-	3:14.93	19-1-2020	-	
Janne Englebert, 4-3-2001								-
200m schoolslag	series	4.	2:48.59	-	2:44.21	28-4-2019	95%	
400m wisselslag	series	2.	4:56.78	-	4:53.40	26-5-2019	98%	
Jessy van Vlimmeren, 27-6-2008								3
200m vrije slag	series	19.	2:51.95	-	2:57.25	29-9-2019	106%	
50m schoolslag	series	40.	44.77	-	47.29	22-6-2019	112%	
50m vlinderslag	series	42.	36.89	-	38.43	22-6-2019	109%	
Julia van Loon, 17-2-2005								2
50m vrije slag	series	68.	34.08	-	33.42	2-6-2018	96%	
50m rugslag	series	42.	40.11	-	38.31	20-10-2019	91%	
50m schoolslag	series	31.	41.83	-	42.07	20-4-2019	101%	
100m schoolslag	series	17.	1:30.63	-	1:31.16	17-3-2019	101%	
Kim Becx, 11-3-2003								-
50m schoolslag	series	AFGEM		-	36.27	7-4-2019	-	
100m schoolslag	series	10.	1:25.18	-	1:21.20	7-4-2019	91%	
Kim Vriens, 14-2-2004								-
50m vrije slag	series	AFGEM		-	28.88	21-4-2019	-	
50m schoolslag	series	AFGEM		-	34.89	14-6-2019	-	
100m schoolslag	series	AFGEM		-	1:16.72	18-5-2019	-	
50m vlinderslag	series	AFGEM		-	31.43	19-4-2019	-	
Lieke Konings, 16-2-2005								-
50m vrije slag	series	23.	31.35	-	30.50	25-5-2019	95%	
50m rugslag	series	20.	37.09	-	36.04	18-5-2019	94%	
50m schoolslag	series	34.	43.12	-	41.02	26-5-2019	90%	
Loris Klippel, 12-5-2006								3
100m schoolslag	series	19.	1:36.16	-	1:39.63	17-2-2019	107%	
200m schoolslag	series	7.	3:22.80	-	3:33.15	17-2-2019	110%	
200m wisselslag	series	10.	3:09.84	-	3:18.28	7-4-2019	109%	
Max van Zeijl, 11-2-2004								3
100m vrije slag	series	21.	1:06.67	-	1:10.55	20-1-2019	112%	
200m schoolslag	series	5.	2:58.07	-	3:12.10	20-1-2019	116%	
50m vlinderslag	series	28.	35.98	-	37.28	10-3-2019	107%	
Mirthe Vlegels, 25-1-2005								-
100m rugslag	series	19.	1:22.52	-	1:21.34	19-5-2019	97%	
50m schoolslag	series	38.	44.05	-	41.06	24-3-2019	87%	
200m wisselslag	series	12.	2:54.24	-	2:47.62	19-4-2019	93%	

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Nadja Wortel, 24-10-1998								-
200m schoolslag	series	4.	2:53.81	-	2:50.87	17-3-2019	97%	
50m vlinderslag	series	11.	31.41	-	30.55	13-5-2018	95%	
Nienke van den Hout, 25-2-2004								1
50m vrije slag	series	13.	30.73	-	31.44	2-6-2018	105%	
200m vrije slag	series	8.	2:31.73	-	2:28.91	20-1-2019	96%	
50m vlinderslag	series	33.	35.44	-	34.52	27-5-2018	95%	
Roos Englebert, 25-4-2002								1
100m vrije slag	series	6.	1:02.63	-	1:02.57	19-5-2019	100%	
100m rugslag	series	3.	1:11.23	-	1:12.24	19-5-2019	103%	
Rosalie van der Bijl, 2-10-2007								4
50m vrije slag	series	18.	31.03	-	32.06	21-4-2019	107%	
50m rugslag	series	19.	36.94	-	39.12	18-5-2019	112%	
100m schoolslag	series	15.	1:29.68	-	1:34.53	18-5-2019	111%	
400m wisselslag	series	7.	6:02.54	-	6:36.50	19-5-2019	120%	
Sanne Rebers, 26-9-1999								3
50m rugslag	series	11.	35.95	-	35.24	20-4-2019	96%	
200m rugslag	series	4.	2:39.36	-	2:39.97	21-4-2019	101%	
50m schoolslag	series	24.	39.17	-	39.41	3-11-2019	101%	
200m wisselslag	series	4.	2:43.41	-	2:43.51	10-3-2019	100%	
Sarah Wessels, 2-7-2008								2
50m vrije slag	series	78.	34.89	-	39.66	28-4-2019	129%	
100m schoolslag	series	36.	1:45.45	-	1:44.89	6-4-2019	99%	
50m vlinderslag	series	49.	39.98	-	46.27	6-4-2019	134%	
Selene Wortel, 15-1-1997								1
50m schoolslag	series	4.	33.98	-	33.78	26-5-2019	99%	
50m vlinderslag	series	3.	29.50	-	29.63	27-5-2018	101%	
200m wisselslag	series	2.	2:29.47	-	2:25.66	19-4-2019	95%	
Sem Lazaroms, 24-2-2004								2
50m vrije slag	series	9.	26.77	-	27.03	20-1-2019	102%	
100m rugslag	series	2.	1:08.33	-	1:07.54	26-5-2019	98%	
200m vlinderslag	series	2.	2:34.98	-	2:35.83	20-1-2019	101%	
Steijn Louter, 19-5-2005								3
100m schoolslag	series	1.	1:09.36	-	1:13.08	25-5-2019	111%	
200m schoolslag	series	1.	2:29.19	-	2:36.94	15-6-2019	111%	
50m vlinderslag	series	13.	28.94	-	31.62	14-6-2019	119%	
Suzie Pellis, 30-11-2007								3
50m vrije slag	series	62.	33.48	600	34.57	15-6-2019	107%	
50m rugslag	series	44.	40.27	538	40.67	18-5-2019	102%	
200m wisselslag	series	16.	3:01.18	580	3:08.12	14-6-2019	108%	
Valesca van den Bogert, 6-4-2001								3
50m schoolslag	series	8.	34.74	-	35.57	22-6-2019	105%	
100m schoolslag	series	2.	1:15.79	-	1:16.95	21-6-2019	103%	
200m schoolslag	series	2.	2:41.41	-	2:43.68	5-4-2019	103%	
Vera Bastiaensen, 4-3-2008								3
50m vrije slag	series	52.	33.00	-	36.06	22-6-2019	119%	
50m vlinderslag	series	41.	36.82	-	39.73	22-6-2019	116%	
400m wisselslag	series	10.	6:16.65	-	6:21.19	17-11-2019	102%	
Wessel Heijnemans, 16-4-2003								1
200m vrije slag	series	4.	2:12.68	-	2:11.41	20-4-2019	98%	
50m rugslag	series	9.	32.44	-	33.03	25-5-2019	104%	
50m schoolslag	series	5.	33.19	-	32.67	14-6-2019	97%	
Zoë de Jong, 12-8-2005								2
200m vrije slag	series	10.	2:38.34	-	2:45.47	20-1-2019	109%	
50m vlinderslag	series	34.	35.75	-	35.86	17-2-2019	101%	
ljzpc								18
Astrid Need, 17-7-1993								2
50m vrije slag	series	81.	35.85	-	35.68	11-3-2018	99%	
100m vrije slag	series	53.	1:17.05	-	1:18.33	30-6-2018	103%	
100m rugslag	series	36.	1:30.29	-	1:32.95	11-3-2018	106%	
400m wisselslag	series	16.	7:05.10	-	NT		-	
Bram Steur, 12-3-2005								4
50m vrije slag	series	39.	30.15	-	34.71	7-7-2018	133%	
50m rugslag	series	20.	38.01	-	41.68	8-7-2018	120%	
100m vlinderslag	series	14.	1:15.65	-	1:26.52	7-7-2018	131%	
200m wisselslag	series	8.	3:02.20	-	3:10.87	8-7-2018	110%	
400m wisselslag	series	11.	6:35.48	-	NT		-	
Indi Rasink, 12-4-2006								-
50m vrije slag	series	AFGEM		-	NT		-	
50m rugslag	series	AFGEM		-	NT		-	
100m rugslag	series	AFGEM		-	NT		-	
100m schoolslag	series	AFGEM		-	NT		-	
Iris Goes, 4-12-2007								2
50m vrije slag	series	73.	34.58	-	36.16	18-5-2019	109%	
100m vrije slag	series	62.	1:20.00	-	1:21.93	19-5-2019	105%	
50m rugslag	series	52.	42.86	-	NT		-	

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100m schoolslag	series	43.	1:58.09	-	NT	-	-	-
100m vlinderslag	series	17.	1:45.15	-	NT	-	-	-
Jan Pot, 4-11-2002								
50m vrije slag	series	AFGEM	-	NT	-	-	-	-
100m rugslag	series	AFGEM	-	NT	-	-	-	-
100m schoolslag	series	AFGEM	-	NT	-	-	-	-
50m vlinderslag	series	AFGEM	-	39.75	6-7-2019	-	-	-
400m wisselslag	series	AFGEM	-	NT	-	-	-	-
Kimberley Gonesh, 9-9-1999								
50m vrije slag	series	33.	31.93	-	NT	-	-	-
100m vrije slag	series	31.	1:11.96	-	NT	-	-	-
100m rugslag	series	13.	1:20.58	-	NT	-	-	-
100m schoolslag	series	24.	1:35.43	-	NT	-	-	-
Liam van der Pol, 28-4-2006								
50m vrije slag	series	45.	31.54	-	37.42	30-6-2018	141%	3
100m vrije slag	series	30.	1:11.64	-	1:25.77	6-7-2019	143%	
100m rugslag	series	22.	1:26.27	-	1:33.00	6-7-2019	116%	
50m vlinderslag	series	30.	40.31	-	NT	-	-	
400m wisselslag	series	14.	6:36.54	-	NT	-	-	
Lisa Spronk, 3-1-1991								
50m vrije slag	series	100.	54.02	214	55.14	11-3-2018	104%	1
50m rugslag	series	63.	55.64	327	53.27	20-1-2018	92%	
50m schoolslag	series	56.	1:20.92	151	NT	-	-	
50m vlinderslag	series	59.	1:10.93	118	1:06.89	20-1-2018	89%	
Lisanne Klein, 7-9-2003								
50m vrije slag	series	AFGEM	-	32.31	11-3-2018	-	-	-
400m vrije slag	series	AFGEM	-	6:02.27	30-6-2018	-	-	-
100m rugslag	series	AFGEM	-	1:30.27	6-7-2019	-	-	-
100m schoolslag	series	AFGEM	-	NT	-	-	-	-
50m vlinderslag	series	AFGEM	-	43.37	11-3-2018	-	-	-
Matthias van der Gun, 10-1-2005								
50m vrije slag	series	AFGEM	-	NT	-	-	-	-
100m vrije slag	series	AFGEM	-	1:26.39	6-7-2019	-	-	-
50m rugslag	series	AFGEM	-	NT	-	-	-	-
100m rugslag	series	AFGEM	-	NT	-	-	-	-
400m wisselslag	series	AFGEM	-	NT	-	-	-	-
Merel Kraaijkamp, 23-10-2002								
50m vrije slag	series	91.	37.89	-	40.82	8-7-2018	116%	2
400m vrije slag	series	41.	6:34.97	-	NT	-	-	-
100m rugslag	series	42.	1:37.59	-	1:36.38	7-7-2018	98%	-
100m schoolslag	series	38.	1:47.59	-	1:53.08	7-7-2018	110%	-
Senna van Woudenberg, 24-11-2004								
50m vrije slag	series	39.	32.51	-	33.77	7-7-2018	108%	4
100m vrije slag	series	37.	1:12.78	-	1:15.88	8-7-2018	109%	-
100m vlinderslag	series	15.	1:36.45	-	1:41.60	7-7-2018	111%	-
200m wisselslag	series	23.	3:20.33	-	3:24.40	8-7-2018	104%	-
Simon Visscher, 6-12-2005								
100m vrije slag	series	AFGEM	-	1:30.99	30-6-2018	-	-	-
100m rugslag	series	AFGEM	-	1:41.45	6-7-2019	-	-	-
50m schoolslag	series	AFGEM	-	50.51	6-7-2019	-	-	-
50m vlinderslag	series	AFGEM	-	NT	-	-	-	-
400m wisselslag	series	AFGEM	-	NT	-	-	-	-
Soufian Zaidi, 17-5-2007								
50m vrije slag	series	AFGEM	-	NT	-	-	-	-
50m rugslag	series	AFGEM	-	NT	-	-	-	-
100m rugslag	series	AFGEM	-	NT	-	-	-	-
50m schoolslag	series	AFGEM	-	52.94	6-7-2019	-	-	-
50m vlinderslag	series	AFGEM	-	53.92	6-7-2019	-	-	-
Mosa~Regio								
Colinda van der Zanden, 19-1-2005								
50m vrije slag	series	2.	28.61	-	28.76	6-7-2019	101%	2
400m vrije slag	series	6.	5:00.51	-	4:57.02	18-5-2019	98%	-
50m vlinderslag	series	8.	31.04	-	30.85	19-5-2019	99%	-
100m vlinderslag	series	7.	1:15.49	-	1:15.94	7-7-2018	101%	-
Gwen Billekens, 25-8-2003								
50m vrije slag	series	20.	31.16	-	31.53	17-2-2019	102%	1
50m vlinderslag	series	31.	35.14	-	34.18	17-2-2019	95%	-
Joëlla Hendriks, 1-4-2003								
50m vrije slag	series	92.	38.14	-	39.09	11-3-2018	105%	1
100m schoolslag	series	42.	1:55.53	-	1:46.17	16-6-2018	84%	-
50m vlinderslag	series	58.	53.34	-	50.39	7-7-2019	89%	-
Lieke Lankes, 9-1-2005								
50m vrije slag	series	17.	31.00	-	30.94	25-5-2019	100%	-
50m rugslag	series	21.	37.36	-	37.29	26-5-2018	100%	-
100m vlinderslag	series	11.	1:22.33	-	1:19.20	25-3-2018	93%	-

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Luca Janssen, 24-8-2004									3
100m schoolslag	series	2.	1:09.73	-	1:10.13	16-6-2019	101%		
200m schoolslag	series	3.	2:32.15	-	2:33.68	15-6-2019	102%		
50m vlinderslag	series	7.	27.51	-	27.96	26-5-2019	103%		
Lyon Hendriks, 27-12-2005									2
50m vrije slag	series	43.	30.96	-	32.92	13-4-2019	113%		
100m rugslag	series	15.	1:20.08	-	1:24.50	6-7-2019	111%		
200m wisselslag	series	6.	2:57.29	-	2:56.96	7-7-2019	100%		
Sienna Janssen, 13-6-2006									1
50m vrije slag	series	67.	33.89	-	33.16	25-5-2019	96%		
50m vlinderslag	series	43.	37.50	-	38.86	28-4-2019	107%		
Nextline swimming									5
Evy van Laarhoven, 2-1-2005									-
100m vrije slag	series	23.	1:08.63	-	1:05.32	19-5-2019	91%		
Indy van Laarhoven, 2-1-2005									-
400m vrije slag	series	11.	5:06.24	-	4:56.40	18-5-2019	94%		
50m vlinderslag	series	10.	31.37	-	30.98	16-6-2019	98%		
Ingmar Mulder, 26-4-2007									-
200m rugslag	series	7.	2:41.48	-	NT		-		
200m wisselslag	series	4.	2:45.97	-	2:42.49	6-4-2019	96%		
Lize van den Nieuwenhuijzen, 16-10-2003									1
400m vrije slag	series	4.	4:48.90	-	4:33.25	15-6-2018	89%		
100m rugslag	series	4.	1:11.69	-	1:10.84	3-6-2018	98%		
50m vlinderslag	series	6.	30.72	-	32.13	21-1-2018	109%		
Lonneke Kampman, 9-1-2001									-
400m vrije slag	series	2.	4:45.39	-	4:38.76	13-4-2019	95%		
50m rugslag	series	2.	33.26	-	31.21	19-5-2018	88%		
100m rugslag	series	1.	1:10.57	-	1:06.27	3-6-2018	88%		
50m schoolslag	series	11.	36.22	-	34.81	25-2-2018	92%		
Lucas Peters, 18-1-2003									1
400m vrije slag	series	1.	4:19.24	-	4:10.57	23-6-2019	93%		
50m vlinderslag	series	4.	27.22	-	27.55	22-3-2019	102%		
200m vlinderslag	series	1.	2:19.38	-	2:12.76	14-12-2019	91%		
Stan De Swart, 5-5-2003									2
50m vrije slag	series	5.	25.87	-	27.20	22-3-2019	111%		
100m schoolslag	series	3.	1:15.81	-	1:24.70		125%		
400m wisselslag	series	4.	5:06.14	-	4:58.61	26-5-2019	95%		
Tessa Loos, 3-1-2002									1
50m schoolslag	series	7.	34.71	-	33.95	8-4-2018	96%		
100m schoolslag	series	6.	1:21.95	-	1:18.02	26-5-2018	91%		
50m vlinderslag	series	22.	34.09	-	34.96	13-5-2018	105%		
Timo Spaans, 11-12-2002									-
200m schoolslag	series	2.	2:31.27	-	2:29.52	12-4-2019	98%		
100m vlinderslag	series	1.	59.63	-	59.49	15-6-2019	100%		
Noord Limburg(SG)									-
Luuk Teunissen, 8-11-2006									-
50m schoolslag	series	AFGEM		-	40.54	13-4-2019	-		
200m schoolslag	series	AFGEM		-	3:04.90	26-5-2019	-		
100m vlinderslag	series	AFGEM		-	1:21.12	19-5-2019	-		
Moon Geurts, 3-7-2007									-
400m vrije slag	series	AFGEM		-	6:07.59	20-4-2019	-		
50m vlinderslag	series	AFGEM		-	51.81	13-5-2018	-		
200m wisselslag	series	AFGEM		-	NT		-		
Onaya Janssen, 31-3-2008									-
50m vrije slag	series	AFGEM		-	NT		-		
50m rugslag	series	AFGEM		-	NT		-		
200m schoolslag	series	AFGEM		-	NT		-		
O.Z. & P.C. De Warande 1									22
Anniek Schulte, 8-5-2006									-
50m vrije slag	series	AFGEM		-	51.14	18-1-2020	-		
50m rugslag	series	AFGEM		-	1:03.98	18-1-2020	-		
Damian Waas, 22-9-2004									1
400m vrije slag	series	7.	4:43.90	-	4:38.30	8-4-2018	96%		
50m rugslag	series	6.	31.79	-	31.72	17-3-2019	100%		
100m schoolslag	series	6.	1:21.25	-	1:25.59	25-2-2018	111%		
Dion Staal, 27-2-2002									-
400m wisselslag	series	7.	6:00.06	-	5:58.48	3-6-2018	99%		
Dylano Waas, 21-11-2007									2
50m vrije slag	series	57.	36.49	-	45.77	8-4-2018	157%		
100m vrije slag	series	38.	1:23.13	-	1:34.76	8-4-2018	130%		
50m vlinderslag	series	34.	44.73	-	43.87	8-12-2019	96%		

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Esmee de Volder, 25-10-2004								3
50m vrije slag	series	33.	31.93	-	32.54	17-3-2019	104%	
400m vrije slag	series	21.	5:32.27	-	5:33.10	26-5-2018	101%	
50m rugslag	series	17.	36.79	-	36.65	20-1-2019	99%	
100m rugslag	series	14.	1:20.95	-	1:21.70	8-4-2018	102%	
Evi de Meijer, 12-1-2008								-
100m vrije slag	series	AFGEM		-	1:29.87	18-1-2020	-	
50m schoolslag	series	AFGEM		-	51.99	18-1-2020	-	
Gwen Eygendaal, 26-10-2004								3
200m vrije slag	series	3.	2:27.92	-	2:28.28	7-4-2019	100%	
400m vrije slag	series	17.	5:14.61	-	5:21.51	10-3-2019	104%	
50m rugslag	series	27.	37.73	-	40.18	7-4-2019	113%	
IJsbrand Buijnsters, 8-1-2002								-
50m vrije slag	series	AFGEM		-	26.30	26-5-2018	-	
100m rugslag	series	AFGEM		-	1:04.74	8-4-2018	-	
50m vlinderslag	series	AFGEM		-	28.37	12-5-2018	-	
Indy Mels, 18-3-2005								2
100m vrije slag	series	14.	1:07.22	-	1:06.94	14-4-2019	99%	
50m rugslag	series	13.	36.58	-	37.34	18-5-2019	104%	
100m rugslag	series	12.	1:19.39	-	1:21.35	22-6-2019	105%	
200m schoolslag	series	5.	3:00.74	-	3:00.44	19-5-2019	100%	
Isabella Castelijns, 25-1-2001								1
50m vrije slag	series	21.	31.26	-	30.66	2-6-2018	96%	
100m vrije slag	series	21.	1:08.43	-	1:06.91	27-5-2018	96%	
400m wisselslag	series	8.	6:04.96	-	6:08.15	20-1-2019	102%	
Jasmijn Goos, 14-12-2006								2
100m vrije slag	series	39.	1:13.19	-	1:19.25	3-2-2019	117%	
50m vlinderslag	series	44.	37.84	-	39.94	7-4-2019	111%	
Lieke van Geijn, 24-4-2006								2
50m vrije slag	series	8.	29.92	-	29.76	25-5-2019	99%	
50m vlinderslag	series	16.	33.57	-	35.25	19-5-2019	110%	
200m wisselslag	series	8.	2:48.34	-	2:58.49	25-5-2019	112%	
Luna van Tilburg, 25-2-2005								-
50m rugslag	series	24.	37.45	-	36.32	26-5-2018	94%	
100m vlinderslag	series	AFGEM		-	1:24.78	27-5-2018	-	
Maike van Heeswijk, 20-4-2005								1
400m vrije slag	series	23.	5:35.26	-	5:52.87	8-4-2018	111%	
100m rugslag	series	32.	1:28.14	-	1:24.04	18-1-2020	91%	
Maud van Zwienen, 18-10-2007								2
100m vrije slag	series	11.	1:05.79	-	1:11.72	19-5-2019	119%	
400m vrije slag	series	18.	5:18.24	-	5:15.53	5-12-2019	98%	
50m schoolslag	series	19.	38.99	-	42.58	26-5-2019	119%	
Meike de Waard, 16-5-2007								-
100m vrije slag	series	AFGEM		-	1:23.23	20-1-2019	-	
100m rugslag	series	AFGEM		-	1:28.29	14-12-2019	-	
Thomas van Beers, 8-6-2002								-
100m vrije slag	series	AFGEM		-	1:09.31	21-1-2018	-	
200m rugslag	series	AFGEM		-	2:49.05	7-4-2019	-	
Troy Welten, 4-12-2004								1
50m vrije slag	series	30.	29.16	-	29.18	18-1-2020	100%	
50m rugslag	series	11.	34.28	-	32.92	18-1-2020	92%	
100m rugslag	series	9.	1:16.22	-	NT		-	
Yasmine Luyten, 10-1-2005								-
200m schoolslag	series	AFGEM		-	3:11.74	17-3-2019	-	
200m wisselslag	series	AFGEM		-	2:54.91	25-5-2019	-	
Ymke van Dongen, 7-7-2002								-
50m vrije slag	series	AFGEM		-	33.67	17-3-2019	-	
100m vrije slag	series	AFGEM		-	1:13.61	10-3-2019	-	
50m rugslag	series	AFGEM		-	40.39	3-2-2019	-	
Zoë Bulkman, 3-10-2006								2
50m vrije slag	series	66.	33.70	-	33.57	25-5-2019	99%	
200m vrije slag	series	14.	2:43.44	-	2:50.06	20-1-2019	108%	
50m vlinderslag	series	47.	39.42	-	40.15	28-4-2019	104%	
OC - De Lansingh								-
Britta Koehorst, 3-5-2003								-
100m vrije slag	series	2.	58.68	-	57.40	16-6-2019	96%	
400m vrije slag	series	3.	4:46.29	-	4:41.83	3-6-2018	97%	
50m schoolslag	series	5.	34.13	-	33.14	14-4-2019	94%	
100m vlinderslag	series	1.	1:05.75	-	1:03.50	16-6-2018	93%	
OC - MNC Dordrecht								2
Milou van Wijk, 12-11-2004								2
100m vrije slag	series	1.	57.22	-	56.32	23-7-2019	97%	
400m vrije slag	series	5.	4:53.82	-	5:05.18	12-5-2018	108%	
50m schoolslag	series	17.	38.34	-	40.20	2-3-2019	110%	

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100m vlinderslag	series	4.	1:09.48	-	1:09.27	26-5-2019	99%	
OC - Racing Club								5
Brandon van den Berg, 23-5-2002								2
100m vrije slag	series	1.	52.61	-	52.28		99%	
50m rugslag	series	2.	28.83	-	29.62		106%	
200m rugslag	series	4.	2:22.98	-	2:26.65		105%	
400m wisselslag	series	3.	5:02.64	-	4:58.73		97%	
Keanu Streefland, 3-4-2003								1
200m vrije slag	series	3.	2:05.00	-	2:02.88	26-5-2019	97%	
50m rugslag	series	1.	28.56	-	27.60	14-12-2019	93%	
50m schoolslag	series	4.	32.22	-	34.46	19-5-2019	114%	
400m wisselslag	series	5.	5:09.59	-	4:55.87	18-5-2019	91%	
Lynn Blommers, 22-6-2001								2
400m vrije slag	series	1.	4:42.41	-	4:31.91	24-11-2019	93%	
50m schoolslag	series	2.	32.81	-	32.57	15-12-2019	99%	
100m vlinderslag	series	2.	1:07.02	-	1:07.69	26-5-2019	102%	
200m wisselslag	series	1.	2:25.51	-	2:25.58	15-12-2019	100%	
Oc - Wvz								1
Nikhom Westphal, 9-9-2002								-
100m vrije slag	series	AFGEM		-	54.34	20-4-2019	-	
50m rugslag	series	AFGEM		-	27.48	14-12-2019	-	
200m schoolslag	series	AFGEM		-	2:28.73	7-10-2018	-	
400m wisselslag	series	AFGEM		-	4:53.10	11-5-2019	-	
Rosey Metz, 14-6-2001								1
100m vrije slag	series	3.	1:01.20	-	1:00.19	18-5-2019	97%	
50m schoolslag	series	1.	32.09	-	30.99	27-7-2019	93%	
200m schoolslag	series	1.	2:39.01	-	2:32.61	12-4-2019	92%	
400m wisselslag	series	3.	5:28.35	-	5:55.61		117%	
Oc - Zws								1
Anna van Droffelaar, 28-5-2004								1
200m rugslag	series	1.	2:29.29	-	2:28.17	5-5-2018	99%	
50m schoolslag	series	3.	33.56	-	32.35	26-1-2019	93%	
100m schoolslag	series	1.	1:13.87	-	1:11.42	16-6-2019	93%	
400m wisselslag	series	1.	5:11.56	-	5:13.42	23-6-2019	101%	
Oeza								-
Eline Hoekstra, 28-2-2003								-
400m vrije slag	series	AFGEM		-	5:10.87	15-4-2018	-	
200m rugslag	series	AFGEM		-	2:39.11	13-1-2019	-	
Iris van 't Veer, 2-3-2003								-
100m vrije slag	series	AFGEM		-	1:07.70	17-3-2019	-	
100m rugslag	series	AFGEM		-	1:16.63	16-6-2018	-	
200m schoolslag	series	AFGEM		-	3:12.10	25-3-2018	-	
Jade Broek, 27-7-1997								-
200m rugslag	series	AFGEM		-	2:38.72	26-1-2020	-	
100m schoolslag	series	AFGEM		-	1:25.34	15-6-2019	-	
50m vlinderslag	series	AFGEM		-	31.18	15-4-2018	-	
Jasper Camphuijnder, 8-5-2005								-
50m vrije slag	series	AFGEM		-	27.40	15-6-2019	-	
100m vrije slag	series	AFGEM		-	59.45	16-6-2019	-	
50m vlinderslag	series	AFGEM		-	29.26	19-5-2019	-	
Kalle Oortwijn, 5-7-2005								-
100m vrije slag	series	AFGEM		-	1:04.10	26-1-2020	-	
100m schoolslag	series	AFGEM		-	1:26.13	26-1-2020	-	
200m schoolslag	series	AFGEM		-	3:08.87	10-3-2019	-	
Laura Siemerink, 29-12-2004								-
50m vrije slag	series	AFGEM		-	29.10	17-3-2019	-	
50m rugslag	series	AFGEM		-	33.96	25-5-2019	-	
100m vlinderslag	series	AFGEM		-	1:21.63	15-6-2019	-	
Maud de Wildt, 13-9-2005								-
100m vrije slag	series	AFGEM		-	1:14.38	17-3-2019	-	
50m schoolslag	series	AFGEM		-	44.45	30-11-2019	-	
200m schoolslag	series	AFGEM		-	3:22.83	17-6-2018	-	
Yara Wentink, 25-8-2004								-
100m vrije slag	series	AFGEM		-	1:05.64	17-2-2019	-	
50m rugslag	series	AFGEM		-	35.26	20-1-2019	-	
100m vlinderslag	series	AFGEM		-	1:17.36	15-6-2019	-	
Pcg								13
Anna Melissant, 1-1-2006								3
50m vrije slag	series	12.	30.64	-	35.00	11-5-2019	130%	
100m vrije slag	series	36.	1:12.57	-	1:13.26	18-5-2019	102%	
50m vlinderslag	series	12.	32.78	-	34.42	7-7-2019	110%	

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100m vlinderslag	series	9.	1:18.39	-	1:17.97	6-7-2019	99%	
Marilou van der Grijn, 6-9-2009								1
50m vrije slag	series	6.	36.36	-	38.60	29-6-2019	113%	
50m rugslag	series	6.	45.54	-	NT		-	
50m vlinderslag	series	3.	48.46	-	NT		-	
Rebecca Fehèr, 8-5-2002								2
50m vrije slag	series	65.	33.67	-	33.19	6-7-2019	97%	
50m rugslag	series	36.	39.48	-	40.55	8-7-2018	105%	
100m schoolslag	series	26.	1:36.96	-	1:38.34	8-7-2018	103%	
Robin van den Akker, 3-5-2007								3
50m vrije slag	series	37.	32.29	-	33.32	3-3-2019	106%	
200m vrije slag	series	11.	2:42.40	-	NT		-	
100m rugslag	series	25.	1:23.89	-	1:25.90	18-5-2019	105%	
50m vlinderslag	series	39.	36.76	-	37.85	18-5-2019	106%	
Sanne van 't Hoff, 29-6-2002								2
100m vrije slag	series	66.	1:21.00	-	1:21.75	8-7-2018	102%	
50m rugslag	series	56.	44.51	-	44.06	8-7-2018	98%	
50m schoolslag	series	39.	44.66	-	46.07	6-7-2019	106%	
50m vlinderslag	series	46.	38.47	-	38.09	7-7-2019	98%	
Wietske Visser, 27-6-2006								2
200m vrije slag	series	21.	2:54.38	-	2:54.33	6-7-2019	100%	
50m schoolslag	series	47.	47.20	-	49.38	7-7-2019	109%	
100m schoolslag	series	29.	1:40.04	-	NT		-	
50m vlinderslag	series	51.	40.12	-	42.86	7-7-2019	114%	
Psv								23
Alexander Töpfer, 5-11-2005								-
50m vrije slag	series	35.	29.40	-	28.91	25-1-2020	97%	
100m vrije slag	series	25.	1:08.83	-	1:06.54	25-1-2020	93%	
Daniel Simons, 15-1-2006								3
200m vrije slag	series	10.	2:26.86	-	2:33.02	19-5-2019	109%	
200m rugslag	series	10.	2:51.89	-	2:52.01	18-5-2019	100%	
200m wisselslag	series	5.	2:49.99	-	2:50.37	18-5-2019	100%	
Eliza Hamelink, 26-1-2005								-
200m rugslag	series	8.	2:58.69	-	NT		-	
50m schoolslag	series	29.	41.36	-	39.47	26-5-2019	91%	
100m schoolslag	series	16.	1:29.90	-	1:26.16	23-2-2019	92%	
Elske van der Ven, 5-2-2008								3
50m vrije slag	series	46.	32.81	-	36.19	6-4-2019	122%	
400m vrije slag	series	28.	5:42.37	-	5:47.48	30-6-2019	103%	
100m schoolslag	series	27.	1:39.00	-	1:39.60	28-4-2019	101%	
Joe van den Hooff, 18-2-2006								2
50m vrije slag	series	23.	28.00	-	27.69	15-6-2019	98%	
400m vrije slag	series	14.	5:04.61	-	5:15.89	25-5-2019	108%	
100m schoolslag	series	5.	1:20.46	-	1:21.66	16-6-2019	103%	
Johannes van Hemert, 15-9-2006								3
50m schoolslag	series	12.	38.51	-	40.99	19-5-2019	113%	
100m schoolslag	series	11.	1:25.39	-	1:31.43	14-4-2019	115%	
50m vlinderslag	series	27.	34.94	-	37.78	18-5-2019	117%	
Lars Servaas, 17-8-2006								3
50m vrije slag	series	38.	29.97	-	32.90	14-4-2019	121%	
400m vrije slag	series	11.	4:58.09	-	5:11.52	25-5-2019	109%	
100m schoolslag	series	4.	1:19.51	-	1:23.67	16-6-2019	111%	
Laura van Lierop, 7-3-2007								2
50m vrije slag	series	32.	31.84	-	31.70	2-6-2019	99%	
400m vrije slag	series	24.	5:37.13	-	6:18.44	10-3-2019	126%	
100m schoolslag	series	23.	1:34.78	-	1:36.48	18-5-2019	104%	
Livia Groenewegen, 16-10-2007								3
50m vrije slag	series	57.	33.31	-	34.51	24-2-2019	107%	
400m vrije slag	series	20.	5:23.59	-	5:45.96	26-5-2019	114%	
100m schoolslag	series	22.	1:34.56	-	1:41.11	14-4-2018	114%	
Stan Pijnenburg, 4-11-1996								-
200m vrije slag	series	1.	1:50.47	-	1:48.64	4-4-2019	97%	
Tiago Fonseca Gomes, 21-4-2007								-
50m vrije slag	series	21.	27.90	-	NT		-	
400m vrije slag	series	8.	4:45.17	-	NT		-	
100m schoolslag	series	15.	1:30.52	-	NT		-	
Tim van Rooij, 8-3-2007								2
100m rugslag	series	11.	1:17.31	-	1:25.14	30-6-2019	121%	
50m schoolslag	series	16.	41.28	-	43.61	30-6-2019	112%	
Yara Mels, 11-1-2007								2
50m vrije slag	series	11.	30.53	-	30.48	15-6-2019	100%	
400m vrije slag	series	9.	5:04.01	-	5:08.99	15-6-2019	103%	
200m wisselslag	series	5.	2:43.90	-	2:46.80	14-6-2019	104%	

SBC2000

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SCOM									-
SG SCOM/de Zeehond'73									15
Ashley Mercera, 18-9-2010									3
50m vrije slag	series	10.	39.72	-	39.71	3-2-2019	100%		
50m rugslag	series	7.	46.97	-	54.17	20-10-2018	133%		
50m schoolslag	series	1.	46.35	-	50.28	6-4-2019	118%		
50m vlinderslag	series	5.	50.53	-	56.44	3-2-2019	125%		
Ebony Mercera, 23-10-2008									3
50m schoolslag	series	37.	43.91	-	47.82	6-4-2019	119%		
200m schoolslag	series	12.	3:29.80	-	3:59.80	28-4-2018	131%		
200m wisselslag	series	22.	3:18.15	-	3:50.31	29-4-2018	135%		
Hilda Vrijbloed, 4-1-2006									1
400m vrije slag	series	13.	5:07.43	-	5:17.24	17-2-2019	106%		
200m rugslag	series	5.	2:39.83	-	2:37.13	10-3-2019	97%		
200m wisselslag	series	9.	2:49.65	-	2:48.44	10-3-2019	99%		
Izayah Castillo, 1-1-2011									3
50m vrije slag	series	3.	38.07	-	43.36	29-6-2019	130%		
50m rugslag	series	1.	46.49	-	51.08	6-4-2019	121%		
50m schoolslag	series	1.	49.90	-	52.55	29-6-2019	111%		
50m vlinderslag	series	3.	52.04	-	49.56	18-1-2020	91%		
Mayah Castillo, 28-12-2009									-
50m vrije slag	series	AFGEM		-	52.72	29-6-2019	-		
50m rugslag	series	AFGEM		-	54.70	12-1-2020	-		
50m schoolslag	series	AFGEM		-	1:03.98	29-6-2019	-		
50m vlinderslag	series	AFGEM		-	1:10.99	23-11-2019	-		
Merel Bijl, 7-4-2009									2
50m vrije slag	series	7.	37.14	-	40.31	9-3-2019	118%		
50m vlinderslag	series	2.	42.68	-	47.71	3-2-2019	125%		
Rafael Castillo, 1-1-2008									3
50m vrije slag	series	58.	43.84	-	52.37	3-2-2019	143%		
100m vrije slag	series	40.	1:41.72	-	1:41.84	29-6-2019	100%		
50m rugslag	series	29.	52.00	-	49.45	12-1-2020	90%		
50m schoolslag	series	23.	59.24	-	1:01.07	11-5-2019	106%		
Thalassa									24
Anne van Hoek, 11-2-2004									2
50m vrije slag	series	71.	34.44	-	34.56	25-3-2018	101%		
100m rugslag	series	26.	1:24.19	-	1:25.26	24-3-2019	103%		
50m vlinderslag	series	48.	39.82	-	38.32	10-2-2019	93%		
Benthe van Gils, 31-12-2000									2
50m vrije slag	series	98.	44.32	-	48.25	3-11-2019	119%		
50m rugslag	series	62.	54.65	-	55.00		101%		
100m schoolslag	series	44.	2:01.13	-	2:00.00		98%		
Claire de Jonge, 5-2-2007									3
50m vrije slag	series	84.	36.21	-	37.44	17-3-2019	107%		
100m vrije slag	series	72.	1:24.32	-	1:24.42	20-1-2019	100%		
100m rugslag	series	41.	1:37.06	-	1:41.43	13-1-2019	109%		
Dieuwertje Nothelle, 12-4-2004									-
50m vrije slag	series	55.	33.17	-	32.88	10-2-2019	98%		
100m vrije slag	series	44.	1:14.83	-	1:14.05	7-10-2018	98%		
50m rugslag	series	39.	39.94	-	39.01	4-2-2018	95%		
Djenna Maas, 7-7-2009									-
50m vrije slag	series	22.	49.13	-	48.46		97%		
50m rugslag	series	19.	53.69	-	53.12		98%		
Esther Smit, 16-7-1993									1
50m vrije slag	series	61.	33.43	-	33.44	10-2-2019	100%		
200m wisselslag	series	20.	3:15.86	-	3:10.00		94%		
Fonzie Vroemen, 29-10-2003									3
50m schoolslag	series	11.	37.90	-	41.25	20-1-2019	118%		
100m schoolslag	series	10.	1:23.96	-	1:33.71	20-1-2019	125%		
50m vlinderslag	series	23.	32.60	-	39.38	17-3-2019	146%		
400m wisselslag	series	12.	6:36.00	-	6:30.00		97%		
Irene van Stratum, 17-4-2005									-
50m vrije slag	series	AFGEM		-	45.68	20-1-2019	-		
100m vrije slag	series	AFGEM		-	1:41.12	20-1-2019	-		
Janne Knoops, 30-5-2005									2
50m vrije slag	series	74.	34.59	-	44.51	20-1-2019	166%		
100m vrije slag	series	58.	1:18.63	-	1:25.03	17-3-2019	117%		
Joris Doensen, 22-6-2005									3
200m vrije slag	series	15.	2:43.49	-	2:57.31	17-3-2019	118%		
50m rugslag	series	14.	36.37	-	39.10	17-3-2019	116%		
400m wisselslag	series	13.	6:36.24	-	6:56.70	3-6-2018	111%		

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Laurence Smits, 31-12-1995								1
100m vrije slag	series	27.	1:09.07	-	1:11.57	3-11-2019	107%	
200m rugslag	series	11.	2:51.98	-	2:45.00		92%	
Loes Klarenbeek, 13-9-2006								2
50m vrije slag	series	95.	39.23	-	41.95	24-3-2019	114%	
50m rugslag	series	53.	43.03	-	46.30	10-2-2019	116%	
100m schoolslag	series	32.	1:43.98	-	1:30.00		75%	
Lotte Hansson, 12-2-2004								-
50m vrije slag	series	42.	32.65	-	32.42	2-6-2018	99%	
400m vrije slag	series	27.	5:42.15	-	5:37.51	4-11-2018	97%	
Megann van de Donk, 12-8-2006								3
100m vrije slag	series	57.	1:18.35	-	1:22.17	17-3-2019	110%	
200m rugslag	series	14.	3:22.94	-	3:36.85		114%	
400m wisselslag	series	15.	7:04.17	-	7:09.85	20-1-2019	103%	
Stella Peters, 12-1-1999								-
200m vrije slag	series	23.	3:03.58	-	3:00.30	13-1-2019	96%	
400m vrije slag	series	40.	6:20.80	-	5:57.99		88%	
200m rugslag	series	13.	3:16.96	-	3:05.61		89%	
Veerle van Berkel, 30-7-2003								2
50m schoolslag	series	43.	45.37	-	45.79	25-3-2018	102%	
200m schoolslag	series	13.	3:30.18	-	3:42.71	17-3-2019	112%	
200m wisselslag	series	19.	3:10.21	-	3:07.29	30-9-2018	97%	
Trb/Res								25
Bregje Vermeulen, 10-10-2005								3
50m rugslag	series	25.	37.60	-	39.07	14-4-2019	108%	
100m rugslag	series	16.	1:21.99	-	1:23.94	26-5-2019	105%	
50m schoolslag	series	29.	41.36	-	43.30	3-2-2019	110%	
Cas Krijger, 5-3-2006								1
50m vrije slag	series	34.	29.25	-	30.41	18-5-2019	108%	
100m rugslag	series	7.	1:15.29	-	1:14.60	14-6-2019	98%	
Cato Kremers, 23-12-2004								2
400m vrije slag	series	33.	5:50.24	-	6:00.32	3-2-2019	106%	
50m vlinderslag	series	35.	35.97	-	36.99	20-1-2019	106%	
Jaap Gabriels, 27-7-2005								2
50m vrije slag	series	36.	29.88	-	31.33	18-5-2019	110%	
100m vrije slag	series	20.	1:06.16	-	1:07.72	26-5-2019	105%	
Joshwe Oleana, 9-9-2007								2
50m vrije slag	series	40.	30.53	-	31.31	27-10-2019	105%	
50m rugslag	series	15.	36.72	-	38.20	27-10-2019	108%	
100m schoolslag	series	12.	1:26.44	-	1:22.50	15-12-2019	91%	
Kim Roestenberg, 22-11-2004								2
100m vrije slag	series	4.	1:01.70	-	1:02.03	20-1-2019	101%	
50m rugslag	series	8.	34.63	-	34.35	7-4-2019	98%	
50m schoolslag	series	26.	39.50	-	39.37	7-4-2019	99%	
100m vlinderslag	series	5.	1:09.76	-	1:11.94	26-5-2019	106%	
Kim Theuns, 9-9-2007								3
50m vrije slag	series	82.	35.95	-	39.98	3-2-2019	124%	
50m rugslag	series	54.	44.18	-	49.02	28-4-2019	123%	
100m schoolslag	series	39.	1:49.46	-	2:02.11	7-4-2019	124%	
Liza Theuns, 9-9-2007								1
50m vrije slag	series	56.	33.29	-	32.28	23-11-2019	94%	
100m rugslag	series	31.	1:27.49	-	1:32.69	13-4-2019	112%	
200m schoolslag	series	11.	3:29.36	-	3:23.77	15-12-2019	95%	
Marith Ewijk, 22-1-2008								1
400m vrije slag	series	37.	5:56.71	-	5:55.97	30-6-2019	100%	
200m rugslag	series	7.	2:53.23	-	2:51.06	23-11-2019	98%	
50m vlinderslag	series	50.	40.01	-	40.48	28-4-2019	102%	
Rosa Kremers, 17-2-2007								2
400m vrije slag	series	14.	5:08.24	-	5:15.01	15-6-2019	104%	
100m schoolslag	series	18.	1:30.84	-	1:34.73	18-5-2019	109%	
Sam de Gouw, 17-8-2005								-
100m vrije slag	series	AFGEM		-	1:30.53	27-10-2019	-	
100m rugslag	series	AFGEM		-	1:33.04	27-10-2019	-	
Sophie Kremers, 3-6-2003								1
200m vrije slag	series	7.	2:31.64	-	2:33.10	20-4-2019	102%	
400m vrije slag	series	22.	5:32.66	-	5:26.52	28-4-2019	96%	
Thijn Damen, 24-9-2003								2
400m vrije slag	series	3.	4:27.86	-	4:30.88	25-5-2019	102%	
200m rugslag	series	6.	2:27.54	-	2:32.33	18-5-2019	107%	
Tim van Alphen, 10-10-2003								2
50m vrije slag	series	27.	28.42	-	29.41	18-5-2019	107%	
50m rugslag	series	10.	33.26	-	33.10	25-5-2019	99%	
200m wisselslag	series	3.	2:39.50	-	2:42.14	18-5-2019	103%	

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Wendy Hoogkamp, 19-12-2005									1
50m vrije slag	series	75.	34.71	-	34.43	28-4-2019	98%		
50m rugslag	series	29.	38.62	-	42.94	28-4-2018	124%		
V.Z.V. Njord									26
Anne Wels, 17-3-2008									3
50m vrije slag	series	93.	38.22	-	43.75	8-4-2018	131%		
100m vrije slag	series	74.	1:25.30	-	1:25.34	3-11-2019	100%		
50m vlinderslag	series	57.	46.50	-	47.86	31-3-2019	106%		
Annelieke Verriet, 25-7-2003									-
400m vrije slag	series	OPG		-	7:01.54	3-2-2019	-		
Annemarie Flagge, 24-8-2007									2
400m vrije slag	series	38.	6:00.66	-	6:22.28	17-2-2019	112%		
200m schoolslag	series	15.	3:43.52	-	3:48.84	17-3-2019	105%		
Anouk van de Moosdijk, 16-1-2008									2
50m vrije slag	series	88.	37.56	-	42.05	18-2-2018	125%		
100m schoolslag	series	33.	1:44.19	-	1:43.02	12-1-2020	98%		
50m vlinderslag	series	55.	44.41	-	51.81	18-2-2018	136%		
Eline van Dijk, 10-7-2007									3
100m vrije slag	series	60.	1:19.13	-	1:26.91	17-3-2019	121%		
50m schoolslag	series	54.	50.17	-	52.86	17-3-2019	111%		
100m vlinderslag	series	13.	1:29.51	-	1:37.48	6-10-2019	119%		
Fabienne Verriet-Regensburg, 9-6-1975									-
400m vrije slag	series	44.	7:41.59	-	7:28.18	3-5-2019	94%		
Ivar Koevoet, 26-3-2002									2
50m vrije slag	series	7.	26.14	-	26.32	18-5-2019	101%		
200m wisselslag	series	1.	2:25.91	-	2:26.50	18-5-2019	101%		
Jacques Verriet, 3-10-1970									-
200m rugslag	series	16.	3:07.03	-	3:03.40	3-5-2019	96%		
400m wisselslag	series	10.	6:34.80	-	6:26.72	5-5-2019	96%		
Jasper Verriet, 7-12-2005									-
50m rugslag	series	AFGEM		-	56.12	25-3-2018	-		
100m rugslag	series	AFGEM		-	1:55.39	17-3-2019	-		
Jesper Pas, 15-3-2002									-
100m vlinderslag	series	6.	1:04.41	-	1:04.02	19-5-2019	99%		
200m wisselslag	series	2.	2:34.62	-	2:32.29	17-3-2019	97%		
Jessey van Gils, 11-6-2008									-
200m vrije slag	series	AFGEM		-	3:19.15	29-9-2019	-		
100m schoolslag	series	AFGEM		-	1:55.20	13-10-2019	-		
Lars Keukens, 3-7-2005									3
100m vrije slag	series	23.	1:08.09	-	1:09.05	26-5-2019	103%		
200m vrije slag	series	11.	2:30.69	-	2:37.09	19-5-2019	109%		
50m schoolslag	series	14.	40.23	-	43.77	28-4-2019	118%		
Lars Minnaert, 8-1-2005									1
50m vrije slag	series	19.	27.66	-	26.89	18-5-2019	95%		
50m rugslag	series	4.	30.95	-	31.06	25-5-2019	101%		
100m rugslag	series	4.	1:09.65	-	1:08.37	26-5-2019	96%		
Lisa de Kuijper, 7-6-2002									-
100m vrije slag	series	AFGEM		-	1:18.33		-		
100m rugslag	series	AFGEM		-	1:29.90	7-10-2018	-		
50m schoolslag	series	AFGEM		-	45.32	22-4-2019	-		
Meike Wiersma, 31-3-2007									3
50m vrije slag	series	70.	34.33	-	36.75	7-4-2019	115%		
100m vrije slag	series	45.	1:15.94	-	1:24.63	13-10-2019	124%		
50m rugslag	series	33.	39.19	-	41.84	7-4-2019	114%		
Peter Janssen, 25-12-2006									1
100m vrije slag	series	33.	1:15.44	-	1:19.09	3-11-2019	110%		
100m vlinderslag	series	17.	1:39.27	-	1:31.27	19-1-2020	85%		
Simon Roosen, 25-1-2005									2
50m schoolslag	series	19.	45.10	-	47.62	20-1-2019	111%		
100m schoolslag	series	21.	1:42.48	-	1:43.68	20-1-2019	102%		
Tamar Roosen, 25-1-2005									1
50m vrije slag	series	36.	32.27	-	32.05	2-6-2018	99%		
100m vrije slag	series	28.	1:11.73	-	1:10.91	19-5-2019	98%		
400m wisselslag	series	13.	6:38.01	-	7:22.92		124%		
Thom Keukens, 9-1-2007									3
50m vrije slag	series	49.	33.03	-	36.73	3-2-2019	124%		
100m vrije slag	series	34.	1:16.87	-	1:18.38	3-2-2019	104%		
100m schoolslag	series	18.	1:36.01	-	1:39.14	10-3-2019	107%		
Vivalo									-
Waalwijkse Zwem Vereniging									2

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Demi Kemmeren, 29-10-2007									2
400m vrije slag	series	32.	5:49.00	-	5:53.07	22-12-2019	102%		
100m rugslag	series	28.	1:24.93	-	1:29.71	15-12-2019	112%		
Duuk Dollekens, 9-5-2004									-
400m vrije slag	series	17.	5:29.11	-	5:27.25	13-10-2019	99%		
100m vlinderslag	series	15.	1:19.44	-	1:17.07	3-11-2019	94%		
Elce Dollekens, 9-5-2004									-
50m vrije slag	series	44.	32.67	-	30.67	18-11-2018	88%		
50m vlinderslag	series	29.	34.74	-	33.62	30-3-2019	94%		
Jade Hoppenbrouwers, 1-6-2003									-
50m schoolslag	series	21.	39.02	-	35.55		83%		
200m wisselslag	series	14.	2:57.61	-	2:45.85	4-11-2018	87%		
Jens Hoppenbrouwers, 15-6-2006									-
100m rugslag	series	18.	1:21.83	-	1:19.26	10-3-2019	94%		
400m wisselslag	series	8.	6:09.15	-	5:58.92	24-11-2019	95%		
Jort Hoppenbrouwers, 15-6-2006									-
100m rugslag	series	16.	1:20.55	-	1:14.76	12-1-2020	86%		
400m wisselslag	series	6.	5:57.17	-	NT		-		
Kenza van Kapel, 29-10-2007									-
200m schoolslag	series	10.	3:24.34	-	3:09.60	15-12-2019	86%		
200m vlinderslag	series	1.	3:10.57	-	NT		-		
400m wisselslag	series	9.	6:15.78	-	NT		-		
Z & PC De Zeeuwse Kust 1									3
Anna Tiemersma, 16-4-2004									-
100m vrije slag	series	20.	1:08.41	-	1:06.55	16-11-2019	95%		
100m rugslag	series	27.	1:24.30	-	1:18.85	4-2-2018	87%		
50m schoolslag	series	18.	38.78	-	37.27	23-11-2019	92%		
Babet de Voogd, 19-6-2003									-
100m vrije slag	series	5.	1:02.52	-	59.46	27-10-2019	90%		
50m rugslag	series	4.	33.55	-	32.11	17-11-2019	92%		
200m rugslag	series	3.	2:33.38	-	2:23.60	24-3-2019	88%		
Bo Peeters, 27-6-2007									-
50m vrije slag	series	28.	31.71	-	31.09	24-11-2019	96%		
100m vrije slag	series	33.	1:12.34	-	1:09.52	3-11-2019	92%		
50m vlinderslag	series	40.	36.79	-	36.72	19-5-2019	100%		
Joshua Bijvank, 24-11-2004									1
50m vrije slag	series	10.	26.90	-	26.70	17-11-2019	99%		
100m vrije slag	series	12.	1:01.11	-	57.74	23-11-2019	89%		
100m vlinderslag	series	11.	1:12.29	-	1:12.71	3-11-2019	101%		
Kylian Oosterveen, 21-3-2006									-
400m vrije slag	series	AFGEM		-	4:39.76	5-12-2019	-		
200m vlinderslag	series	AFGEM		-	2:43.56	24-11-2019	-		
200m wisselslag	series	AFGEM		-	2:30.62	21-12-2019	-		
Lieke Duijkerke, 12-6-2007									1
50m vrije slag	series	48.	32.83	579	31.21	7-12-2019	90%		
200m rugslag	series	12.	3:03.22	485	2:54.03	24-11-2019	90%		
50m vlinderslag	series	37.	36.39	474	38.87	24-11-2019	114%		
Manouk Maas, 8-3-2005									-
100m vrije slag	series	18.	1:08.28	-	1:04.64	27-10-2019	90%		
400m vrije slag	series	8.	5:02.76	-	4:51.95	17-11-2019	93%		
50m vlinderslag	series	18.	33.77	-	32.93	27-10-2019	95%		
Remy Vane, 25-7-2002									-
50m schoolslag	series	6.	34.19	-	33.65	16-11-2019	97%		
50m vlinderslag	series	12.	28.81	-	28.23	23-11-2019	96%		
100m vlinderslag	series	9.	1:09.89	-	1:04.99	16-11-2019	86%		
Ruben Cuelenaere, 12-2-2001									-
50m vrije slag	series	6.	26.02	-	25.40	30-12-2018	95%		
100m vrije slag	series	8.	57.84	-	55.05	23-11-2019	91%		
50m vlinderslag	series	9.	27.69	-	27.21	23-11-2019	97%		
Sem Bonte, 7-6-2004									-
50m vrije slag	series	26.	28.15	-	27.14	17-11-2019	93%		
400m vrije slag	series	6.	4:43.60	-	4:38.34	22-9-2019	96%		
50m rugslag	series	5.	31.37	-	30.53	24-11-2019	95%		
100m rugslag	series	3.	1:08.43	-	1:05.67	20-10-2019	92%		
Shanna Joppe, 12-2-2006									-
400m vrije slag	series	12.	5:06.28	-	4:53.39	17-11-2019	92%		
100m schoolslag	series	8.	1:23.32	-	1:21.75	6-10-2019	96%		
200m schoolslag	series	6.	3:01.22	-	2:54.11	16-11-2019	92%		
Steyn Mosterd, 29-11-2004									1
50m vrije slag	series	29.	28.87	-	28.93	17-11-2019	100%		
100m rugslag	series	12.	1:17.44	-	1:15.67	24-11-2018	95%		
200m wisselslag	series	7.	2:57.66	-	2:44.86	10-2-2019	86%		
Z & Pc Dio									1

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Martino Valentijn, 7-12-1994								1
200m vrije slag	series	9.	2:23.11	-	2:34.10	3-2-2019	116%	
400m vrije slag	series	15.	5:04.84	-	4:53.87	3-5-2019	93%	
Z&PC De Ganze								9
Bjorn van de Berge, 4-6-2007								3
100m vrije slag	series	22.	1:06.70	-	1:08.59	30-6-2019	106%	
50m schoolslag	series	13.	38.85	-	39.18	22-6-2019	102%	
100m schoolslag	series	8.	1:23.20	-	1:27.97	30-6-2019	112%	
Linda van de Ree, 26-10-1963								1
100m vrije slag	series	34.	1:12.36	-	1:11.65	24-3-2019	98%	
50m schoolslag	series	32.	41.88	-	43.84	4-3-2018	110%	
100m schoolslag	series	19.	1:30.97	-	1:29.33	17-11-2019	96%	
Pieter de Visser, 28-1-1998								-
50m vrije slag	series	12.	27.08	-	26.23	10-11-2019	94%	
100m vrije slag	series	14.	1:01.59	-	58.61	27-10-2019	91%	
50m rugslag	series	13.	35.42	-	32.61	22-9-2019	85%	
Sander de Hamer, 17-7-1997								3
50m vrije slag	series	15.	27.26	-	30.63	4-3-2018	126%	
100m schoolslag	series	9.	1:23.81	-	1:34.44	4-3-2018	127%	
50m vlinderslag	series	16.	29.69	-	34.55	4-3-2018	135%	
Thijmen Rothuis, 16-4-2006								2
100m rugslag	series	13.	1:18.64	-	1:27.12	8-6-2019	123%	
200m rugslag	series	8.	2:43.30	-	2:44.28	17-11-2019	101%	
Z&PV Nuenen								9
Arlyn Schouten, 28-10-2009								2
50m vrije slag	series	4.	35.86	-	37.79	27-10-2019	111%	
50m rugslag	series	3.	41.92	-	44.75	12-1-2020	114%	
Britt Bogers, 2-11-1999								-
50m vlinderslag	series	14.	32.90	-	30.98	17-11-2019	89%	
Diede Struijk, 2-9-2004								-
400m vrije slag	series	25.	5:39.02	449	5:29.78	13-6-2019	95%	
Ines Keijzers, 1-9-2007								2
50m vrije slag	series	63.	33.51	-	39.31	3-11-2019	138%	
100m vrije slag	series	46.	1:15.96	-	1:21.39	3-11-2019	115%	
Julie van Nispen, 14-2-2008								3
100m vrije slag	series	26.	1:10.79	-	1:23.30	30-6-2019	138%	
400m vrije slag	series	31.	5:47.21	-	6:05.24	30-6-2019	111%	
100m rugslag	series	21.	1:22.72	-	1:32.49	30-6-2019	125%	
Kayley Mc Ateer, 4-2-2003								-
50m vrije slag	series	7.	29.87	-	28.02	23-11-2019	88%	
50m vlinderslag	series	4.	30.67	-	30.17	2-6-2019	97%	
100m vlinderslag	series	6.	1:12.03	-	1:08.15	2-6-2019	90%	
Koen van den Wildenberg, 4-7-2008								1
50m vrije slag	series	55.	35.49	-	38.99	1-7-2018	121%	
100m rugslag	series	23.	1:29.85	-	1:28.27	30-6-2019	97%	
200m wisselslag	series	11.	3:12.08	-	3:08.80	30-6-2019	97%	
Merel Phaff, 25-10-2001								-
100m rugslag	series	2.	1:11.10	-	1:07.55	19-5-2019	90%	
50m vlinderslag	series	7.	30.91	-	29.28	19-5-2019	90%	
Milan Meurs, 3-1-2002								-
200m rugslag	series	1.	2:15.46	-	2:08.28	8-12-2019	90%	
Nikita van den Ouden, 14-9-1999								-
100m vrije slag	series	AFGEM		-	58.44	12-1-2020	-	
400m wisselslag	series	AFGEM		-	4:57.36	22-12-2019	-	
Richenne Zeebregts, 16-6-1998								1
50m vrije slag	series	1.	28.01	-	27.16	26-1-2020	94%	
200m wisselslag	series	3.	2:40.00	-	2:40.64		101%	
z.c De Schotejil								-
Sven Dubbeld, 25-7-1996								-
50m vrije slag	series	30.	29.16	-	28.60	26-1-2020	96%	
100m schoolslag	series	14.	1:28.23	-	1:20.75		84%	
ZDF								-
Zdkb								5
Alexander Slechten, 30-10-2005								-
50m vrije slag	series	54.	34.84	-	34.49	30-12-2019	98%	
100m vrije slag	series	37.	1:22.39	-	NT		-	
50m vlinderslag	series	33.	43.77	-	NT		-	

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Amelie Roox, 25-9-2008									-
50m vrije slag	series	85.	36.32	-	NT			-	
100m vrije slag	series	73.	1:24.78	-	NT			-	
Andres Loix, 22-9-2007									-
100m vrije slag	series	39.	1:36.70	-	NT			-	
100m rugslag	series	24.	1:38.06	-	1:34.02	26-1-2020	92%		
50m vlinderslag	series	37.	50.39	-	NT			-	
Anouk Gerlings, 13-3-2007									1
100m vrije slag	series	65.	1:20.91	-	1:20.44	13-10-2019	99%		
100m rugslag	series	43.	1:37.99	-	1:31.08	29-12-2019	86%		
200m wisselslag	series	24.	3:23.25	-	3:24.81	27-10-2019	102%		
Elise Vlekken, 24-9-2005									-
50m schoolslag	series	27.	40.12	-	NT			-	
100m schoolslag	series	20.	1:31.87	-	1:29.61	29-12-2019	95%		
50m vlinderslag	series	28.	34.63	-	34.51	29-12-2019	99%		
Florence Janssen, 18-6-2009									-
50m vrije slag	series	AFGEM		-	35.96	3-11-2019	-		
50m rugslag	series	AFGEM		-	42.95	24-3-2019	-		
50m vlinderslag	series	AFGEM		-	NT		-		
Frauke De Mol, 18-9-2003									1
50m rugslag	series	12.	36.42	-	35.34	26-5-2019	94%		
50m schoolslag	series	13.	36.91	-	37.07	3-3-2019	101%		
100m schoolslag	series	5.	1:21.31	-	1:21.24	28-12-2019	100%		
Giel Knaepen, 29-12-2002									-
50m vrije slag	series	17.	27.30	-	26.67	28-4-2019	95%		
100m vrije slag	series	15.	1:01.79	-	59.58	29-12-2019	93%		
50m rugslag	series	12.	34.41	-	NT		-		
100m vlinderslag	series	12.	1:13.08	-	1:10.39	29-12-2019	93%		
Hanne Coemans, 31-7-2009									-
50m rugslag	series	13.	50.28	-	NT		-		
50m schoolslag	series	3.	51.91	-	NT		-		
Julian Wolters, 27-4-2007									-
50m rugslag	series	28.	51.84	-	NT		-		
50m schoolslag	series	22.	55.84	-	NT		-		
Lara Meertens, 17-9-2002									-
50m rugslag	series	40.	39.99	-	37.69	28-4-2019	89%		
50m schoolslag	series	41.	45.06	-	NT		-		
100m schoolslag	series	28.	1:39.13	-	1:35.47	28-12-2019	93%		
Liese Jacobs, 30-12-2007									1
50m vrije slag	series	94.	38.71	-	NT		-		
50m schoolslag	series	49.	49.02	-	NT		-		
50m vlinderslag	series	52.	41.47	-	43.50	13-10-2019	110%		
Lotte Janssen, 19-4-2007									1
100m vrije slag	series	63.	1:20.06	-	1:21.38	12-5-2019	103%		
50m schoolslag	series	45.	46.51	-	NT		-		
200m wisselslag	series	21.	3:16.49	-	NT		-		
Nathan Wolters, 25-7-2009									-
50m rugslag	series	2.	47.78	-	NT		-		
50m schoolslag	series	2.	52.98	-	NT		-		
Tess Jehaes, 14-11-2006									-
50m vrije slag	series	29.	31.74	-	NT		-		
200m vrije slag	series	4.	2:28.41	-	2:24.48	24-11-2019	95%		
50m vlinderslag	series	32.	35.28	-	34.66	29-12-2019	97%		
Tine Maris, 29-4-2006									1
50m vrije slag	series	16.	30.95	-	NT		-		
100m vrije slag	series	17.	1:08.14	-	1:08.53	28-12-2019	101%		
100m vlinderslag	series	10.	1:21.21	-	1:18.20	28-12-2019	93%		
Zeester Meerval									23
Audrey Pieck, 28-6-2004									1
100m vrije slag	series	22.	1:08.53	-	1:08.09	19-5-2019	99%		
50m rugslag	series	26.	37.62	-	38.20	20-1-2019	103%		
50m vlinderslag	series	24.	34.25	-	34.16	21-1-2018	99%		
Elvira van der Heijden, 10-3-2004									3
50m vrije slag	series	59.	33.41	-	33.49	17-2-2019	100%		
100m vrije slag	series	42.	1:14.33	-	1:17.65		109%		
200m vrije slag	series	12.	2:42.65	-	2:51.09	3-2-2019	111%		
Fenne Peters, 23-6-2006									2
100m vrije slag	series	35.	1:12.54	-	1:12.43	12-1-2020	100%		
50m schoolslag	series	25.	39.26	-	40.31	30-12-2019	105%		
100m schoolslag	series	14.	1:28.80	-	1:31.37	29-12-2019	106%		
Ilse Opheij, 14-4-2003									1
100m vrije slag	series	71.	1:23.08	-	1:20.83	18-2-2018	95%		
50m rugslag	series	48.	41.61	-	42.23	18-2-2018	103%		
200m schoolslag	series	14.	3:38.06	-	3:37.11	25-3-2018	99%		

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Iris van den Heuvel, 12-10-2005								2
50m vrije slag	series	53.	33.13	-	34.02	17-2-2019	105%	
100m vrije slag	series	43.	1:14.81	-	1:16.30	14-4-2019	104%	
400m vrije slag	series	29.	5:43.21	-	5:36.72	22-12-2019	96%	
50m rugslag	series	37.	39.63	-	38.23	17-2-2019	93%	
100m rugslag	series	34.	1:29.61	-	1:26.19	26-5-2019	93%	
Lesley van den Elzen, 16-11-2008								4
50m vrije slag	series	72.	34.49	-	38.68	17-2-2019	126%	
400m vrije slag	series	42.	6:41.16	-	7:01.15	30-6-2019	110%	
50m rugslag	series	45.	40.33	-	45.17	17-2-2019	125%	
100m schoolslag	series	31.	1:43.89	-	1:48.71	28-4-2019	109%	
Liselotte Hendriks, 31-1-2007								-
400m vrije slag	series	26.	5:40.79	-	5:33.27	16-11-2019	96%	
Lotte Mudde, 11-5-2007								1
50m vrije slag	series	38.	32.41	-	34.65	17-3-2019	114%	
200m vrije slag	series	6.	2:29.50	-	2:27.62	26-5-2019	98%	
50m vlinderslag	series	21.	34.06	-	33.70	19-5-2019	98%	
100m vlinderslag	series	8.	1:16.80	-	1:13.59	15-6-2019	92%	
Maartje Lahnstein, 19-12-2005								2
50m rugslag	series	14.	36.64	-	38.09	17-2-2019	108%	
50m schoolslag	series	42.	45.10	-	43.53	30-12-2018	93%	
200m wisselslag	series	13.	2:54.98	-	3:17.74	24-3-2018	128%	
Marte Vlieg, 4-8-2003								1
50m vrije slag	series	49.	32.85	-	32.10	17-3-2019	95%	
100m rugslag	series	15.	1:21.44	-	1:22.30	11-3-2018	102%	
50m vlinderslag	series	27.	34.55	-	34.20	19-5-2019	98%	
Mirthe van der Heijden, 5-6-2005								-
50m vrije slag	series	77.	34.81	-	34.17	17-2-2019	96%	
100m vrije slag	series	55.	1:17.41	-	1:17.39	13-4-2019	100%	
200m vrije slag	series	20.	2:53.46	-	2:45.11	13-4-2019	91%	
Nathan Vos, 21-4-2004								3
50m vrije slag	series	28.	28.74	-	29.81	18-5-2019	108%	
50m rugslag	series	18.	37.58	-	38.10	30-3-2019	103%	
50m schoolslag	series	9.	37.71	-	41.11	16-6-2019	119%	
50m vlinderslag	series	24.	33.66	-	33.35	30-3-2019	98%	
Sanne Peters, 1-8-2004								1
50m rugslag	series	7.	34.43	-	34.25	18-5-2019	99%	
100m rugslag	series	11.	1:17.29	-	1:15.49	27-5-2018	95%	
50m schoolslag	series	12.	36.47	-	36.77	26-5-2019	102%	
Sybe van Nuland, 26-6-2004								1
50m vrije slag	series	19.	27.66	-	28.61	18-5-2019	107%	
100m vrije slag	series	16.	1:01.86	-	1:01.57	19-5-2019	99%	
50m vlinderslag	series	22.	32.59	-	31.82	26-5-2019	95%	
Sylvie van Kooten, 4-1-2004								-
50m vrije slag	series	40.	32.52	-	31.81	25-3-2018	96%	
100m vrije slag	series	48.	1:16.04	-	1:12.61	25-3-2018	91%	
100m rugslag	series	39.	1:33.93	-	1:27.70	21-1-2018	87%	
Tim Delissen, 6-11-2006								1
200m rugslag	series	12.	2:52.14	-	2:44.39	19-1-2020	91%	
400m wisselslag	series	9.	6:16.53	-	6:50.70	17-3-2019	119%	
Zegenwerp								21
Anouk Hacken, 9-9-2004								-
100m vrije slag	series	19.	1:08.34	-	1:07.68	7-7-2019	98%	
50m schoolslag	series	28.	40.18	-	38.88	17-2-2019	94%	
100m schoolslag	series	13.	1:28.74	-	1:27.65	4-5-2019	98%	
Britt Bakers, 19-1-2004								2
50m rugslag	series	10.	35.41	-	34.99	26-5-2018	98%	
50m schoolslag	series	16.	38.13	-	39.38	17-2-2019	107%	
400m wisselslag	series	6.	5:56.74	-	6:08.40	13-6-2019	107%	
Iris Verheij, 1-8-2004								3
50m vrije slag	series	35.	31.98	-	32.23	17-2-2019	102%	
50m rugslag	series	9.	34.73	-	35.70	7-7-2019	106%	
100m rugslag	series	10.	1:16.60	-	1:17.96	17-2-2019	104%	
Isa Schellekens, 8-6-2000								-
100m vrije slag	series	8.	1:03.46	-	59.30	17-11-2019	87%	
200m rugslag	series	2.	2:32.14	-	2:29.48	25-5-2019	97%	
400m wisselslag	series	2.	5:26.28	-	5:13.78	22-12-2019	92%	
Isa Verhagen, 13-5-2006								3
50m vrije slag	series	54.	33.15	-	33.56	25-5-2019	102%	
200m vrije slag	series	9.	2:37.38	-	2:46.86	4-5-2019	112%	
50m rugslag	series	34.	39.30	-	47.28	20-1-2019	145%	
Jelle Rutten, 8-11-2003								-
50m vrije slag	series	AFGEM		-	29.77	24-2-2019	-	
100m vrije slag	series	AFGEM		-	1:07.24		-	

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Jochem Kampman, 2-2-2002								2
100m vrije slag	series	7.	57.72	-	58.58	23-2-2019	103%	
100m rugslag	series	6.	1:10.78	-	1:12.94	3-3-2018	106%	
Juul Schellekens, 17-9-2007								3
50m rugslag	series	38.	39.72	-	42.10	25-5-2019	112%	
200m schoolslag	series	9.	3:14.59	-	3:25.11	5-5-2019	111%	
400m wisselslag	series	11.	6:24.26	-	7:15.00		128%	
Lisa Verheij, 26-5-2002								-
50m vrije slag	series	18.	31.03	-	30.46	25-5-2019	96%	
50m vlinderslag	series	30.	34.78	-	33.49	17-2-2019	93%	
100m vlinderslag	series	12.	1:23.69	-	1:18.16	7-7-2018	87%	
Luke van Hamond, 16-1-1996								1
50m vrije slag	series	8.	26.45	-	26.21	18-5-2019	98%	
50m vlinderslag	series	5.	27.43	-	27.51	20-10-2018	101%	
Luuk Bult, 1-5-2005								-
100m vrije slag	series	29.	1:10.04	-	1:09.90	26-5-2019	100%	
200m vrije slag	series	12.	2:39.66	-	2:37.26	13-6-2019	97%	
Megan Claassen, 1-1-2007								3
100m vrije slag	series	41.	1:14.03	-	1:22.38	17-3-2019	124%	
200m vrije slag	series	17.	2:44.95	-	3:03.55	14-4-2018	124%	
50m schoolslag	series	44.	46.01	-	47.65	17-3-2019	107%	
Rick Hamond van, 30-12-1992								2
50m vrije slag	series	3.	24.97	-	25.21		102%	
100m vrije slag	series	5.	55.69	-	56.16		102%	
50m vlinderslag	series	6.	27.50	-	26.77		95%	
Tasnim Bezbiz, 22-7-2007								2
50m vrije slag	series	24.	31.40	-	31.91	25-1-2020	103%	
50m rugslag	series	34.	39.30	-	38.76	24-2-2019	97%	
400m wisselslag	series	14.	6:42.66	-	7:03.58	20-1-2019	111%	
Zeps								1
Bram van den Burg, 29-9-2002								-
50m vrije slag	series	2.	24.82	-	23.95	7-12-2019	93%	
100m vrije slag	series	2.	54.97	-	52.35	24-11-2019	91%	
200m vrije slag	series	2.	2:03.07	-	1:58.75	17-11-2019	93%	
50m vlinderslag	series	11.	28.01	-	27.09	24-11-2019	94%	
Britt Siemerink, 4-11-2006								-
50m vrije slag	series	10.	30.41	-	29.42	23-11-2019	94%	
100m vrije slag	series	13.	1:07.13	-	1:04.51	28-12-2019	92%	
50m rugslag	series	23.	37.40	-	35.98	28-12-2019	93%	
200m wisselslag	series	15.	2:58.47	-	2:51.07	20-10-2019	92%	
Esper Schreurs, 21-4-2003								1
50m rugslag	series	3.	29.22	-	29.63	25-5-2019	103%	
200m rugslag	series	3.	2:19.56	-	2:14.03	16-11-2019	92%	
400m wisselslag	series	1.	4:47.51	-	4:33.13	8-12-2019	90%	
Lianne Kaanen, 3-10-2003								-
50m vrije slag	series	30.	31.76	-	30.40	1-12-2018	92%	
100m vrije slag	series	16.	1:07.70	-	1:05.59	29-12-2019	94%	
200m vrije slag	series	2.	2:27.44	-	2:22.86	1-12-2018	94%	
400m vrije slag	series	15.	5:09.47	-	4:58.79	2-12-2018	93%	
Mexi Kösters, 26-5-2004								-
50m vrije slag	series	27.	31.59	-	29.98	24-11-2018	90%	
100m rugslag	series	17.	1:22.06	-	1:17.66	21-1-2018	90%	
200m wisselslag	series	10.	2:52.70	-	2:45.33	30-9-2018	92%	
Myrthe Paas, 29-5-2006								-
50m vrije slag	series	80.	35.63	-	33.56	23-11-2019	89%	
100m vrije slag	series	52.	1:16.84	-	1:12.84	28-12-2019	90%	
100m vlinderslag	series	14.	1:33.95	-	1:28.61	28-12-2019	89%	
Nina Derckx, 2-5-2007								-
50m rugslag	series	31.	39.03	-	38.53	28-12-2019	97%	
100m rugslag	series	30.	1:26.47	-	1:20.83	29-12-2019	87%	
200m wisselslag	series	17.	3:01.95	-	2:53.97	23-11-2019	91%	
Nino van Beek, 1-7-2002								-
400m vrije slag	series	2.	4:25.30	-	4:15.18	7-12-2019	93%	
50m vlinderslag	series	2.	26.88	-	26.21	28-12-2018	95%	
100m vlinderslag	series	3.	1:01.93	-	57.85	29-12-2019	87%	
Sander Heijnen, 7-1-1990								-
50m vrije slag	series	16.	27.29	-	26.33	17-2-2018	93%	
100m vrije slag	series	13.	1:01.48	-	58.77	25-11-2018	91%	
50m vlinderslag	series	14.	29.56	-	28.94	17-2-2018	96%	
Veerle Claessens, 17-1-2008								-
50m vrije slag	series	89.	37.59	-	35.74	30-12-2019	90%	
100m vrije slag	series	70.	1:22.54	-	1:19.08	28-12-2019	92%	
50m rugslag	series	51.	42.53	-	41.85	28-12-2019	97%	
ZPB H&L Productions								2

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Bas Blanker, 5-3-2006								-
100m vrije slag	series	19.	1:05.12	-	1:03.78	16-6-2019	96%	
400m vrije slag	series	12.	4:58.59	-	4:58.37	15-6-2019	100%	
100m vlinderslag	series	13.	1:15.01	-	1:14.63	20-4-2019	99%	
Estelle van Wijngaarden, 17-10-2006								-
50m vrije slag	series	9.	30.04	-	29.89	15-6-2019	99%	
100m schoolslag	series	9.	1:24.18	-	1:20.78	21-4-2019	92%	
50m vlinderslag	series	9.	31.29	-	30.57	16-6-2019	95%	
Muriel van Wijngaarden, 9-9-2009								2
50m vrije slag	series	8.	37.57	-	37.79	29-6-2019	101%	
50m rugslag	series	4.	43.64	-	47.85	6-4-2019	120%	
ZPC De Rog Weert								13
An-Sofie Vrolix, 24-1-2008								-
50m vrije slag	series	AFGEM		-	39.90	21-9-2019	-	
50m rugslag	series	AFGEM		-	50.19	12-1-2020	-	
100m schoolslag	series	AFGEM		-	1:52.28	6-10-2019	-	
Anouk Willems, 8-8-2006								2
100m vrije slag	series	49.	1:16.12	-	1:15.87	22-9-2019	99%	
50m rugslag	series	43.	40.13	-	42.26	17-2-2019	111%	
100m rugslag	series	35.	1:29.65	-	1:29.72	22-9-2019	100%	
Fenna Greijn, 26-1-2009								1
50m vrije slag	series	12.	42.58	-	42.12	6-10-2019	98%	
50m vlinderslag	series	6.	55.13	-	59.29	27-1-2019	116%	
Fenna Zusterzeel, 9-2-2010								-
50m vrije slag	series	2.	34.31	-	33.49	8-12-2019	95%	
50m vlinderslag	series	1.	40.92	-	38.80	13-10-2019	90%	
Iris Le Clercq, 3-7-2004								-
50m schoolslag	series	10.	35.87	-	34.36	30-12-2019	92%	
100m schoolslag	series	4.	1:21.00	-	1:17.68	16-11-2019	92%	
Joel Hamakers, 21-12-1995								-
50m vrije slag	series	11.	27.05	-	26.04	17-11-2018	93%	
100m rugslag	series	9.	1:16.22	-	1:11.37		88%	
50m vlinderslag	series	19.	29.95	-	28.55		91%	
Lenna Van Hout, 29-10-2008								1
50m vrije slag	series	86.	36.72	-	38.78	21-9-2019	112%	
100m schoolslag	series	30.	1:43.79	-	1:43.61	19-1-2020	100%	
50m vlinderslag	series	56.	44.95	-	NT		-	
Marenthe Van Engelen, 29-5-2006								-
100m vrije slag	series	24.	1:09.74	-	1:08.64	12-1-2020	97%	
50m rugslag	series	14.	36.64	-	35.80	20-10-2019	95%	
Marie Schuurmans, 13-10-2007								1
50m vrije slag	series	25.	31.46	-	31.32	23-11-2019	99%	
50m rugslag	series	16.	36.77	-	35.58	16-11-2019	94%	
200m wisselslag	series	6.	2:47.49	-	2:49.70	19-1-2020	103%	
Nienke Willems, 11-6-2008								2
50m vrije slag	series	83.	36.13	-	37.03	27-10-2019	105%	
50m rugslag	series	50.	42.32	-	45.13	10-2-2019	114%	
100m rugslag	series	40.	1:34.56	-	1:28.83	15-12-2019	88%	
Nina Zusterzeel, 5-7-2008								1
50m vrije slag	series	50.	32.90	-	32.90	21-9-2019	100%	
100m schoolslag	series	11.	1:25.83	-	1:23.17	19-1-2020	94%	
50m vlinderslag	series	23.	34.23	-	35.00	17-11-2019	105%	
Roy Cuijpers, 13-7-2010								1
50m vrije slag	series	2.	37.17	-	38.48	8-12-2019	107%	
50m vlinderslag	series	2.	47.22	-	45.50	1-12-2019	93%	
Sanne Van Lierop, 6-5-2011								1
50m vrije slag	series	17.	45.41	-	46.09	15-9-2019	103%	
50m rugslag	series	20.	54.83	-	54.41	6-10-2019	98%	
Tim Van Melick, 22-11-2004								3
50m vrije slag	series	51.	33.73	-	35.61	17-2-2019	111%	
200m vrije slag	series	13.	2:40.22	-	2:44.00	6-10-2019	105%	
400m vrije slag	series	19.	5:38.97	-	5:49.16	21-9-2019	106%	
ZPC De Zeeuwse Kust								-
ZPC Nederweert								10
Anouk van den Goor, 9-6-2008								-
50m vrije slag	series	99.	44.78	-	NT		-	
50m rugslag	series	59.	47.63	-	NT		-	
50m schoolslag	series	53.	49.70	-	NT		-	
Constance Verheijen, 26-6-2009								1
50m vrije slag	series	13.	43.16	-	46.34	28-4-2019	115%	
50m rugslag	series	14.	50.66	-	NT		-	

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Danique Klomp, 25-7-2002								2
50m vrije slag	series	4.	29.05	-	29.29	25-5-2019	102%	
100m vrije slag	series	9.	1:04.56	-	1:03.78	19-5-2019	98%	
400m vrije slag	series	10.	5:04.27	-	5:30.70		118%	
Dylana Simons, 18-8-2010								-
50m rugslag	series	11.	49.23	-	NT		-	
50m schoolslag	series	10.	1:05.49	-	NT		-	
Dyonne Klomp, 22-12-2004								-
50m vrije slag	series	6.	29.33	-	28.97	2-6-2018	98%	
100m vrije slag	series	12.	1:06.71	-	1:04.42	21-1-2018	93%	
50m vlinderslag	series	15.	33.06	-	32.61	19-5-2019	97%	
Femke de Wit, 18-7-2001								1
50m vrije slag	series	3.	29.03	-	28.96	17-3-2019	100%	
50m rugslag	series	5.	33.99	-	34.21	18-5-2019	101%	
100m rugslag	series	8.	1:14.83	-	1:13.73	19-5-2019	97%	
Finn Naus, 18-1-2010								-
50m vrije slag	series	7.	47.20	-	NT		-	
50m schoolslag	series	4.	54.85	-	NT		-	
Inge Steijns, 2-7-2009								-
50m vrije slag	series	23.	52.03	-	NT		-	
50m rugslag	series	22.	59.40	-	NT		-	
50m schoolslag	series	9.	1:00.18	-	NT		-	
Koen van der Wallen, 18-3-1994								-
50m vlinderslag	series	14.	29.56	-	27.90	17-3-2019	89%	
100m vlinderslag	series	7.	1:06.09	-	1:03.43	28-4-2019	92%	
Lena Laenen, 10-8-2009								-
50m vrije slag	series	11.	40.59	-	NT		-	
50m schoolslag	series	6.	57.13	-	NT		-	
Lotte Nies, 7-6-2007								-
50m vrije slag	series	90.	37.78	-	NT		-	
50m rugslag	series	57.	45.62	-	NT		-	
50m schoolslag	series	51.	49.28	-	NT		-	
Marit Steijns, 2-7-2009								-
50m vrije slag	series	21.	47.49	-	NT		-	
50m rugslag	series	16.	51.18	-	NT		-	
50m schoolslag	series	7.	58.41	-	NT		-	
Martijn Nies, 5-7-2009								-
50m vrije slag	series	1.	35.22	-	NT		-	
50m schoolslag	series	6.	56.89	-	NT		-	
50m vlinderslag	series	1.	41.44	-	NT		-	
Quinty Damen, 24-6-2009								2
50m vrije slag	series	18.	45.65	-	50.02	28-4-2019	120%	
50m schoolslag	series	5.	56.77	-	1:01.53	28-4-2019	117%	
50m vlinderslag	series	7.	56.92	-	NT		-	
Rien Oosterling, 13-10-2009								-
50m vrije slag	series	6.	45.53	-	NT		-	
50m schoolslag	series	5.	56.81	-	NT		-	
Silve Janssen, 31-10-2009								2
50m rugslag	series	8.	47.25	-	52.01	17-2-2019	121%	
50m schoolslag	series	2.	48.09	-	56.35	17-2-2019	137%	
Stefan de Leeuw, 11-9-1995								2
50m vrije slag	series	22.	27.92	-	28.79	28-4-2019	106%	
50m vlinderslag	series	17.	29.72	-	30.82	17-2-2019	108%	
Thessa Leijssen, 27-3-2007								-
100m vrije slag	series	54.	1:17.19	-	NT		-	
50m rugslag	series	49.	41.62	-	NT		-	
100m rugslag	series	37.	1:30.47	-	NT		-	
ZPC Numansdorp								5
Jaylynn Troost, 7-5-2009								-
50m vrije slag	series	15.	43.90	-	42.73	5-10-2019	95%	
50m rugslag	series	12.	49.59	-	46.85	11-1-2020	89%	
Lea Visser, 11-2-2007								1
100m vrije slag	series	27.	1:11.67	-	1:12.50	16-11-2019	102%	
200m vrije slag	series	13.	2:42.68	-	2:40.83	17-11-2019	98%	
Lucas Admiraal, 19-11-2005								2
50m vrije slag	series	52.	34.05	-	34.93	11-1-2020	105%	
200m vrije slag	series	16.	2:57.92	-	3:09.87	21-9-2019	114%	
Marit de Wilde, 21-12-2009								-
50m vrije slag	series	16.	45.21	-	43.84	6-7-2019	94%	
50m vlinderslag	series	8.	59.49	-	56.03	23-3-2019	89%	
Niels van der Mast, 16-8-2004								-
200m vrije slag	series	5.	2:13.50	-	2:09.16	25-11-2018	94%	
400m vrije slag	series	10.	4:55.62	-	4:44.77	17-11-2019	93%	

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Perry Laarhoven, 20-3-2003								-
100m vrije slag	series	4.	55.31	-	53.49	23-11-2019	94%	
200m rugslag	series	2.	2:19.54	-	2:12.20	16-11-2019	90%	
50m schoolslag	series	2.	31.08	-	28.98	6-12-2019	87%	
Storm Maliepaard, 22-9-2007								2
100m vrije slag	series	68.	1:21.58	-	1:29.78	23-3-2019	121%	
100m vlinderslag	series	16.	1:43.21	-	1:45.30	30-3-2019	104%	
Yuri Admiraal, 25-11-1977								-
400m vrije slag	series	16.	5:10.04	-	4:58.13	26-10-2019	92%	
ZV Hydra								3
Bjarn Martens, 10-6-2005								3
50m vrije slag	series	46.	31.78	-	35.53		125%	
50m rugslag	series	17.	37.25	-	42.60		131%	
100m rugslag	series	19.	1:22.98	-	1:30.77		120%	
Zvdo74								3
Gabriël van Lieshout, 3-10-2005								3
50m vrije slag	series	32.	29.17	-	30.52	18-5-2019	109%	
100m vrije slag	series	17.	1:03.35	-	1:06.11	26-5-2019	109%	
200m vrije slag	series	7.	2:20.36	-	2:29.61	19-5-2019	114%	
Zwemsport Parkstad								64
Arne-Willem Kroonen, 16-3-1984								3
50m vrije slag	series	18.	27.49	-	28.62	10-3-2019	108%	
100m vrije slag	series	11.	1:01.07	-	1:01.33	10-3-2019	101%	
100m rugslag	series	8.	1:15.85	-	1:10.40	28-12-2019	86%	
50m vlinderslag	series	20.	31.40	-	32.75	17-2-2019	109%	
Benigna Kocsispeter, 26-4-2007								1
50m vrije slag	series	26.	31.51	-	31.48	15-6-2019	100%	
100m vrije slag	series	25.	1:10.41	-	1:08.81	16-6-2019	96%	
200m rugslag	series	9.	2:58.96	-	2:57.08	16-3-2019	98%	
50m schoolslag	series	22.	39.08	-	38.37	16-6-2019	96%	
50m vlinderslag	series	17.	33.60	-	35.22	2-3-2019	110%	
Bo Schlenter, 27-3-2011								2
50m vrije slag	series	25.	54.12	-	53.71	15-12-2019	98%	
50m rugslag	series	21.	57.38	-	1:01.95	11-11-2018	117%	
50m vlinderslag	series	9.	1:00.38	-	1:06.61	29-9-2019	122%	
Britt van den Boom, 17-8-2004								3
50m schoolslag	series	8.	34.74	-	35.28	14-6-2019	103%	
50m vlinderslag	series	1.	28.90	-	29.98	19-5-2019	108%	
100m vlinderslag	series	3.	1:07.80	-	1:09.04	15-6-2019	104%	
Dana Wolffs, 23-1-2004								1
50m vrije slag	series	64.	33.60	-	32.49	31-3-2019	94%	
100m vrije slag	series	29.	1:11.79	-	1:10.38	27-5-2018	96%	
50m rugslag	series	28.	38.08	-	39.34	27-5-2018	107%	
100m rugslag	series	22.	1:23.49	-	1:20.01	27-5-2018	92%	
200m rugslag	series	11.	2:59.21	-	2:49.71	2-6-2018	90%	
Demi van Hulst, 3-7-2003								1
50m rugslag	series	1.	33.22	-	33.53	17-2-2019	102%	
100m rugslag	series	5.	1:13.58	-	1:10.62	16-6-2019	92%	
50m schoolslag	series	23.	39.14	-	36.65	24-11-2019	88%	
Devin Capelle, 16-3-2009								-
50m vrije slag	series	4.	38.97	-	37.65	1-12-2019	93%	
50m schoolslag	series	8.	58.45	-	55.10	1-12-2019	89%	
50m vlinderslag	series	4.	53.70	-	51.48	19-1-2020	92%	
Esmee Lanckohr, 4-1-2000								1
200m vrije slag	series	5.	2:28.78	-	2:24.51	21-4-2018	94%	
50m schoolslag	series	14.	37.76	-	36.09	26-5-2019	91%	
100m schoolslag	series	3.	1:19.80	-	1:21.47	30-3-2019	104%	
200m schoolslag	series	3.	2:53.50	-	2:49.60	19-5-2019	96%	
Esmee van Huet, 16-1-2007								2
50m vrije slag	series	79.	34.93	-	35.73	17-2-2019	105%	
100m vrije slag	series	59.	1:18.65	-	1:19.24	14-4-2019	102%	
Esmee Vranken, 10-6-2006								2
100m vrije slag	series	56.	1:18.11	-	1:16.55	17-2-2019	96%	
200m vrije slag	series	18.	2:51.35	-	2:46.71	10-3-2019	95%	
400m vrije slag	series	36.	5:55.40	-	6:27.08	22-4-2018	119%	
50m vlinderslag	series	45.	37.95	-	40.15	13-4-2019	112%	
Estrella Eekhout, 13-9-1999								2
100m vrije slag	series	77.	1:44.56	-	2:05.37	7-9-2018	144%	
50m schoolslag	series	49.	49.02	-	1:01.97		160%	
100m schoolslag	series	41.	1:54.55	-	NT		-	
Fleur Braam, 22-8-2010								-
50m vrije slag	series	AFGEM		-	59.22	1-12-2019	-	
50m schoolslag	series	AFGEM		-	1:04.32	21-9-2019	-	

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Hylcke de Beer, 9-1-2007								3
200m vrije slag	series	1.	2:21.91	-	2:21.00	14-6-2019	99%	
400m vrije slag	series	7.	5:00.62	-	5:02.54	30-3-2019	101%	
50m schoolslag	series	6.	34.26	-	35.12	31-3-2019	105%	
50m vlinderslag	series	2.	29.19	-	30.10	19-5-2019	106%	
Ise Quodbach, 18-5-2008								2
100m vrije slag	series	69.	1:22.21	-	1:33.79	11-3-2018	130%	
100m rugslag	series	33.	1:29.02	-	1:37.38	11-3-2018	120%	
50m vlinderslag	series	53.	41.72	-	41.30	17-11-2019	98%	
Jasper Thomas, 10-11-2002								2
50m vrije slag	series	3.	24.97	-	25.51	18-5-2019	104%	
100m vrije slag	series	6.	56.20	-	55.01	3-6-2018	96%	
50m vlinderslag	series	8.	27.59	-	27.29	17-2-2019	98%	
100m vlinderslag	series	4.	1:03.10	-	1:05.27	30-3-2019	107%	
Jennifer Koonen, 27-6-2005								1
50m vrije slag	series	46.	32.81	-	32.38	25-5-2019	97%	
400m vrije slag	series	19.	5:21.90	-	5:20.09	18-5-2019	99%	
100m rugslag	series	23.	1:23.81	-	1:30.67	17-2-2019	117%	
200m wisselslag	series	AFGEM		-	2:59.60	17-2-2019	-	
Jenny Schouten, 8-9-1987								-
50m vrije slag	series	5.	29.22	-	28.86	30-12-2019	98%	
100m vrije slag	series	7.	1:02.72	-	1:02.11	12-1-2020	98%	
50m rugslag	series	3.	33.43	-	32.77	25-1-2020	96%	
100m rugslag	series	6.	1:14.24	-	1:11.84	12-1-2020	94%	
Julie Simonis, 22-1-2010								2
50m vrije slag	series	5.	36.18	-	39.10	15-12-2019	117%	
50m rugslag	series	5.	43.98	-	1:01.96	15-4-2018	198%	
Juliette Krichel, 1-1-2006								2
50m vrije slag	series	50.	32.90	-	32.51	25-5-2019	98%	
100m rugslag	series	24.	1:23.87	-	1:24.38	31-3-2019	101%	
50m vlinderslag	series	38.	36.62	-	37.31	30-3-2019	104%	
Kim van den Boom, 30-8-2006								3
50m schoolslag	series	15.	38.09	-	39.98	13-4-2019	110%	
100m schoolslag	series	12.	1:26.23	-	1:27.80	18-5-2019	104%	
50m vlinderslag	series	19.	33.82	-	36.07	19-5-2019	114%	
Kyanie Blom, 20-3-2003								1
400m vrije slag	series	16.	5:11.07	-	5:02.26	22-4-2018	94%	
50m vlinderslag	series	20.	33.97	-	32.77	19-5-2019	93%	
200m wisselslag	series	7.	2:48.29	-	2:52.05	21-4-2018	105%	
Lars Hochstenbach, 1-11-2005								3
50m schoolslag	series	15.	41.04	-	44.49	6-10-2019	118%	
200m schoolslag	series	6.	3:13.94	-	3:29.48	10-2-2019	117%	
200m wisselslag	series	9.	3:05.83	-	3:08.83	16-6-2019	103%	
Lars van der Haijden, 25-12-1999								1
50m vrije slag	series	1.	24.05	-	24.32	26-5-2018	102%	
100m vrije slag	series	3.	55.24	-	54.52	3-6-2018	97%	
50m vlinderslag	series	1.	26.85	-	26.55	3-6-2018	98%	
100m vlinderslag	series	5.	1:03.13	-	1:01.65	27-5-2018	95%	
Laurent Krichel, 13-12-2007								3
50m rugslag	series	26.	45.63	-	51.53	30-3-2019	128%	
100m schoolslag	series	20.	1:40.34	-	1:50.61	31-3-2019	122%	
200m schoolslag	series	8.	3:24.80	-	3:50.05	31-3-2019	126%	
Lynn Schlenter, 1-7-2009								-
50m vrije slag	series	19.	45.99	-	45.54	15-12-2019	98%	
50m rugslag	series	18.	53.26	-	52.38	12-1-2020	97%	
50m schoolslag	series	11.	1:06.53	-	1:05.05	29-9-2019	96%	
Maikel van der Linden, 3-3-2000								2
100m vrije slag	series	9.	58.92	-	57.16	30-3-2019	94%	
400m vrije slag	series	4.	4:33.37	-	4:28.48	17-2-2019	96%	
50m vlinderslag	series	3.	27.18	-	27.94	22-4-2018	106%	
100m vlinderslag	series	2.	1:01.06	-	1:02.20	30-3-2019	104%	
Maxime Koops, 22-3-2006								1
400m vrije slag	series	13.	5:01.86	-	4:58.16	15-6-2019	98%	
50m rugslag	series	16.	36.83	-	39.76	17-2-2019	117%	
50m schoolslag	series	10.	37.75	-	37.73	16-6-2019	100%	
Milo Simons, 27-1-2000								3
50m vrije slag	series	14.	27.18	-	27.58	26-5-2018	103%	
50m rugslag	series	8.	32.29	-	36.35	7-7-2018	127%	
100m rugslag	series	5.	1:10.56	-	1:21.98	8-7-2018	135%	
Nadia Armani, 26-1-2003								4
50m vrije slag	series	41.	32.63	-	32.77	31-3-2019	101%	
100m vrije slag	series	50.	1:16.14	-	1:17.09	30-3-2019	103%	
50m rugslag	series	17.	36.79	-	38.26	17-2-2019	108%	
100m rugslag	series	18.	1:22.40	-	1:24.30	31-3-2019	105%	
Noa Roberts, 28-11-2008								2
100m vrije slag	series	38.	1:12.86	-	1:20.11	30-6-2019	121%	
50m rugslag	series	32.	39.16	-	42.52	15-4-2018	118%	
200m rugslag	series	10.	2:59.10	-	2:50.05	23-11-2019	90%	

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400m wisselslag	series	12.	6:32.62	-	NT	-	-	-
Quinty Rouschop, 31-10-2003								
200m rugslag	series	6.	2:45.87	-	2:39.68	2-6-2018	93%	-
50m schoolslag	series	20.	39.00	-	36.68	17-3-2018	88%	-
100m schoolslag	series	7.	1:22.21	-	1:21.65	11-3-2018	99%	-
400m wisselslag	series	5.	5:46.88	-	5:33.10	14-4-2018	92%	-
Raf Cropelin, 13-4-2010								
50m vrije slag	series	5.	41.53	-	NT	-	-	-
50m schoolslag	series	7.	56.94	-	NT	-	-	-
50m vlinderslag	series	5.	58.28	-	52.36	19-1-2020	81%	-
Raphaël Krichel, 21-3-2003								
100m vrije slag	series	18.	1:03.58	-	1:01.20	26-5-2019	93%	-
50m schoolslag	series	7.	34.63	-	33.12	17-11-2019	91%	-
100m vlinderslag	series	10.	1:10.81	-	1:08.48	19-5-2019	94%	-
Viggo van Bokhoven, 29-5-2008								
200m vrije slag	series	14.	2:43.12	-	2:43.93	27-10-2019	101%	2
50m rugslag	series	24.	40.52	-	49.27	11-3-2018	148%	-
200m rugslag	series	15.	3:02.64	-	3:00.91	27-10-2019	98%	-
Wesley Vreuls, 11-7-2005								
50m vrije slag	series	36.	29.88	-	30.71	18-5-2019	106%	4
100m vrije slag	series	25.	1:08.83	-	1:09.35	26-5-2019	102%	-
50m rugslag	series	19.	37.73	-	38.32	30-3-2019	103%	-
100m rugslag	series	17.	1:21.34	-	1:28.11	18-5-2019	117%	-
Yasin Hjiir, 13-8-2007								
100m vrije slag	series	32.	1:15.32	-	1:23.62	10-3-2019	123%	2
200m rugslag	series	14.	3:00.04	-	2:55.39	27-10-2019	95%	-
50m vlinderslag	series	31.	41.05	-	43.30	30-3-2019	111%	-
Zoë Cröpelin, 14-2-2006								
50m vrije slag	series	75.	34.71	-	36.81	31-3-2019	112%	3
400m vrije slag	series	34.	5:52.44	-	NT	-	-	-
50m rugslag	series	47.	41.34	-	44.31	17-2-2019	115%	-
100m schoolslag	series	25.	1:36.89	-	1:44.24	30-3-2019	116%	-
Zwemvereniging De Zilvermeeuw								
Annely Vriens, 2-8-2005								
100m vrije slag	series	75.	1:26.28	-	1:25.48	6-10-2019	98%	-
400m vrije slag	series	43.	6:54.44	-	NT	-	-	-
Danique Raats, 7-9-2006								
50m vrije slag	series	87.	37.09	-	37.86	13-10-2019	104%	3
100m schoolslag	series	35.	1:45.36	-	1:46.00	13-10-2019	101%	-
50m vlinderslag	series	54.	43.68	-	44.41	3-11-2019	103%	-
Jens Bakker, 10-10-2005								
100m vrije slag	series	36.	1:20.56	-	1:20.98	6-10-2019	101%	2
50m rugslag	series	22.	39.51	-	39.03	3-11-2019	98%	-
200m schoolslag	series	9.	3:43.98	-	3:54.40	17-2-2019	110%	-
Jens van Gils, 13-6-2007								
50m vrije slag	series	53.	34.12	-	NT	-	-	1
200m wisselslag	series	12.	3:14.54	-	3:16.52	9-6-2019	102%	-
Razan Chelbi, 29-7-2008								
50m vrije slag	series	AFGEM	-	-	40.68	3-11-2019	-	-
100m schoolslag	series	AFGEM	-	-	1:48.70	12-1-2020	-	-
50m vlinderslag	series	AFGEM	-	-	47.37	6-10-2019	-	-